Weekly e-newsletter highlighting announcements and events

46th Annual New York City Pride Parade

All are invited to participate in this event, which is one of the largest pride celebrations in the world. The 46th Annual New York City Pride Parade will celebrate Lesbian, Gay, Bisexual, and Transgender (LGBT) Pride Month. To register to march with the Mount Sinai Health System parade contingent, visit https://docs.google.com/forms/d/1Wr90pVglIFINwP4QUowKybZGc8Y-Kfi90CiS0nXMBYs/viewform?c=0&w=1. For more information, including time and location, email Barbara Warren, PsyD, at bwarren@chpnet.org.

Sunday, June 28

Holy Month of Ramadhan

The Office for Diversity and Inclusion and the Mount Sinai Health System recognize faculty, staff, students, and community members who are observing Ramadhan. This year, Ramadhan is observed from Thursday, June 18, to Friday, July 17, followed by a three-day celebration concluding Ramadhan, known as Eid ul Fitr. Arrangements have been made for praying and Iftar (breaking fast) in Room A3-60, Annenberg Building (located at 1468 Madison Avenue). All are welcome. For more information, call 646-285-8718.

Thursday, June 18 – Friday, July 17

Solutions in Safe Patient Handling

This conference, sponsored by the Mount Sinai Selikoff Centers for Occupational Health, is intended for administrators, physicians, nurse risk managers, direct patient caregivers, rehabilitation therapists, ergonomists, and safety professionals, as well as faculty, residents, and students interested in advancing worker and patient safety in health care. Speakers will include safe patient handling experts from the U.S. Centers for Disease Control and Prevention/National Institute of Occupational Safety and Health. This activity has been submitted to The Mount Sinai Hospital, an approved provider of continuing nursing education by the Alabama State Nurses Association, for approval to award contact hours. Alabama State Nurses Association is accredited as an approver of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation. For more information, or to register, visit www.mountsinai.org/selikoff. There is an $80 registration fee for Mount Sinai Health System faculty and staff.
ICD-10 TOWN HALL MEETING
Employees are invited to join the Program Management Office and project leaders for the next ICD-10 Town Hall Meeting. The hour-long discussion will feature updates on the project and how the Mount Sinai Health System is handling the phase of the implementation. Project leaders will also be available for a question-and-answer session.

Wednesday, July 1, 10 – 11 am
Hess Center, Davis Auditorium

25TH ANNUAL LIVING WITH CANCER CONFERENCE
The Twenty-Fifth Annual Living with Cancer Conference is intended to benefit individuals, families, friends, and caregivers directly affected by cancer, as well as community health care professionals. This Conference is free of charge and will offer information and practical tips to confront the day-to-day challenges of living with cancer. Key topics include current and future trends in treatment, legal issues and cancer, managing pain and other symptoms, and more. The conference is sponsored by CancerCare, the Icahn School of Medicine at Mount Sinai, American Cancer Society, Inc. (Eastern Division), Mount Sinai Beth Israel Comprehensive Cancer Center, Breast Examination Center of Harlem, Calvary Hospital, Department of Veterans Affairs, Oncology Program at New York Harbor Healthcare System, FindCancerServices.com, Gilda’s Club New York City, Laura and Isaac Perlmutter Cancer Center at NYU Langone Medical Center, Leukemia and Lymphoma Society (New York City Chapter), Memorial Sloan Kettering Cancer Center, and the Montefiore Einstein Center for Cancer Care. The Conference will feature various speakers and workshops relating to the topic of Living with Cancer. Breakfast and lunch will be provided. For more information, or to register, call 212-712-8368 or visit http://www.cancercare.org/community_programs/332.

Sunday, July 12, 9:15 am – 3:30 pm
NYU Langone Medical Center
Farkas Auditorium
550 First Avenue at 31st Street
New York, NY, 10016

CONFERENCE CENTER REQUESTS FOR 2016
The Conference Center will begin taking requests for the 2016 calendar year on Monday, July 13, starting with departmental grand rounds and medical student training rounds. On Monday, July 20, the Conference Center will then begin taking all other requests for the 2016 calendar year. The rooms reserved through the Conference Center have changed. For an updated listing of these rooms, visit http://intranet1.mountsinai.org/. On the top of the page select the “Other Services” tab, then under “Employee Services” select the “Conference Center” link. Select “Institutional Space” for a listing of rooms that can be requested. Requests submitted with missing information, such as fund number or department code, for example, will not be accepted and will delay the processing of a request.

Monday, July 13 (Grand Rounds/Training Rounds)
SUMMER WORKSHOP IN CLINICAL RESEARCH
The Clinical Research Education Program, the Center for Patient-Oriented Research, Training, Education, and Development (CePORTED), BERD (Biostatistics, Epidemiology and Research Design), and the Center for Biostatistics, will sponsor the 2015 Summer Workshop in Clinical Research that will focus on how to handle missing data. The program, titled “How to Handle Missing Data in Clinical Trials and Observational Studies,” starts on Tuesday, July 14, and will take place every Tuesday and Thursday through Thursday, August 6. All faculty, students and staff are welcome to attend. For more information about topics, speakers, reading material and registration (registration is free but required) visit https://register.mssm.edu/summer/clr/.

Tuesday, July 14 – Thursday, August 6, 8 – 9 am
Annenberg 13-01

ANNOUNCING ICAHN SCHOOL OF MEDICINE AT MOUNT SINAI’S SUPPORT FOR CROWDFUNDING APPLICATIONS
Crowdfunding is a mechanism to fund a project by collecting small amounts of money from a large number of people and has emerged as an important way to raise funds to expand ongoing initiatives to cure disease and improve patient care. This is done via direct appeals through crowdfunding internet sites where one presents an idea and how much they will need to accomplish the project.

To assist Mount Sinai faculty and students in tapping this new funding method, resources have been developed to enable those interested to launch a successful crowdfunding campaign. Members of the Mount Sinai community are now able to leverage Mount Sinai’s reputation as well as infrastructure to give their project additional credibility with potential donors.

Those interested can visit the Icahn School of Medicine at Mount Sinai’s new crowdfunding page at http://icahn.mssm.edu/about-us/for-faculty/researchers/crowdfunding-as-a-mechanism-to-fund-your-ideas.

CME COURSES AND CONFERENCES
CONSORTIUM OF NEW YORK GERIATRIC EDUCATION CENTERS
Register now for upcoming Core Days and electives, part of a 35-hour Geriatric Scholar Certificate program. Seminars are aimed at improving and expanding geriatric health care, particularly for low-income, multi-ethnic, and underserved older adult populations. Each training day is accredited for 7.0 CME credits by the Icahn School of Medicine at Mount Sinai. The program is intended for health care and social service providers and faculty from a range of disciplines and areas of expertise. For more information and to register, visit www.nygec.org, or email cnygec@mssm.edu.

THE PAGE AND WILLIAM BLACK POST GRADUATE SCHOOL FOR CONTINUING EDUCATION
The Office of Continuing Medical Education (CME) offers seminars, conferences, grand rounds, and live webcasts for physicians and other health professionals to extend their knowledge and remain current in their specific fields. For more information on courses, including times, visit
GRAND ROUNDS, LECTURES, AND SEMINARS

DIVISION OF OCCUPATIONAL MEDICINE SEMINAR SERIES
James Cone, MD, MPH, Medical Director, World Trade Center Health Registry, New York City
Department of Health and Mental Hygiene, presents “Results of New World Trade Center Health Registry Asthma Studies.”
Friday, June 26, 8 – 9 am
Annenberg Fifth Floor Felt Room

CARDIOLOGY GRAND ROUNDS
Davendra Mehta, MD, Director, Cardiac Electrophysiology, Mount Sinai St. Luke’s, Professor, Medicine, presents “Cardiac Sarcoidosis.”
Monday, June 29, 5 – 6 pm
Hatch Auditorium

GENETICS AND GENOMICS GRAND ROUNDS
Maximilian Muenke, MD, Nathan Cummings Director of the Medical Genetics and Genomic Residency and Fellowship, National Institutes of Health, presents “Genetics and Genomics of Holoprosencephaly: from Rare to Common Diseases.”
Friday, June 26, 11 am – Noon
Hess Center, Seminar Room B

MEDICINE GRAND ROUNDS
Primary Care Residents present “AIM Lecture: Carver Home Focus Group.”
Tuesday, June 30, 8:30 – 9:30 am
Hatch Auditorium

Victor L. Schuster, MD, Baumritter Professor of Medicine, Senior Vice Dean, Albert Einstein College of Medicine, presents “The 42nd Annual Solomon A. Berson Memorial Lectureship: Jack Sprat Growing Fat: Obesity Past, Present, Future.”
Tuesday, July 7, 8:30 – 9:30 am
Hatch Auditorium

ANESTHESIOLOGY GRAND ROUNDS
Andrew B. Leibowitz, MD, Professor, Anesthesiology, Surgery, Icahn School of Medicine at Mount Sinai, Chair, Anesthesiology, Mount Sinai Health System, presents “Preoperative Assessment.”
Wednesday, July 1, 6:30 – 8:10 am
Annenberg 13-01

Andrew B. Leibowitz, MD, Professor, Anesthesiology, Surgery, Icahn School of Medicine at Mount Sinai, Chair, Anesthesiology, Mount Sinai Health System, presents “Airway Management.”
Wednesday, July 8, 6:30 – 8:10 am
Annenberg 13-01
Andrew B. Leibowitz, MD, Professor, Anesthesiology, Surgery, Icahn School of Medicine at Mount Sinai, Chair, Anesthesiology, Mount Sinai Health System, presents “Morbid Obesity.”
Wednesday, July 15, 6:30 – 8:10 am
Annenberg 13-01

FAMILY MEDICINE AND COMMUNITY HEALTH GRAND ROUNDS
David Newman, MD, Associate Professor, Emergency Medicine, presents “Healthcare’s Most Important Reform: The Doctor.”
Friday, July 10, 8 – 9 am
Hatch Auditorium

ORTHOPAEDICS GRAND ROUNDS
Lee Rogers, DPM, Medical Director, Amputation Prevention Center, Sherman Oaks Hospital, presents “Chronic Wound Management: Addressing the Challenge of Diabetic Foot Ulcers.”
Tuesday, July 21, 7 pm
Hess Center, Davis Auditorium

WELLNESS EVENTS
UNITED HEALTHCARE NURSE LIAISON AND CHRONIC DISEASE CASE MANAGER
There are currently two United Healthcare nurses on-site at the Primary Care Practice located at 10 East 102nd Street on the Sixth Floor. The nurses are available to all Mount Sinai faculty and staff enrolled in the Beneflex United Healthcare medical plan. Their purpose is to assist employees in living healthier lives by offering a suite of health and wellness programs, tools, and resources to educate and encourage healthy behaviors. The one-on-one consultations are free, and they are available Monday through Friday from 9 am to 5 pm or stop by the Wellness Table outside the Plaza Café every Wednesday from Noon to 2 pm. To make an appointment, e-mail Shoshana_Levovitz@uhc.com or Chaya.Kin@optum.com.
Mondays – Fridays, 9 am – 5 pm (One-on-One Consultations)
10 East 102 Street, Sixth Floor
Wednesdays, Noon – 2 pm (Wellness Table)
Plaza Café

MOUNT SINAI PARENT (MSP)
Mount Sinai Parent provides faculty and staff with a forum to obtain support, education, and additional resources as they relate to being a working parent, as well as opportunities to network with fellow moms and dads. To RSVP, please email alisa.melendez@mountsinai.org.

Play: The Work of Childhood
This workshop will present ideas for creative play and music-making with children of a variety of ages. Particular focus will be given to play with infants and toddlers. Instructors will discuss how bonding and relationships are reinforced through play, and how healthy attachments are formed, and will also briefly highlight theories of child development. Additionally, instructors will discuss ways of engaging a child that can also be gratifying to parents.
Thursday, June 25, Noon – 1 pm
WEEKLY MEDITATION SIT
Every Wednesday, Students for Integrative Medicine (SIM) will host a meditation sit that is open to all students, residents, staff, and faculty. There is no cost and SIM provides participants with chairs, or blocks/blankets for those who prefer to sit on the floor. The meditations are simple, breath-centered meditations that are loosely guided. For more information, or to be added to an email reminder list, email Jesse Gerber at jesse.gerber@icahn.mssm.edu.

Wednesdays, 6 – 6:30 pm
Annenberg 10-30

FOOD FIT FOR LIFE
The Mount Sinai Hospital’s Wellness Initiative and the Department of Clinical Nutrition present the second round of Food Fit for Life, a free course on weight loss and healthy eating. The program began on Tuesday, June 16, and will continue every Tuesday for eight weeks. Three inpatient dietitians, Melissa Nagelberg, MS, RD, Kelly Krikhely, MS, RD, CDN, and Jen Cholewka, RD, will educate attendees on how to lose weight and enjoy healthy food. For more information, email Melissa.Nagelberg@mountsinai.org.

NATIONAL DIABETES PREVENTION PROGRAM AT MOUNT SINAI
The Department of Preventive Medicine and the Mount Sinai Selikoff Centers for Occupational Health are offering Mount Sinai employees a lifestyle program aimed at reducing the risk for Type 2 diabetes. A health coach will teach participants how to take charge of their health and make realistic lifestyle changes. Additionally, guest speakers will lead sessions in nutrition, fitness, and stress management. This is a year-long program with 16 weekly sessions and 6 monthly follow-up sessions. Those unsure of their risk for diabetes can take the CDC's Prediabetes Screening Test. Participants are encouraged to bring their lunch to the sessions. Those interested can register by emailing Justine.Piontek@mssm.edu or calling 212-824-7123.

Tuesdays and Thursdays, Noon – 1 pm
CAM Building, West Tower
3rd Floor Conference Room
17 East 102nd Street

DIABETES PREVENTION PROGRAM AT MOUNT SINAI
The Mount Sinai Diabetes Center and the YMCA of Greater New York, through its YMCA Diabetes Prevention Program (YDPP), are offering a fitness and health coaching program at Mount Sinai aimed at reducing the risk for diabetes. The 16-week program is designed for adults who are at risk for diabetes (risk factors include: overweight, family history, or personal history of gestational diabetes), or have a diagnosis of pre-diabetes. The Diabetes Prevention Program is free and open to all Mount Sinai employees, patients, and local community members. Mount Sinai employees covered by United Healthcare should call 800-237-4942 to register for the program. Individuals interested in the program who are not covered by United Healthcare (this includes NYSNA nurses and medical students), can call 212-912-2524. Those unsure of their risk for diabetes can take the CDC’s Prediabetes Screening Test. To learn more about the fitness program visit
CERTIFIED DIABETES EDUCATOR AVAILABLE FOR EMPLOYEES
Mount Sinai is now offering employees the support of a Certified Diabetes Educator and Registered Dietitian, Maria Elena Rodriguez, at the Mount Sinai Doctors Faculty Practice, Primary Care Associates (FPA Primary Care Associates). CDEs specialize in diabetes education and nutrition and will work personally with employees to teach them about their medicines and how to monitor blood sugar levels, help them create a healthy and easy-to-follow meal plan for them and their family, and work with them to develop a diabetes care plan. This diabetes self-management education program, The Diabetes Alliance, is offered for free, and those interested can contact the Employee Care Coordinator at 212-241-9355 to schedule an initial appointment with the Certified Diabetes Educator. The FPA Primary Care practice is located at 10 East 102nd Street on the 6th Floor. For more information, call Abby Schwartz, Director of the Diabetes Alliance, at 917-574-6273.

MOUNT SINAI’S WEIGHT MANAGEMENT PROGRAM
The program offers weekly orientation sessions titled “Toward Lasting Better Health.” The sessions, led by physicians and dietitians, aim to help people who are trying to lose 30 or more pounds and require patients to receive a comprehensive obesity screening by an endocrinologist before starting. The sessions take place on Mondays at 5 pm in the Atran Building’s Fourth Floor Conference Room, AB4-11. To reserve a seat, call 212-241-4991.

FRIDAY MINDFULNESS SESSIONS
The Mount Sinai Hospital, through a group of experienced mindfulness teachers, is providing an opportunity for all members of the hospital community to learn and practice simple mindfulness techniques that have proven to be effective in reducing stress and promoting physical, mental, and spiritual well-being. Staff, patients, and families are welcome. No experience is necessary. For additional information, contact Mickie.Brown@mssm.edu.
Friday, 12:30 – 1:30 pm
Annenberg 10-68 (Levy Library)

MOUNT SINAI YOGA PROGRAM
The Mount Sinai Yoga Program is hosting weekly Vinyasa yoga classes on Thursday evenings from 5:30 – 6:30 pm in the Annenberg Student Lounge. The classes are open to students, faculty, and staff, and are appropriate for all levels. Mats and accessories are available for use. There is a suggested $10 donation for faculty and staff. For more information and to be added to the email list, contact mountsinaiyogaprogram@gmail.com.
Thursday, 5:30 – 6:30 pm
Annenberg Student Lounge

EMPLOYEE ASSISTANCE PROGRAM: CHILD CARE AND SUMMER CAMP SERVICES
The Employee Assistance Program (EAP) offers information regarding New York City public schools, daycare, and summer camp for children. For information about these services, call the Employee
EMPLOYEE ASSISTANCE PROGRAM
The Mount Sinai Employee Assistance Program (EAP) offers free, confidential, short-term counseling for employees and their family members. To schedule an appointment with an EAP professional, call 212-241-8937. The EAP is located on-site, at 19 East 98th Street, Suite 3A.

THE ‘MOUNT SINAI MILE’ INDOOR WALKING ROUTE
Mount Sinai Heart and the Wellness Initiative have mapped a one-mile indoor walking route through The Mount Sinai Hospital campus to help staff meet their physical activity goals at work. The American Heart Association recommends at least 30 minutes of moderate-intensity aerobic activity at least five days per week. Staff is encouraged to use the map at [http://www.mountsinai.org/patient-care/service-areas/heart/mount-sinai-mile](http://www.mountsinai.org/patient-care/service-areas/heart/mount-sinai-mile), follow the ‘Mount Sinai Mile’ signs while on lunch break, or hold a walking meeting along the ‘Mount Sinai Mile’ route. For more information, email Abby Schwartz, MBA, BSN, RN, at Abby.Schwartz@mountsinai.org.

ANNOUNCEMENTS AND EVENTS
MOUNT SINAI GREENMARKET OPENS
In an effort to bring healthier eating to East Harlem, The Mount Sinai Hospital is again collaborating with GrowNYC to host the annual Greenmarket, which began on Wednesday, June 24, and will continue every Wednesday, from 8 am to 5 pm, through the month of November. It is located on Madison Avenue and 99th Street. The market accepts EBT, Senior Vouchers, New York City Health Bucks, Mount Sinai coupons, and debit/credit cards. For every $5 spent in food stamps, Greenmarket shoppers will receive $2 in Health Bucks. In addition to fresh food items, there will be cooking demonstrations, free samples, educational materials on healthy living, and special events. For questions, or to sign up for the emailing list, contact Zoraya Nazario at 646-605-7204 or Greenmarket@mssm.edu.

Wednesdays, 8 am – 5 pm
Madison Avenue and 99th Street

NEW PEDIATRIC CRITICAL CARE TRANSPORT TEAM
In June, Mount Sinai Kravis Children’s Hospital launched a dedicated pediatric transport team for inter-facility transports into and within the Mount Sinai Health System for critically ill and injured neonates, infants, and children. Under the guidance of Kim Disanto, Clinical Nurse Manager, and Cecilia Thompson, Medical Director, Pediatric Transport, Assistant Professor, Pediatric Critical Care Medicine, the team consists of specialty trained nurses and respiratory therapists who can transport patients 24 hours a day, seven days per week. The new Pediatric Critical Care Transport Team will provide efficient and safe transport for patients and their families, and will extend tertiary health care services throughout the tri-state area. To arrange any pediatric transport to the Mount Sinai Health System, call Transfer Services at 1-800-TO-SINAI to speak with a Transfer Coordinator for immediate assistance.

MOUNT SINAI AGREEMENT WITH BAYER FOR MIRENA IUD
The Mount Sinai Health System has announced a new partnership with Bayer Healthcare. Under the terms of the agreement, the Mount Sinai Health System will receive preferential pricing for the Mirena IUD over the next three years. Mirena is the most widely used IUD in the country and is effective for up
to five years. Under the Affordable Care Act, women of appropriate age are given the opportunity to obtain a contraceptive with no out of pocket cost. Staff who are interested can contact one of the Health System’s OBGYN providers at www.mountsinaihealth.org/obgyn.

ENJOY LOCAL, ORGANIC FOOD AS A MEMBER OF THE MOUNT SINAI FARM SHARE
Registration is now open for the 2015 season of Mount Sinai Farm Share, a Community Shared Agriculture (CSA) program that offers local, organic produce from Stoneledge Farm, delivered weekly during the 24-week harvest season (June through November). The distribution site is conveniently located outside of the Icahn building at 99th Street and Madison Avenue. Those interested may purchase a vegetable share and additional fruit, mushroom, or coffee shares by visiting https://www.stoneledgefarmny.com. For more information, email mountsinaifarmshare@gmail.com.

COLORECTAL CANCER OUTREACH PROGRAM
The Witness CARES program is a culturally targeted community outreach program designed to increase knowledge about colorectal cancer in the African American community and improve adherence to recommended screening guidelines. The educational presentation is roughly 90 minutes and includes a culturally based educational video reviewing facts about colorectal cancer and screenings, while also providing valuable resources. Programs are held at Mount Sinai and throughout the New York City community. For more information, contact Clarissa Martinez at 212-824-7803, or Karent Zorogastua at 212-824-7806.

MOUNT SINAI RISING PROFESSIONALS
The Rising Professionals is a group dedicated to developing the professional workforce of the Mount Sinai Health System by offering employees opportunities for professional and personal growth. To join the distribution list for the Rising Professionals, email risingprofessionals@gmail.com.

POSTING CLINICAL RESEARCH PROJECTS ON THE MOUNT SINAI HEALTH SYSTEM WEBSITE
Employees can request that their studies be added to the clinical research listings on the Mount Sinai website. Using the web form found at https://erap.mssm.edu/Public/ORSClinicalTrials.aspx, one can submit a request to add, update, or delete a web page from the clinical research listings at http://icahn.mssm.edu/research/clinical-trials. For more information, contact research.services@mssm.edu.

STAT-CHAT: WALK-IN CONSULTATION SERVICE
The Center for Biostatistics at Mount Sinai has launched STAT-CHAT: a free, walk-in, consultation service meant to resolve easy problems and answer quick questions about such topics as data analysis, study design, and database. All faculty, fellows, residents, staff, or medical students are welcomed to use this service for quick statistics-related questions. STAT-CHAT is offered once a week with two statisticians available for an hour on a first-come, first-served basis. Each consultation should be about 15 minutes.

Mondays, 2 – 3 pm
**OPHTHALMOLOGY OPTICAL SHOP UPDATE**

The Department of Ophthalmology’s Optical Shop encourages employees to take care of their eyes. The shop is currently offering a one-time additional five-percent discount on all purchases over $300.00. The Optical Shop also offers employees a 20-percent discount on a wide assortment of sunglasses and glasses. Shalaya Arias, a department optician, will be available to show visitors the shop’s latest designer frames for adults and children. The department encourages employees to use their Flexible Spending Account at the Optical Shop. Customers must still adhere to the shop’s 90-day “pay for your glasses” policy. The shop’s hours of operation are Monday to Friday from approximately 10 am – 5 pm, and no appointment is necessary. For more information, call 212-241-0939.

*17 East 102nd Street, Eighth Floor*

*Across from the Ophthalmology Department*

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**BREAST AND CERVICAL CANCER OUTREACH PROGRAMS**

*Esperanza y Vida* and *The Witness Project of Harlem* are culturally based community outreach programs that teach the importance of breast and cervical cancer health and screenings. The programs are led by women in the community, including breast and cervical cancer survivors who provide testimonials. Programs are held at Mount Sinai every other month and throughout the community. For more information, contact Clarissa Martinez at 212-824-7803, Cristina Villagra at 212-824-7804, or Helen Nunez at 212-824-7801.

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**STORYCORPS PARTNERING WITH MOUNT SINAI**

StoryCorps Legacy, a program of the national oral history project StoryCorps, is partnering with The Child Life and Creative Arts Therapy Department at the Mount Sinai Kravis Children’s Hospital to record and preserve stories from Mount Sinai staff.

For 40 minutes, participants will have the opportunity to answer questions, such as:

- How would you describe yourself?
- Who has had the biggest influence on you?
- What are you most proud of?

Participants will receive a free CD recording to share with family and friends. With their permission, a second copy will be archived in the American Folklife Center at the Library of Congress. StoryCorps Legacy is an audio project only – no video will be taken. For more information, visit [http://storycorps.org/legacy](http://storycorps.org/legacy). Recordings are taking place now and will continue until further notice. Contact Lori Lerma at 212-241-6975 or lori.lerma@mountsinai.org to schedule an interview.

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**A RESEARCH OPPORTUNITY FOR EVERYONE**

Mount Sinai and other research institutions across the country have joined together to create [ResearchMatch.org](https://www.researchmatch.org?route=mount_sinai). This easy-to-use tool allows interested volunteers to make themselves available as research study participants for studies that are right for them, and helps research studies from ending due to lack of participation. Volunteers of any age, race, ethnicity, or health status are invited to join. Volunteer privacy is protected. To learn more visit [https://www.researchmatch.org?route=mount_sinai](https://www.researchmatch.org?route=mount_sinai).

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**CALLING ALL MOUNT SINAI ALUMNI**

*The Icahn Medical Institute, L2-82*
Alumni can be kept informed of Mount Sinai happenings by sending their non-MSSM e-mail address to Alumni Relations at alumni@mssm.edu and by “Liking” Mount Sinai Alumni on Facebook and following Mount Sinai Alumni on LinkedIn.

**DISPLAY OF EXCELLENCE**

The Display of Excellence, located in front of the Plaza Café, is a way for managers to give their employees recognition for outstanding service. The employee’s photo and manager’s words of recognition will be posted on the display. Managers can use the display if an employee provides excellent customer service, innovative new ideas, successful project completion, safety efforts, patient satisfaction improvements, or as retirement recognition, and more. Entries will be kept on display for three months. Guidelines: Must be a manager to submit an entry, employee must be in good standing with Mount Sinai, each supervisor may enter no more than two individuals or one team each month, employees may be recognized multiple times throughout the year if each entry is for a separate and unique accomplishment. For more information, email Michelle Cruz at Michelle.Cruz@mountsinai.org or call x41944.

**TALENT DEVELOPMENT AND LEARNING**

**LEY LIBRARY EDUCATION CLASSES**

Read more about classes and register online for classes at: http://librarycf.mssm.edu/levy/classes/. For more information and location information, email Levy Library Reference at refdesk@mssm.edu, or call 212-241-7791.

**EndNote Online**

*Friday, June 26, 11 am – Noon*

**MOUNT SINAI TALENT DEVELOPMENT AND LEARNING**

Talent Development and Learning, formerly the Division of Training and Education, has a new institution-wide learning management system called PEAK (Portal for Education and the Advancement of Knowledge). Employees can now register online for all Talent Development and Learning classes by logging on to the PEAK website, then clicking on the ‘Classroom-Based Training’ section. By registering online, individuals no longer will need to fax their registration forms. For more information, contact Talent Development and Learning at 212-241-1944, or register at http://peak.mountsinai.org. In order to log on to PEAK, employees will need to use the credentials used to log into their e-mail. To identify the proper credentials, visit http://password.mountsinai.org or call the help desk at 4-HELP.

- **AIDET: Five Fundamentals of Customer and Patient Communication**

AIDET (Acknowledge, Introduce, Duration, Explanation, Thank) is a framework for staff to communicate with patients and their families as well as each other. In this class, participants will learn how to develop and implement this tool in a work setting and be able to create a personal AIDET presentation, demonstrate the AIDET tool, and explain why AIDET is critical to improving clinical outcomes and reducing patient anxieties.

*Tuesday, June 30, 2 – 3:30 pm*

*The Mount Sinai Hospital*

**Managing Transitions in The Workplace**
This workshop is designed to provide leaders with the skills and knowledge needed to guide their teams through an organizational change in a manner that helps employees handle both change and transition. Participants will discuss strategies and tactics to overcome employees’ resistance to change.

*Wednesday, July 1, 1 – 4 pm*

*The Mount Sinai Hospital*

**CUNY School of Professional Studies: Information Sessions**

In these sessions, participants will learn more about the Human Relations College program at the CUNY School of Professional Studies that is designed to enhance skills and knowledge used on the job while providing an important foundation for further college study. This program is geared toward working adults at various points in their college careers.

*Wednesday, July 8, 11 am – 2 pm*

*Outside the Plaza Cafeteria*

*The Mount Sinai Hospital*

**Toastmasters International**

Toastmasters Members learn to develop comfort and skill when speaking by working with others in a supportive environment. A typical meeting is made up of 10 – 20 people who meet biweekly for an hour. Each meeting gives participants an opportunity to practice conducting meetings, give impromptu speeches, present prepared speeches, and offer constructive evaluation.

*Walden University – Online Degree Programs*

For more than 40 years, Walden University has been serving the higher education needs of adult learners. Walden University is now offering Mount Sinai Health System employees the opportunity to pursue a degree or certificate online in a wide selection of health care-related fields of study. To learn about educational opportunities through Walden University and the tuition-reduction offer tailored to the Mount Sinai Health System, call Leah Lopez at 732-306-7720 or email leah.lopez@waldenu.edu.

*The Mount Sinai Hospital*

*Tuesday, July 7, 11 am – 2 pm*

*Outside the Plaza Café*

*Mount Sinai Queens*

*Wednesday, July 15, 11 am – 2 pm*

25-10 30th Ave, LIC, Main Lobby

*Mount Sinai Beth Israel – PACC*

*Thursday, July 16, 11 am – 2 pm*

10 Union Square East, 2nd floor Atrium

*Mount Sinai St. Luke’s*

*Tuesday, July 28, 11 am – 2 pm*

1111 Amsterdam Ave, Lobby

*Mount Sinai Roosevelt*

*Wednesday, July 29, 11 am – 2 pm*
Foreign Language Conversation Groups
These sessions will allow speakers of all levels to converse. Beginners, intermediate, and advanced speakers are welcome. For more information, email michelle.cruz@mountsinai.org.

Conversation Partners
Designed for any level of a given language, Conversation Partners provides an opportunity to improve skills in a specific language by speaking in a safe group of learners. Native speakers are encouraged to attend. E-mail tdl@mountsinai.org for more information and the meeting location.

English as a Second Language
Classes are designed to improve written and conversational English with special attention paid to vocabulary, pronunciation, idioms, listening skills, writing, and grammar usage. Complete an assessment on Mondays anytime between 10:30 am and 3 pm. Call 212-241-1944 for more information.

English Conversation Partners
Designed for new learners of English, this program provides an opportunity to strengthen English-speaking skills by pairing up with an English-speaking employee or volunteer for one hour a week to practice conversation. This program is open to native English-speaking tutors, as well as students who are learning English. For more information, e-mail tdl@mountsinai.org.

RESEARCH STUDIES/CLINICAL TRIALS
RESEARCH VOLUNTEERS WITH TRAUMATIC BRAIN INJURY NEEDED
The Brain Injury Research Center at Mount Sinai is seeking people who have had a mild, moderate, or severe traumatic brain injury (TBI) and are experiencing problems in their daily activities. This may include difficulty preparing meals, maintaining a schedule, or coming up with solutions to problems. The research study will evaluate changes in thinking skills that may occur after brain injury. Participants must be at least 18 years of age and not have other neurological diagnoses. Participants will visit Mount Sinai once for about two hours to complete research measures. Compensation will be provided for participation. If interested, call the Brain Injury Research Center at 212-241-5250. [GCO #14-0720, Principal Investigator: Colette Elliot, PhD, IRB approved through 6/26/2015].

HEALTHY RESEARCH VOLUNTEERS NEEDED
The Brain Injury Research Center at Mount Sinai is seeking people for participation in a research study. The purpose of the study is to evaluate daily activities and skills for everyday functioning. Participants must be at least 18 years of age and not have had a traumatic brain injury. Participants will visit Mount Sinai once for about two hours to complete research measures. Compensation will be provided for participation. If interested, call the Brain Injury Research Center at 212-241-5250. [GCO #14-0720,
Principal Investigator: Colette Elliot, PhD, IRB approved through 6/26/2015.

**ACANTHOSIS NIGRICANS QUALITY OF LIFE STUDY**
The purpose of this study is to develop an acanthosis-nigricans-specific quality of life (ANQoL) instrument to measure the impact of acanthosis nigricans on patients’ lives. The Department of Genetics and Genomic Sciences will administer questionnaires and conduct open-ended structured interviews. Based on this data, the department will then generate the ANQoL. Participants must be over 18 years of age, English speakers, and have acanthosis nigricans. They will be asked to undergo a brief physical exam at Mount Sinai to confirm the diagnosis. Participants will receive a $10.00 Visa gift card upon completion of their participation in this study. Those interested should email acanthosis.nigricans@mssm.edu. [GCO 12-0965, IRB approved through 07/16/15].

**RESEARCH STUDY ON THE EFFECTS OF SMOKING ON THE DIGESTIVE SYSTEM**
The Division of Gastroenterology is looking for individuals who are planning to quit smoking for a study on the effect of smoking cessation on the digestive system. The purpose of this study is to understand how smoking impacts the bacteria and immune system of the intestines. Participants need to be between 18 and 65 years of age, smoke half a pack of cigarettes per day, and be in relatively good health. Participation involves providing blood and stool samples, and having a flexible sigmoidoscopy with biopsies before and after stopping smoking. Up to $400 will be provided to compensate for time and effort. For more information, or to refer possible participants, contact Ryan Ungaro, MD, by emailing ryan.ungaro@mssm.edu, or calling 212-241-0150. [GCO # 14-1179, IRB Approved 8/12/14 – 8/11/15].

**OBSESSIVE-COMPULSIVE DISORDER STUDY**
The Obsessive-Compulsive Disorder and Related Disorders Program is recruiting for a study investigating the efficacy of group cognitive-behavioral therapy for OCD. Children of 8 to 12 years of age with a diagnosis of OCD are invited to participate. Subjects will participate in a 12-week clinical therapy program at no cost. The group therapy is run by Ariz Rojas, MD, on Monday nights from 5 – 6:30 pm. Subjects will complete pre- and post-test measures (one two-hour visit) and will be compensated for their time, as well as travel costs. For more information, or to register, contact Shannon Gair at Shannon.gair@mssm.edu, or 212-659-1675. [PI: Timothy Rice, MD, GCO # 14-0858, IRB Approved through 8/27/15].

**APPETITE AND BODY FAT STUDY**
The Division of Endocrinology is looking for healthy diabetic and nondiabetic individuals (both overweight and lean) who are eligible to participate in a study investigating appetite and body fat. Participation will include fasting over the night before the visit (eight hours) and a four to five hour visit during which a brief medical history and appetite questionnaire will be completed; height, weight, pulse, and blood pressure will be measured; blood samples will be taken before and a few times after drinking a test meal; and a biopsy of fat from around the waist will be taken. Participants will receive compensation. For more information, email Eliza Geer, MD, at eliza.geer@mssm.edu. [GCO# 08-0105. MSSM IRB approved through 8/31/15].

**ATOPIC DERMATISIS STUDY**
The Department of Dermatology is looking for adults, and children two years of age and older, to
participate in a research study to treat mild to severe atopic dermatitis. The study will last several months. Qualified participants will receive a study-related skin exam and study drug at no cost. Health insurance is not needed to participate. For details, call the dermatology clinical trials center at 212-241-6033. [GCO # 12-0424, IRB approved through 8/31/2015].

**MICROBIOME ANALYSIS STUDY**
The Departments of Genetics and Genomic Sciences, and Gastroenterology, are conducting a prospective study exploring mechanism of in utero transmission of bacteria by Microbiome analysis and are currently recruiting female participants who are pregnant, planning a pregnancy, are in good health, or have Inflammatory Bowel Disease, and will deliver in The Mount Sinai Hospital. Participants will be asked to fill out health status and dietary questionnaire, and provide stool and saliva samples. Participants will be compensated for their time and efforts with up to $250. Those interested can contact Joanna Torres, MD, at joanna.toress@mssm.edu or 212-241-2809, Justin Cote-daigneault, MD, at justin.cote-daigneault@mountsinai.org, or Hina Panchal, MD, at hinaben.panchal@mssm.edu, or 212-824-9080. [GCO# 14-1236, PI: Inga Peter, PhD, ISMMS IRB approved through 10/8/15].

**GASTRIC BYPASS SURGERY STUDY**
Researchers at the Division of Bariatric and Minimally Invasive Surgery at Mount Sinai St Luke’s are seeking volunteers to participate in a study examining the effects of Sitagliptin on glucose control in patients who have had gastric bypass surgery for morbid obesity and have persistent or relapsing type 2 diabetes. Patients should be 18 to 65 years of age and at least 1 year from surgery. Volunteers will participate in the study for up to 6 weeks, and will have 4 research visits of 1 to 4 hour durations. Activities include meal tests, blood collection, and occasional self-monitoring of glucose levels by finger stick. The patients will be compensated $300 for full participation. James McGinty, MD, Chief, Division of Bariatric and Minimally Invasive Surgery, Mount Sinai St. Luke’s, is the principal investigator for this study. For more information, call a study coordinator at Mount Sinai St Luke’s at 212-523-3357 (English) or at 212-523-1745 (Spanish). [IRB#11-156, Approved through 10/15/2015].

**RESEARCH STUDY IN DIABETIC PATIENTS WITH PERIPHERAL ARTERY DISEASE (PAD)**
Individuals with type 2 diabetes mellitus with lower extremity peripheral artery disease (PAD) are invited to participate in this study being performed by the Division of Cardiology, which is designed to explore the effects of three FDA-approved anti-platelet regimens in microcirculatory flow. Eligible study participants will receive three different sets of treatments for PAD and will be followed up via blood testing as well as Doppler-imaging. Those interested can call John Kim, MD, at 212-659-9637, Karen Modesto, PhD, at 212-659-8864, or e-mail john.kim@mssm.edu or karen.modesto@mssm.edu. [PI: Robert Rosenson, MD, GCO #13-1925, IRB approved through 10/28/2015].

**TOMMORROW STUDY**
The Alzheimer’s Disease Research Center is seeking healthy participants between 65 and 83 years of age who have someone who can be a project partner (spouse, adult child, other family member, or caregiver) to provide information about their health, attend study appointments, and assist with correctly taking certain study medications for this study that will examine two genes to see if it’s possible to predict someone’s likeliness to develop Alzheimer’s based on certain inherited genes, and to test a drug called
pioglitazone (AD-4833), which may slow the progress of Alzheimer’s disease in those who currently show no signs of the condition. In this study, the participants will be given a blood test to determine if they are at an elevated risk of developing Alzheimer’s disease, and memory, thinking, orientation, and language skills tests to confirm that they are mentally healthy. Those who qualify will then be given a study drug or placebo to take over a five-year period. Participants will not have to pay for investigational medication, and transportation assistance may be available. This research will take place at The Mount Sinai Hospital campus. For more information, contact a study coordinator at 212-241-8329. [PI: Judith Neugroschi, MD; GCO#: 13-1688; HSM#: 13-00720; IRB approved through 11/19/2015].

GENETICS AND GENOMICS STUDY OF NEURODEVELOPMENTAL DISORDERS
The Department of Psychiatry is recruiting subjects and families with neurodevelopmental disorders (NDDs) of unknown cause for a systematic genetic screen that will examine the inheritance patterns and genetic contributions to related neurodevelopmental disorders. The study includes completion of a medical history questionnaire and a blood draw. Affected and unaffected family members of those with a NDD may also be eligible to participate. For more information, call 212-824-9065, or email ndd.project@mssm.edu [GCO# 12-1490, PI: Dalila Pinto, PhD, IRB approved through 11/20/15].

EFFECT OF NEBIVOLOL ON THE BLOOD FLOW IN HEARTS OF ADULTS WITH HIGH BLOOD PRESSURE AND ABNORMAL FILLING OF HEART (LVDD) STUDY
The purpose of this study is to study the relationship between Nebivolol (Bystolic) administration and improvement in exercise time in patients with hypertension (high blood pressure) and those with Left Ventricular Diastolic Dysfunction (abnormal relaxation of the heart muscle). The Division of Cardiology is looking for patients who have a history of mild to moderate high blood pressure (130-160/90-120) and may or may not have not received any medications for elevated blood pressure for at least 30 days and who are willing to undergo two stress echo exams at the beginning and at the end of the study. The study duration is six months. Patients will be supplied with the medication for the six-month period. For more information, contact Sharath Vallabhajosyula at Sharath.vallabhajosyula@mssm.edu or call 212-659-8847, or call 212-659-8847 to set a screening visit and check your eligibility. [GCO #12-0493, Principal Investigator: Partho Sengupta, MD, IRB approved through 12/10/2015].

STUDY FOR HEALTHY YOUNG VOLUNTEERS
The Division of ADHD and Learning Disorders at the Icahn School of Medicine at Mount Sinai is seeking adolescents of 7 to 17 years of age with no history of medical or psychiatric illness to participate in a study that uses non-invasive technology as a measurement to diagnose and treat ADHD. The study will include an evaluation for ADHD and other disorders, a non-invasive scan while the child plays video games on a computer, and a second scan 4 – 6 weeks after the initial scan. Compensation will be provided for participation. For more information, contact Amanda Kirschenbaum, BSc, Clinical Research Coordinator, at 212-241-5269, or Amanda.Kirschenbaum@mountsinai.org. [IRB Approved through 12/15/15].

TYPE 2 DIABETES STUDY
The Glycemia Reduction Approaches in Diabetes: A Comparative Effectiveness Study (GRADE) is investigating which is the best second drug to be added to metformin for the treatment of type 2 diabetes. Eligible participants must be currently treated with metformin alone and have been diagnosed with type 2 diabetes at less than 30 years of age within the past 10 years. Participants will be randomly
assigned to receive one of four FDA-approved diabetes medications in addition to metformin and attend four study visits per year for up to seven years. Laboratory tests, diabetes medications, and diabetes education will be provided free-of-charge. Travel stipends and honoraria will be provided. Those interested may contact the study team at grade@chpnet.org, or 212 523-4171. This is a multi-center National Institutes of Health-sponsored clinical trial. For more information, visit https://grade.bsc.gwu.edu/web/grade/home?p_p_id=58&p_p_lifecycle=0&_58_redirect=%2F. [PI: Jeanine Albu, Chief, Division of Endocrinology, Diabetes and Nutrition, Mount Sinai St. Luke’s, GCO#: 12-161, MSSLRH IRB approved through 12/16/2015].

**LUNG CANCER EARLY DETECTION STUDY**
The Early Lung and Cardiac Action Program of the Department of Radiology is seeking non-smokers, 40 years of age and older who have never smoked and have been exposed to second-hand smoke. The study will offer early detection of lung cancer, cardiac disease, and other diseases through low-dose CT scanning. This study is free of charge and participants will be reimbursed for their time and effort. For more information or to participate, call 212-241-2420. [GCO# 09-2017, PI: Claudia Henschke, MD, PhD, IRB approved through 12/31/2015].

**MRI AND PET STUDY**
Researchers at Mount Sinai are developing and validating new magnetic resonance imaging (MRI) and positron emission tomography (PET) methodologies to help in diagnosing atherosclerotic plaques at risk of causing severe clinical events, such as myocardial infarction, stroke, or sudden death. Males and females 20 years of age and older, either with personal or family history of either risk factors for atherosclerosis (high cholesterol, high blood pressure, diabetes), or atherosclerosis itself, may be eligible for participation in this study. Participation will involve undergoing one or more imaging sessions with MRI and/or PET. Participants will be reimbursed $75 per imaging session, for a maximum of $300. For those interested in this study, contact Rima Fayad (Research Coordinator) at 212-824-4846, or email rima.fayad@mountsinai.org. [GCO 01-1032, IRB approved through 12/31/2015].

**ALZHEIMER’S DISEASE RESEARCH CENTER STUDY**
The Alzheimer’s Disease Research Center at Mount Sinai is recruiting volunteers for a multi-center Merck EPOCH trial. This study is investigating the safety, tolerability, and efficacy of a medication, MK-8931, in patients with mild to moderate Alzheimer’s disease. MK-8931 is an oral, β-amyloid precursor protein, site-cleaving enzyme (BACE) inhibitor and is aimed at slowing the progression of Alzheimer’s disease. Patients will be randomly assigned to take a low dose of study medication, a high dose of study medication, or a placebo for 78 weeks. The study needs patients with a diagnosis of Alzheimer’s disease who are 55 to 85 years of age, are fluent in English or Spanish, can attend all study visits, participate in neuropsychological testing, receive MRIs, and who have a close friend or family member who can act as a study partner. All study visits will take place at The Mount Sinai Hospital campus and there will be no cost to the patients. For more information about the study, contact study coordinator, Emily Exter, at 212-241-0438 or emily.exter@mssm.edu. [Principal Investigator: Judith Neugroschl, MD; GCO# 13-0701; IRB approved through 1/5/2016].

**STUDY OF HUMAN BODY SIZE AND SHAPE USING 3-DIMENSIONAL PHOTOGRAPHIC IMAGES**
Individuals, especially fraternal and identical twins, are invited to participate in a genetics study that involves taking photographs with a special camera to measure head size and shape. Analysis of these 3-D photos will be used to measure the amount of similarity and difference between facial features of twins. Participants will be consented, asked to fill out a short questionnaire about medical and family history, have head circumference and ear length measured, have two or three 3-D photos taken, provide a buccal sample (cheek swab or mouthwash sample) or a blood sample. Total participation time is about 30 minutes. Those interested should call 212-241-7056 or email 3dphoto@mssm.edu [GCO 08-0811, IRB approved through 03/11/2016].

A4 STUDY FOR ALZHEIMER’S DISEASE
The Alzheimer’s Disease Research Center is seeking volunteers for this A4 study that is testing a drug known as LY2062430 (also called “solanezumab”) in older individuals who have evidence of elevated amyloid build-up in their brains, but who do not yet show symptoms of Alzheimer’s disease in order to slow possible AD-related damage in the brain and to delay progression of AD-related memory loss. The purpose of this study is to test whether solanezumab can slow the progression of memory problems associated with brain amyloid. Amyloid build-up will be identified in potential participants through a special positron emission tomography (PET) scan technique. The study team is seeking healthy participants between 65 and 85 years of age who have someone who can be a project partner (spouse, adult child, other family member, or caregiver) to provide information about their health, attend study appointments, and assist with correctly taking the study medication. Participants will not have to pay for investigational medication, and will be paid for certain clinical visits throughout the study. This research will take place at The Mount Sinai Hospital campus. For more information, contact a study coordinator at 212-241-8329. [PI: Mary Sano, PhD; GCO#: 91-0208 (18) and 91-0208 (19); HSM#: 14-00067; IRB approved through 03/17/2016].

HEALTHY RESEARCH VOLUNTEERS NEEDED
The Department of Anesthesiology is seeking people for participation in a research study. The purpose of the study is to assess cognitive recovery in a group of adults by undertaking baseline and follow-up testing after the administration of general anesthesia in people 70 to 80 years of age and to evaluate alterations in resting state and activity-driven brain networks using fMRI, Diffusion Tensor Imaging (DTI), and Arterial Spin Labeling (ASL) to characterize these same volunteers before and during recovery from the administration of general anesthesia. Participants will visit Mount Sinai twice and be contacted further for follow-ups. Compensation will be provided for participation. Those interested can call the Department of Anesthesiology at 212-241-0840. [GCO #13-0359, PI: Jeffrey Silverstein, MD, IRB approved through 04/28/2016].

FMRI STUDY FOR HEALTHY YOUTH
The Department of Psychiatry is looking for children and adolescents 7 to 17 years of age to participate in a study exploring the brain regions people use to pay attention. The study requires three visits to complete some psychological tests, computer-based attention tasks, and two functional magnetic resonance imaging (fMRI) brain scans on two separate days. Reimbursement will be provided for time and effort, and participants will get a CD with pictures of their brain, along with a certificate of participation for volunteer service. For more information, call 212-241-8012 or e-mail ADHD.Research@mssm.edu [PI: Jeffrey Newcorn, MD, and Kurt Schulz, MD, GCO#11-0161, IRB approved through 4/30/2016].
TREATMENT STUDY FOR CHILDREN AND ADOLESCENTS WITH ADHD

The Department of Psychiatry is looking for children and adolescents 7 to 17 years of age with suspected or diagnosed attention-deficit/hyperactivity disorder (ADHD) to participate in a study examining response to either methylphenidate or atomoxetine, both of which are commonly prescribed medications that are FDA-approved for the treatment of ADHD in children and adolescents. The study will include an evaluation for ADHD and other disorders, weekly doctor visits for six to eight weeks as the doctors work with participants’ parents to find the best dose for their children, and non-invasive fMRI scanning while their child plays a video game. Reimbursement provided. For more information, contact Beth Krone, PhD, at 212-241-8012, or email beth.krone@mssm.edu. [MSSM GCO #11-0161, PI: Jeffrey Newcorn, MD, IRB approved through 4/30/2016].

UPDATE
2015 Marketing and Communications
Send submissions to update@mountsinai.org by Noon on Tuesday for inclusion in Thursday’s Update.
Update
June 18, 2015

WEEKLY E-NEWSLETTER HIGHLIGHTING ANNOUNCEMENTS AND EVENTS

MASTER OF PUBLIC HEALTH INFORMATION SESSION
The Icahn School of Medicine at Mount Sinai’s Graduate Program in Public Health is accepting applications for its MPH and Certificate programs for the Fall 2015 semester. Those interested can attend an information session to learn about careers in public health and admissions criteria. To RSVP, visit https://mssm.wufoo.com/forms/graduate-program-in-public-health-info-sessions/. For more information, email publichealth@mssm.edu or call 212-824-7292.

Thursday, June 16, 6 pm
Hess Center, Davis Auditorium

HEALTHCARE RISK MANAGEMENT WEEK
As part of Healthcare Risk Management Week, Monday, June 15 through Friday, June 19, the Mount Sinai Health System is featuring several events, among them:

- **Mock Cross Examination**
  This event will be presented by Peter Kolbert, Esq., Senior Vice President for Claim and Litigation Services, FOJP Service Corporation, with Raymond Sandler, MD, Associate Professor, Obstetrics, Gynecology and Reproductive Science, and Nicole Geller, Clinical Nurse, Obstetrics, Gynecology and Reproductive Science. The event will illustrate the medico-legal implications of improper documentation through a cross-examination role play, based on an actual case.
  Thursday, June 18, Noon
  Stern Auditorium

REDCAP WORKSHOP
This session, offered by the Center for Biostatistics at Mount Sinai, is aimed toward those who are interested in a switch to a free, secure electronic data-capture system. REDCap allows for online surveys, longitudinal data collection, automated randomization, APIs, and more. Those interested can register now for this upcoming REDCap info session that will review building projects and databases, data sharing, security features, and access. No prior knowledge of REDCap or databases is necessary. Space is limited to the first 40 to RSVP. To RSVP, visit https://www.inchoir.org/bcctm/redcap4/redcap/surveys/?s=5CFDsByBbA.
**THIRTEENTH IME EXCELLENCE IN TEACHING AWARDS**

The Thirteenth Institute Medical Education’s (IME) Excellence in Teaching Awards will honor faculty, students, and staff who have demonstrated outstanding achievement in teaching and have made meaningful contributions to the educational activities across the Mount Sinai Health System. For more information, email margaret.suppa@mssm.edu or visit http://icahn.mssm.edu/research/institutes/institute-for-medical-education.

Tuesday, June 23, 4 – 6:30 pm

Hatch Auditorium

**46TH ANNUAL NEW YORK CITY PRIDE PARADE**

All are invited to participate in this event, which is one of the largest pride celebrations in the world. The 46th Annual New York City Pride Parade will celebrate Lesbian, Gay, Bisexual, and Transgender (LGBT) Pride Month. To register to march with the Mount Sinai Health System parade contingent, visit https://docs.google.com/forms/d/1Wr90pVgIFJNwP4QUowKybZGe8Y -KfJ90CiS0nXMbYs/viewform? c=0&w=1. For more information, including time and location, email Barbara Warren, PsyD, at bwarren@chpnet.org.

Sunday, June 28

**SOLUTIONS IN SAFE PATIENT HANDLING**

This conference, sponsored by the Mount Sinai Selikoff Centers for Occupational Health, is intended for administrators, physicians, nurse risk managers, direct patient caregivers, rehabilitation therapists, ergonomists, and safety professionals, as well as faculty, residents, and students interested in advancing worker and patient safety in health care. Speakers will include safe patient handling experts from the U.S. Centers for Disease Control and Prevention/National Institute of Occupational Safety and Health. This activity has been submitted to The Mount Sinai Hospital, an approved provider of continuing nursing education by the Alabama State Nurses Association, for approval to award contact hours. Alabama State Nurses Association is accredited as an approver of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation. For more information, or to register, visit www.mountsinai.org/selikoff. There is an $80 registration fee for Mount Sinai Health System faculty and staff.

Tuesday, June 30

New York Academy of Medicine

1216 Fifth Avenue

Entrance on 103 Street

**ICD-10 TOWN HALL MEETING**

Employees are invited to join the Program Management Office and project leaders for the next ICD-10 Town Hall Meeting. The hour-long discussion will feature updates on the project and how the Mount Sinai Health System is handling the phase of the implementation. Project leaders will also be available for a question-and-answer session.

Wednesday, July 1, 10 – 11 am
25TH ANNUAL LIVING WITH CANCER CONFERENCE
The Twenty-Fifth Annual Living with Cancer Conference is intended to benefit individuals, families, friends, and caregivers directly affected by cancer, as well as community health care professionals. This Conference is free of charge and will offer information and practical tips to confront the day-to-day challenges of living with cancer. Key topics include current and future trends in treatment, legal issues and cancer, managing pain and other symptoms, and more. The conference is sponsored by CancerCare, the Icahn School of Medicine at Mount Sinai, American Cancer Society, Inc. (Eastern Division), Mount Sinai Beth Israel Comprehensive Cancer Center, Breast Examination Center of Harlem, Calvary Hospital, Department of Veterans Affairs, Oncology Program at New York Harbor Healthcare System, FindCancerServices.com, Gilda’s Club New York City, Laura and Isaac Perlmutter Cancer Center at NYU Langone Medical Center, Leukemia and Lymphoma Society (New York City Chapter), Memorial Sloan Kettering Cancer Center, and the Montefiore Einstein Center for Cancer Care. The Conference will feature various speakers and workshops relating to the topic of Living with Cancer. Breakfast and lunch will be provided. For more information, or to register, call 212-712-8368 or visit http://www.cancercare.org/community_programs/332.

Sunday, July 12, 9:15 am – 3:30 pm
NYU Langone Medical Center
Farkas Auditorium
550 First Avenue at 31st Street
New York, NY, 10016

SUMMER WORKSHOP IN CLINICAL RESEARCH
The Clinical Research Education Program, the Center for Patient-Oriented Research, Training, Education, and Development (CePORTED), BERD (Biostatistics, Epidemiology and Research Design), and the Center for Biostatistics, will sponsor the 2015 Summer Workshop in Clinical Research that will focus on how to handle missing data. The program, titled “How to Handle Missing Data in Clinical Trials and Observational Studies,” starts on Tuesday, July 14, and will take place every Tuesday and Thursday through Thursday, August 6. All faculty, students and staff are welcome to attend. For more information about topics, speakers, reading material and registration (registration is free but required) visit https://register.mssm.edu/summer/clr/.

Tuesday, July 14 – Thursday, August 6, 8 – 9 am
Annenberg 13-01

ANNOUNCING ICahn SCHOOL OF MEDICINE AT MOUNT SINAI’S SUPPORT FOR CROWDFUNDING APPLICATIONS
Crowdfunding is a mechanism to fund a project by collecting small amounts of money from a large number of people and has emerged as an important way to raise funds to expand ongoing initiatives to cure disease and improve patient care. This is done via direct appeals through crowdfunding internet sites where one presents an idea and how much they will need to accomplish the project.

To assist Mount Sinai faculty and students in tapping this new funding method, resources have been developed to enable those interested to launch a successful crowdfunding campaign. Members of the
Mount Sinai community are now able to leverage Mount Sinai’s reputation as well as infrastructure to give their project additional credibility with potential donors.

Those interested can visit the Icahn School of Medicine at Mount Sinai’s new crowdfunding page at http://icahn.mssm.edu/about-us/for-faculty/researchers/crowdfunding-as-a-mechanism-to-fund-your-ideas.

CME COURSES AND CONFERENCES
CONSORTIUM OF NEW YORK GERIATRIC EDUCATION CENTERS
Register now for upcoming Core Days and electives, part of a 35-hour Geriatric Scholar Certificate program. Seminars are aimed at improving and expanding geriatric health care, particularly for low-income, multi-ethnic, and underserved older adult populations. Each training day is accredited for 7.0 CME credits by the Icahn School of Medicine at Mount Sinai. The program is intended for health care and social service providers and faculty from a range of disciplines and areas of expertise. For more information and to register, visit www.nygec.org, or email cnygec@mssm.edu.

HCV UPDATE: THE LATEST INFORMATION FOR FRONTLINE PROVIDERS MANAGING PATIENTS WITH HEPATITIS C
This program will provide a comprehensive overview of the most current treatment and care of patients with Hepatitis C and is open to all allied health professionals. For more information on courses, including times, visit www.mssm.edu/cme/courses, email cme@mssm.edu, or call the Office of CME at 212-731-7950.
Saturday, June 20, 8:15 am – 3:15 pm
Annenberg 13-01

THE PAGE AND WILLIAM BLACK POST GRADUATE SCHOOL FOR CONTINUING EDUCATION
The Office of Continuing Medical Education (CME) offers seminars, conferences, grand rounds, and live webcasts for physicians and other health professionals to extend their knowledge and remain current in their specific fields. For more information on courses, including times, visit www.mssm.edu/cme/courses, email cme@mssm.edu, or call the Office of CME at 212-731-7950.

GRAND ROUNDS, LECTURES, AND SEMINARS
FRIEDMAN BRAIN INSTITUTE TRANSLATIONAL NEUROSCIENCE SEMINAR SERIES
Claes Wahlestedt, MD, PhD, Leonard M. Miller Professor, Associate Dean for Therapeutic Innovation, Vice Chair for Research, Psychiatry, Behavioral Sciences, Director, Center for Therapeutic Innovation (CTI), Miller School of Medicine, University of Miami, presents “Understanding and Drugging the Epigenome.”
Thursday, June 18, 1 pm
Hess Center, Seminar Room A

DIVISION OF OCCUPATIONAL MEDICINE SEMINAR SERIES
Denise Gaughan, ScD, MPH, Assistant Professor, Preventive Medicine, presents “PET/MR Imaging to
Examine the Neuropsychological Effects of Welding Fume Exposure.”
*Friday, June 19, 8 – 9 am
Annenberg Fifth Floor Felt Room*

James Cone, MD, MPH, Medical Director, World Trade Center Health Registry, New York City Department of Health and Mental Hygiene, presents “Results of New World Trade Center Health Registry Asthma Studies.”
*Friday, June 26, 8 – 9 am
Annenberg Fifth Floor Felt Room*

**RESPIRATORY INSTITUTE GRAND ROUNDS**
Gregory Tino, MD, Chief, Medicine, Penn Presbyterian Medical Center, Associate Professor, Medicine, Perelman School of Medicine, University of Pennsylvania, presents “Bronchiectasis: Update on a Not-So-Orphan Disease.”
*Friday, June 19, 12:30 – 1:30 pm
Annenberg 5-09*

**CARDIOLOGY GRAND ROUNDS**
Srinvas Dukkipati, MD, Assistant Professor, Medicine, presents “Recent Advances in Electrophysiology: The Year in Review.”
*Monday, June 22, 7:45 – 8:45 am
Hatch Auditorium*

Davendra Mehta, MD, Director, Cardiac Electrophysiology, Mount Sinai St. Luke’s, Professor, Medicine, presents “Cardiac Sarcoidosis.”
*Monday, June 29, 5 – 6 pm
Hatch Auditorium*

**LABORATORY MEDICINE SEMINAR WEEKLY SERIES**
Tanis Dingle, PhD, D (ABMM), Assistant Director, Microbiology, Assistant Professor, Pathology, presents "Dimorphic Fungi." Approved for up to 1.0 credit per hour of Category 1 CME Credit.
*Tuesday, June 23, 8 – 9 am
Annenberg 15-65 Conference Room*

**MEDICINE GRAND ROUNDS**
Lindsay E. Jubelt, MD, Assistant Professor, Medicine, General Internal Medicine, presents “Population Health Management.”
*Tuesday, June 23, 8:30 – 9:30 am
Hatch Auditorium*

Primary Care Residents present “AIM Lecture: Carver Home Focus Group.”
*Tuesday, June 30, 8:30 – 9:30 am
Hatch Auditorium*

Victor L. Schuster, MD, Baumritter Professor of Medicine, Senior Vice Dean, Albert Einstein College of
Medicine, presents “The 42nd Annual Solomon A. Berson Memorial Lectureship: Jack Sprat Growing Fat: Obesity Past, Present, Future.”
Tuesday, June 30, 8:30 – 9:30 am
Hatch Auditorium

ANESTHESIOLOGY GRAND ROUNDS
Jake Beilin, MD, Professor, Anesthesiology, presents “Morbidity and Mortality Conference.”
Wednesday, June 24, 6:30 – 8:10 am
Annenberg 13-01

Andrew B. Leibowitz, MD, Professor, Anesthesiology, Surgery, Icahn School of Medicine at Mount Sinai, Chair, Anesthesiology, Mount Sinai Health System, presents “Airway Management.”
Wednesday, July 8, 6:30 – 8:10 am
Annenberg 13-01

NEUROSURGERY GRAND ROUNDS
Spine Conference Combined with Orthopaedics
Wednesday, June 24, 7 – 8 am
Annenberg Fifth Floor Boardroom

Justin Mascitelli, MD, House Staff, PGY5, Neurosurgery, presents “Quality Improvements on the Endovascular Service.”
Wednesday, June 24, 8 – 8:30 am
Annenberg Fifth Floor Boardroom

J Mocco, MD, MS, Professor, Vice Chair, Education, Director, Cerebrovascular Center, Neurosurgery, presents “Thoughts on Resident Academic Development.”
Wednesday, June 24, 8:30 – 9 am
Annenberg Fifth Floor Boardroom

SURGERY GRAND ROUNDS
Abraham Shaked, MD, PhD, Director, PENN Transplant Institute, Vice-Chair, Eldridge L. Eliason Professor, Surgery, Hospital of the University of Pennsylvania, presents “The Ripple Effect of Transplantation.”
Wednesday, June 24, 7:45 – 9 am
Hatch Auditorium

WELLNESS EVENTS
UNITED HEALTHCARE NURSE LIAISON AND CHRONIC DISEASE CASE MANAGER
There are currently two United Healthcare nurses on-site at the Primary Care Practice located at 10 East 102nd Street on the Sixth Floor. The nurses are available to all Mount Sinai faculty and staff enrolled in the Beneflex United Healthcare medical plan. Their purpose is to assist employees in living healthier lives by offering a suite of health and wellness programs, tools, and resources to educate and encourage healthy behaviors. The one-on-one consultations are free, and they are available Monday through Friday
from 9 am to 5 pm or stop by the Wellness Table outside the Plaza Café every Wednesday from Noon to 2 pm. To make an appointment, e-mail Shoshana_Levovitz@uhc.com or Chaya.Kin@optum.com.

**Mount Sinai Parent (MSP)**

Mount Sinai Parent provides faculty and staff with a forum to obtain support, education, and additional resources as they relate to being a working parent, as well as opportunities to network with fellow moms and dads. To RSVP, please email alisa.melendez@mountsinai.org.

**Play: The Work of Childhood**

This workshop will present ideas for creative play and music-making with children of a variety of ages. Particular focus will be given to play with infants and toddlers. Instructors will discuss how bonding and relationships are reinforced through play, and how healthy attachments are formed, and will also briefly highlight theories of child development. Additionally, instructors will discuss ways of engaging a child that can also be gratifying to parents.

*Thursday, June 25, Noon – 1 pm*

**Food Fit for Life**

The Mount Sinai Hospital’s Wellness Initiative and the Department of Clinical Nutrition present the second round of Food Fit for Life, a free course on weight loss and healthy eating. The program began on Tuesday, June 16, and will continue every Tuesday for eight weeks. Three inpatient dietitians, Melissa Nagelberg, MS, RD, Kelly Krikhely, MS, RD, CDN, and Jen Cholewka, RD, will educate attendees on how to lose weight and enjoy healthy food. For more information, email Melissa.Nagelberg@mountsinai.org.

**National Diabetes Prevention Program at Mount Sinai**

The Department of Preventive Medicine and the Mount Sinai Selikoff Centers for Occupational Health are offering Mount Sinai employees a lifestyle program aimed at reducing the risk for Type 2 diabetes. A health coach will teach participants how to take charge of their health and make realistic lifestyle changes. Additionally, guest speakers will lead sessions in nutrition, fitness, and stress management. This is a year-long program with 16 weekly sessions and 6 monthly follow-up sessions. Those unsure of their risk for diabetes can take the CDC’s Prediabetes Screening Test. Participants are encouraged to bring their lunch to the sessions. Those interested can register by emailing Justine.Piontek@mssm.edu or calling 212-824-7123.

*Tuesdays and Thursdays, Noon – 1 pm*

**CAM Building, West Tower**

**3rd Floor Conference Room**

**17 East 102nd Street**

**Diabetes Prevention Program at Mount Sinai**

The Mount Sinai Diabetes Center and the YMCA of Greater New York, through its YMCA Diabetes Prevention Program (YDPP), are offering a fitness and health coaching program at Mount Sinai aimed at
reducing the risk for diabetes. The 16-week program is designed for adults who are at risk for diabetes (risk factors include: overweight, family history, or personal history of gestational diabetes), or have a diagnosis of pre-diabetes. The Diabetes Prevention Program is free and open to all Mount Sinai employees, patients, and local community members. Mount Sinai employees covered by United Healthcare should call 800-237-4942 to register for the program. Individuals interested in the program who are not covered by United Healthcare (this includes NYSNA nurses and medical students), can call 212-912-2524. Those unsure of their risk for diabetes can take the CDC's Prediabetes Screening Test. To learn more about the fitness program visit http://www.mountsinai.org/patient-care/service-areas/diabetes/living-with-diabetes/community-outreach.

CERTIFIED DIABETES EDUCATOR AVAILABLE FOR EMPLOYEES
Mount Sinai is now offering employees the support of a Certified Diabetes Educator and Registered Dietitian, Maria Elena Rodriguez, at the Mount Sinai Doctors Faculty Practice, Primary Care Associates (FPA Primary Care Associates). CDEs specialize in diabetes education and nutrition and will work personally with employees to teach them about their medicines and how to monitor blood sugar levels, help them create a healthy and easy-to-follow meal plan for them and their family, and work with them to develop a diabetes care plan. This diabetes self-management education program, The Diabetes Alliance, is offered for free, and those interested can contact the Employee Care Coordinator at 212-241-9355 to schedule an initial appointment with the Certified Diabetes Educator. The FPA Primary Care practice is located at 10 East 102nd Street on the 6th Floor. For more information, call Abby Schwartz, Director of the Diabetes Alliance, at 917-574-6273.

MOUNT SINAI’S WEIGHT MANAGEMENT PROGRAM
The program offers weekly orientation sessions titled “Toward Lasting Better Health.” The sessions, led by physicians and dietitians, aim to help people who are trying to lose 30 or more pounds and require patients to receive a comprehensive obesity screening by an endocrinologist before starting. The sessions take place on Mondays at 5 pm in the Atran Building’s Fourth Floor Conference Room, AB4-11. To reserve a seat, call 212-241-4991.

WEIGHT WATCHERS AT WORK MEETINGS
To fulfill the health and wellness needs of Mount Sinai employees, the Weight Watchers at Work program is holding a Spring series at The Mount Sinai Hospital. Weekly sessions occur over a 12-week period. For more information, e-mailabby.schwartz@mountsinai.org.
Tuesdays, through June 30, 5 – 6 pm

FRIDAY MINDFULNESS SESSIONS
The Mount Sinai Hospital, through a group of experienced mindfulness teachers, is providing an opportunity for all members of the hospital community to learn and practice simple mindfulness techniques that have proven to be effective in reducing stress and promoting physical, mental, and spiritual well-being. Staff, patients, and families are welcome. No experience is necessary. For additional information, contact Mickie.Brown@mssm.edu.
Fridays, 12:30 – 1:30 pm
Annenberg 10-68 (Levy Library)
**MOUNT SINAI YOGA PROGRAM**
The Mount Sinai Yoga Program is hosting weekly Vinyasa yoga classes on Thursday evenings from 5:30 – 6:30 pm in the Annenberg Student Lounge. The classes are open to students, faculty, and staff, and are appropriate for all levels. Mats and accessories are available for use. There is a suggested $10 donation for faculty and staff. For more information and to be added to the email list, contact mountsinaiyogaprogram@gmail.com.

*Thursdays, 5:30 – 6:30 pm
Annenberg Student Lounge*

**EMPLOYEE ASSISTANCE PROGRAM: CHILD CARE AND SUMMER CAMP SERVICES**
The Employee Assistance Program (EAP) offers information regarding New York City public schools, daycare, and summer camp for children. For information about these services, call the Employee Assistance Program at 212-241-8937. The EAP is located on-site, at 19 East 98th Street, Suite 3A.

**EMPLOYEE ASSISTANCE PROGRAM**
The Mount Sinai Employee Assistance Program (EAP) offers free, confidential, short-term counseling for employees and their family members. To schedule an appointment with an EAP professional, call 212-241-8937. The EAP is located on-site, at 19 East 98th Street, Suite 3A.

**THE ‘MOUNT SINAI MILE’ INDOOR WALKING ROUTE**
Mount Sinai Heart and the Wellness Initiative have mapped a one-mile indoor walking route through The Mount Sinai Hospital campus to help staff meet their physical activity goals at work. The American Heart Association recommends at least 30 minutes of moderate-intensity aerobic activity at least five days per week. Staff is encouraged to use the map at [http://www.mountsinai.org/patient-care/service-areas/heart-mount-sinai-mile](http://www.mountsinai.org/patient-care/service-areas/heart-mount-sinai-mile), follow the ‘Mount Sinai Mile’ signs while on lunch break, or hold a walking meeting along the ‘Mount Sinai Mile’ route. For more information, email Abby Schwartz, MBA, BSN, RN, at Abby.Schwartz@mountsinai.org.

**ANNOUNCEMENTS AND EVENTS**
**NEW PEDIATRIC CRITICAL CARE TRANSPORT TEAM**
In June, Mount Sinai Kravis Children’s Hospital launched a dedicated pediatric transport team for interfacility transports into and within the Mount Sinai Health System for critically ill and injured neonates, infants, and children. Under the guidance of Kim Disanto, Clinical Nurse Manager, and Cecilia Thompson, Medical Director, Pediatric Transport, Assistant Professor, Pediatric Critical Care Medicine, the team consists of specialty trained nurses and respiratory therapists who can transport patients 24 hours a day, seven days per week. The new Pediatric Critical Care Transport Team will provide efficient and safe transport for patients and their families, and will extend tertiary health care services throughout the tri-state area. To arrange any pediatric transport to the Mount Sinai Health System, call Transfer Services at 1-800-TO-SINAI to speak with a Transfer Coordinator for immediate assistance.

**MOUNT SINAI AGREEMENT WITH BAYER FOR MIRENA IUD**
The Mount Sinai Health System has announced a new partnership with Bayer Healthcare. Under the
terms of the agreement, the Mount Sinai Health System will receive preferential pricing for the Mirena IUD over the next three years. Mirena is the most widely used IUD in the country and is effective for up to five years. Under the Affordable Care Act, women of appropriate age are given the opportunity to obtain a contraceptive with no out of pocket cost. Staff who are interested can contact one of the Health System’s OBGYN providers at www.mountsinaihealth.org/obgyn.

ENJOY LOCAL, ORGANIC FOOD AS A MEMBER OF THE MOUNT SINAI FARM SHARE
Registration is now open for the 2015 season of Mount Sinai Farm Share, a Community Shared Agriculture (CSA) program that offers local, organic produce from Stoneledge Farm, delivered weekly during the 24-week harvest season (June through November). The distribution site is conveniently located outside of the Icahn building at 99th Street and Madison Avenue. Those interested may purchase a vegetable share and additional fruit, mushroom, or coffee shares by visiting https://www.stoneledgefarmny.com/. For more information, email mountsinaifarmshare@gmail.com.

COLORECTAL CANCER OUTREACH PROGRAM
The Witness CARES program is a culturally targeted community outreach program designed to increase knowledge about colorectal cancer in the African American community and improve adherence to recommended screening guidelines. The educational presentation is roughly 90 minutes and includes a culturally based educational video reviewing facts about colorectal cancer and screenings, while also providing valuable resources. Programs are held at Mount Sinai and throughout the New York City community. For more information, contact Clarissa Martinez at 212-824-7803, or Karent Zorogastua at 212-824-7806.

MOUNT SINAI RISING PROFESSIONALS
The Rising Professionals is a group dedicated to developing the professional workforce of the Mount Sinai Health System by offering employees opportunities for professional and personal growth. To join the distribution list for the Rising Professionals, email risingprofessionals@gmail.com.

POSTING CLINICAL RESEARCH PROJECTS ON THE MOUNT SINAI HEALTH SYSTEM WEBSITE
Employees can request that their studies be added to the clinical research listings on the Mount Sinai website. Using the web form found at https://erap.mssm.edu/Public/ORSClinicalTrials.aspx, one can submit a request to add, update, or delete a web page from the clinical research listings at http://icahn.mssm.edu/research/clinical-trials. For more information, contact research.services@mssm.edu.

STAT-CHAT: WALK-IN CONSULTATION SERVICE
The Center for Biostatistics at Mount Sinai has launched STAT-CHAT: a free, walk-in, consultation service meant to resolve easy problems and answer quick questions about such topics as data analysis, study design, and database. All faculty, fellows, residents, staff, or medical students are welcomed to use this service for quick statistics-related questions. STAT-CHAT is offered once a week with two statisticians available for an hour on a first-come, first-served basis. Each consultation should be about 15
OPHTHALMOLOGY OPTICAL SHOP UPDATE

The Department of Ophthalmology’s Optical Shop encourages employees to take care of their eyes. The shop is currently offering a one-time additional five-percent discount on all purchases over $300.00. The Optical Shop also offers employees a 20-percent discount on a wide assortment of sunglasses and glasses. Shalaya Arias, a department optician, will be available to show visitors the shop’s latest designer frames for adults and children. The department encourages employees to use their Flexible Spending Account at the Optical Shop. Customers must still adhere to the shop’s 90-day “pay for your glasses” policy. The shop’s hours of operation are Monday to Friday from approximately 10 am – 5 pm, and no appointment is necessary. For more information, call 212-241-0939.

17 East 102nd Street, Eighth Floor
Across from the Ophthalmology Department

BREAST AND CERVICAL CANCER OUTREACH PROGRAMS

Esperanza y Vida and The Witness Project of Harlem are culturally based community outreach programs that teach the importance of breast and cervical cancer health and screenings. The programs are led by women in the community, including breast and cervical cancer survivors who provide testimonials. Programs are held at Mount Sinai every other month and throughout the community. For more information, contact Clarissa Martinez at 212-824-7803, Cristina Villagra at 212-824-7804, or Helen Nunez at 212-824-7801.

STORYCORPS PARTNERING WITH MOUNT SINAI

StoryCorps Legacy, a program of the national oral history project StoryCorps, is partnering with The Child Life and Creative Arts Therapy Department at the Mount Sinai Kravis Children’s Hospital to record and preserve stories from Mount Sinai staff. For 40 minutes, participants will have the opportunity to answer questions, such as:

• How would you describe yourself?
• Who has had the biggest influence on you?
• What are you most proud of?

Participants will receive a free CD recording to share with family and friends. With their permission, a second copy will be archived in the American Folklife Center at the Library of Congress. StoryCorps Legacy is an audio project only – no video will be taken. For more information, visit http://storycorps.org/legacy. Recordings are taking place now and will continue until further notice. Contact Lori Lerma at 212-241-6975 or lori.lerma@mountsinai.org to schedule an interview.

A RESEARCH OPPORTUNITY FOR EVERYONE

Mount Sinai and other research institutions across the country have joined together to create ResearchMatch.org. This easy-to-use tool allows interested volunteers to make themselves available as research study participants for studies that are right for them, and helps research studies from ending due to lack of participation. Volunteers of any age, race, ethnicity, or health status are invited to join. Volunteer privacy is protected. To learn more visit https://www.researchmatch.org?route=mount_sinai.
CALLING ALL MOUNT SINAI ALUMNI
Alumni can be kept informed of Mount Sinai happenings by sending their non-MSSM e-mail address to Alumni Relations at alumni@mssm.edu and by “Liking” Mount Sinai Alumni on Facebook and following Mount Sinai Alumni on LinkedIn.

DISPLAY OF EXCELLENCE
The Display of Excellence, located in front of the Plaza Café, is a way for managers to give their employees recognition for outstanding service. The employee’s photo and manager’s words of recognition will be posted on the display. Managers can use the display if an employee provides excellent customer service, innovative new ideas, successful project completion, safety efforts, patient satisfaction improvements, or as retirement recognition, and more. Entries will be kept on display for three months. Guidelines: Must be a manager to submit an entry, employee must be in good standing with Mount Sinai, each supervisor may enter no more than two individuals or one team each month, employees may be recognized multiple times throughout the year if each entry is for a separate and unique accomplishment. For more information, email Michelle Cruz at Michelle.Cruz@mountsinai.org or call x41944.

TALENT DEVELOPMENT AND LEARNING

LEVY LIBRARY EDUCATION CLASSES
Read more about classes and register online for classes at: http://librarycf.mssm.edu/levy/classes/. For more information and location information, email Levy Library Reference at refdesk@mssm.edu, or call 212-241-7791.

PubMed Searching: From Basic to Advanced
Thursday, June 25, 11 am – Noon

EndNote Online
Friday, June 26, 11 am – Noon

MOUNT SINAI TALENT DEVELOPMENT AND LEARNING
Talent Development and Learning, formerly the Division of Training and Education, has a new institution-wide learning management system called PEAK (Portal for Education and the Advancement of Knowledge). Employees can now register online for all Talent Development and Learning classes by logging on to the PEAK website, then clicking on the ‘Classroom-Based Training’ section. By registering online, individuals no longer will need to fax their registration forms. For more information, contact Talent Development and Learning at 212-241-1944, or register at http://peak.mountsinai.org. In order to log on to PEAK, employees will need to use the credentials used to log into their e-mail. To identify the proper credentials, visit http://password.mountsinai.org or call the help desk at 4-HELP.

Excel Lab
Prior Excel classes are a prerequisite for this self-paced class that aims to enhance participants’ skills in previous classes. Exercises and examples will be provided. This is an open Excel Lab, and participants are encouraged to bring any questions related to Excel besides advanced formulas.

Thursday, June 25, 11 am – Noon
**Strategies for Managing Stress**
In this class, participants will learn methods to help them recognize the signs of stress; effectively budget resources (time, money, etc.), clarify expectations; manage one’s physical self, discover solutions to assist with work, and create life balance.
*Friday, June 19, 2 – 4 pm*
*The Mount Sinai Hospital*

**CUNY School of Professional Studies: Information Sessions**
In these sessions, participants will learn more about the Human Relations College program at the CUNY School of Professional Studies that is designed to enhance skills and knowledge used on the job while providing an important foundation for further college study. This program is geared toward working adults at various points in their college careers.
*Wednesday, June 24, or July 8, 11 am – 2 pm*
*Outside the Plaza Cafeteria*
*The Mount Sinai Hospital*

**Toastmasters International**
Toastmasters Members learn to develop comfort and skill when speaking by working with others in a supportive environment. A typical meeting is made up of 10 – 20 people who meet biweekly for an hour. Each meeting gives participants an opportunity to practice conducting meetings, give impromptu speeches, present prepared speeches, and offer constructive evaluation.

**Walden University – Online Degree Programs**
For more than 40 years, Walden University has been serving the higher education needs of adult learners. Walden University is now offering Mount Sinai Health System employees the opportunity to pursue a degree or certificate online in a wide selection of health care-related fields of study. To learn about educational opportunities through Walden University and learn about the tuition-reduction offer tailored to the Mount Sinai Health System, call Leah Lopez at 732-306-7720 or email leah.lopez@waldenu.edu.

**Foreign Language Conversation Groups**
These sessions will allow speakers of all levels to converse. Beginners, intermediate, and advanced speakers are welcome. For more information, email michelle.cruz@mountsinai.org.

**Conversation Partners**
Designed for any level of a given language, Conversation Partners provides an opportunity to improve skills in a specific language by speaking in a safe group of learners. Native speakers are encouraged to attend. E-mail tdl@mountsinai.org for more information and the meeting location.

**English as a Second Language**
Classes are designed to improve written and conversational English with special attention paid to vocabulary, pronunciation, idioms, listening skills, writing, and grammar usage. Complete an assessment on Mondays anytime between 10:30 am and 3 pm. Call 212-241-1944 for more information.
**English Conversation Partners**
Designed for new learners of English, this program provides an opportunity to strengthen English-speaking skills by pairing up with an English-speaking employee or volunteer for one hour a week to practice conversation. This program is open to native English-speaking tutors, as well as students who are learning English. For more information, e-mail tdl@mountsinai.org.

**RESEARCH STUDIES/CLINICAL TRIALS**

**RESEARCH VOLUNTEERS WITH TRAUMATIC BRAIN INJURY NEEDED**
The Brain Injury Research Center at Mount Sinai is seeking people who have had a mild, moderate, or severe traumatic brain injury (TBI) and are experiencing problems in their daily activities. This may include difficulty preparing meals, maintaining a schedule, or coming up with solutions to problems. The research study will evaluate changes in thinking skills that may occur after brain injury. Participants must be at least 18 years of age and not have other neurological diagnoses. Participants will visit Mount Sinai once for about two hours to complete research measures. Compensation will be provided for participation. If interested, call the Brain Injury Research Center at 212-241-5250. [GCO #14-0720, Principal Investigator: Colette Elliot, PhD, IRB approved through 6/26/2015].

**HEALTHY RESEARCH VOLUNTEERS NEEDED**
The Brain Injury Research Center at Mount Sinai is seeking people for participation in a research study. The purpose of the study is to evaluate daily activities and skills for everyday functioning. Participants must be at least 18 years of age and not have had a traumatic brain injury. Participants will visit Mount Sinai once for about two hours to complete research measures. Compensation will be provided for participation. If interested, call the Brain Injury Research Center at 212-241-5250. [GCO #14-0720, Principal Investigator: Colette Elliot, PhD, IRB approved through 6/26/2015].

**ACANTHOSIS NIGRICANS QUALITY OF LIFE STUDY**
The purpose of this study is to develop an acanthosis-nigricans-specific quality of life (ANQoL) instrument to measure the impact of acanthosis nigricans on patients’ lives. The Department of Genetics and Genomic Sciences will administer questionnaires and conduct open-ended structured interviews. Based on this data, the department will then generate the ANQoL. Participants must be over 18 years of age, English speakers, and have acanthosis nigricans. They will be asked to undergo a brief physical exam at Mount Sinai to confirm the diagnosis. Participants will receive a $10.00 Visa gift card upon completion of their participation in this study. Those interested should email acanthosis.nigricans@mssm.edu. [GCO 12-0965, IRB approved through 07/16/15].

**RESEARCH STUDY ON THE EFFECTS OF SMOKING ON THE DIGESTIVE SYSTEM**
The Division of Gastroenterology is looking for individuals who are planning to quit smoking for a study on the effect of smoking cessation on the digestive system. The purpose of this study is to understand how smoking impacts the bacteria and immune system of the intestines. Participants need to be between 18 and 65 years of age, smoke half a pack of cigarettes per day, and be in relatively good health. Participation involves providing blood and stool samples, and having a flexible sigmoidoscopy with biopsies before and after stopping smoking. Up to $400 will be provided to compensate for time and effort. For more information, or to refer possible participants, contact Ryan Ungaro, MD, by emailing ryan.ungaro@mssm.edu, or calling 212-241-0150. [GCO # 14-1179, IRB Approved 8/12/14 – 8/11/15].
OBSESSIVE-COMPULSIVE DISORDER STUDY
The Obsessive-Compulsive Disorder and Related Disorders Program is recruiting for a study investigating the efficacy of group cognitive-behavioral therapy for OCD. Children of 8 to 12 years of age with a diagnosis of OCD are invited to participate. Subjects will participate in a 12-week clinical therapy program at no cost. The group therapy is run by Ariz Rojas, MD, on Monday nights from 5 – 6:30 pm. Subjects will complete pre- and post-test measures (one two-hour visit) and will be compensated for their time, as well as travel costs. For more information, or to register, contact Shannon Gair at Shannon.gair@mssm.edu, or 212-659-1675. [PI: Timothy Rice, MD, GCO # 14-0858, IRB Approved through 8/27/15].

APPETITE AND BODY FAT STUDY
The Division of Endocrinology is looking for healthy diabetic and nondiabetic individuals (both overweight and lean) who are eligible to participate in a study investigating appetite and body fat. Participation will include fasting over the night before the visit (eight hours) and a four to five hour visit during which a brief medical history and appetite questionnaire will be completed; height, weight, pulse, and blood pressure will be measured; blood samples will be taken before and a few times after drinking a test meal; and a biopsy of fat from around the waist will be taken. Participants will receive compensation. For more information, email Eliza Geer, MD, at eliza.geer@mssm.edu. [GCO# 08-0105. MSSM IRB approved through 8/31/15].

ATOPIC DERMATITIS STUDY
The Department of Dermatology is looking for adults, and children two years of age and older, to participate in a research study to treat mild to severe atopic dermatitis. The study will last several months. Qualified participants will receive a study-related skin exam and study drug at no cost. Health insurance is not needed to participate. For details, call the dermatology clinical trials center at 212-241-6033. [GCO # 12-0424, IRB approved through 8/31/2015].

MICROBIOME ANALYSIS STUDY
The Departments of Genetics and Genomic Sciences, and Gastroenterology, are conducting a prospective study exploring mechanism of in utero transmission of bacteria by Microbiome analysis and are currently recruiting female participants who are pregnant, planning a pregnancy, are in good health, or have Inflammatory Bowel Disease, and will deliver in The Mount Sinai Hospital. Participants will be asked to fill out health status and dietary questionnaire, and provide stool and saliva samples. Participants will be compensated for their time and efforts with up to $250. Those interested can contact Joanna Torres, MD, at joanna.toress@mssm.edu or 212-241-2809, Justin Cote-daigneault, MD, at justin.cote-daigneault@moun tsinai.org, or Hina Panchal, MD, at hinaben.panchal@mssm.edu, or 212-824-9080. [GCO# 14-1236, PI: Inga Peter, PhD, ISMMS IRB approved through 10/8/15].

GASTRIC BYPASS SURGERY STUDY
Researchers at the Division of Bariatric and Minimally Invasive Surgery at Mount Sinai St Luke’s are seeking volunteers to participate in a study examining the effects of Sitagliptin on glucose control in patients who have had gastric bypass surgery for morbid obesity and have persistent or relapsing type 2 diabetes. Patients should be 18 to 65 years of age and at least 1 year from surgery. Volunteers will
participate in the study for up to 6 weeks, and will have 4 research visits of 1 to 4 hour durations. Activities include meal tests, blood collection, and occasional self-monitoring of glucose levels by finger stick. The patients will be compensated $300 for full participation. James McGinty, MD, Chief, Division of Bariatric and Minimally Invasive Surgery, Mount Sinai St. Luke’s, is the principal investigator for this study. For more information, call a study coordinator at Mount Sinai St Luke’s at 212-523-3357 (English) or at 212-523-1745 (Spanish). [IRB#11-156, Approved through 10/15/2015].

RESEARCH STUDY IN DIABETIC PATIENTS WITH PERIPHERAL ARTERY DISEASE (PAD)
Individuals with type 2 diabetes mellitus with lower extremity peripheral artery disease (PAD) are invited to participate in this study being performed by the Division of Cardiology, which is designed to explore the effects of three FDA-approved anti-platelet regimens in microcirculatory flow. Eligible study participants will receive three different sets of treatments for PAD and will be followed up via blood testing as well as Doppler-imaging. Those interested can call John Kim, MD, at 212-659-9637, Karen Modesto, PhD, at 212-659-8864, or e-mail john.kim@mssm.edu or karen.modesto@mssm.edu. [PI: Robert Rosenson, MD, GCO #13-1925, IRB approved through 10/28/2015].

TOMMORROW STUDY
The Alzheimer’s Disease Research Center is seeking healthy participants between 65 and 83 years of age who have someone who can be a project partner (spouse, adult child, other family member, or caregiver) to provide information about their health, attend study appointments, and assist with correctly taking certain study medications for this study that will examine two genes to see if it’s possible to predict someone’s likeliness to develop Alzheimer’s based on certain inherited genes, and to test a drug called pioglitazone (AD-4833), which may slow the progress of Alzheimer’s disease in those who currently show no signs of the condition. In this study, the participants will be given a blood test to determine if they are at an elevated risk of developing Alzheimer’s disease, and memory, thinking, orientation, and language skills tests to confirm that they are mentally healthy. Those who qualify will then be given a study drug or placebo to take over a five-year period. Participants will not have to pay for investigational medication, and transportation assistance may be available. This research will take place at The Mount Sinai Hospital campus. For more information, contact a study coordinator at 212-241-8329. [PI: Judith Neugroschi, MD; GCO#: 13-1688; HSM#: 13-00720; IRB approved through 11/19/2015].

GENETICS AND GENOMICS STUDY OF NEURODEVELOPMENTAL DISORDERS
The Department of Psychiatry is recruiting subjects and families with neurodevelopmental disorders (NDDs) of unknown cause for a systematic genetic screen that will examine the inheritance patterns and genetic contributions to related neurodevelopmental disorders. The study includes completion of a medical history questionnaire and a blood draw. Affected and unaffected family members of those with a NDD may also be eligible to participate. For more information, call 212-824-9065, or email ndd.project@mssm.edu [GCO# 12-1490, PI: Dalila Pinto, PhD, IRB approved through 11/20/15].

EFFECT OF NEBIVOLOL ON THE BLOOD FLOW IN HEARTS OF ADULTS WITH HIGH BLOOD PRESSURE AND ABNORMAL FILLING OF HEART (LVDD) STUDY
The purpose of this study is to study the relationship between Nebivolol (Bystolic) administration and improvement in exercise time in patients with hypertension (high blood pressure) and those with Left
Ventricular Diastolic Dysfunction (abnormal relaxation of the heart muscle). The Division of Cardiology is looking for patients who have a history of mild to moderate high blood pressure (130-160/90-120) and may or may not have not received any medications for elevated blood pressure for at least 30 days and who are willing to undergo two stress echo exams at the beginning and at the end of the study. The study duration is six months. Patients will be supplied with the medication for the six-month period. For more information, contact Sharath Vallabhajosyula at Sharath.vallabhajosyula@mssm.edu or call at 212-659-8847, or call 212-659-8847 to set a screening visit and check your eligibility. [GCO #12-0493, Principal Investigator: Partho Sengupta, MD, IRB approved through 12/10/2015].

STUDY FOR HEALTHY YOUNG VOLUNTEERS
The Division of ADHD and Learning Disorders at the Icahn School of Medicine at Mount Sinai are seeking adolescents of 7 to 17 years of age with no history of medical or psychiatric illness to participate in a study that uses non-invasive technology as a measurement to diagnose and treat ADHD. The study will include an evaluation for ADHD and other disorders, a non-invasive scan while the child plays video games on a computer, and a second scan 4 – 6 weeks after the initial scan. Compensation will be provided for participation. For more information, contact Amanda Kirschenbaum, BSc, Clinical Research Coordinator, at 212-241-5269, or Amanda.Kirschenbaum@mountsinai.org. [IRB Approved through 12/15/15].

TYPE 2 DIABETES STUDY
The Glycemia Reduction Approaches in Diabetes: A Comparative Effectiveness Study (GRADE) is investigating which is the best second drug to be added to metformin for the treatment of type 2 diabetes. Eligible participants must be currently treated with metformin alone and have been diagnosed with type 2 diabetes at less than 30 years of age within the past 10 years. Participants will be randomly assigned to receive one of four FDA-approved diabetes medications in addition to metformin and attend four study visits per year for up to seven years. Laboratory tests, diabetes medications, and diabetes education will be provided free-of-charge. Travel stipends and honoraria will be provided. Those interested may contact the study team at grade@chpnet.org, or 212 523-4171. This is a multi-center National Institutes of Health-sponsored clinical trial. For more information, visit https://grade.bsc.gwu.edu/web/grade/home?p_p_id=58&p_p_lifecycle=0&_58_redirect=%2F. [PI: Jeanine Albu, Chief, Division of Endocrinology, Diabetes and Nutrition, Mount Sinai St. Luke’s, GCO#: 12-161, MSSLRH IRB approved through 12/16/2015].

LUNG CANCER EARLY DETECTION STUDY
The Early Lung and Cardiac Action Program of the Department of Radiology is seeking non-smokers, 40 years of age and older who have never smoked and have been exposed to second-hand smoke. The study will offer early detection of lung cancer, cardiac disease, and other diseases through low-dose CT scanning. This study is free of charge and participants will be reimbursed for their time and effort. For more information or to participate, call 212-241-2420. [GCO# 09-2017, PI: Claudia Henschke, MD, PhD, IRB approved through 12/31/2015].

MRI AND PET STUDY
Researchers at Mount Sinai are developing and validating new magnetic resonance imaging (MRI) and positron emission tomography (PET) methodologies to help in diagnosing atherosclerotic plaques at risk of causing severe clinical events, such as myocardial infarction, stroke, or sudden death. Males and
females 20 years of age and older, either with personal or family history of either risk factors for atherosclerosis (high cholesterol, high blood pressure, diabetes), or atherosclerosis itself, may be eligible for participation in this study. Participation will involve undergoing one or more imaging sessions with MRI and/or PET. Participants will be reimbursed $75 per imaging session, for a maximum of $300. For those interested in this study, contact Rima Fayad (Research Coordinator) at 212-824-4846, or email rima.fayad@mountsinai.org. [GCO 01-1032, IRB approved through 12/31/2015].

ALZHEIMER’S DISEASE RESEARCH CENTER STUDY
The Alzheimer’s Disease Research Center at Mount Sinai is recruiting volunteers for a multi-center Merck EPOCH trial. This study is investigating the safety, tolerability, and efficacy of a medication, MK-8931, in patients with mild to moderate Alzheimer’s disease. MK-8931 is an oral, β-amyloid precursor protein, site-cleaving enzyme (BACE) inhibitor and is aimed at slowing the progression of Alzheimer’s disease. Patients will be randomly assigned to take a low dose of study medication, a high dose of study medication, or a placebo for 78 weeks. The study needs patients with a diagnosis of Alzheimer’s disease who are 55 to 85 years of age, are fluent in English or Spanish, can attend all study visits, participate in neuropsychological testing, receive MRIs, and who have a close friend or family member who can act as a study partner. All study visits will take place at The Mount Sinai Hospital campus and there will be no cost to the patients. For more information about the study, contact study coordinator, Emily Exter, at 212-241-0438 or emily.exter@mssm.edu. [Principal Investigator: Judith Neugroschl, MD; GCO# 13-0701; IRB approved through 1/5/2016].

STUDY OF HUMAN BODY SIZE AND SHAPE USING 3-DIMENSIONAL PHOTOGRAPHIC IMAGES
Individuals, especially fraternal and identical twins, are invited to participate in a genetics study that involves taking photographs with a special camera to measure head size and shape. Analysis of these 3-D photos will be used to measure the amount of similarity and difference between facial features of twins. Participants will be consented, asked to fill out a short questionnaire about medical and family history, have head circumference and ear length measured, have two or three 3-D photos taken, provide a buccal sample (cheek swab or mouthwash sample) or a blood sample. Total participation time is about 30 minutes. Those interested should call 212-241-7056 or email 3dphoto@mssm.edu [GCO 08-0811, IRB approved through 03/11/2016].

HEALTHY RESEARCH VOLUNTEERS NEEDED
The Department of Anesthesiology is seeking people for participation in a research study. The purpose of the study is to assess cognitive recovery in a group of adults by undertaking baseline and follow-up testing after the administration of general anesthesia in people 70 to 80 years of age and to evaluate alterations in resting state and activity-driven brain networks using fMRI, Diffusion Tensor Imaging (DTI), and Arterial Spin Labeling (ASL) to characterize these same volunteers before and during recovery from the administration of general anesthesia. Participants will visit Mount Sinai twice and be contacted further for follow-ups. Compensation will be provided for participation. Those interested can call the Department of Anesthesiology at 212-241-0840. [GCO #13-0359, PI: Jeffrey Silverstein, MD, IRB approved through 04/28/2016].

FMRI STUDY FOR HEALTHY YOUTH
The Department of Psychiatry is looking for children and adolescents 7 to 17 years of age to participate in a study exploring the brain regions people use to pay attention. The study requires three visits to complete some psychological tests, computer-based attention tasks, and two functional magnetic resonance imaging (fMRI) brain scans on two separate days. Reimbursement will be provided for time and effort, and participants will get a CD with pictures of their brain, along with a certificate of participation for volunteer service. For more information, call 212-241-8012 or e-mail ADHD.Research@mssm.edu [PI: Jeffrey Newcorn, MD, and Kurt Schulz, MD, GCO#11-0161, IRB approved through 4/30/2016].

TREATMENT STUDY FOR CHILDREN AND ADOLESCENTS WITH ADHD

The Department of Psychiatry is looking for children and adolescents 7 to 17 years of age with suspected or diagnosed attention-deficit/hyperactivity disorder (ADHD) to participate in a study examining response to either methylphenidate or atomoxetine, both of which are commonly prescribed medications that are FDA-approved for the treatment of ADHD in children and adolescents. The study will include an evaluation for ADHD and other disorders, weekly doctor visits for six to eight weeks as the doctors work with participants’ parents to find the best dose for their children, and non-invasive fMRI scanning while their child plays a video game. Reimbursement provided. For more information, contact Beth Krone, PhD, at 212-241-8012, or email beth.krone@mssm.edu. [MSSM GCO #11-0161, PI: Jeffrey Newcorn, MD, IRB approved through 4/30/2016].

UPDATE

2015 Marketing and Communications

Send submissions to update@mountsinai.org by Noon on Tuesday for inclusion in Thursday’s Update.
Update

June 11, 2015

Weekly e-newsletter highlighting announcements and events

MS IN HEALTH CARE DELIVERY LEADERSHIP ONLINE INFORMATION SESSION

The Icahn School of Medicine at Mount Sinai Master of Science in Health Care Delivery Leadership program continues to accept applications for its Fall 2015 cohort. To learn more, all are invited to attend an interactive Online Information Session. The session allows participants to log in from the convenience of their computer, tablet, or smartphone. Program participants in the 21-month online graduate program will further develop their leadership skills and receive intensive training in areas such as operations management, strategic communications, health policy, data leveraging, and health care economics and finance. They will also gain a deep understanding of health care reform and the advanced competencies needed to drive transformational change in health care organizations. To speak to a program representative, call 212-659-1402 or email Healthcaremasters@mssm.edu. To register, visit https://mssm.wufoo.com/forms/ms-hcdl-info-session-thursday-june-11-at-noon/.

Thursday, June 11, Noon

ICAHN SCHOOL OF MEDICINE AT MOUNT SINAI MASTER OF SCIENCE IN BIOSTATISTICS ONLINE INFORMATION SESSION

The Center for Biostatistics at the Icahn School of Medicine at Mount Sinai will host an online information session for the new one-year Master of Science in Biostatistics Program. The program is currently accepting applications for Fall 2015 with a curriculum designed to prepare individuals for a career as a data analyst and applied statistician in the biomedical sciences. The session will help participants learn more about the growing field of biostatistics and the demand for biostatisticians, find out more about the admissions process, speak with the Program Co-Directors, Emilia Bagiella, PhD, and Emma K. T. Benn, DrPH, and learn more about the curriculum. The link to the session can be found at https://ismms.adobeconnect.com/biostats/. To register, visit https://mssm.wufoo.com/forms/ms-in-biostatistics-online-info-session-612/. For more information, visit www.icahn.mssm.edu/msbiostat or email MSBiostat@mssm.edu.

Friday, June 12, Noon
AMERICAN DIABETES ASSOCIATION TOUR DE CURE

For the second year in a row, the Diabetes, Obesity and Metabolism Institute has put together a team for the American Diabetes Association’s Tour de Cure. Once again, the team is being led by Christoph Buettner, MD, PhD, Associate Professor of Medicine (Endocrinology, Diabetes and Bone Disease), and Neuroscience. The aim of the tour is to recognize everyone who lives with type 1 and type 2 diabetes as heroes, fund community-based education programs, protect the rights of people with diabetes, and fund critical research for a cure. To donate, ride or volunteer, visit http://main.diabetes.org/site/TR?team_id=701527&pg=team&fr_id=10209&et=m9so-c-QcWXT7uGHb6nm_Q&s_tafId=583100. The team’s goal is to raise $5000.

Saturday, June 13

North Fork of Long Island

TESLA DRIVE FOR MEN’S HEALTH

The purpose of the Tesla Drive for Men’s Health marathon, organized by the Personalized Urology and Robotics (PUR) Clinic in Clermont, Florida, is to increase awareness of men’s health issues and to encourage men to make their health a priority. The two founding urologists of PUR are driving in an all-electric Tesla from Florida to California with a midway stop at The Mount Sinai Hospital. At each charging stop they will have speakers presenting on men’s health. At the Mount Sinai stop, Ketan Badani, MD, Vice Chair of Urology will speak, and a demonstration of the newest da Vinci surgical robots will be featured. For live updates or to donate to support the drive, visit http://www.driveformenshealth.com.

Sunday, June 14, 12:30 – 2 pm

Mount Sinai Roosevelt (Lobby)

1000 Tenth Avenue and 59th Street

JUNE IS NATIONAL CANCER SURVIVOR MONTH

June is National Cancer Survivor Month, and all are invited to celebrate at Survivor’s Day 2015 with a luncheon and special entertainment at Mount Sinai Beth Israel. This event, hosted by Mount Sinai Beth Israel, is open to anyone who is living with or has lived with cancer. Reservations are required. To RSVP, call Alison Snow at 212-844-6022.

Sunday, June 14, Noon – 2 pm

Mount Sinai Beth Israel, Phillips Ambulatory Care Center

CLINICAL RESEARCH EDUCATION PROGRAM INFORMATION SESSION
The Icahn School of Medicine at Mount Sinai's Clinical Research Education Program is accepting applications for the PhD, MS, and Certificate programs for the Fall 2015 semester. Those interested can attend one of the three information sessions to learn about a career in clinical and translational medicine and admissions criteria. These sessions will help participants learn how an advanced degree in Clinical Research will prepare them for leadership roles in translational science and medicine, find out how to better compete for academic and professional opportunities, learn about related career paths in the government, pharmaceutical, and biotechnological fields, as well as related for-profit and non-profit organizations. To RSVP, visit https://mssm.wufoo.com/forms/ms-in-clinical-research-online-information-session/. The online session can be attended at https://ismms.adobeconnect.com/clinicalresearch/. For more information, email clred@mssm.edu or call 212-824-7014.

**Tuesday, June 16, Noon (In-Person Session)**

*Annenberg 12-01*

**Wednesday, June 17, 24, Noon (Online Session)**

**REDCAP WORKSHOP**

This session, offered by the Center for Biostatistics at Mount Sinai, is aimed toward those who are interested in a switch to a free, secure electronic data-capture system. REDCap allows for online surveys, longitudinal data collection, automated randomization, APIs, and more. Those interested can register now for this upcoming REDCap info session that will review building projects and databases, data sharing, security features, and access. No prior knowledge of REDCap or databases is necessary. Space is limited to the first 40 to RSVP. To RSVP, visit https://www.inchoir.org/bcctm/redcap4/redcap/surveys/?s=5CFDsByBbA.

*Friday, June 19, Noon – 2 pm*

*Icahn Building L2-82*

**SOLUTIONS IN SAFE PATIENT HANDLING**

This conference, sponsored by the Mount Sinai Selikoff Centers for Occupational Health, is intended for administrators, physicians, nurse risk managers, direct patient caregivers, rehabilitation therapists, ergonomists, and safety professionals, as well as faculty, residents, and students interested in advancing worker and patient safety in health care. Speakers will include safe patient handling experts from the U.S. Centers for Disease Control and Prevention/National Institute of Occupational Safety and Health. This activity has been submitted to The Mount Sinai Hospital, an approved provider of continuing nursing education by the Alabama State Nurses Association, for approval to award contact hours. Alabama State Nurses Association is accredited as an approver of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation. For more information, or to register, visit www.mountsinai.org/selikoff. There is an $80 registration fee for Mount Sinai Health System faculty and staff.

*Tuesday, June 30*
ICD-10 TOWN HALL MEETING

Employees are invited to join the Program Management Office and project leaders for the next ICD-10 Town Hall Meeting. The hour-long discussion will feature updates on the project and how the Mount Sinai Health System is handling the phase of the implementation. Project leaders will also be available for a question-and-answer session.

Wednesday, July 1, 10 – 11 am

Hess Center, Davis Auditorium

SUMMER WORKSHOP IN CLINICAL RESEARCH

The Clinical Research Education Program, the Center for Patient-Oriented Research, Training, Education, and Development (CEPORTED), BERD (Biostatistics, Epidemiology and Research Design), and the Center for Biostatistics, will sponsor the 2015 Summer Workshop in Clinical Research that will focus on how to handle missing data. The program, titled “How to Handle Missing Data in Clinical Trials and Observational Studies,” starts on Tuesday, July 14, and will take place every Tuesday and Thursday through Thursday, August 6. All faculty, students and staff are welcome to attend. For more information about topics, speakers, reading material and registration (registration is free but required) visit https://register.mssm.edu/summer/clr/.

Tuesday, July 14 – Thursday, August 6, 8 – 9 am

Annenberg 13-01

BIOSTATISTICS SUMMER PROGRAM FOR CLINICAL RESEARCH

The Biostatistics Summer Program for Clinical Research is an educational initiative that stems from a collaboration between the Center for Biostatistics and the Department of Population Health Science and Policy at the Icahn School of Medicine at Mount Sinai. The mission of the three-week Summer Program is to increase the research capacity of clinical investigators, fellows, residents, postdocs, and public health professionals, by providing application-driven instruction in biostatistics and statistical programming. Participants of the Summer Program, through rigorous, theory-based lectures and hands-on statistical programming in SAS, will gain a foundation in the following areas:

• Probability and Statistical Inference

• Essential Elements of Study Design including Sample Size/Power Calculations

• Hypothesis Testing for Continuous and Categorical Data
-Simple and Multiple Linear Regression

-Simple and Multiple Logistic Regression

Participants will receive a total of 42 hours of intensive, in-person theory and SAS-related instruction, over the three-week duration of the Summer Program, by the Center for Biostatistics’ faculty. Each participant is expected to purchase a SAS license and install SAS on his/her laptop prior to the Program’s start. In cases where this may be difficult, a small number of laptops with SAS installed will be available to rent for the duration of the workshop, but on a first-come, first-served basis.

To register for the Program, and to pay the registration fee of $2000, visit http://icahn.mssm.edu/departments-and-institutes/population-health-science-policy/center-for-biostatistics/education/biostatistics-summer-program-for-clinical-research. Note: Registration is limited to the first 40 applicants. For more information, email Stefano Malerba at stevie.malerba@gmail.com.

Mondays – Thursdays, July 6 – July 23, 3 – 6:30 pm

ANNOUNCING ICAHN SCHOOL OF MEDICINE AT MOUNT SINAI’S SUPPORT FOR CROWDFUNDING APPLICATIONS

Crowdfunding is a mechanism to fund a project by collecting small amounts of money from a large number of people and has emerged as an important way to raise funds to expand ongoing initiatives to cure disease and improve patient care. This is done via direct appeals through crowdfunding internet sites where one presents an idea and how much they will need to accomplish the project.

To assist Mount Sinai faculty and students in tapping this new funding method, resources have been developed to enable those interested to launch a successful crowdfunding campaign. Members of the Mount Sinai community are now able to leverage Mount Sinai’s reputation as well as infrastructure to give their project additional credibility with potential donors.

Those interested can visit the Icahn School of Medicine at Mount Sinai’s new crowdfunding page at http://icahn.mssm.edu/about-us/for-faculty/researchers/crowdfunding-as-a-mechanism-to-fund-your-ideas.

CME COURSES AND CONFERENCES

CONSORTIUM OF NEW YORK GERIATRIC EDUCATION CENTERS

Register now for upcoming Core Days and electives, part of a 35-hour Geriatric Scholar Certificate program. Seminars are aimed at improving and expanding geriatric health care, particularly for low-income, multi-ethnic, and underserved older adult populations. Each training day is accredited for 7.0 CME credits by the Icahn School of Medicine at Mount Sinai. The program is intended for health care and social service providers and faculty from a range of disciplines and areas of expertise. For more information and to register, visit www.nygec.org, or email mnygec@mssm.edu.

COPD CARE IN YOUR CLINICAL PRACTICE
This event is an educational collaboration with Mount Sinai’s National Jewish Health Respiratory Institute and National Jewish Health, and is a free CME and Nursing CE evening symposium. The event aims to educate attendees in how to assess COPD severity and exacerbations in patients, demonstrate proper technique for inhalers used in the treatment of COPD, and discuss current and emerging therapies to reduce COPD exacerbations and improve patient outcomes. Both dates will include dinner, interactive learning stations, lectures, and case presentations. There is no fee for this educational activity including the meal and syllabus. For more information, visit http://www.nationaljewish.org/COPD2015, or call 800-844-2305. Family and Internal Medicine Physicians and Community Pulmonologists are the primary target audience members for this educational program. In addition, Physician Assistants, Registered Nurses, and Advanced Practice Nurses will be targeted for this activity in support of multidisciplinary learning.

*Tuesday, June 16, 5:30 – 8:30 pm*

*Annenberg A12-01*

*Wednesday, June 17, 5:30 – 8:30 pm*

*Uncle Jack’s Midtown*

*44 West 56th Street*

*New York, NY 10019*

**COMPLEX CORONARY VALVULAR AND VASCULAR CASES**

The primary focus of this course is to present a multi-device approach to complex revascularization of patients with complex coronary, structural heart, and endovascular disease. Various novel interventional devices, such as transcatheter aortic-valve replacement (TAVR), and newer techniques, such as retrograde CTO recanalization and dedicated bifurcation stenting will be demonstrated using live-case presentations as a platform for discussion by the operators, panelists, and audience. The program will feature commentary on live cases by world renowned experts. For more information, visit www.cccsymposium.org, or call the Office of CME at 212-731-7950.

*Wednesday, June 17 – Thursday, June 18, 8 am – 5 pm*

*AXA Equitable Center*

*787 Seventh Avenue, between 51st and 52nd Street*

**11TH ANNUAL CHALLENGES IN INTERNAL MEDICINE**

The goal of this course, hosted by the Icahn School of Medicine at Mount Sinai, is to offer providers of primary care services with the newest pharmacologic and technologic breakthroughs, updates in clinical therapeutic guidelines, and highlights of recent advances in the practice of Internal Medicine. For more
Thursday, June 18 – Saturday, June 20, 7:30 am – 5:30 pm

Goldwurm Auditorium

**HCV UPDATE: THE LATEST INFORMATION FOR FRONTLINE PROVIDERS MANAGING PATIENTS WITH HEPATITIS C**

This program will provide a comprehensive overview of the most current treatment and care of patients with Hepatitis C and is open to all allied health professionals. For more information on courses, including times, visit [www.mssm.edu/cme/courses](http://www.mssm.edu/cme/courses), email cme@mssm.edu, or call the Office of CME at 212-731-7950.

Saturday, June 20, 8:15 am – 3:15 pm

Annenberg 13-01

**THE PAGE AND WILLIAM BLACK POST GRADUATE SCHOOL FOR CONTINUING EDUCATION**

The Office of Continuing Medical Education (CME) offers seminars, conferences, grand rounds, and live webcasts for physicians and other health professionals to extend their knowledge and remain current in their specific fields. For more information on courses, including times, visit [www.mssm.edu/cme/courses](http://www.mssm.edu/cme/courses), email cme@mssm.edu, or call the Office of CME at 212-731-7950.

**GRAND ROUNDS, LECTURES, AND SEMINARS**

**BROOKDALE DEPARTMENT OF GERIATRICS AND PALLIATIVE MEDICINE AND THE SAMUEL BRONFMAN DEPARTMENT OF MEDICINE PRESENT THE SCHWARTZ CENTER ROUNDS**

Stephen Berns, MD, Director, Assistant Professor, Medical Student and Resident Education, Brookdale Department of Geriatrics and Palliative Medicine, and Rabbi Edith Meyerson, DMin, BCC, Clinical Instructor, Brookdale Department of Geriatrics and Palliative Medicine, Director, Pastoral Counseling and Bereavement Services, Hertzberg Palliative Care Institute, present “Am I Safe?” This is a themed Schwartz Center Rounds that will review the safety of health care professionals.

Thursday, June 11, Noon – 1 pm

Hatch Auditorium
FRIEDMAN BRAIN INSTITUTE TRANSLATIONAL NEUROSCIENCE SEMINAR SERIES

Guohao Dai, PhD, Assistant Professor, Biomedical Engineering, Center for Biotechnology and Interdisciplinary Studies, Rensselaer Polytechnic Institute, presents “3D Bio-Printing, Stem Cells and Vascular Bioengineering.”

Thursday, June 11, 1 pm

Hess Center, Seminar Room A

Claes Wahlestedt, MD, PhD, Leonard M. Miller Professor, Associate Dean for Therapeutic Innovation, Vice Chair for Research, Psychiatry, Behavioral Sciences, Director, Center for Therapeutic Innovation (CTI), Miller School of Medicine, University of Miami, presents “Understanding and Drugging the Epigenome.”

Thursday, June 18, 1 pm

Hess Center, Seminar Room A

GASTROENTEROLOGY GRAND ROUNDS

Simon Travis, MD, Group Head, PI, Consultant Physician, University of Oxford, presents “Eleventh Annual Joanna and David B. Sachar, MD, Visiting Professor in Inflammatory Bowel Disease Lecture: Acute Severe Colitis (ASC): Prediction and Management.”

Friday, June 12, 8 – 9 am

1184 5th Avenue (Endoscopy Suite, Seventh Floor)

DIVISION OF OCCUPATIONAL MEDICINE SEMINAR SERIES

Friedman-Jiménez, MD, DrPH, Assistant Professor, Population Health, Environmental Medicine, New York University School of Medicine, presents “Clinical Causal Inference: A Patient with Asbestosis and Colon Cancer.”

Friday, June 12, 8 – 9 am

Annenberg Fifth Floor Felt Room

FAMILY MEDICINE AND COMMUNITY HEALTH GRAND ROUNDS

Angela Diaz, MD, MPH, Director, Mount Sinai Adolescent Health Center, Professor, Pediatrics, Adolescent Medicine, Preventive Medicine, Icahn School of Medicine at Mount Sinai, presents, “Trends in Adolescent Health.”
Friday, June 12, 8 – 9 am

Hatch Auditorium

**GENETICS AND GENOMICS GRAND ROUNDS**

M. Elizabeth Ross, MD, PhD, Nathan Cummings Professor of Neurology and Neuroscience, Weill Cornell Medical College, presents “Insights into Human Developmental Brain Disorders through Human Genetics and Animal Models.”

Friday, June 12, 11 am – Noon

Hess Center, Seminar Room B

**RESPIRATORY INSTITUTE GRAND ROUNDS**

Steven M. Kawut, MD, MS, Associate Professor, Medicine, Epidemiology, Director, Pulmonary Vascular Disease Program, Perelman School of Medicine, University of Pennsylvania, presents “The Right Ventricle in Health and Disease.”

Friday, June 12, 12:30 – 1:30 pm

Annenberg 5-09

Gregory Tino, MD, Chief, Medicine, Penn Presbyterian Medical Center, Associate Professor, Medicine, Perelman School of Medicine, University of Pennsylvania, presents “Bronchiectasis: Update on a Not-So-Orphan Disease.”

Friday, June 19, 12:30 – 1:30 pm

Annenberg 5-09

**CARDIOLOGY GRAND ROUNDS**

Paul Armstrong, MD, FCAHS, Distinguished University Professor, Cardiology, University of Alberta, presents “Pre-Hospital Diagnosis and Treatment of Acute Coronary Syndromes.”

Monday, June 15, 5 – 6 pm

Hatch Auditorium

Srinvas Dukkipati, MD, Assistant Professor, Medicine, presents “Recent Advances in Electrophysiology: The Year in Review.”

Monday, June 22, 7:45 – 8:45 am

Hatch Auditorium
Davendra Mehta, MD, Director, Cardiac Electrophysiology, Professor, Medicine, presents “Cardiac Sarcoidosis.”

Monday, June 29, 5 – 6 pm
Hatch Auditorium

LABORATORY MEDICINE SEMINAR WEEKLY SERIES

Tanis Dingle, PhD, D (ABMM), Assistant Director, Microbiology, Assistant Professor, Pathology, presents "Candida, Cryptococcus, and Other Pathogenic Yeasts." Approved for up to 1.0 credit per hour of Category 1 CME Credit.

Tuesday, June 16, 8 – 9 am
Icahn 8-40 Conference Room

MEDICINE GRAND ROUNDS

Ari M. Grinspan, MD, Assistant Professor, Medicine (Gastroenterology), presents “Fecal Microbiota Transplantation.”

Tuesday, June 16, 8:30 – 9:30 am
Hatch Auditorium

Lindsay E. Jubelt, MD, Assistant Professor, Medicine, General Internal Medicine, presents “Population Health Management.”

Tuesday, June 23, 8:30 – 9:30 am
Hatch Auditorium

Primary Care Residents present “AIM Lecture: Carver Home Focus Group.”

Tuesday, June 30, 8:30 – 9:30 am
Hatch Auditorium

GENETICS, BIG DATA, AND MEDICINE SEMINAR SERIES

Eric Topol, MD, Director, Scripps Translational Science Institute (STSI), Chief Academic Officer, Scripps Health, Professor, Genomics, Scripps Research Institute, presents “How Digitizing Humans Sets Up Individualized Medicine.”

Tuesday, June 16, 1 – 3 pm
Stern Auditorium
ANESTHESIOLOGY GRAND ROUNDS

Andrew B. Leibowitz, MD, Professor, Anesthesiology, Surgery, Icahn School of Medicine at Mount Sinai, Chair of Anesthesiology, Mount Sinai Health System, presents “Jehovah’s Witnesses and Chiari Malformations.”

Wednesday, June 17, 6:30 – 8:10 am
Annenberg 13-01

Jake Beilin, MD, Professor, Anesthesiology, presents “Morbidity and Mortality Conference.”

Wednesday, June 24, 6:30 – 8:10 am
Annenberg 13-01

NEUROSURGERY GRAND ROUNDS

Thomas Naidich, MD, Professor, Radiology, presents “Neuroradiology Conference.”

Wednesday, June 17, 7 – 8 am
Annenberg Fifth Floor Boardroom

Nirit Weiss, MD, Assistant Professor, Neurosurgery, presents “Quality Assurance: The Mount Sinai Hospital.”

Wednesday, June 17, 8 – 9 am
Annenberg Fifth Floor Boardroom

Spine Conference Combined with Orthopaedics

Wednesday, June 24, 7 – 8 am
Annenberg Fifth Floor Boardroom

Justin Mascitelli, MD, House Staff, PGY5, Neurosurgery, presents “Quality Improvements on the Endovascular Service.”

Wednesday, June 24, 8 – 8:30 am
Annenberg Fifth Floor Boardroom
J Mocco, MD, MS, Professor, Vice Chair, Education, Director, Cerebrovascular Center, Neurosurgery, presents “Thoughts on Resident Academic Development.”

*Wednesday, June 24, 8:30 – 9 am*

*Annenberg Fifth Floor Boardroom*

**SURGERY GRAND ROUNDS**

Phillip R. Fleshner, MD, FACS, Program Director, Colorectal Surgery Fellowship, Cedars-Sinai Medical Center, Clinical Professor of Surgery, UCLA School of Medicine, presents “The Jack and Bessie Greenstein Memorial Lecture: Ileal Pouches for Crohn’s Disease.”

*Wednesday, June 17, 7:45 – 9 am*

*Hatch Auditorium*

Abraham Shaked, MD, PhD, Director, PENN Transplant Institute, Vice-Chair, Eldridge L. Eliason Professor, Surgery, Hospital of the University of Pennsylvania, presents “The Ripple Effect of Transplantation.”

*Wednesday, June 24, 7:45 – 9 am*

*Hatch Auditorium*

**CRITICAL CARE GRAND ROUNDS**

Brian Kaufman, MD, Professor, Medicine, Anesthesiology, Neurosurgery, Co-Director, Critical Care Medicine, Tisch Hospital, New York University School of Medicine, presents “Critical Care Radiology.”

*Wednesday, June 17, 3 pm*

*KCC 1 North, First Floor*

*Administrative Conference Room*

**WELLNESS EVENTS**

**UNITED HEALTHCARE NURSE LIAISON AND CHRONIC DISEASE CASE MANAGER**

There are currently two United Healthcare nurses on-site at the Primary Care Practice located at 10 East 102nd Street on the Sixth Floor. The nurses are available to all Mount Sinai faculty and staff enrolled in the Beneflex United Healthcare medical plan. Their purpose is to assist employees in living healthier lives by offering a suite of health and wellness programs, tools, and resources to educate and encourage healthy behaviors. The one-on-one consultations are free, and they are available Monday through Friday.
from 9 am to 5 pm or stop by the Wellness Table outside the Plaza Café every Wednesday from Noon to 2 pm. To make an appointment, e-mail Shoshana_Levovitz@uhc.com or Chaya.Kin@optum.com.

Mondays – Fridays, 9 am – 5 pm (One-on-One Consultations)

10 East 102 Street, Sixth Floor

Wednesdays, Noon – 2 pm (Wellness Table)

Plaza Café

**MOUNT SINAI PARENT (MSP)**

Mount Sinai Parent provides faculty and staff with a forum to obtain support, education, and additional resources as they relate to being a working parent, as well as opportunities to network with fellow moms and dads. To RSVP, please email alisa.melendez@mountsinai.org.

**Play: The Work of Childhood**

This workshop will present ideas for creative play and music-making with children of a variety of ages. Particular focus will be given to play with infants and toddlers. Instructors will discuss how bonding and relationships are reinforced through play, and how healthy attachments are formed, and will also briefly highlight theories of child development. Additionally, instructors will discuss ways of engaging a child that can also be gratifying to parents.

**Thursday, June 25, Noon – 1 pm**

**FOOD FIT FOR LIFE**

The Mount Sinai Hospital’s Wellness Initiative and the Department of Clinical Nutrition present the second round of Food Fit for Life, a free course on weight loss and healthy eating. The program, which will begin on Tuesday, June 16, will continue every Tuesday for eight weeks. Three inpatient dietitians, Melissa Nagelberg, MS, RD, Kelly Krikhely, MS, RD, CDN, and Jen Cholewka, RD, will educate attendees on how to lose weight and enjoy healthy food. For more information, email Melissa.Nagelberg@mountsinai.org.

**Tuesday, June 16 (Course Start)**

**NATIONAL DIABETES PREVENTION PROGRAM AT MOUNT SINAI**

The Department of Preventive Medicine and the Mount Sinai Selikoff Centers for Occupational Health are offering Mount Sinai employees a lifestyle program aimed at reducing the risk for Type 2 diabetes. A health coach will teach participants how to take charge of their health and make realistic lifestyle changes. Additionally, guest speakers will lead sessions in nutrition, fitness, and stress management. This is a year-long program with 16 weekly sessions and 6 monthly follow-up sessions. Those unsure of their risk for diabetes can take the CDC’s Prediabetes Screening Test. Participants are encouraged to bring their lunch to the sessions. Those interested can register by emailing Justine.Piontek@mssm.edu or
calling 212-824-7123.

*Tuesdays and Thursdays, Noon – 1 pm*

*CAM Building, West Tower*

*3rd Floor Conference Room*

*17 East 102nd Street*

**DIABETES PREVENTION PROGRAM AT MOUNT SINAI**

The Mount Sinai Diabetes Center and the YMCA of Greater New York, through its YMCA Diabetes Prevention Program (YDPP), are offering a fitness and health coaching program at Mount Sinai aimed at reducing the risk for diabetes. The 16-week program is designed for adults who are at risk for diabetes (risk factors include: overweight, family history, or personal history of gestational diabetes), or have a diagnosis of pre-diabetes. The Diabetes Prevention Program is free and open to all Mount Sinai employees, patients, and local community members. Mount Sinai employees covered by United Healthcare should call 800-237-4942 to register for the program. Individuals interested in the program who are not covered by United Healthcare (this includes NYSNA nurses and medical students), can call 212-912-2524. Those unsure of their risk for diabetes can take the CDC’s Prediabetes Screening Test. To learn more about the fitness program visit


**CERTIFIED DIABETES EDUCATOR AVAILABLE FOR EMPLOYEES**

Mount Sinai is now offering employees the support of a Certified Diabetes Educator and Registered Dietitian, Maria Elena Rodriguez, at the Mount Sinai Doctors Faculty Practice, Primary Care Associates (FPA Primary Care Associates). CDEs specialize in diabetes education and nutrition and will work personally with employees to teach them about their medicines and how to monitor blood sugar levels, help them create a healthy and easy-to-follow meal plan for them and their family, and work with them to develop a diabetes care plan. This diabetes self-management education program, The Diabetes Alliance, is offered for free, and those interested can contact the Employee Care Coordinator at 212-241-9355 to schedule an initial appointment with the Certified Diabetes Educator. The FPA Primary Care practice is located at 10 East 102nd Street on the 6th Floor. For more information, call Abby Schwartz, Director of the Diabetes Alliance, at 917-574-6273.

**MOUNT SINAI’S WEIGHT MANAGEMENT PROGRAM**

The program offers weekly orientation sessions titled “Toward Lasting Better Health.” The sessions, led by physicians and dietitians, aim to help people who are trying to lose 30 or more pounds and require patients to receive a comprehensive obesity screening by an endocrinologist before starting. The sessions take place on Mondays at 5 pm in the Atran Building’s Fourth Floor Conference Room, AB4-11. To reserve a seat, call 212-241-4991.
WEIGHT WATCHERS AT WORK MEETINGS

To fulfill the health and wellness needs of Mount Sinai employees, the Weight Watchers at Work program is holding a Spring series at The Mount Sinai Hospital. Weekly sessions occur over a 12-week period. For more information, e-mail abby.schwartz@mountsinai.org.

Tuesdays, through June 30, 5 – 6 pm

FRIDAY MINDFULNESS SESSIONS

The Mount Sinai Hospital, through a group of experienced mindfulness teachers, is providing an opportunity for all members of the hospital community to learn and practice simple mindfulness techniques that have proven to be effective in reducing stress and promoting physical, mental, and spiritual well-being. Staff, patients, and families are welcome. No experience is necessary. For additional information, contact Mickie.Brown@mssm.edu.

Fridays, 12:30 – 1:30 pm

Annenberg 10-68 (Levy Library)

MOUNT SINAI YOGA PROGRAM

The Mount Sinai Yoga Program is hosting weekly Vinyasa yoga classes on Thursday evenings from 5:30 – 6:30 pm in the Annenberg Student Lounge. The classes are open to students, faculty, and staff, and are appropriate for all levels. Mats and accessories are available for use. There is a suggested $10 donation for faculty and staff. For more information and to be added to the email list, contact mountsinaiyogaprogram@gmail.com. Note: Class will not be held on Thursday, June 11. Class will resume on Thursday, June 18.

Thursdays, 5:30 – 6:30 pm

Annenberg Student Lounge

EMPLOYEE ASSISTANCE PROGRAM: CHILD CARE AND SUMMER CAMP SERVICES

The Employee Assistance Program (EAP) offers information regarding New York City public schools, daycare, and summer camp for children. For information about these services, call the Employee Assistance Program at 212-241-8937. The EAP is located on-site, at 19 East 98th Street, Suite 3A.

EMPLOYEE ASSISTANCE PROGRAM

The Mount Sinai Employee Assistance Program (EAP) offers free, confidential, short-term counseling for employees and their family members. To schedule an appointment with an EAP professional, call 212-241-8937. The EAP is located on-site, at 19 East 98th Street, Suite 3A.

THE ‘MOUNT SINAI MILE’ INDOOR WALKING ROUTE
Mount Sinai Heart and the Wellness Initiative have mapped a one-mile indoor walking route through The Mount Sinai Hospital campus to help staff meet their physical activity goals at work. The American Heart Association recommends at least 30 minutes of moderate-intensity aerobic activity at least five days per week. Staff is encouraged to use the map at http://www.mountsinai.org/patient-care/service-areas/heart/mount-sinai-mile, follow the ‘Mount Sinai Mile’ signs while on lunch break, or hold a walking meeting along the ‘Mount Sinai Mile’ route. For more information, email Abby Schwartz, MBA, BSN, RN, at Abby.Schwartz@mountsinai.org.

ANNOUNCEMENTS AND EVENTS

LGBT PRIDE WINE AND CHEESE RECEPTION

Mount Sinai Health System’s LGBT Health Services, the LGBT Employee Resource Groups, the LGBTQ People in Medicine at the Icahn School of Medicine at Mount Sinai, and the Office for Diversity and Inclusion are hosting this LGBT Pride Wine and Cheese Reception. This event will feature a “Meet and Greet” with fellow employees, providers, residents, students and community partners, and the ability to learn more about LGBT activities and services around the Health System. To register, visit https://docs.google.com/forms/d/1xfE37ALY93mCyfi21gez_Vi2D6AsH1ue17YXd_vVsng/viewform?c=0&w=1.

Thursday, June 11, 5:30 – 7:30 pm

Mount Sinai Roosevelt, Conference Room B

1000 Tenth Avenue, New York, NY, 10019

MEDICAL INTERPRETER TRAINING

The Mount Sinai St. Luke’s-Roosevelt Language Services Department will hold medical interpreting training for all Mount Sinai Health System staff and faculty who are interested. Additionally, those who have native fluency in a foreign language and want to acquire additional skills, can contact Maribel Fiol at 212-523-2187 or mfiol@chpnet.org.

Saturday, June 13, 9 am – 4 pm

Mount Sinai St. Luke’s

1111 Amsterdam Avenue, at 114 Street

HEALTHCARE RISK MANAGEMENT WEEK

Monday, June 15 through Friday, June 19, is Healthcare Risk Management Week, and the Mount Sinai Health System will feature multiple events:

Social Media: Implications for Risk Management
John Ambrose, Esq., Mount Sinai’s Social Media Director, will discuss the opportunities for use, and the risk of misuse, of social media in health care.

Monday, June 15, Noon
Hess Center, Davis Auditorium

**Disclosure of Adverse Events**

This presentation will review the ways in which proper communication of adverse events can be responsive to a patient’s needs, and facilitate patient safety. The presentation will include an interactive exercise, as well as a case study presented by David L. Reich, MD, President and Chief Operating Officer, The Mount Sinai Hospital, and Carol Liebman, Esq., Faculty, Columbia Law School, and Chris Hyman, Esq., Medical Meditation Group.

Tuesday, June 16, 3 pm
Mount Sinai Beth Israel, Podell Auditorium

**Mock Cross Examination**

This event will be presented by Peter Kolbert, Esq., Senior Vice President for Claim and Litigation Services, FOJP Service Corporation, with Raymond Sandler, MD, Associate Professor, Obstetrics, Gynecology and Reproductive Science, and Nicole Geller, Clinical Nurse, Obstetrics, Gynecology and Reproductive Science. The event will illustrate the medico-legal implications of improper documentation through a cross-examination role play, based on an actual case.

Thursday, June 18, Noon
Stern Auditorium

**46TH ANNUAL NEW YORK CITY PRIDE PARADE**

All are invited to participate in this event, which is one of the largest pride celebrations in the world. The 46th Annual New York City Pride Parade will celebrate Lesbian, Gay, Bisexual, and Transgender (LGBT) Pride Month. To register to march with the Mount Sinai Health System parade contingent, visit [https://docs.google.com/forms/d/1Wr90pVgLJIFJ1NwP4QUowKybZGc8Y--Kfj90CiS0nXMBmYs/viewform?c=0&w=1](https://docs.google.com/forms/d/1Wr90pVgLJIFJ1NwP4QUowKybZGc8Y--Kfj90CiS0nXMBmYs/viewform?c=0&w=1). For more information, including time and location, email Barbara Warren, PsyD, at bwarren@chpnet.org.

Sunday, June 28

**NEW PEDIATRIC CRITICAL CARE TRANSPORT TEAM**

In June, Mount Sinai Kravis Children’s Hospital launched a dedicated pediatric transport team for inter-facility transports into and within the Mount Sinai Health System for critically ill and injured neonates,
infants, and children. Under the guidance of Kim Disanto, Clinical Nurse Manager, and Cecilia Thompson, Medical Director, Pediatric Transport, Assistant Professor, Pediatric Critical Care Medicine, the team consists of specialty trained nurses and respiratory therapists who can transport patients 24 hours a day, seven days per week. The new Pediatric Critical Care Transport Team will provide efficient and safe transport for patients and their families, and will extend tertiary health care services throughout the tri-state area. To arrange any pediatric transport to the Mount Sinai Health System, call Transfer Services at 1-800-TO-SINAI to speak with a Transfer Coordinator for immediate assistance.

MOUNT SINAI AGREEMENT WITH BAYER FOR MIRENA IUD

The Mount Sinai Health System has announced a new partnership with Bayer Healthcare. Under the terms of the agreement, the Mount Sinai Health System will receive preferential pricing for the Mirena IUD over the next three years. Mirena is the most widely used IUD in the country and is effective for up to five years. Under the Affordable Care Act, women of appropriate age are given the opportunity to obtain a contraceptive with no out of pocket cost. Staff who are interested can contact one of the Health System’s OBGYN providers at www.mountsinaihealth.org/obgyn.

NEW MOUNT SINAI ARCHIVES EXHIBITS

The Mount Sinai Archives has created two new exhibits in the display cases in the Annenberg north lobby. The two cases focus on some of the highlights of Mount Sinai’s adoption of computing technology over the last 60 years, and look at the incorporation of computing into medical research, as well as the support of clinical services at Mount Sinai. The exhibit also highlights two books by Florence Nightingale, the founder of the field of professional nursing. Over the next three months, the Archives staff will turn the pages so that different themes of the works can be seen. For more information, contact the Archives’ staff at extension 47239.

REVISED FOOD REQUISITION FORM

The Food Requisition Form has been updated. A copy of the updated form will be provided when orders are picked up until Monday, June 15. As of that date, only the revised requisition form will be accepted. The updated form is also available on the Food and Nutrition Services website. For more information, email raysa.lee@mountsinai.org.

ENJOY LOCAL, ORGANIC FOOD AS A MEMBER OF THE MOUNT SINAI FARM SHARE

Registration is now open for the 2015 season of Mount Sinai Farm Share, a Community Shared Agriculture (CSA) program that offers local, organic produce from Stoneledge Farm, delivered weekly during the 24-week harvest season (June through November). The distribution site is conveniently located outside of the Icahn building at 99th Street and Madison Avenue. Those interested may purchase a vegetable share and additional fruit, mushroom, or coffee shares by visiting https://www.stoneledgefarmny.com/. For more information, email mountsinafarmshare@gmail.com.

COLORECTAL CANCER OUTREACH PROGRAM
The Witness CARES program is a culturally targeted community outreach program designed to increase knowledge about colorectal cancer in the African American community and improve adherence to recommended screening guidelines. The educational presentation is roughly 90 minutes and includes a culturally based educational video reviewing facts about colorectal cancer and screenings, while also providing valuable resources. Programs are held at Mount Sinai and throughout the New York City community. For more information, contact Clarissa Martinez at 212-824-7803, or Karent Zorogastua at 212-824-7806.

MOUNT SINAI RISING PROFESSIONALS

The Rising Professionals is a group dedicated to developing the professional workforce of the Mount Sinai Health System by offering employees opportunities for professional and personal growth. To join the distribution list for the Rising Professionals, email risingprofessionals@gmail.com.

POSTING CLINICAL RESEARCH PROJECTS ON THE MOUNT SINAI HEALTH SYSTEM WEBSITE

Employees can request that their studies be added to the clinical research listings on the Mount Sinai website. Using the web form found at https://erap.mssm.edu/Public/ORSClinicalTrials.aspx, one can submit a request to add, update, or delete a web page from the clinical research listings at http://icahn.mssm.edu/research/clinical-trials. For more information, contact research.services@mssm.edu.

STAT-CHAT: WALK-IN CONSULTATION SERVICE

The Center for Biostatistics at Mount Sinai has launched STAT-CHAT: a free, walk-in, consultation service meant to resolve easy problems and answer quick questions about such topics as data analysis, study design, and database. All faculty, fellows, residents, staff, or medical students are welcomed to use this service for quick statistics-related questions. STAT-CHAT is offered once a week with two statisticians available for an hour on a first-come, first-served basis. Each consultation should be about 15 minutes.

Mondays, 2 – 3 pm
Icahn Medical Institute, L2-82

OPHTHALMOLOGY OPTICAL SHOP UPDATE

The Department of Ophthalmology’s Optical Shop encourages employees to take care of their eyes. The shop is currently offering a one-time additional five-percent discount on all purchases over $300.00. The Optical Shop also offers employees a 20-percent discount on a wide assortment of sunglasses and
glasses. Shalaya Arias, a department optician, will be available to show visitors the shop’s latest designer frames for adults and children. The department encourages employees to use their Flexible Spending Account at the Optical Shop. Customers must still adhere to the shop’s 90-day “pay for your glasses” policy. The shop’s hours of operation are Monday to Friday from approximately 10 am – 5 pm, and no appointment is necessary. For more information, call 212-241-0939.

17 East 102nd Street, Eighth Floor

Across from the Ophthalmology Department

BREAST AND CERVICAL CANCER OUTREACH PROGRAMS

Esperanza y Vida and The Witness Project of Harlem are culturally based community outreach programs that teach the importance of breast and cervical cancer health and screenings. The programs are led by women in the community, including breast and cervical cancer survivors who provide testimonials. Programs are held at Mount Sinai every other month and throughout the community. For more information, contact Clarissa Martinez at 212-824-7803, Cristina Villagra at 212-824-7804, or Helen Nunez at 212-824-7801.

STORYCORPS PARTNERING WITH MOUNT SINAI

StoryCorps Legacy, a program of the national oral history project StoryCorps, is partnering with The Child Life and Creative Arts Therapy Department at the Mount Sinai Kravis Children's Hospital to record and preserve stories from Mount Sinai staff.

For 40 minutes, participants will have the opportunity to answer questions, such as:

- How would you describe yourself?
- Who has had the biggest influence on you?
- What are you most proud of?

Participants will receive a free CD recording to share with family and friends. With their permission, a second copy will be archived in the American Folklife Center at the Library of Congress. StoryCorps Legacy is an audio project only – no video will be taken. For more information, visit http://storycorps.org/legacy. Recordings are taking place now and will continue until further notice. Contact Lori Lerma at 212-241-6975 or lori.lerma@mountsinai.org to schedule an interview.

A RESEARCH OPPORTUNITY FOR EVERYONE

Mount Sinai and other research institutions across the country have joined together to create ResearchMatch.org. This easy-to-use tool allows interested volunteers to make themselves available as research study participants for studies that are right for them, and helps research studies from ending due to lack of participation. Volunteers of any age, race, ethnicity, or health status are invited to join. Volunteer privacy is protected. To learn more visit https://www.researchmatch.org?route=mount_sinai.
CALLING ALL MOUNT SINAI ALUMNI

Alumni can be kept informed of Mount Sinai happenings by sending their non-MSSM e-mail address to Alumni Relations at alumni@mssm.edu and by “Liking” Mount Sinai Alumni on Facebook and following Mount Sinai Alumni on LinkedIn.

DISPLAY OF EXCELLENCE

The Display of Excellence, located in front of the Plaza Café, is a way for managers to give their employees recognition for outstanding service. The employee’s photo and manager’s words of recognition will be posted on the display. Managers can use the display if an employee provides excellent customer service, innovative new ideas, successful project completion, safety efforts, patient satisfaction improvements, or as retirement recognition, and more. Entries will be kept on display for three months. Guidelines: Must be a manager to submit an entry, employee must be in good standing with Mount Sinai, each supervisor may enter no more than two individuals or one team each month, employees may be recognized multiple times throughout the year if each entry is for a separate and unique accomplishment. For more information, email Michelle Cruz at Michelle.Cruz@mountsinai.org or call x41944.

TALENT DEVELOPMENT AND LEARNING

LEVY LIBRARY EDUCATION CLASSES

Read more about classes and register online for classes at: http://librarycf.mssm.edu/levy/classes/. For more information and location information, email Levy Library Reference at refdesk@mssm.edu, or call 212-241-7791.

PubMed Searching: From Basic to Advanced

Thursday, June 25, 11 am – Noon

EndNote Online

Friday, June 26, 11 am – Noon

MOUNT SINAI TALENT DEVELOPMENT AND LEARNING

Talent Development and Learning, formerly the Division of Training and Education, has a new institution-wide learning management system called PEAK (Portal for Education and the Advancement of Knowledge). Employees can now register online for all Talent Development and Learning classes by logging on to the PEAK website, then clicking on the ‘Classroom-Based Training’ section. By registering online, individuals no longer will need to fax their registration forms. For more information, contact Talent Development and Learning at 212-241-1944, or register at http://peak.mountsinai.org. In order to log on to PEAK, employees will need to use the credentials used to log into their e-mail. To identify the proper credentials, visit http://password.mountsinai.org or call the help desk at 4-HELP.
**PowerPoint Basics**

In this class, participants will learn the basics of animation, graphics, table information, bulleted lists, insertion of objects, slide transitions, and other essential skills to create a presentation.

*Thursday, June 11, 1:30 – 5 pm*

**Communicating as a Leader**

This session will review how to frame messages in line with a receiver’s experience, background, and expectations; how to check for understanding; and how to correctly interpret messages from others and respond accordingly.

*Thursday, June 11, 2 – 4 pm*

**The Mount Sinai Hospital**

**Access Database Design**

In the first class for Access, participants will learn how to design a new database with Access. Topics include the Access interface, table design, creating tables, building table relationships, creating queries that extract data, and creating forms and reports. Prior knowledge of Excel and databases is recommended.

*Tuesday, June 16, 9 am – 12:30 pm*

**Effective Performance Management**

This course is an opportunity for managers and leaders to explore ways of encouraging and developing their staff for higher success. Participants will explore methods for giving useful feedback and tools to appropriately complete the performance appraisal requirement.

*Tuesday, June 16, 10 am – Noon*

**The Mount Sinai Hospital**

**Excel Advanced**

This class will recap of previous Excel-related classes (Calculations, Pivot Tables, Level 1 and 2) and focus on the advanced features of Excel. This includes using the grouping feature, data validation (drop down lists), formula auditing, and importing/exporting data.

*Tuesday, June 16, 1:30 – 5 pm*

**Foundations of Customer Service (For Employees Hired Within The Last Six Months)**

This class will review Mount Sinai’s culture of customer service, tailored to employees hired less than six
months ago. Classes will examine Mount Sinai’s service standards, present the five essentials of good customer service, and provide a forum in which to practice these skills.

*Wednesday, June 17, 9 am – 1 pm*

*The Mount Sinai Hospital*

**PEAK: Learning Management System (Getting the Most of Supervisor/Manager Tools)**

The My Team View in PEAK is the method for reviewing Learning Records for direct reports and within one’s cost center. This course provides insight into the use of the available reporting and enrollment tools and is taught via a hands-on approach in a computer classroom. Participants will have the opportunity to work on practical exercises and examples with their own accounts.

*Wednesday, June 17, 10 – 11:15 am*

*The Mount Sinai Hospital*

**Excel Basic**

This class is an introduction to Microsoft Office Excel. Participants will learn the basic features of the spreadsheet interface, including basic navigation, data entry, basic formulas, basic chart making and more.

*Thursday, June 18, 9 am – 12:30 pm*

**Excel Lab**

Prior Excel classes are a prerequisite for this self-paced class that aims to enhance participants’ skills in previous classes. Exercises and examples will be provided. This is an open Excel Lab, and participants are encouraged to bring any questions related to Excel besides advanced formulas.

*Thursday, June 18, 1:30 – 3:45 pm*

**Strategies for Managing Stress**

In this class, participants will learn methods to help them recognize the signs of stress; effectively budget resources (time, money, etc.), clarify expectations; manage one’s physical self, discover solutions to assist with work, and create life balance.

*Friday, June 19, 2 – 4 pm*

*The Mount Sinai Hospital*

**CUNY School of Professional Studies: Information Sessions**
In these sessions, participants will learn more about the Human Relations College program at the CUNY School of Professional Studies that is designed to enhance skills and knowledge used on the job while providing an important foundation for further college study. This program is geared toward working adults at various points in their college careers.

*Wednesday, June 24, or July 8, 11 am – 2 pm*

*Outside the Plaza Cafeteria*

*The Mount Sinai Hospital*

**Toastmasters International**

Toastmasters Members learn to develop comfort and skill when speaking by working with others in a supportive environment. A typical meeting is made up of 10 – 20 people who meet biweekly for an hour. Each meeting gives participants an opportunity to practice conducting meetings, give impromptu speeches, present prepared speeches, and offer constructive evaluation.

**Walden University – Online Degree Programs**

For more than 40 years, Walden University has been serving the higher education needs of adult learners. Walden University is now offering Mount Sinai Health System employees the opportunity to pursue a degree or certificate online in a wide selection of health care-related fields of study. To learn about educational opportunities through Walden University and learn about the tuition-reduction offer tailored to the Mount Sinai Health System, call Leah Lopez at 732-306-7720 or email leah.lopez@waldenu.edu.

**Foreign Language Conversation Groups**

These sessions will allow speakers of all levels to converse. Beginners, intermediate, and advanced speakers are welcome. For more information, email michelle.cruz@mountsinai.org.

**Conversation Partners**

Designed for any level of a given language, Conversation Partners provides an opportunity to improve skills in a specific language by speaking in a safe group of learners. Native speakers are encouraged to attend. E-mail tdl@mountsinai.org for more information and the meeting location.

**English as a Second Language**

Classes are designed to improve written and conversational English with special attention paid to vocabulary, pronunciation, idioms, listening skills, writing, and grammar usage. Complete an assessment on Mondays anytime between 10:30 am and 3 pm. Call 212-241-1944 for more information.
**English Conversation Partners**
Designed for new learners of English, this program provides an opportunity to strengthen English-speaking skills by pairing up with an English-speaking employee or volunteer for one hour a week to practice conversation. This program is open to native English-speaking tutors, as well as students who are learning English. For more information, e-mail tdl@mountsinai.org.

**RESEARCH STUDIES/CLINICAL TRIALS**

**RESEARCH VOLUNTEERS WITH TRAUMATIC BRAIN INJURY NEEDED**

The Brain Injury Research Center at Mount Sinai is seeking people who have had a mild, moderate, or severe traumatic brain injury (TBI) and are experiencing problems in their daily activities. This may include difficulty preparing meals, maintaining a schedule, or coming up with solutions to problems. The research study will evaluate changes in thinking skills that may occur after brain injury. Participants must be at least 18 years of age and not have other neurological diagnoses. Participants will visit Mount Sinai once for about two hours to complete research measures. Compensation will be provided for participation. If interested, call the Brain Injury Research Center at 212-241-5250. [GCO #14-0720, Principal Investigator: Colette Elliot, PhD, IRB approved through 6/26/2015].

**HEALTHY RESEARCH VOLUNTEERS NEEDED**

The Brain Injury Research Center at Mount Sinai is seeking people for participation in a research study. The purpose of the study is to evaluate daily activities and skills for everyday functioning. Participants must be at least 18 years of age and not have had a traumatic brain injury. Participants will visit Mount Sinai once for about two hours to complete research measures. Compensation will be provided for participation. If interested, call the Brain Injury Research Center at 212-241-5250. [GCO #14-0720, Principal Investigator: Colette Elliot, PhD, IRB approved through 6/26/2015].

**ACANTHOSIS NIGRICANS QUALITY OF LIFE STUDY**

The purpose of this study is to develop an acanthosis-nigricans-specific quality of life (ANQoL) instrument to measure the impact of acanthosis nigricans on patients’ lives. The Department of Genetics and Genomic Sciences will administer questionnaires and conduct open-ended structured interviews. Based on this data, the department will then generate the ANQoL. Participants must be over 18 years of age, English speakers, and have acanthosis nigricans. They will be asked to undergo a brief physical exam at Mount Sinai to confirm the diagnosis. Participants will receive a $10.00 Visa gift card upon completion of their participation in this study. Those interested should email acanthosis.nigricans@mssm.edu. [GCO 12-0965, IRB approved through 07/16/15].

**RESEARCH STUDY ON THE EFFECTS OF SMOKING ON THE DIGESTIVE SYSTEM**

The Division of Gastroenterology is looking for individuals who are planning to quit smoking for a study on the effect of smoking cessation on the digestive system. The purpose of this study is to understand how smoking impacts the bacteria and immune system of the intestines. Participants need to be between
18 and 65 years of age, smoke half a pack of cigarettes per day, and be in relatively good health. Participation involves providing blood and stool samples, and having a flexible sigmoidoscopy with biopsies before and after stopping smoking. Up to $400 will be provided to compensate for time and effort. For more information, or to refer possible participants, contact Ryan Ungaro, MD, by emailing ryan.ungaro@mssm.edu, or calling 212-241-0150. [GCO # 14-1179, IRB Approved 8/12/14 – 8/11/15].

**OBSESSIVE-COMPULSIVE DISORDER STUDY**

The Obsessive-Compulsive Disorder and Related Disorders Program is recruiting for a study investigating the efficacy of group cognitive-behavioral therapy for OCD. Children of 8 to 12 years of age with a diagnosis of OCD are invited to participate. Subjects will participate in a 12-week clinical therapy program at no cost. The group therapy is run by Ariz Rojas, MD, on Monday nights from 5 – 6:30 pm. Subjects will complete pre- and post-test measures (one two-hour visit) and will be compensated for their time, as well as travel costs. For more information, or to register, contact Shannon Gair at Shannon.gair@mssm.edu, or 212-659-1675. [PI: Timothy Rice, MD, GCO # 14-0858, IRB Approved through 8/27/15].

**APPETITE AND BODY FAT STUDY**

The Division of Endocrinology is looking for healthy diabetic and nondiabetic individuals (both overweight and lean) who are eligible to participate in a study investigating appetite and body fat. Participation will include fasting over the night before the visit (eight hours) and a four to five hour visit during which a brief medical history and appetite questionnaire will be completed; height, weight, pulse, and blood pressure will be measured; blood samples will be taken before and a few times after drinking a test meal; and a biopsy of fat from around the waist will be taken. Participants will receive compensation. For more information, email Eliza Geer, MD, at eliza.geer@mssm.edu. [GCO# 08-0105. MSSM IRB approved through 8/31/15].

**ATOPIC DERMATISIS STUDY**

The Department of Dermatology is looking for adults, and children two years of age and older, to participate in a research study to treat mild to severe atopic dermatitis. The study will last several months. Qualified participants will receive a study-related skin exam and study drug at no cost. Health insurance is not needed to participate. For details, call the dermatology clinical trials center at 212-241-6033. [GCO # 12-0424, IRB approved through 8/31/2015].

**MICROBIOME ANALYSIS STUDY**

The Departments of Genetics and Genomic Sciences, and Gastroenterology, are conducting a prospective study exploring mechanism of in utero transmission of bacteria by Microbiome analysis and are currently recruiting female participants who are pregnant, planning a pregnancy, are in good health, or have Inflammatory Bowel Disease, and will deliver in The Mount Sinai Hospital. Participants will be asked to fill out health status and dietary questionnaire, and provide stool and saliva samples. Participants will be compensated for their time and efforts with up to $250. Those interested can contact Joanna Torres, MD, at joanna.toress@mssm.edu or 212-241-2809, Justin Cote-daigneault, MD, at justin.cote-daigneault@mountsinai.org, or Hina Panchal, MD, at hinaben.panchal@mssm.edu, or 212-824-
**GASTRIC BYPASS SURGERY STUDY**

Researchers at the Division of Bariatric and Minimally Invasive Surgery at Mount Sinai St Luke’s are seeking volunteers to participate in a study examining the effects of Sitagliptin on glucose control in patients who have had gastric bypass surgery for morbid obesity and have persistent or relapsing type 2 diabetes. Patients should be 18 to 65 years of age and at least 1 year from surgery. Volunteers will participate in the study for up to 6 weeks, and will have 4 research visits of 1 to 4 hour durations. Activities include meal tests, blood collection, and occasional self-monitoring of glucose levels by finger stick. The patients will be compensated $300 for full participation. James McGinty, MD, Chief, Division of Bariatric and Minimally Invasive Surgery, Mount Sinai St. Luke’s, is the principal investigator for this study. For more information, call a study coordinator at Mount Sinai St Luke’s at 212-523-3357 (English) or at 212-523-1745 (Spanish). [IRB#11-156, Approved through 10/15/2015].

**RESEARCH STUDY IN DIABETICS PATIENTS WITH PERIPHERAL ARTERY DISEASE (PAD)**

Individuals with type 2 diabetes mellitus with lower extremity peripheral artery disease (PAD) are invited to participate in this study being performed by the Division of Cardiology, which is designed to explore the effects of three FDA-approved anti-platelet regimens in microcirculatory flow. Eligible study participants will receive three different sets of treatments for PAD and will be followed up via blood testing as well as Doppler-imaging. Those interested can call John Kim, MD, at 212-659-9637, Karen Modesto, PhD, at 212-659-8864, or e-mail john.kim@mssm.edu or karen.modesto@mssm.edu. [PI: Robert Rosenson, MD, GCO #13-1925, IRB approved through 10/28/2015].

**TOMMORROW STUDY**

The Alzheimer’s Disease Research Center is seeking healthy participants between 65 and 83 years of age who have someone who can be a project partner (spouse, adult child, other family member, or caregiver) to provide information about their health, attend study appointments, and assist with correctly taking certain study medications for this study that will examine two genes to see if it’s possible to predict someone’s likeliness to develop Alzheimer’s based on certain inherited genes, and to test a drug called pioglitazone (AD-4833), which may slow the progress of Alzheimer’s disease in those who currently show no signs of the condition. In this study, the participants will be given a blood test to determine if they are at an elevated risk of developing Alzheimer’s disease, and memory, thinking, orientation, and language skills tests to confirm that they are mentally healthy. Those who qualify will then be given a study drug or placebo to take over a five-year period. Participants will not have to pay for investigational medication, and transportation assistance may be available. This research will take place at The Mount Sinai Hospital campus. For more information, contact a study coordinator at 212-241-8329. [PI: Judith Neugroschi, MD; GCO#: 13-1688; HSM#: 13-00720; IRB approved through 11/19/2015].

**GENETICS AND GENOMICS STUDY OF NEURODEVELOPMENTAL DISORDERS**
The Department of Psychiatry is recruiting subjects and families with neurodevelopmental disorders (NDDs) of unknown cause for a systematic genetic screen that will examine the inheritance patterns and genetic contributions to related neurodevelopmental disorders. The study includes completion of a medical history questionnaire and a blood draw. Affected and unaffected family members of those with a NDD may also be eligible to participate. For more information, call 212-824-9065, or email ndd.project@mssm.edu [GCO# 12-1490, PI: Dalila Pinto, PhD, IRB approved through 11/20/15].

EFFECT OF NEBVOLOL ON THE BLOOD FLOW IN HEARTS OF ADULTS WITH HIGH BLOOD PRESSURE AND ABNORMAL FILLING OF HEART (LVDD) STUDY

The purpose of this study is to study the relationship between Nebivolol (Bystolic) administration and improvement in exercise time in patients with hypertension (high blood pressure) and those with Left Ventricular Diastolic Dysfunction (abnormal relaxation of the heart muscle). The Division of Cardiology is looking for patients who have a history of mild to moderate high blood pressure (130-160/90-120) and may or may not have not received any medications for elevated blood pressure for at least 30 days and who are willing to undergo two stress echo exams at the beginning and at the end of the study. The study duration is six months. Patients will be supplied with the medication for the six-month period. For more information, contact Sharath Vallabhajosyula at Sharath.vallabhajosyula@mssm.edu or call at 212-659-8847, or call 212-659-8847 to set a screening visit and check your eligibility. [GCO #12-0493, Principal Investigator: Partho Sengupta, MD, IRB approved through 12/10/2015].

STUDY FOR HEALTHY YOUNG VOLUNTEERS

The Division of ADHD and Learning Disorders at the Icahn School of Medicine at Mount Sinai are seeking adolescents of 7 to 17 years of age with no history of medical or psychiatric illness to participate in a study that uses non-invasive technology as a measurement to diagnose and treat ADHD. The study will include an evaluation for ADHD and other disorders, a non-invasive scan while the child plays video games on a computer, and a second scan 4 – 6 weeks after the initial scan. Compensation will be provided for participation. For more information, contact Amanda Kirschenbaum, BSc, Clinical Research Coordinator, at 212-241-5269, or Amanda.Kirschenbaum@mountsinai.org. [IRB Approved through 12/15/15].

TYPE 2 DIABETES STUDY

The Glycemia Reduction Approaches in Diabetes: A Comparative Effectiveness Study (GRADE) is investigating which is the best second drug to be added to metformin for the treatment of type 2 diabetes. Eligible participants must be currently treated with metformin alone and have been diagnosed with type 2 diabetes at less than 30 years of age within the past 10 years. Participants will be randomly assigned to receive one of four FDA-approved diabetes medications in addition to metformin and attend four study visits per year for up to seven years. Laboratory tests, diabetes medications, and diabetes education will be provided free-of-charge. Travel stipends and honoraria will be provided. Those interested may contact the study team at grade@chpnet.org, or 212 523-4171. This is a multi-center National Institutes of Health-sponsored clinical trial. For more information, visit https://grade.bsc.gwu.edu/web/grade/home?p_p_id=58&p_p_lifecycle=0&_58_redirect=%2F. [PI: Jeanine
**LUNG CANCER EARLY DETECTION STUDY**

The Early Lung and Cardiac Action Program of the Department of Radiology is seeking non-smokers, 40 years of age and older who have never smoked and have been exposed to second-hand smoke. The study will offer early detection of lung cancer, cardiac disease, and other diseases through low-dose CT scanning. This study is free of charge and participants will be reimbursed for their time and effort. For more information or to participate, call 212-241-2420. [GCO# 09-2017, PI: Claudia Henschke, MD, PhD, IRB approved through 12/31/2015).

**MRI AND PET STUDY**

Researchers at Mount Sinai are developing and validating new magnetic resonance imaging (MRI) and positron emission tomography (PET) methodologies to help in diagnosing atherosclerotic plaques at risk of causing severe clinical events, such as myocardial infarction, stroke, or sudden death. Males and females 20 years of age and older, either with personal or family history of either risk factors for atherosclerosis (high cholesterol, high blood pressure, diabetes), or atherosclerosis itself, may be eligible for participation in this study. Participation will involve undergoing one or more imaging sessions with MRI and/or PET. Participants will be reimbursed $75 per imaging session, for a maximum of $300. For those interested in this study, contact Rima Fayad (Research Coordinator) at 212-824-4846, or email rima.fayad@mountsinai.org. [GCO 01-1032, IRB approved through 12/31/2015].

**ALZHEIMER’S DISEASE RESEARCH CENTER STUDY**

The Alzheimer’s Disease Research Center at Mount Sinai is recruiting volunteers for a multi-center Merck EPOCH trial. This study is investigating the safety, tolerability, and efficacy of a medication, MK-8931, in patients with mild to moderate Alzheimer’s disease. MK-8931 is an oral, β-amyloid precursor protein, site-cleaving enzyme (BACE) inhibitor and is aimed at slowing the progression of Alzheimer’s disease. Patients will be randomly assigned to take a low dose of study medication, a high dose of study medication, or a placebo for 78 weeks. The study needs patients with a diagnosis of Alzheimer’s disease who are 55 to 85 years of age, are fluent in English or Spanish, can attend all study visits, participate in neuropsychological testing, receive MRIs, and who have a close friend or family member who can act as a study partner. All study visits will take place at The Mount Sinai Hospital campus and there will be no cost to the patients. For more information about the study, contact study coordinator, Emily Exter, at 212-241-0438 or emily.exter@mssm.edu. [Principal Investigator: Judith Neugroschl, MD; GCO# 13-0701; IRB approved through 1/5/2016].

**STUDY OF HUMAN BODY SIZE AND SHAPE USING 3-DIMENSIONAL PHOTOGRAPHIC IMAGES**

Individuals, especially fraternal and identical twins, are invited to participate in a genetics study that involves taking photographs with a special camera to measure head size and shape. Analysis of these 3-D photos will be used to measure the amount of similarity and difference between facial features of twins. Participants will be consented, asked to fill out a short questionnaire about medical and family
history, have head circumference and ear length measured, have two or three 3-D photos taken, provide a buccal sample (cheek swab or mouthwash sample) or a blood sample. Total participation time is about 30 minutes. Those interested should call 212-241-7056 or email 3dphoto@mssm.edu [GCO 08-0811, IRB approved through 03/11/2016].

HEALTHY RESEARCH VOLUNTEERS NEEDED

The Department of Anesthesiology is seeking people for participation in a research study. The purpose of the study is to assess cognitive recovery in a group of adults by undertaking baseline and follow-up testing after the administration of general anesthesia in people 70 to 80 years of age and to evaluate alterations in resting state and activity-driven brain networks using fMRI, Diffusion Tensor Imaging (DTI), and Arterial Spin Labeling (ASL) to characterize these same volunteers before and during recovery from the administration of general anesthesia. Participants will visit Mount Sinai twice and be contacted further for follow-ups. Compensation will be provided for participation. Those interested can call the Department of Anesthesiology at 212-241-0840. [GCO #13-0359, PI: Jeffrey Silverstein, MD, IRB approved through 04/28/2016].

FMRI STUDY FOR HEALTHY YOUTH

The Department of Psychiatry is looking for children and adolescents 7 to 17 years of age to participate in a study exploring the brain regions people use to pay attention. The study requires three visits to complete some psychological tests, computer-based attention tasks, and two functional magnetic resonance imaging (fMRI) brain scans on two separate days. Reimbursement will be provided for time and effort, and participants will get a CD with pictures of their brain, along with a certificate of participation for volunteer service. For more information, call 212-241-8012 or e-mail ADHD.Research@mssm.edu [PI: Jeffrey Newcorn, MD, and Kurt Schulz, MD, GCO#11-0161, IRB approved through 4/30/2016].

TREATMENT STUDY FOR CHILDREN AND ADOLESCENTS WITH ADHD

The Department of Psychiatry is looking for children and adolescents 7 to 17 years of age with suspected or diagnosed attention-deficit/hyperactivity disorder (ADHD) to participate in a study examining response to either methylphenidate or atomoxetine, both of which are commonly prescribed medications that are FDA-approved for the treatment of ADHD in children and adolescents. The study will include an evaluation for ADHD and other disorders, weekly doctor visits for six to eight weeks as the doctors work with participants’ parents to find the best dose for their children, and non-invasive fMRI scanning while their child plays a video game. Reimbursement provided. For more information, contact Beth Krone, PhD, at 212-241-8012, or email beth.krone@mssm.edu. [MSSM GCO #11-0161, PI: Jeffrey Newcorn, MD, IRB approved through 4/30/2016].

UPDATE

2015 Marketing and Communications

Send submissions to update@mountsinai.org by Noon on Tuesday for inclusion in Thursday’s
Update.
Mount Sinai Update
June 4, 2015

**Weekly e-newsletter highlighting announcements and events**

**LIVER LIFE WALK NEW YORK CITY 2015**
The Liver Life Walk allows people affected by liver disease to come together and raise critical funds and awareness for the American Liver Foundation. Each year, Mount Sinai and the Recanati/Miller Transplantation Institute organizes a team of patients, caregivers and staff to walk together in support of the American Liver Foundation. The walk features a festival-type atmosphere including activities for kids, food, and entertainment. To join the RMTI/Mount Sinai team, or to contribute money, visit the team page at [http://go.liverfoundation.org/goto/MountSinaiRMTI2015](http://go.liverfoundation.org/goto/MountSinaiRMTI2015). For more information, contact Cynthia Banya, team captain, at Cynthia.banya@mountsinai.org or 212-659-8027.

**Sunday, June 7, 9 am – 2 pm**
9 am (Registration/Check-In)
10 am (Walk Start)
Hudson River Park, Clinton Cove (Pier 95)

**NEUROSURGERY RESEARCH DAY 2015 AND THE VED P. SACHDEV, MD, MEMORIAL LECTURESHIP**
The Department of Neurosurgery is hosting its Nineteenth Annual Research Day, where selected Neurosurgery faculty, staff, and researchers will present their research highlights. The Research Day will follow the Fourteenth Annual Ved P. Sachdev, MD, Memorial Lectureship, with Eric M. Genden, MD, FACS, Isadore Friesner Professor, and Chairman of Otolaryngology, Head and Neck Surgery, as this year’s featured lecturer. For more information, contact Jillian Beroza at jillian.beroza@mountsinai.org.

**Wednesday, June 10, 7:30 – 11 am**
Annenberg Fifth Floor Boardroom

**MS IN HEALTH CARE DELIVERY LEADERSHIP ONLINE INFORMATION SESSION**
The Icahn School of Medicine at Mount Sinai Master of Science in Health Care Delivery Leadership program continues to accept applications for its Fall 2015 cohort. To learn more, all are invited to attend an interactive Online Information Session. The session allows participants to log in from the convenience of their computer, tablet or smartphone. Program participants in the 21-month online graduate program will further develop their leadership skills and receive intensive training in areas such as operations management, strategic communications, health policy, data leveraging, and health care economics and
finance. They will also gain a deep understanding of health care reform and the advanced competencies needed to drive transformational change in health care organizations. To speak to a program representative, call 212-659-1402 or email Healthcaremasters@mssm.edu.

Thursday, June 11, Noon

**AMERICAN DIABETES ASSOCIATION TOUR DE CURE**

For the second year in a row, the Diabetes, Obesity and Metabolism Institute has put together a team for the American Diabetes Association’s Tour de Cure. Once again, the team is being led by Christoph Buettnner, MD, PhD, Associate Professor of Medicine (Endocrinology, Diabetes and Bone Diseases), and Neuroscience. The aim of the tour is to recognize everyone who lives with type 1 and type 2 diabetes as heroes, fund community-based education programs, protect the rights of people with diabetes, and fund critical research for a cure. To donate, ride or volunteer, visit [http://main.diabetes.org/site/TR?team_id=701527&pg=team&fr_id=10209&et=m9so-c-QcWXT7uGHb6nm_Q&es_tafld=583100](http://main.diabetes.org/site/TR?team_id=701527&pg=team&fr_id=10209&et=m9so-c-QcWXT7uGHb6nm_Q&es_tafld=583100). The team’s goal is to raise $5,000.

Saturday, June 13
North Fork of Long Island

**TESLA DRIVE FOR MEN’S HEALTH**

The purpose of the Tesla Drive for Men’s Health marathon, organized by the Personalized Urology and Robotics (PUR) Clinic in Clermont, Florida, is to increase awareness of men’s health issues and to encourage men to make their health a priority. The two founding urologists of PUR are driving in an all-electric Tesla from Florida to California with a midway stop at The Mount Sinai Hospital. At each charging stop they will have speakers presenting on men’s health. At the Mount Sinai stop, Ketan Badani, MD, Vice Chair of Urology will speak. For live updates beginning Thursday, June 11, or to donate to support the drive, visit [http://www.driveformenshealth.com/](http://www.driveformenshealth.com/).

Sunday, June 14

**JUNE IS NATIONAL CANCER SURVIVOR MONTH**

June is National Cancer Survivor Month, and all are invited to celebrate at Survivor’s Day 2015 with a luncheon and special entertainment at Mount Sinai Beth Israel. This event, hosted by the Derald H. Ruttenberg Treatment Center of The Tisch Cancer Institute, is open to anyone who is living with or has lived with cancer. Reservations are required. To RSVP, call Alison Snow at 212-844-6022.

Sunday, June 14, Noon – 2 pm
Mount Sinai Beth Israel, Phillips Ambulatory Care Center

**REDCAP WORKSHOP**

This session, offered by the Center for Biostatistics at Mount Sinai, is aimed toward those who are interested in a switch to a free, secure electronic data capture system. REDCap allows for online surveys, longitudinal data collection, automated randomization, APIs, and more. Those interested can register now for this upcoming REDCap info session that will review building projects and databases, data sharing, security features, and access. No prior knowledge of REDCap or databases is necessary. Space is limited to the first 40 to RSVP. To RSVP, visit [https://www.inchoir.org/bcctm/redcap4/redcap/surveys/?s=5CFDsByBbA](https://www.inchoir.org/bcctm/redcap4/redcap/surveys/?s=5CFDsByBbA).

Friday, June 19, Noon – 2 pm
Icahn Building L2-82
SOLUTIONS IN SAFE PATIENT HANDLING

This conference, sponsored by the Mount Sinai Selikoff Centers for Occupational Health, is intended for administrators, physicians, nurse risk managers, direct patient caregivers, rehabilitation therapists, ergonomists, and safety professionals, as well as faculty, residents, and students interested in advancing worker and patient safety in health care. Speakers will include safe patient handling experts from the U.S. Centers for Disease Control and Prevention/National Institute of Occupational Safety and Health. This activity has been submitted to The Mount Sinai Hospital, an approved provider of continuing nursing education by the Alabama State Nurses Association, for approval to award contact hours. Alabama State Nurses Association is accredited as an approver of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation. For more information, or to register, visit www.mountsinai.org/selikoff. There is an $80 registration fee for Mount Sinai Health System faculty and staff.

Tuesday, June 30
New York Academy of Medicine
1216 Fifth Avenue
Entrance on 103 Street

BIOSTATISTICS SUMMER PROGRAM FOR CLINICAL RESEARCH

The Biostatistics Summer Program for Clinical Research is an educational initiative that stems from a collaboration between the Center for Biostatistics and the Department of Population Health Science and Policy at the Icahn School of Medicine at Mount Sinai. The mission of the three-week Summer Program is to increase the research capacity of clinical investigators, fellows, residents, postdocs, and public health professionals, by providing application-driven instruction in biostatistics and statistical programming. Participants of the Summer Program, through rigorous, theory-based lectures and hands-on statistical programming in SAS, will gain a foundation in the following areas:

- Probability and Statistical Inference
- Essential Elements of Study Design including Sample Size/Power Calculations
- Hypothesis Testing for Continuous and Categorical Data
- Simple and Multiple Linear Regression
- Simple and Multiple Logistic Regression

Participants will receive a total of 42 hours of intensive, in-person theory and SAS-related instruction, over the three-week duration of the Summer Program, by the Center for Biostatistics’ faculty. Each participant is expected to purchase a SAS license and install SAS on his/her laptop prior to the Program’s start. In cases where this may be difficult, a small number of laptops with SAS installed will be available to rent for the duration of the workshop, but on a first-come, first-served basis.

To register for the Program, and to pay the registration fee of $2000, visit http://icahn.mssm.edu/departments-and-institutes/population-health-science-policy/center-for-biostatistics/education/biostatistics-summer-program-for-clinical-research. Note: Registration is limited to the first 40 applicants. For more information, email Stefano Malerba at stevie.malerba@gmail.com. 
Mondays – Thursdays, July 6 – July 23, 3 – 6:30 pm

ANNOUNCING ICAHN SCHOOL OF MEDICINE AT MOUNT SINAI’S SUPPORT
**FOR CROWDFUNDING APPLICATIONS**
Crowdfunding is a mechanism to fund a project by collecting small amounts of money from a large number of people and has emerged as an important way to raise funds to expand ongoing initiatives to cure disease and improve patient care. This is done via direct appeals through crowdfunding internet sites where one presents an idea and how much they will need to accomplish the project.

To assist Mount Sinai faculty and students in tapping this new funding method, resources have been developed to enable those interested to launch a successful crowdfunding campaign. Members of the Mount Sinai community are now able to leverage Mount Sinai’s reputation as well as infrastructure to give their project additional credibility with potential donors.

Those interested can visit the Icahn School of Medicine at Mount Sinai’s new crowdfunding page at http://icahn.mssm.edu/about-us/for-faculty/researchers/crowdfunding-as-a-mechanism-to-fund-your-ideas.

**CME COURSES AND CONFERENCES**

**CONSORTIUM OF NEW YORK GERIATRIC EDUCATION CENTERS**
Register now for upcoming Core Days and electives, part of a 35-hour Geriatric Scholar Certificate program. Seminars are aimed at improving and expanding geriatric health care, particularly for low-income, multi-ethnic, and underserved older adult populations. Each training day is accredited for 7.0 CME credits by the Icahn School of Medicine at Mount Sinai. The program is intended for health care and social service providers and faculty from a range of disciplines and areas of expertise. For more information and to register, visit www.nygec.org, or email cnygec@mssm.edu.

**COMPLEX CORONARY VALVULAR AND VASCULAR CASES**
The primary focus of this course is to present a multi-device approach to complex revascularization of patients with complex coronary, structural heart, and endovascular disease. Various novel interventional devices, such as transcatheter aortic-valve replacement (TAVR), and newer techniques, such as retrograde CTO recanalization and dedicated bifurcation stenting will be demonstrated using live-case presentations as a platform for discussion by the operators, panelists, and audience. The program will feature commentary on live cases by world renowned experts. For more information, visit www.cccsymposium.org, or call the Office of CME at 212-731-7950.

*Wednesday, June 17 – Thursday, June 18, 8 am – 5 pm*
*AXA Equitable Center*
*787 Seventh Avenue, between 51st and 52nd Street*

**11TH ANNUAL CHALLENGES IN INTERNAL MEDICINE**
The goal of this course, hosted by the Icahn School of Medicine at Mount Sinai, is to offer providers of primary care services with the newest pharmacologic and technologic breakthroughs, updates in clinical therapeutic guidelines, and highlights of recent advances in the practice of Internal Medicine. For more information on courses, including times, visit www.mssm.edu/cme/courses, email cme@mssm.edu, or call the Office of CME at 212-731-7950.

*Thursday, June 18 – Saturday, June 20, 7:30 am – 5:30 pm*
*Goldwurm Auditorium*
HCV UPDATE: THE LATEST INFORMATION FOR FRONTLINE PROVIDERS MANAGING PATIENTS WITH HEPATITIS C
This program will provide a comprehensive overview of the most current treatment and care of patients with Hepatitis C and is open to all allied health professionals. For more information on courses, including times, visit www.mssm.edu/cme/courses, email cme@mssm.edu, or call the Office of CME at 212-731-7950.
Saturday, June 20, 8:15 am – 3:15 pm
Annenberg 13-01

THE PAGE AND WILLIAM BLACK POST GRADUATE SCHOOL FOR CONTINUING EDUCATION
The Office of Continuing Medical Education (CME) offers seminars, conferences, grand rounds, and live webcasts for physicians and other health professionals to extend their knowledge and remain current in their specific fields. For more information on courses, including times, visit www.mssm.edu/cme/courses, email cme@mssm.edu, or call the Office of CME at 212-731-7950.

GRAND ROUNDS, LECTURES, AND SEMINARS
FRIEDMAN BRAIN INSTITUTE TRANSLATIONAL NEUROSCIENCE SEMINAR SERIES
Gilbert Di Paolo, PhD, Associate Professor, Pathology, Cell Biology, Taub Institute for Research on Alzheimer's Disease and the Aging Brain, Columbia University College of Physicians and Surgeons, Columbia University Medical Center, presents “Lipid Dysregulation and Endolysosomal Dysfunction in Alzheimer's Disease.”
Thursday, June 4, 1 pm
Hess Center, Seminar Room A

Guohao Dai, PhD, Assistant Professor, Biomedical Engineering, Center for Biotechnology and Interdisciplinary Studies, Rensselaer Polytechnic Institute, presents “3D Bio-Printing, Stem Cells and Vascular Bioengineering.”
Thursday, June 11, 1 pm
Hess Center, Seminar Room A

Claes Wahlestedt, MD, PhD, Leonard M. Miller Professor, Associate Dean for Therapeutic Innovation, Vice Chair for Research, Psychiatry, Behavioral Sciences, Director, Center for Therapeutic Innovation (CTI), Miller School of Medicine, University of Miami, presents “Understanding and Drugging the Epigenome.”
Thursday, June 18, 1 pm
Hess Center, Seminar Room A

ENDOCRINOLOGY GRAND ROUNDS
Domenico Accili, MD, Professor, Medicine, Diabetes and Endocrinology Research Center, Columbia University, presents “The Edward Merker Lectureship in Translational Endocrinology: The New Biology of Diabetes.”
Thursday, June 4, 5 – 6 pm
CARDIOLOGY GRAND ROUNDS
Samin Sharma, MD, FACC, Director, Clinical and Interventional Cardiology, President, Mount Sinai Heart Network, Dean, International Clinical Affiliations, presents “Cardiac Intervention: Top 10 Advances 2014.”
Monday, June 8, 7:45 – 8:45 am
Hatch Auditorium

Paul Armstrong, MD, FCAHS, Distinguished University Professor, Cardiology, University of Alberta, presents “Pre-Hospital Diagnosis and Treatment of Acute Coronary Syndromes.”
Monday, June 15, 5 – 6 pm
Hatch Auditorium

Srinivas Dukkipati, MD, Assistant Professor, Medicine, presents “Recent Advances in Electrophysiology: The Year in Review.”
Monday, June 22, 7:45 – 8:45 am
Hatch Auditorium

Davendra Mehta, MD, Director, Cardiac Electrophysiology, Professor, Medicine, presents “Cardiac Sarcoidosis.”
Monday, June 29, 5 – 6 pm
Hatch Auditorium

OFFICE OF POSTDOCTORAL AFFAIRS AND THE MOUNT SINAI POSTDOCTORAL WRITING GROUP SEMINAR
Alexander Arguello, PhD, Associate Editor, Nature Neuroscience, presents "The Past, Present and Future of Scientific Publishing.” For more information, or to RSVP, email jessica.levingstonmacleod@mssm.edu. Food will be served.
Monday, June 8, 4 – 5 pm
Annenberg 25-51

MEDICINE GRAND ROUNDS
Ronald Hoffman, MD, Professor, Medicine (Hematology and Medical Oncology), presents “New Insights into the Pathophysiology and Therapy of Polycythemia Vera.”
Tuesday, June 9, 8:30 – 9:30 am
Hatch Auditorium

Ari M. Grinspan, MD, Assistant Professor, Medicine (Gastroenterology), presents “Fecal Microbiota Transplantation.”
Tuesday, June 16, 8:30 – 9:30 am
Hatch Auditorium

RESPIRATORY INSTITUTE GRAND ROUNDS
Jorge Gomez, MD, Senior Faculty, Medicine (Hematology, Medical Oncology), presents “Immunotherapy in Lung Cancer.”
*Tuesday, June 9, 12:30 – 1:30 pm*
*Annenberg 5-09*

Steven M. Kawut, MD, MS, Associate Professor, Medicine, Epidemiology, Director, Pulmonary Vascular Disease Program, Perelman School of Medicine, University of Pennsylvania, presents “The Right Ventricle in Health and Disease.”
*Friday, June 12, 12:30 – 1:30 pm*
*Annenberg 5-09*

Gregory Tino, MD, Chief, Medicine, Penn Presbyterian Medical Center, Associate Professor, Medicine, Perelman School of Medicine, University of Pennsylvania, presents “Bronchiectasis: Update on a Not-So-Orphan Disease.”
*Friday, June 19, 12:30 – 1:30 pm*
*Annenberg 5-09*

**ANESTHESIOLOGY GRAND ROUNDS**
Andrew B. Leibowitz, MD, Professor, Anesthesiology, Surgery, Icahn School of Medicine at Mount Sinai, Chair of Anesthesiology, Mount Sinai Health System, presents “Transsphenoidal Hypophysectomy.”
*Wednesday, June 10, 6:30 – 8:10 am*
*Annenberg 13-01*

Andrew B. Leibowitz, MD, Professor, Anesthesiology, Surgery, Icahn School of Medicine at Mount Sinai, Chair of Anesthesiology, Mount Sinai Health System, presents “Jehovah’s Witnesses and Chiari Malformations.”
*Wednesday, June 17, 6:30 – 8:10 am*
*Annenberg 13-01*

Jake Beilin, MD, Professor, Anesthesiology, presents “Morbidity and Mortality Conference.”
*Wednesday, June 24, 6:30 – 8:10 am*
*Annenberg 13-01*

**NEUROSURGERY GRAND ROUNDS**
Department of Neurosurgery Research Presentations.
*Wednesday, June 10, 9 – 11 am*
*Annenberg Fifth Floor Boardroom*

Thomas Naidich, MD, Professor, Radiology, presents “Neuroradiology Conference.”
*Wednesday, June 17, 7 – 8 am*
*Annenberg Fifth Floor Boardroom*

Nirit Weiss, MD, Assistant Professor, Neurosurgery, presents “Quality Assurance: The Mount Sinai Hospital.”
*Wednesday, June 17, 8 – 9 am*
Annenberg Fifth Floor Boardroom

Spine Conference Combined with Orthopaedics

Wednesday, June 24, 7 – 8 am

Annenberg Fifth Floor Boardroom

Justin Mascitelli, MD, House Staff, PGY5, Neurosurgery, presents “Quality Improvements on the Endovascular Service.”

Wednesday, June 24, 8 – 8:30 am

Annenberg Fifth Floor Boardroom

J Mocco, MD, MS, Professor, Vice Chair, Education, Director, Cerebrovascular Center, Neurosurgery, presents “Thoughts on Resident Academic Development.”

Wednesday, June 24, 8:30 – 9 am

Annenberg Fifth Floor Boardroom

CRITICAL CARE GRAND ROUNDS

Paul H. Mayo, MD, Professor, Clinical Medicine, Academic Director, Medical Intensive Care Unit, North Shore Hospital, Long Island Jewish Medical Center, presents “Critical Care Ultrasonography.”

Wednesday, June 10, 3 pm

Hess Center, Davis Auditorium

Brian Kaufman, MD, Professor, Medicine, Anesthesiology, Neurosurgery, Co-Director, Critical Care Medicine, Tisch Hospital, New York University School of Medicine, presents “Critical Care Radiology.”

Wednesday, June 17, 3 pm

KCC 1 North, First Floor

Administrative Conference Room

BROOKDALE DEPARTMENT OF GERIATRICS AND PALLIATIVE MEDICINE AND THE SAMUEL BRONFMAN DEPARTMENT OF MEDICINE PRESENT THE SCHWARTZ CENTER ROUNDS

Stephen Berns, MD, Director, Assistant Professor, Medical Student and Resident Education, Brookdale Department of Geriatrics and Palliative Medicine, and Rabbi Edith Meyerson, DMin, BCC, Clinical Instructor, Brookdale Department of Geriatrics and Palliative Medicine, Director, Pastoral Counseling and Bereavement Services, Hertzberg Palliative Care Institute, present “Am I Safe?” This is a themed Schwartz Center Rounds that will review the safety of health care professionals.

Thursday, June 11, Noon – 1 pm

Hatch Auditorium

FAMILY MEDICINE AND COMMUNITY HEALTH GRAND ROUNDS

Angela Diaz, MD, MPH, Director, Mount Sinai Adolescent Health Center, Professor, Pediatrics, Adolescent Medicine, Preventive Medicine, Icahn School of Medicine at Mount Sinai, presents, “Trends in Adolescent Health.”

Friday, June 12, 8 – 9 am
Hatch Auditorium

WELLNESS EVENTS

MOUNT SINAI PARENT (MSP)
Mount Sinai Parent provides faculty and staff with a forum to obtain support, education, and additional resources as they relate to being a working parent, as well as opportunities to network with fellow moms and dads. To RSVP, please email alisa.melendez@mountsinai.org.

Play: The Work of Childhood
This workshop will present ideas for creative play and music-making with children of a variety of ages. Particular focus will be given to play with infants and toddlers. Instructors will discuss how bonding and relationships are reinforced through play, and how healthy attachments are formed, and will also briefly highlight theories of child development. Additionally, instructors will discuss ways of engaging a child that can also be gratifying to parents.
Thursday, June 25, Noon – 1 pm

FOOD FIT FOR LIFE
The Mount Sinai Hospital’s Wellness Initiative and the Department of Clinical Nutrition present the second round of Food Fit for Life, a free course on weight loss and healthy eating. The program, which will begin on Tuesday, June 16, will continue every Tuesday for eight weeks. Three inpatient dietitians, Melissa Nagelberg, MS, RD, Kelly Krikhely, MS, RD, CDN, and Jen Cholewka, RD, will educate attendees on how to lose weight and enjoy healthy food. For more information, email Melissa.Nagelberg@mountsinai.org.
Tuesday, June 16 (Course Start)

NATIONAL DIABETES PREVENTION PROGRAM AT MOUNT SINAI
The Department of Preventive Medicine and the Mount Sinai Selikoff Centers for Occupational Health are offering Mount Sinai employees a lifestyle program aimed at reducing the risk for Type 2 diabetes. A health coach will teach participants how to take charge of their health and make realistic lifestyle changes. Additionally, guest speakers will lead sessions in nutrition, fitness, and stress management. This is a year-long program with 16 weekly sessions and 6 monthly follow-up sessions. Those unsure of their risk for diabetes can take the CDC’s Prediabetes Screening Test. Participants are encouraged to bring their lunch to the sessions. Those interested can register by emailing Justine.Piontek@mssm.edu or calling 212-824-7123.
Tuesdays and Thursdays, Noon – 1 pm
CAM Building, West Tower
3rd Floor Conference Room
17 East 102nd Street

DIABETES PREVENTION PROGRAM AT MOUNT SINAI
The Mount Sinai Diabetes Center and the YMCA of Greater New York, through its YMCA Diabetes Prevention Program (YDPP), are offering a fitness and health coaching program at Mount Sinai aimed at reducing the risk for diabetes. The 16-week program is designed for adults who are at risk for diabetes (risk factors include: overweight, family history, or personal history of gestational diabetes), or have a
diagnosis of pre-diabetes. The Diabetes Prevention Program is free and open to all Mount Sinai employees, patients, and local community members. Mount Sinai employees covered by United Healthcare should call 800-237-4942 to register for the program. Individuals interested in the program who are not covered by United Healthcare (this includes NYSNA nurses and medical students), can call 212-912-2524. Those unsure of their risk for diabetes can take the CDC’s Prediabetes Screening Test. To learn more about the fitness program visit http://www.mountsinai.org/patient-care/service-areas/diabetes/living-with-diabetes/community-outreach.

CERTIFIED DIABETES EDUCATOR AVAILABLE FOR EMPLOYEES
Mount Sinai is now offering employees the support of a Certified Diabetes Educator and Registered Dietitian, Maria Elena Rodriguez, at the Mount Sinai Doctors Faculty Practice, Primary Care Associates (FPA Primary Care Associates). CDEs specialize in diabetes education and nutrition and will work personally with employees to teach them about their medicines and how to monitor blood sugar levels, help them create a healthy and easy-to-follow meal plan for them and their family, and work with them to develop a diabetes care plan. This diabetes self-management education program, The Diabetes Alliance, is offered for free, and those interested can contact the Employee Care Coordinator at 212-241-9355 to schedule an initial appointment with the Certified Diabetes Educator. The FPA Primary Care practice is located at 10 East 102nd Street on the 6th Floor. For more information, call Abby Schwartz, Director of the Diabetes Alliance, at 917-574-6273.

MOUNT SINAI’S WEIGHT MANAGEMENT PROGRAM
The program offers weekly orientation sessions titled “Toward Lasting Better Health.” The sessions, led by physicians and dietitians, aim to help people who are trying to lose 30 or more pounds and require patients to receive a comprehensive obesity screening by an endocrinologist before starting. The sessions take place on Mondays at 5 pm in the Atran Building’s Fourth Floor Conference Room, AB4-11. To reserve a seat, call 212-241-4991.

WEIGHT WATCHERS AT WORK MEETINGS
To fulfill the health and wellness needs of Mount Sinai employees, the Weight Watchers at Work program is holding a Spring series at The Mount Sinai Hospital. Weekly sessions occur over a 12-week period. For more information, e-mail abby.schwartz@mountsinai.org. Tuesdays, through June 30, 5 – 6 pm

WEEKLY MEDITATION SIT
Every Wednesday, Students for Integrative Medicine (SIM) will host a meditation sit that is open to all students, residents, staff, and faculty. There is no cost and SIM provides participants with chairs, or blocks/blankets for those who prefer to sit on the floor. The meditations are simple, breath-centered meditations that are loosely guided. For more information, or to be added to an email reminder list, email Jesse Gerber at jesse.gerber@icahn.mssm.edu. Wednesdays, 6 – 6:30 pm Annenberg 10-30

FRIDAY MINDFULNESS SESSIONS
The Mount Sinai Hospital, through a group of experienced mindfulness teachers, is providing an opportunity for all members of the hospital community to learn and practice simple mindfulness techniques that have proven to be effective in reducing stress and promoting physical, mental, and spiritual well-being. Staff, patients, and families are welcome. No experience is necessary. For additional information, contact Mickie.Brown@mssm.edu.

Fridays, 12:30 – 1:30 pm
Annenberg 10-68 (Levy Library)

MOUNT SINAI YOGA PROGRAM
The Mount Sinai Yoga Program is hosting weekly Vinyasa yoga classes on Thursday evenings from 5:30 – 6:30 pm in the Annenberg Student Lounge. The classes are open to students, faculty, and staff, and are appropriate for all levels. Mats and accessories are available for use. There is a suggested $10 donation for faculty and staff. For more information and to be added to the email list, contact mountsinaiyogaprogram@gmail.com.

Thursdays, 5:30 – 6:30 pm
Annenberg Student Lounge

EMPLOYEE ASSISTANCE PROGRAM: CHILD CARE AND SUMMER CAMP SERVICES
The Employee Assistance Program (EAP) offers information regarding New York City public schools, daycare, and summer camp for children. For information about these services, call the Employee Assistance Program at 212-241-8937. The EAP is located on-site, at 19 East 98th Street, Suite 3A.

EMPLOYEE ASSISTANCE PROGRAM
The Mount Sinai Employee Assistance Program (EAP) offers free, confidential, short-term counseling for employees and their family members. To schedule an appointment with an EAP professional, call 212-241-8937. The EAP is located on-site, at 19 East 98th Street, Suite 3A.

THE ‘MOUNT SINAI MILE’ INDOOR WALKING ROUTE
Mount Sinai Heart and the Wellness Initiative have mapped a one-mile indoor walking route through The Mount Sinai Hospital campus to help staff meet their physical activity goals at work. The American Heart Association recommends at least 30 minutes of moderate-intensity aerobic activity at least five days per week. Staff is encouraged to use the map at http://www.mountsinai.org/patient-care/service-areas/heart/mount-sinai-mile, follow the ‘Mount Sinai Mile’ signs while on lunch break, or hold a walking meeting along the ‘Mount Sinai Mile’ route. For more information, email Abby Schwartz, MBA, BSN, RN, at Abby.Schwartz@mountsinai.org.

ANNOUNCEMENTS AND EVENTS
MEDICAL INTERPRETER TRAINING
The Mount Sinai St. Luke’s-Roosevelt Language Services Department will hold two-day medical interpreting training for all Mount Sinai Health System staff and faculty who are interested. Additionally, those who have native fluency in a foreign language and want to acquire additional skills, can contact Maribel Fiol at 212-523-2187 or mfiol@chpnet.org.

Saturdays, June 6, 13, 9 am – 4 pm
BLOOD PRESSURE SCREENING
Health educators from Mount Sinai Beth Israel are available on certain days to perform free blood pressure screenings and explain the results. The next screening will take place on:

Tuesday June 9, 2 – 3 pm
Mount Sinai Beth Israel
Podell Auditorium, Bernstein Pavilion
9 Nathan D. Perlman Place
Corner of 16 Street, between 1st and 2nd Avenues

THIRD ANNUAL ORTHODOX JEWISH NURSES CONFERENCE
The purpose of the Jewish Nurses Conference, hosted by Mount Sinai Beth Israel’s Phillips Ambulatory Care Center (PACC), is to present current evidence to help Jewish and non-Jewish nurses, administrators, and managers gain insight and knowledge related to work behaviors and relationships with each other, to become familiar with resources available for dealing with postpartum depression, eating disorders, sexual abuse, and domestic violence affecting members of the Orthodox Jewish Community, to understand the influence of Orthodox Jewish law (Halacha) with respect to diagnostic procedures for and management of high-risk pregnancies, to present information with respect to managing a professional disciplinary proceeding, the management of bullying and lateral violence in the health care workplace, and reducing personal stress by reducing cognitive dissonance. The conference is sponsored by Alpha Phi Chapter, Sigma Theta Tau International, and the Graduate Center Doctoral Nursing Alumni Association of the City University of New York. There is a registration fee of $130 for Registered Nurses, $120 for Active STTI Members, and $110 for students with IDs. For more information, or to register, visit http://alphaphi.nursingsociety.org.

Thursday, June 11, 8 am – 4:10 pm
10 Union Square East, New York, NY, 10003

MOUNT SINAI AGREEMENT WITH BAYER FOR MIRENA IUD
The Mount Sinai Health System has announced a new partnership with Bayer Healthcare. Under the terms of the agreement, the Mount Sinai Health System will receive preferential pricing for the Mirena IUD over the next three years. Mirena is the most widely used IUD in the country and is effective for up to five years. Under the Affordable Care Act, women of appropriate age are given the opportunity to obtain a contraceptive with no out of pocket cost. Staff who are interested can contact one of the Health System’s OBGYN providers at www.mountsinaihealth.org/obgyn.

NEW MOUNT SINAI ARCHIVES EXHIBITS
The Mount Sinai Archives has created two new exhibits in the display cases in the Annenberg north lobby. The two cases focus on some of the highlights of Mount Sinai’s adoption of computing technology over the last 60 years, and look at the incorporation of computing into medical research, as well as the support of clinical services at Mount Sinai. The exhibit also highlights two books by Florence Nightingale, the founder of the field of professional nursing. Over the next three months, the Archives staff will turn the pages so that different themes of the works can be seen. For more information, contact the Archives’ staff at extension 47239.
REvised FOOD REQUISITION FORM

The Food Requisition Form has been updated. A copy of the updated form will be provided when orders are picked up until Monday, June 15. As of that date, only the revised requisition form will be accepted. The updated form is also available on the Food and Nutrition Services website. For more information, email raysa.lee@mountsinai.org.

ENJOY LOCAL, ORGANIC FOOD AS A MEMBER OF THE MOUNT SINAI FARM SHARE

Registration is now open for the 2015 season of Mount Sinai Farm Share, a Community Shared Agriculture (CSA) program that offers local, organic produce from Stoneledge Farm, delivered weekly during the 24-week harvest season (June through November). The distribution site is conveniently located outside of the Icahn building at 99th Street and Madison Avenue. Those interested may purchase a vegetable share and additional fruit, mushroom, or coffee shares by visiting https://www.stoneledgefarmny.com/. For more information, email mountsinaifarmshare@gmail.com.

COLORECTAL CANCER OUTREACH PROGRAM

The Witness CARES program is a culturally targeted community outreach program designed to increase knowledge about colorectal cancer in the African American community and improve adherence to recommended screening guidelines. The educational presentation is roughly 90 minutes and includes a culturally based educational video reviewing facts about colorectal cancer and screenings, while also providing valuable resources. Programs are held at Mount Sinai and throughout the New York City community. For more information, contact Clarissa Martinez at 212-824-7803, or Karent Zorogastua at 212-824-7806.

MOUNT SINAI RISING PROFESSIONALS

The Rising Professionals is a group dedicated to developing the professional workforce of the Mount Sinai Health System by offering employees opportunities for professional and personal growth. To join the distribution list for the Rising Professionals, email risingprofessionals@gmail.com.

POSTING CLINICAL RESEARCH PROJECTS ON THE MOUNT SINAI HEALTH SYSTEM WEBSITE

Employees can request that their studies be added to the clinical research listings on the Mount Sinai website. Using the web form found at https://erap.mssm.edu/Public/ORSClinicalTrials.aspx, one can submit a request to add, update, or delete a web page from the clinical research listings at http://icahn.mssm.edu/research/clinical-trials. For more information, contact research.services@mssm.edu.

STAT-CHAT: WALK-IN CONSULTATION SERVICE

The Center for Biostatistics at Mount Sinai has launched STAT-CHAT: a free, walk-in, consultation service meant to resolve easy problems and answer quick questions about such topics as data analysis, study design, and database. All faculty, fellows, residents, staff, or medical students are welcomed to use this service for quick statistics-related questions. STAT-CHAT is offered once a week with two
statisticians available for an hour on a first-come, first-served basis. Each consultation should be about 15 minutes.

Mondays, 2 – 3 pm
Icahn Medical Institute, L2-82

**OPHTHALMOLOGY OPTICAL SHOP UPDATE**

The Department of Ophthalmology’s Optical Shop encourages employees to take care of their eyes. The shop is currently offering a one-time additional five-percent discount on all purchases over $300.00. The Optical Shop also offers employees a 20-percent discount on a wide assortment of sunglasses and glasses. Shalaya Arias, a department optician, will be available to show visitors the shop’s latest designer frames for adults and children. The department encourages employees to use their Flexible Spending Account at the Optical Shop. Customers must still adhere to the shop’s 90-day “pay for your glasses” policy. The shop’s hours of operation are Monday to Friday from approximately 10 am – 5 pm, and no appointment is necessary. For more information, call 212-241-0939.

17 East 102nd Street, Eighth Floor
Across from the Ophthalmology Department

**BREAST AND CERVICAL CANCER OUTREACH PROGRAMS**

*Esperanza y Vida* and *The Witness Project of Harlem* are culturally based community outreach programs that teach the importance of breast and cervical cancer health and screenings. The programs are led by women in the community, including breast and cervical cancer survivors who provide testimonials. Programs are held at Mount Sinai every other month and throughout the community. For more information, contact Clarissa Martinez at 212-824-7803, Cristina Villagra at 212-824-7804, or Helen Nunez at 212-824-7801.

**STORYCORPS PARTNERING WITH MOUNT SINAI**

StoryCorps Legacy, a program of the national oral history project StoryCorps, is partnering with The Child Life and Creative Arts Therapy Department at the Mount Sinai Kravis Children’s Hospital to record and preserve stories from Mount Sinai staff.

For 40 minutes, participants will have the opportunity to answer questions, such as:

- How would you describe yourself?
- Who has had the biggest influence on you?
- What are you most proud of?

Participants will receive a free CD recording to share with family and friends. With their permission, a second copy will be archived in the American Folklife Center at the Library of Congress. StoryCorps Legacy is an audio project only – no video will be taken. For more information, visit [http://storycorps.org/legacy](http://storycorps.org/legacy). Recordings are taking place now and will continue until further notice. Contact Lori Lerma at 212-241-6975 or lori.lerma@mountsinai.org to schedule an interview.

**A RESEARCH OPPORTUNITY FOR EVERYONE**

Mount Sinai and other research institutions across the country have joined together to create ResearchMatch.org. This easy-to-use tool allows interested volunteers to make themselves available as research study participants for studies that are right for them, and helps research studies from ending due to lack of participation. Volunteers of any age, race, ethnicity, or health status are invited to join. Volunteer privacy is protected. To learn more visit [https://www.researchmatch.org?route=mount_sinai](https://www.researchmatch.org?route=mount_sinai).
CALLING ALL MOUNT SINAI ALUMNI
Alumni can be kept informed of Mount Sinai happenings by sending their non-MSSM e-mail address to Alumni Relations at alumni@mssm.edu and by “Liking” Mount Sinai Alumni on Facebook and following Mount Sinai Alumni on LinkedIn.

DISPLAY OF EXCELLENCE
The Display of Excellence, located in front of the Plaza Café, is a way for managers to give their employees recognition for outstanding service. The employee’s photo and manager’s words of recognition will be posted on the display. Managers can use the display if an employee provides excellent customer service, innovative new ideas, successful project completion, safety efforts, patient satisfaction improvements, or as retirement recognition, and more. Entries will be kept on display for three months. Guidelines: Must be a manager to submit an entry, employee must be in good standing with Mount Sinai, each supervisor may enter no more than two individuals or one team each month, employees may be recognized multiple times throughout the year if each entry is for a separate and unique accomplishment. For more information, email Michelle Cruz at Michelle.Cruz@mountsinai.org or call x41944.

TALENT DEVELOPMENT AND LEARNING
LEYV LIBRARY EDUCATION CLASSES
Read more about classes and register online for classes at: http://librarycf.mssm.edu/levy/classes/. For more information and location information, email Levy Library Reference at refdesk@mssm.edu, or call 212-241-7791.

PubMed Searching: From Basic to Advanced
Thursday, June 25, 11 am – Noon

EndNote Online
Friday, June 26, 11 am – Noon

MOUNT SINAI TALENT DEVELOPMENT AND LEARNING
Talent Development and Learning, formerly the Division of Training and Education, has a new institution-wide learning management system called PEAK (Portal for Education and the Advancement of Knowledge). Employees can now register online for all Talent Development and Learning classes by logging on to the PEAK website, then clicking on the ‘Classroom-Based Training’ section. By registering online, individuals no longer will need to fax their registration forms. For more information, contact Talent Development and Learning at 212-241-1944, or register at http://peak.mountsinai.org. In order to log on to PEAK, employees will need to use the credentials used to log into their e-mail. To identify the proper credentials, visit http://password.mountsinai.org or call the help desk at 4-HELP.

Think Team
Think Team is a course developed to provide managers with the tools to inspire employees to work together effectively and collaboratively. The session highlights the essential elements of high performing teams, techniques to manage conflict, and strategies to assess a team’s effectiveness.
Monday, June 8, 10 am – Noon
Mount Sinai St. Luke’s

**De-escalation through Verbal Interventions**
This workshop is designed to help participants successfully work with disruptive customers. Participants will learn techniques that can help them stay calm when customers become defensive, angry, and uncooperative.

*Tuesday, June 9, 10 am – Noon*
*The Mount Sinai Hospital*

**Outlook Basics**
This class will review Microsoft Outlook’s features such as sending emails, customizing email signatures, and organizing a calendar and tasks. Participants are encouraged to bring questions.

*Tuesday, June 9, 10:45 am – 12:30 pm*

**Projecting your Positive Personality on the Telephone**
This class will help participants improve their communication skills by creating their own telephone image. Participants will learn ways to consistently project their positive personality so callers perceive them and Mount Sinai in a favorable way.

*Tuesday, June 9, 1:30 – 4 pm*
*Mount Sinai Roosevelt*

**Excel Charting Basic**
In this class, participants will learn to summarize Excel data using charts. Topics include chart types and their uses, the Chart tools design, layout and format tabs, and integrating charts into Word and PowerPoint.

*Tuesday, June 9, 1:30 – 5 pm*

**Showcasing Your Professional Image**
This session will explore professional image and what it encompasses, allowing participants to examine desired standards of professionalism, offer the opportunity to incorporate those standards into their own styles, and design effective ways to communicate and role model professionalism in today’s workplace.

*Wednesday, June 10, 10 am – 12:30 pm*
*Mount Sinai Beth Israel – PACC*

**Excel Pivot Table**
In this class, participants will learn to create pivot tables from a variety of data. Participants will work with pivot table options, create calculations, and group and format items.

*Thursday, June 11, 9 am – 12:30 pm*

**PowerPoint Basics**
In this class, participants will learn the basics of animation, graphics, table information, bulleted lists, insertion of objects, slide transitions, and other essential skills to create a presentation.

*Thursday, June 11, 1:30 – 5 pm*
Communicating as a Leader
This session will review how to frame messages in line with a receiver’s experience, background, and expectations; how to check for understanding; and how to correctly interpret messages from others and respond accordingly.

Thursday, June 11, 2 – 4 pm
The Mount Sinai Hospital

CUNY School of Professional Studies: Information Sessions
In these sessions, participants will learn more about the Human Relations College program at the CUNY School of Professional Studies that is designed to enhance skills and knowledge used on the job while providing an important foundation for further college study. This program is geared toward working adults at various points in their college careers.

Wednesday, June 24, or July 8, 11 am – 2 pm
Outside the Plaza Cafeteria
The Mount Sinai Hospital

Toastmasters International
Toastmasters Members learn to develop comfort and skill when speaking by working with others in a supportive environment. A typical meeting is made up of 10 – 20 people who meet biweekly for an hour. Each meeting gives participants an opportunity to practice conducting meetings, give impromptu speeches, present prepared speeches, and offer constructive evaluation.

Walden University – Online Degree Programs
For more than 40 years, Walden University has been serving the higher education needs of adult learners. Walden University is now offering Mount Sinai Health System employees the opportunity to pursue a degree or certificate online in a wide selection of health care-related fields of study. To learn about educational opportunities through Walden University and learn about the tuition-reduction offer tailored to the Mount Sinai Health System, call Leah Lopez at 732-306-7720 or email leah.lopez@waldenu.edu.

Foreign Language Conversation Groups
These sessions will allow speakers of all levels to converse. Beginners, intermediate, and advanced speakers are welcome. For more information, email michelle.cruz@mountsinai.org.

Conversation Partners
Designed for any level of a given language, Conversation Partners provides an opportunity to improve skills in a specific language by speaking in a safe group of learners. Native speakers are encouraged to attend. E-mail tdl@mountsinai.org for more information and the meeting location.

English as a Second Language
Classes are designed to improve written and conversational English with special attention paid to vocabulary, pronunciation, idioms, listening skills, writing, and grammar usage. Complete an assessment on Mondays anytime between 10:30 am and 3 pm. Call 212-241-1944 for more information.

English Conversation Partners
Designed for new learners of English, this program provides an opportunity to strengthen English-speaking skills by pairing up with an English-speaking employee or volunteer for one hour a week to practice conversation. This program is open to native English-speaking tutors, as well as students who are learning English. For more information, e-mail tdl@mountsinai.org.

**RESEARCH STUDIES/CLINICAL TRIALS**

**STRESS AND HIV NEUROIMAGING STUDY**
Mount Sinai researchers are seeking volunteers between 37 and 55 years of age, who are either HIV-negative or HIV-positive, to participate in a study examining the effects of HIV and stress on the brain. The study will include two initial interviews to assess eligibility for the more-involved neuropsychological assessment and MRI session. This study will also collect and test blood samples to determine if biomarkers can predict brain functions. Uraina Clark, PhD, Assistant Professor, Neurology, is the principal investigator for this study. For more information, call a study coordinator at the Icahn School of Medicine at Mount Sinai at 212-241-6582. [GCO#13-0466, Approved through 06/09/2015].

**RESEARCH VOLUNTEERS WITH TRAUMATIC BRAIN INJURY NEEDED**
The Brain Injury Research Center at Mount Sinai is seeking people who have had a mild, moderate, or severe traumatic brain injury (TBI) and are experiencing problems in their daily activities. This may include difficulty preparing meals, maintaining a schedule, or coming up with solutions to problems. The research study will evaluate changes in thinking skills that may occur after brain injury. Participants must be at least 18 years of age and not have other neurological diagnoses. Participants will visit Mount Sinai once for about two hours to complete research measures. Compensation will be provided for participation. If interested, call the Brain Injury Research Center at 212-241-5250. [GCO #14-0720, Principal Investigator: Colette Elliot, PhD, IRB approved through 6/26/2015].

**HEALTHY RESEARCH VOLUNTEERS NEEDED**
The Brain Injury Research Center at Mount Sinai is seeking people for participation in a research study. The purpose of the study is to evaluate daily activities and skills for everyday functioning. Participants must be at least 18 years of age and not have had a traumatic brain injury. Participants will visit Mount Sinai once for about two hours to complete research measures. Compensation will be provided for participation. If interested, call the Brain Injury Research Center at 212-241-5250. [GCO #14-0720, Principal Investigator: Colette Elliot, PhD, IRB approved through 6/26/2015].

**ACANTHOSIS NIGRICANS QUALITY OF LIFE STUDY**
The purpose of this study is to develop an acanthosis-nigricans-specific quality of life (ANQoL) instrument to measure the impact of acanthosis nigricans on patients’ lives. The Department of Genetics and Genomic Sciences will administer questionnaires and conduct open-ended structured interviews. Based on this data, the department will then generate the ANQoL. Participants must be over 18 years of age, English speakers, and have acanthosis nigricans. They will be asked to undergo a brief physical exam at Mount Sinai to confirm the diagnosis. Participants will receive a $10.00 Visa gift card upon completion of their participation in this study. Those interested should email acanthosis.nigricans@mssm.edu. [GCO 12-0965, IRB approved through 07/16/15].

**RESEARCH STUDY ON THE EFFECTS OF SMOKING ON THE DIGESTIVE SYSTEM**
The Division of Gastroenterology is looking for individuals who are planning to quit smoking for a study on the effect of smoking cessation on the digestive system. The purpose of this study is to understand how smoking impacts the bacteria and immune system of the intestines. Participants need to be between 18 and 65 years of age, smoke half a pack of cigarettes per day, and be in relatively good health. Participation involves providing blood and stool samples, and having a flexible sigmoidoscopy with biopsies before and after stopping smoking. Up to $400 will be provided to compensate for time and effort. For more information, or to refer possible participants, contact Ryan Ungaro, MD, by emailing ryan.ungaro@mssm.edu, or calling 212-241-0150. [GCO # 14-1179, IRB Approved 8/12/14 – 8/11/15].

**OBSESSIVE-COMPULSIVE DISORDER STUDY**

The Obsessive-Compulsive Disorder and Related Disorders Program is recruiting for a study investigating the efficacy of group cognitive-behavioral therapy for OCD. Children of 8 to 12 years of age with a diagnosis of OCD are invited to participate. Subjects will participate in a 12-week clinical therapy program at no cost. The group therapy is run by Ariz Rojas, MD, on Monday nights from 5 – 6:30 pm. Subjects will complete pre- and post-test measures (one two-hour visit) and will be compensated for their time, as well as travel costs. For more information, or to register, contact Shannon Gair at Shannon.gair@mssm.edu, or 212-659-1675. [PI: Timothy Rice, MD, GCO # 14-0858, IRB Approved through 8/27/15].

**APPETITE AND BODY FAT STUDY**

The Division of Endocrinology is looking for healthy diabetic and nondiabetic individuals (both overweight and lean) who are eligible to participate in a study investigating appetite and body fat. Participation will include fasting over the night before the visit (eight hours) and a four to five hour visit during which a brief medical history and appetite questionnaire will be completed; height, weight, pulse, and blood pressure will be measured; blood samples will be taken before and a few times after drinking a test meal; and a biopsy of fat from around the waist will be taken. Participants will receive compensation. For more information, email Eliza Geer, MD, at eliza.geer@mssm.edu. [GCO# 08-0105. MSSM IRB approved through 8/31/15].

**ATOPIC DERMATITIS STUDY**

The Department of Dermatology is looking for adults, and children two years of age and older, to participate in a research study to treat mild to severe atopic dermatitis. The study will last several months. Qualified participants will receive a study-related skin exam and study drug at no cost. Health insurance is not needed to participate. For details, call the dermatology clinical trials center at 212-241-6033. [GCO # 12-0424, IRB approved through 8/31/2015].

**MICROBIOME ANALYSIS STUDY**

The Departments of Genetics and Genomic Sciences, and Gastroenterology, are conducting a prospective study exploring mechanism of in utero transmission of bacteria by Microbiome analysis and are currently recruiting female participants who are pregnant, planning a pregnancy, are in good health, or have Inflammatory Bowel Disease, and will deliver in The Mount Sinai Hospital. Participants will be asked to fill out health status and dietary questionnaire, and provide stool and saliva samples. Participants will be compensated for their time and efforts with up to $250. Those interested can contact Joanna Torres, MD, at joanna.toress@mssm.edu or 212-241-2809, Justin Cote-daigleault, MD, at
justin.cote-daigneault@mountsinai.org, or Hina Panchal, MD, at hinaben.panchal@mssm.edu, or 212-824-9080. [GCO# 14-1236, PI: Inga Peter PhD, ISMMS IRB approved through 10/8/15].

**GASTRIC BYPASS SURGERY STUDY**

Researchers at the Division of Bariatric and Minimally Invasive Surgery at Mount Sinai St Luke’s are seeking volunteers to participate in a study examining the effects of Sitagliptin on glucose control in patients who have had gastric bypass surgery for morbid obesity and have persistent or relapsing type 2 diabetes. Patients should be 18 to 65 years of age and at least 1 year from surgery. Volunteers will participate in the study for up to 6 weeks, and will have 4 research visits of 1 to 4 hour durations. Activities include meal tests, blood collection, and occasional self-monitoring of glucose levels by finger stick. The patients will be compensated $300 for full participation. James McGinty, MD, Chief, Division of Bariatric and Minimally Invasive Surgery, Mount Sinai St. Luke’s, is the principal investigator for this study. For more information, call a study coordinator at Mount Sinai St Luke’s at 212-523-3357 (English) or at 212-523 -1745 (Spanish). [IRB#11-156, Approved through 10/15/2015].

**RESEARCH STUDY IN DIABETICS PATIENTS WITH PERIPHERAL ARTERY DISEASE (PAD)**

Individuals with type 2 diabetes mellitus with lower extremity peripheral artery disease (PAD) are invited to participate in this study being performed by the Division of Cardiology, which is designed to explore the effects of three FDA-approved anti-platelet regimens in microcirculatory flow. Eligible study participants will receive three different sets of treatments for PAD and will be followed up via blood testing as well as Doppler-imaging. Those interested can call John Kim, MD, at 212-659-9637, Karen Modesto, PhD, at 212-659-8864, or e-mail john.kim@mssm.edu or karen.modesto@mssm.edu. [PI: Robert Rosenson, MD, GCO #13-1925, IRB approved through 10/28/2015].

**TOMMORROW STUDY**

The Alzheimer’s Disease Research Center is seeking healthy participants between 65 and 83 years of age who have someone who can be a project partner (spouse, adult child, other family member, or caregiver) to provide information about their health, attend study appointments, and assist with correctly taking certain study medications for this study that will examine two genes to see if it’s possible to predict someone’s likeliness to develop Alzheimer’s based on certain inherited genes, and to test a drug called pioglitazone (AD-4833), which may slow the progress of Alzheimer’s disease in those who currently show no signs of the condition. In this study, the participants will be given a blood test to determine if they are at an elevated risk of developing Alzheimer’s disease, and memory, thinking, orientation, and language skills tests to confirm that they are mentally healthy. Those who qualify will then be given a study drug or placebo to take over a five-year period. Participants will not have to pay for investigational medication, and transportation assistance may be available. This research will take place at The Mount Sinai Hospital campus. For more information, contact a study coordinator at 212-241-8329. [PI: Judith Neugroschi, MD; GCO#: 13-1688; HSM#: 13-00720; IRB approved through 11/19/2015].

**GENETICS AND GENOMICS STUDY OF NEURODEVELOPMENTAL DISORDERS**

The Department of Psychiatry is recruiting subjects and families with neurodevelopmental disorders (NDDs) of unknown cause for a systematic genetic screen that will examine the inheritance patterns and genetic contributions to related neurodevelopmental disorders. The study includes completion of a medical history questionnaire and a blood draw. Affected and unaffected family members of those with
a NDD may also be eligible to participate. For more information, call 212-824-9065, or email ndd.project@mssm.edu [GCO# 12-1490, PI: Dalila Pinto, PhD, IRB approved through 11/20/15].

**EFFECT OF NEBIVOLOL ON THE BLOOD FLOW IN HEARTS OF ADULTS WITH HIGH BLOOD PRESSURE AND ABNORMAL FILLING OF HEART (LVDD) STUDY**

The purpose of this study is to study the relationship between Nebivolol (Bystolic) administration and improvement in exercise time in patients with hypertension (high blood pressure) and those with Left Ventricular Diastolic Dysfunction (abnormal relaxation of the heart muscle). The Division of Cardiology is looking for patients who have a history of mild to moderate high blood pressure (130-160/90-120) and may or may not have not received any medications for elevated blood pressure for at least 30 days and who are willing to undergo two stress echo exams at the beginning and at the end of the study. The study duration is six months. Patients will be supplied with the medication for the six-month period. For more information, contact Sharath Vallabhajosyula at Sharath.vallabhajosyula@mssm.edu or call at 212-659-8847, or call 212-659-8847 to set a screening visit and check your eligibility. [GCO #12-0493, Principal Investigator: Partho Sengupta, MD, IRB approved through 12/10/2015].

**STUDY FOR HEALTHY YOUNG VOLUNTEERS**

The Division of ADHD and Learning Disorders at the Icahn School of Medicine at Mount Sinai are seeking adolescents of 7 to 17 years of age with no history of medical or psychiatric illness to participate in a study that uses non-invasive technology as a measurement to diagnose and treat ADHD. The study will include an evaluation for ADHD and other disorders, a non-invasive scan while the child plays video games on a computer, and a second scan 4 – 6 weeks after the initial scan. Compensation will be provided for participation. For more information, contact Amanda Kirschenbaum, BSc, Clinical Research Coordinator, at 212-241-5269, or Amanda.Kirschenbaum@mountsinai.org [IRB Approved through 12/15/15].

**TYPE 2 DIABETES STUDY**

The Glycemia Reduction Approaches in Diabetes: A Comparative Effectiveness Study (GRADE) is investigating which is the best second drug to be added to metformin for the treatment of type 2 diabetes. Eligible participants must be currently treated with metformin alone and have been diagnosed with type 2 diabetes at less than 30 years of age within the past 10 years. Participants will be randomly assigned to receive one of four FDA-approved diabetes medications in addition to metformin and attend four study visits per year for up to seven years. Laboratory tests, diabetes medications, and diabetes education will be provided free-of-charge. Travel stipends and honoraria will be provided. Those interested may contact the study team at grade@chpnet.org, or 212 523-4171. This is a multi-center National Institutes of Health-sponsored clinical trial. For more information, visit https://grade.bsc.gwu.edu/webgrade/home?p_p_id=58&p_p_lifecycle=0&_58_redirect=%2F. [PI: Jeanine Albu, Chief, Division of Endocrinology, Diabetes and Nutrition, Mount Sinai St. Luke’s, GCO#: 12-161, MSSLRH IRB approved through 12/16/2015].

**LUNG CANCER EARLY DETECTION STUDY**

The Early Lung and Cardiac Action Program of the Department of Radiology is seeking non-smokers, 40 years of age and older who have never smoked and have been exposed to second-hand smoke. The study will offer early detection of lung cancer, cardiac disease, and other diseases through low-dose CT
scanning. This study is free of charge and participants will be reimbursed for their time and effort. For more information or to participate, call 212-241-2420. [GCO# 09-2017, PI: Claudia Henschke, MD, PhD, IRB approved through 12/31/2015].

**MRI AND PET STUDY**

Researchers at Mount Sinai are developing and validating new magnetic resonance imaging (MRI) and positron emission tomography (PET) methodologies to help in diagnosing atherosclerotic plaques at risk of causing severe clinical events, such as myocardial infarction, stroke, or sudden death. Males and females 20 years of age and older, either with personal or family history of either risk factors for atherosclerosis (high cholesterol, high blood pressure, diabetes), or atherosclerosis itself, may be eligible for participation in this study. Participation will involve undergoing one or more imaging sessions with MRI and/or PET. Participants will be reimbursed $75 per imaging session, for a maximum of $300. For those interested in this study, contact Rima Fayad (Research Coordinator) at 212-824-4846, or email rima.fayad@mountsinai.org. [GCO 01-1032, IRB approved through 12/31/2015].

**ALZHEIMER'S DISEASE RESEARCH CENTER STUDY**

The Alzheimer's Disease Research Center at Mount Sinai is recruiting volunteers for a multi-center Merck EPOCH trial. This study is investigating the safety, tolerability, and efficacy of a medication, MK-8931, in patients with mild to moderate Alzheimer's disease. MK-8931 is an oral, β-amyloid precursor protein, site-cleaving enzyme (BACE) inhibitor and is aimed at slowing the progression of Alzheimer's disease. Patients will be randomly assigned to take a low dose of study medication, a high dose of study medication, or a placebo for 78 weeks. The study needs patients with a diagnosis of Alzheimer's disease who are 55 to 85 years of age, are fluent in English or Spanish, can attend all study visits, participate in neuropsychological testing, receive MRIs, and who have a close friend or family member who can act as a study partner. All study visits will take place at The Mount Sinai Hospital campus and there will be no cost to the patients. For more information about the study, contact study coordinator, Emily Exter, at 212-241-0438 or emily.exter@mssm.edu. [Principal Investigator: Judith Neugroschl, MD; GCO# 13-0701; IRB approved through 1/5/2016].

**STUDY OF HUMAN BODY SIZE AND SHAPE USING 3-DIMENSIONAL PHOTOGRAPHIC IMAGES**

Individuals, especially fraternal and identical twins, are invited to participate in a genetics study that involves taking photographs with a special camera to measure head size and shape. Analysis of these 3-D photos will be used to measure the amount of similarity and difference between facial features of twins. Participants will be consented, asked to fill out a short questionnaire about medical and family history, have head circumference and ear length measured, have two or three 3-D photos taken, provide a buccal sample (cheek swab or mouthwash sample) or a blood sample. Total participation time is about 30 minutes. Those interested should call 212-241-7056 or email 3dphoto@mssm.edu [GCO 08-0811, IRB approved through 03/11/2016].

**HEALTHY RESEARCH VOLUNTEERS NEEDED**

The Department of Anesthesiology is seeking people for participation in a research study. The purpose of the study is to assess cognitive recovery in a group of adults by undertaking baseline and follow-up testing after the administration of general anesthesia in people 70 to 80 years of age and to evaluate
alterations in resting state and activity-driven brain networks using fMRI, Diffusion Tensor Imaging (DTI), and Arterial Spin Labeling (ASL) to characterize these same volunteers before and during recovery from the administration of general anesthesia. Participants will visit Mount Sinai twice and be contacted further for follow-ups. Compensation will be provided for participation. Those interested can call the Department of Anesthesiology at 212-241-0840. [GCO #13-0359, PI: Jeffrey Silverstein, MD, IRB approved through 04/28/2016].

**FMRI STUDY FOR HEALTHY YOUTH**
The Department of Psychiatry is looking for children and adolescents 7 to 17 years of age to participate in a study exploring the brain regions people use to pay attention. The study requires three visits to complete some psychological tests, computer-based attention tasks, and two functional magnetic resonance imaging (fMRI) brain scans on two separate days. Reimbursement will be provided for time and effort, and participants will get a CD with pictures of their brain, along with a certificate of participation for volunteer service. For more information, call 212-241-8012 or e-mail ADHD.Research@mssm.edu [PI: Jeffrey Newcorn, MD, and Kurt Schulz, MD, GCO#11-0161, IRB approved through 4/30/2016].

**TREATMENT STUDY FOR CHILDREN AND ADOLESCENTS WITH ADHD**
The Department of Psychiatry is looking for children and adolescents 7 to 17 years of age with suspected or diagnosed attention-deficit/hyperactivity disorder (ADHD) to participate in a study examining response to either methylphenidate or atomoxetine, both of which are commonly prescribed medications that are FDA-approved for the treatment of ADHD in children and adolescents. The study will include an evaluation for ADHD and other disorders, weekly doctor visits for six to eight weeks as the doctors work with participants’ parents to find the best dose for their children, and non-invasive fMRI scanning while their child plays a video game. Reimbursement provided. For more information, contact Beth Krone, PhD, at 212-241-8012, or email beth.krone@mssm.edu. [MSSM GCO #11-0161, PI: Jeffrey Newcorn, MD, IRB approved through 4/30/2016].

**UPDATE**
2015 Marketing and Communications
Send submissions to update@mountsinai.org by Noon on Tuesday for inclusion in Thursday’s Update.
JUNE IS MEN’S HEALTH AWARENESS MONTH
The Department of Urology will host a “Wellness Wednesday” table to help inform Mount Sinai staff and visitors about the unique health needs of men. Experts from the Mount Sinai Men’s Health Center will be available to answer questions about key diseases that affect men and preventive strategies for lowering risk. Representatives from Crunch Fitness will also be on site from 11 am to 1 pm offering no-enrollment fee memberships, performing body fat analyses, and setting up complementary training sessions.

Wednesday, June 3, 10 am – 2 pm (Wellness Table)
Guggenheim Atrium

LIVER LIFE WALK NEW YORK CITY 2015
The Liver Life Walk allows people affected by liver disease to come together and raise critical funds and awareness for the American Liver Foundation. Each year Mount Sinai and the Recanati/Miller Transplantation Institute organizes a team of patients, caregivers and staff to walk together in support of the American Liver Foundation. The team is currently the top fundraising team having raised nearly $10,000 already. The walk features a festival-type atmosphere including activities for kids, food and entertainment. To join the RMTI/Mount Sinai team, or to contribute money, visit the team page at http://go.liverfoundation.org/goto/MountSinaiRMTI2015. For more information, contact Cynthia Banya, team captain, at Cynthia.banya@mountsinai.org or 212-659-8027.

Sunday, June 7, 9 am – 2 pm
9 am (Registration/Check-In)
10 am (Walk Start)
Hudson River Park, Clinton Cove (Pier 95)

NEUROSURGERY RESEARCH DAY 2015 AND THE VED P. SACHDEV, MD, MEMORIAL LECTURESHIP
The Department of Neurosurgery is hosting its Nineteenth Annual Research Day, where selected Neurosurgery faculty, staff, and researchers will present their research highlights. The Research Day will follow the Fourteenth Annual Ved P. Sachdev, MD, Memorial Lectureship, with Eric M. Genden, MD, FACS, Isadore Friesner Professor, and Chairman of Otolaryngology, Head and Neck Surgery, as this year’s featured lecturer. For more information, contact Jillian Beroza at jillian.beroza@mountsinai.org.
RED CAP WORKSHOP
This session, offered by the Center for Biostatistics at Mount Sinai, is aimed toward those who are interested in a switch to a free, secure electronic data capture system. REDCap allows for online surveys, longitudinal data collection, automated randomization, APIs, and more. Those interested can register now for this upcoming REDCap info session that will review building projects and databases, data sharing, security features, and access. No prior knowledge of REDCap or databases is necessary. Space is limited to the first 40 to RSVP. To RSVP, visit https://www.inchoir.org/bcctm/redcap4/redcap/surveys/?s=5CFDsByBbA.

BIOSTATISTICS SUMMER PROGRAM FOR CLINICAL RESEARCH
The Biostatistics Summer Program for Clinical Research is an educational initiative that stems from a collaboration between the Center for Biostatistics and the Department of Population Health Science and Policy at the Icahn School of Medicine at Mount Sinai. The mission of the three-week Summer Program is to increase the research capacity of clinical investigators, fellows, residents, postdocs, and public health professionals, by providing application-driven instruction in biostatistics and statistical programming. Participants of the Summer Program, through rigorous, theory-based lectures and hands-on statistical programming in SAS, will gain a foundation in the following areas:

- Probability and Statistical Inference
- Essential Elements of Study Design including Sample Size/Pow er Calculations
- Hypothesis Testing for Continuous and Categorical Data
- Simple and Multiple Linear Regression
- Simple and Multiple Logistic Regression

Participants will receive a total of 42 hours of intensive, in-person theory and SAS-related instruction, over the three-week duration of the Summer Program, by the Center for Biostatistics’ faculty. Each participant is expected to purchase a SAS license and install SAS on his/her laptop prior to the Program’s start. In cases where this may be difficult, a small number of laptops with SAS installed will be available to rent for the duration of the workshop, but on a first-come, first-served basis.

To register for the Program, and to pay the registration fee of $2000, visit http://icahn.mssm.edu/departments-and-institutes/population-health-science-policy/center-for-biostatistics/education/biostatistics-summer-program-for-clinical-research. Note: Registration is limited to the first 40 applicants. For more information, email Stefano Malerba at stevie.malerba@gmail.com.

ANNOUNCING ICahn SCHOOL OF MEDICINE AT MOUNT SINAI’S SUPPORT FOR CROWDFUNDING APPLICATIONS
Crowdfunding is a mechanism to fund a project by collecting small amounts of money from a large number of people and has emerged as an important way to raise funds to expand ongoing initiatives to
cure disease and improve patient care. This is done via direct appeals through crowdfunding internet sites where one presents an idea and how much they will need to accomplish the project.

To assist Mount Sinai faculty and students in tapping this new funding method, resources have been developed to enable those interested to launch a successful crowdfunding campaign. Members of the Mount Sinai community are now able to leverage Mount Sinai’s reputation as well as infrastructure to give their project additional credibility with potential donors.

Those interested can visit the Icahn School of Medicine at Mount Sinai’s new crowdfunding page at http://icahn.mssm.edu/about-us/for-faculty/researchers/crowdfunding-as-a-mechanism-to-fund-your-ideas.

CME COURSES AND CONFERENCES

CONSORTIUM OF NEW YORK GERIATRIC EDUCATION CENTERS

Register now for upcoming Core Days and electives, part of a 35-hour Geriatric Scholar Certificate program. Seminars are aimed at improving and expanding geriatric health care, particularly for low-income, multi-ethnic, and underserved older adult populations. Each training day is accredited for 7.0 CME credits by the Icahn School of Medicine at Mount Sinai. The program is intended for health care and social service providers and faculty from a range of disciplines and areas of expertise. For more information and to register, visit www.nygec.org, or email cnygec@mssm.edu.

COMPLEX CORONARY VALVULAR AND VASCULAR CASES

The primary focus of this course is to present a multi-device approach to complex revascularization of patients with complex coronary, structural heart, and endovascular disease. Various novel interventional devices, such as transcatheter aortic-valve replacement (TAVR), and newer techniques, such as retrograde CTO recanalization and dedicated bifurcation stenting will be demonstrated using live-case presentations as a platform for discussion by the operators, panelists, and audience. The program will feature commentary on live cases by world renowned experts. For more information, visit www.cccsymposium.org, or call the Office of CME at 212-731-7950.

Wednesday, June 17 – Thursday, June 18, 8 am – 5 pm
AXA Equitable Center
787 Seventh Avenue, between 51st and 52nd Street

11TH ANNUAL CHALLENGES IN INTERNAL MEDICINE

The goal of this course, hosted by the Icahn School of Medicine at Mount Sinai, is to offer providers of primary care services with the newest pharmacologic and technologic breakthroughs, updates in clinical therapeutic guidelines, and highlights of recent advances in the practice of Internal Medicine. For more information on courses, including times, visit www.mssm.edu/cme/courses, email cme@mssm.edu, or call the Office of CME at 212-731-7950.

Thursday, June 18 – Saturday, June 20, 7:30 am – 5:30 pm
Goldwurm Auditorium

THE PAGE AND WILLIAM BLACK POST GRADUATE SCHOOL FOR CONTINUING EDUCATION
The Office of Continuing Medical Education (CME) offers seminars, conferences, grand rounds, and live webcasts for physicians and other health professionals to extend their knowledge and remain current in their specific fields. For more information on courses, including times, visit www.mssm.edu/cme/courses, email cme@mssm.edu, or call the Office of CME at 212-731-7950.

**GRAND ROUNDS, LECTURES, AND SEMINARS**

**DEVELOPMENTAL AND REGENERATIVE BIOLOGY SEMINAR SERIES**
Markus Grompe, MD, Director, Oregon Stem Cell Center, Director, Papé Family Pediatric Research Institute, Ray Hickey Chair, Professor, Department of Pediatrics, Oregon Health and Science University, presents “Do Liver Stem Cells Exist?”
*Thursday, May 28, Noon – 1 pm*
Annenberg 25-51

**FRIEDMAN BRAIN INSTITUTE TRANSLATIONAL NEUROSCIENCE SEMINAR SERIES**
Robert Edwards, MD, Cahill Family Endowed Chair in Parkinson’s Disease Research, Professor, Neurology, Physiology, University of California, presents “Bioenergetics and Behavior.”
*Thursday, May 28, 1 pm*
Hess Center, Seminar Room A

**ENDOCRINOLOGY GRAND ROUNDS**
Azeez Farooki, MD, Assistant Attending Physician, Endocrinology Service, Memorial Sloan Kettering Cancer Center, Assistant Professor, Clinical Medicine, Weill Cornell Medical College, presents “Skeletal Fragility in Cancer Patients: Clinical Considerations.”
*Thursday, May 28, 5 – 6 pm*
Atran Building, AB4-11

Domenico Accili, MD, Professor, Medicine, Diabetes and Endocrinology Research Center, Columbia University, presents “The Edward Merker Lectureship in Translational Endocrinology: The New Biology of Diabetes.”
*Thursday, June 4, 5 – 6 pm*
Atran Building, AB4-11

**DIVISION OF OCCUPATIONAL MEDICINE SEMINAR SERIES**
Christine Won, MD, MS, Assistant Professor, Medicine, Yale School of Medicine, presents “Impact of Sleep Disorders on Workplace Safety and Productivity.”
*Friday, May 29, 8 – 9 am*
Annenberg Fifth Floor Felt Room

**GENETICS AND GENOMICS GRAND ROUNDS**
Matthew Weirauch, PhD, Assistant Professor, Center for Autoimmune Genomics and Etiology, University of Cincinnati, presents “Transcription Factor Binding in Health and Disease.”
*Friday, May 29, 11 am – Noon*
Hess Center, Seminar Room B
MEDICINE GRAND ROUNDS
Jorge E. Gomez, MD, Associate Professor, Medicine (Hematology and Medical Oncology), presents “Update in Lung Cancer.”
Tuesday, June 2, 8:30 – 9:30 am
Hatch Auditorium

Ronald Hoffman, MD, Professor, Medicine (Hematology and Medical Oncology), presents “New Insights into the Pathophysiology and Therapy of Polycythemia Vera.”
Tuesday, June 9, 8:30 – 9:30 am
Hatch Auditorium

Ari M. Grinspan, MD, Assistant Professor, Medicine (Gastroenterology), presents “Fecal Microbiota Transplantation.”
Tuesday, June 16, 8:30 – 9:30 am
Hatch Auditorium

POPULATION HEALTH SCIENCE AND POLICY GRAND ROUNDS
Christopher B. Forrest, MD, PhD, Professor, Pediatrics, Healthcare Management, University of Pennsylvania, presents “Advancing Patient Care in Learning Health System.”
Tuesday, June 2, 1 – 2 pm
Hess Center, Seminar Room B

ANESTHESIOLOGY GRAND ROUNDS
Joel A Kaplan, MD, Professor, Anesthesiology, Dean Emeritus, School of Medicine, University of California, San Diego, presents “Open Thoracoabdominal Aortic Aneurysm Repair.”
Wednesday, June 3, 6:30 – 8:10 am
Annenberg 13-01

Andrew B. Leibowitz, MD, Professor, Anesthesiology, Surgery, Icahn School of Medicine at Mount Sinai, Chair of Anesthesiology, Mount Sinai Health System, presents “Transsphenoidal Hypophysectomy.”
Wednesday, June 10, 6:30 – 8:10 am
Annenberg 13-01

Andrew B. Leibowitz, MD, Professor, Anesthesiology, Surgery, Icahn School of Medicine at Mount Sinai, Chair of Anesthesiology, Mount Sinai Health System, presents “Jehovah’s Witnesses and Chiari Malformations.”
Wednesday, June 17, 6:30 – 8:10 am
Annenberg 13-01

Jake Beilin, MD, Professor, Anesthesiology, presents “Morbidity and Mortality Conference.”
Wednesday, June 24, 6:30 – 8:10 am
Annenberg 13-01
CRITICAL CARE GRAND ROUNDS
Charles Francoeur, MD, Research Fellow, Neurocritical Care, and Neha Dangayach, MD, Assistant Professor, Neurology, Neurosurgery, present “Sepsis and the Brain: Moving Toward a Better Consensus.”
Wednesday, June 3, 3 pm
Hess Center, Davis Auditorium

Paul H. Mayo, MD, Professor, Clinical Medicine, Academic Director, Medical Intensive Care Unit, North Shore Hospital, Long Island Jewish Medical Center, presents “Critical Care Ultrasonography.”
Wednesday, June 10, 3 pm
Hess Center, Davis Auditorium

Brian Kaufman, MD, Professor, Medicine, Anesthesiology, Neurosurgery, Co-Director, Critical Care Medicine, Tisch Hospital, New York University School of Medicine, presents “Critical Care Radiology.”
Wednesday, June 17, 3 pm
Hatch Auditorium

BROOKDALE DEPARTMENT OF GERIATRICS AND PALLIATIVE MEDICINE AND THE SAMUEL BRONFMAN DEPARTMENT OF MEDICINE PRESENT THE SCHWARTZ CENTER ROUNDS
Stephen Berns, MD, Director, Assistant Professor, Medical Student and Resident Education, Brookdale Department of Geriatrics and Palliative Medicine, and Rabbi Edith Meyerson, DMin, BCC, Clinical Instructor, Brookdale Department of Geriatrics and Palliative Medicine, Director, Pastoral Counseling and Bereavement Services, Hertzberg Palliative Care Institute, present “Am I Safe?”
Thursday, June 11, Noon – 1 pm
Hatch Auditorium

FAMILY MEDICINE AND COMMUNITY HEALTH GRAND ROUNDS
Angela Diaz, MD, MPH, Director, Mount Sinai Adolescent Health Center, Professor, Pediatrics, Adolescent Medicine, Preventive Medicine, Icahn School of Medicine at Mount Sinai, presents, “Trends in Adolescent Health.”
Friday, June 12, 8 – 9 am
Hatch Auditorium

WELLNESS EVENTS
MOUNT SINAI PARENT (MSP)
Mount Sinai Parent provides faculty and staff with a forum to obtain support, education, and additional resources as they relate to being a working parent, as well as opportunities to network with fellow moms and dads. To RSVP, please email alisa.melendez@mountsinai.org.

Play: The Work of Childhood
This workshop will present ideas for creative play and music-making with children of a variety of ages. Particular focus will be given to play with infants and toddlers. Instructors will discuss how bonding and relationships are reinforced through play, and how healthy attachments are formed, and will also
briefly highlight theories of child development. Additionally, instructors will discuss ways of engaging a child that can also be gratifying to parents.

Thursday, June 25, Noon – 1 pm

NATIONAL DIABETES PREVENTION PROGRAM AT MOUNT SINAI
The Department of Preventive Medicine and the Mount Sinai Selikoff Centers for Occupational Health are offering Mount Sinai employees a lifestyle program aimed at reducing the risk for Type 2 diabetes. A health coach will teach participants how to take charge of their health and make realistic lifestyle changes. Additionally, guest speakers will lead sessions in nutrition, fitness, and stress management. This is a year-long program with 16 weekly sessions and 6 monthly follow-up sessions. Those unsure of their risk for diabetes can take the CDC’s Prediabetes Screening Test. Participants are encouraged to bring their lunch to the sessions. Those interested can register by emailing Justine.Piontek@mssm.edu or calling 212-824-7123.

Tuesdays and Thursdays, Noon – 1 pm
CAM Building, West Tower
3rd Floor Conference Room
17 East 102nd Street

DIABETES PREVENTION PROGRAM AT MOUNT SINAI
The Mount Sinai Diabetes Center and the YMCA of Greater New York, through its YMCA Diabetes Prevention Program (YDPP), are offering a fitness and health coaching program at Mount Sinai aimed at reducing the risk for diabetes. The 16-week program is designed for adults who are at risk for diabetes (risk factors include: overweight, family history, or personal history of gestational diabetes), or have a diagnosis of pre-diabetes. The Diabetes Prevention Program is free and open to all Mount Sinai employees, patients, and local community members. Mount Sinai employees covered by United Healthcare should call 800-237-4942 to register for the program. Individuals interested in the program who are not covered by United Healthcare (this includes NYSNA nurses and medical students), can call 212-912-2524. Those unsure of their risk for diabetes can take the CDC’s Prediabetes Screening Test. To learn more about the fitness program visit http://www.mountsinai.org/patient-care/service-areas/diabetes/living-with-diabetes/community-outreach.

CERTIFIED DIABETES EDUCATOR AVAILABLE FOR EMPLOYEES
Mount Sinai is now offering employees the support of a Certified Diabetes Educator and Registered Dietitian, Maria Elena Rodriguez, at the Mount Sinai Doctors Faculty Practice, Primary Care Associates (FPA Primary Care Associates). CDEs specialize in diabetes education and nutrition and will work personally with employees to teach them about their medicines and how to monitor blood sugar levels, help them create a healthy and easy-to-follow meal plan for them and their family, and work with them to develop a diabetes care plan. This diabetes self-management education program, The Diabetes Alliance, is offered free, and those interested can contact the Employee Care Coordinator at 212-241-9355 to schedule an initial appointment with the Certified Diabetes Educator. The FPA Primary Care practice is located at 10 East 102nd Street on the 6th Floor. For more information, call Abby Schwartz, Director of the Diabetes Alliance, at 917-574-6273.

MOUNT SINAI’S WEIGHT MANAGEMENT PROGRAM
The program offers weekly orientation sessions titled “Toward Lasting Better Health.” The sessions, led by physicians and dietitians, aim to help people who are trying to lose 30 or more pounds and require patients to receive a comprehensive obesity screening by an endocrinologist before starting. The sessions take place on Mondays at 5 pm in the Atran Building’s Fourth Floor Conference Room, AB4-11. To reserve a seat, call 212-241-4991.

WEIGHT WATCHERS AT WORK MEETINGS
To fulfill the health and wellness needs of Mount Sinai employees, the Weight Watchers at Work program will be holding a Spring series at The Mount Sinai Hospital. Weekly sessions will be held for 12 weeks. For more information, e-mail abby.schwartz@mountsinai.org.
Tuesdays, through June 30, 5 – 6 pm

FRIDAY MINDFULNESS SESSIONS
The Mount Sinai Hospital, through a group of experienced mindfulness teachers, is providing an opportunity for all members of the hospital community to learn and practice simple mindfulness techniques that have proven to be effective in reducing stress and promoting physical, mental, and spiritual well-being. Staff, patients, and families are welcome. No experience is necessary. For additional information, contact Mickie.Brown@mssm.edu.
Fridays, 12:30 – 1:30 pm
Annenberg 10-68 (Levy Library)

MOUNT SINAI YOGA PROGRAM
The Mount Sinai Yoga Program is hosting weekly Vinyasa yoga classes on Thursday evenings from 5:30 – 6:30 pm in the Annenberg Student Lounge. The classes are open to students, faculty, and staff, and are appropriate for all levels. Mats and accessories are available for use. There is a suggested $10 donation for faculty and staff. For more information and to be added to the email list, contact mountsinaiyogaprogram@gmail.com.
Thursdays, 5:30 – 6:30 pm
Annenberg Student Lounge

EMPLOYEE ASSISTANCE PROGRAM: CHILD CARE AND SUMMER CAMP SERVICES
The Employee Assistance Program (EAP) offers information regarding New York City public schools, daycare, and summer camp for children. For information about these services, call the Employee Assistance Program at 212-241-8937. The EAP is located on-site, at 19 East 98th Street, Suite 3A.

EMPLOYEE ASSISTANCE PROGRAM
The Mount Sinai Employee Assistance Program (EAP) offers free, confidential, short-term counseling for employees and their family members. To schedule an appointment with an EAP professional, call 212-241-8937. The EAP is located on-site, at 19 East 98th Street, Suite 3A.

THE ‘MOUNT SINAI MILE’ INDOOR WALKING ROUTE
Mount Sinai Heart and the Wellness Initiative have mapped a one-mile indoor walking route through The Mount Sinai Hospital campus to help staff meet their physical activity goals at work. The American
Heart Association recommends at least 30 minutes of moderate-intensity aerobic activity at least five days per week. Staff is encouraged to use the map at http://www.mountsinai.org/patient-care/service-areas/heart/mount-sinai-mile, follow the ‘Mount Sinai Mile’ signs while on lunch break, or hold a walking meeting along the ‘Mount Sinai Mile’ route. For more information, email Abby Schwartz, MBA, BSN, RN, at Abby.Schwartz@mountsinai.org.

ANNOUNCEMENTS AND EVENTS

MEDICAL INTERPRETER TRAINING
The Mount Sinai St. Luke’s-Roosevelt Language Services Department will hold two-day medical interpreting training for all Mount Sinai Health System staff and faculty who are interested. Additionally, those who have native fluency in a foreign language and want to acquire additional skills, can contact Maribel Fiol at 212-523-2187 or mfiol@chpnet.org.

Saturdays, June 6, 13, 9 am – 4 pm
Mount Sinai St. Luke’s
1111 Amsterdam Avenue, at 114 Street

BLOOD PRESSURE SCREENING
Health educators from Mount Sinai Beth Israel are available on certain days to perform free blood pressure screenings and explain the results. The next screening will take place on:

Tuesday June 9, 2 – 3 pm
Mount Sinai Beth Israel
Podell Auditorium, Bernstein Pavilion
9 Nathan D. Perlman Place
Corner of 16 Street, between 1st and 2nd Avenues

NEW MOUNT SINAI ARCHIVES EXHIBITS
The Mount Sinai Archives has created two new exhibits in the display cases in the Annenberg north lobby. The two cases focus on some of the highlights of Mount Sinai’s adoption of computing technology over the last 60 years, and look at the incorporation of computing into medical research, as well as the support of clinical services at Mount Sinai. The exhibit also highlights two books by Florence Nightingale, the founder of the field of professional nursing. Over the next three months, the Archives staff will turn the pages so that different themes of the works can be seen. For more information, contact the Archives’ staff at extension 47239.

REVISED FOOD REQUISITION FORM
The Food Requisition Form has been updated. A copy of the updated form will be provided when orders are picked up until Monday, June 15. As of that date, only the revised requisition form will be accepted. The updated form is also available on the Food and Nutrition Services website. For more information, email raysa.lee@mountsinai.org.

ENJOY LOCAL, ORGANIC FOOD AS A MEMBER OF THE MOUNT SINAI FARM SHARE
Registration is now open for the 2015 season of Mount Sinai Farm Share, a Community Shared Agriculture (CSA) program that offers local, organic produce from Stoneledge Farm, delivered weekly
during the 24-week harvest season (June through November). The distribution site is conveniently located outside of the Icahn building at 99th Street and Madison Avenue. Those interested may purchase a vegetable share and additional fruit, mushroom, or coffee shares by visiting https://www.stoneedgefarmny.com/. For more information, email mountsinaifarmshare@gmail.com.

**COLORECTAL CANCER OUTREACH PROGRAM**
The Witness CARES program is a culturally targeted community outreach program designed to increase knowledge about colorectal cancer in the African American community and improve adherence to recommended screening guidelines. The educational presentation is roughly 90 minutes and includes a culturally based educational video reviewing facts about colorectal cancer and screenings, while also providing valuable resources. Programs are held at Mount Sinai and throughout the New York City community. For more information, contact Clarissa Martinez at 212-824-7803, or Karent Zorogastua at 212-824-7806.

**MOUNT SINAI RISING PROFESSIONALS**
The Rising Professionals is a group dedicated to developing the professional workforce of the Mount Sinai Health System by offering employees opportunities for professional and personal growth. To join the distribution list for the Rising Professionals, email risingprofessionals@gmail.com.

**POSTING CLINICAL RESEARCH PROJECTS ON THE MOUNT SINAI HEALTH SYSTEM WEBSITE**
Employees can request that their studies be added to the clinical research listings on the Mount Sinai website. Using the web form found at https://erap.mssm.edu/Public/ORSClinicalTrials.aspx, one can submit a request to add, update, or delete a web page from the clinical research listings at http://icahn.mssm.edu/research/clinical-trials. For more information, contact research.services@mssm.edu.

**STAT-CHAT: WALK-IN CONSULTATION SERVICE**
The Center for Biostatistics at Mount Sinai has launched STAT-CHAT: a free, walk-in, consultation service meant to resolve easy problems and answer quick questions about such topics as data analysis, study design, and database. All faculty, fellows, residents, staff, or medical students are welcomed to use this service for quick statistics-related questions. STAT-CHAT is offered once a week with two statisticians available for an hour on a first-come, first-served basis. Each consultation should be about 15 minutes.
*Mondays, 2 – 3 pm*
*Icahn Medical Institute, L2-82*

**OPHTHALMOLOGY OPTICAL SHOP UPDATE**
The Department of Ophthalmology’s Optical Shop encourages employees to take care of their eyes. The shop is currently offering a one-time additional five-percent discount on all purchases over $300.00. The Optical Shop also offers employees a 20-percent discount on a wide assortment of sunglasses and glasses. Shalaya Arias, a department optician, will be available to show visitors the shop’s latest designer frames for adults and children. The department encourages employees to use their Flexible Spending
Account at the Optical Shop. Customers must still adhere to the shop’s 90-day “pay for your glasses” policy. The shop’s hours of operation are Monday to Friday from approximately 10 am – 5 pm, and no appointment is necessary. For more information, call 212-241-0939.

17 East 102nd Street, Eighth Floor
Across from the Ophthalmology Department

BREAST AND CERVICAL CANCER OUTREACH PROGRAMS

Esperanza y Vida and The Witness Project of Harlem are culturally based community outreach programs that teach the importance of breast and cervical cancer health and screenings. The programs are led by women in the community, including breast and cervical cancer survivors who provide testimonials. Programs are held at Mount Sinai every other month and throughout the community. For more information, contact Clarissa Martinez at 212-824-7803, Cristina Villagra at 212-824-7804, or Helen Nunez at 212-824-7801.

STORYCORPS PARTNERING WITH MOUNT SINAI

StoryCorps Legacy, a program of the national oral history project StoryCorps, is partnering with The Child Life and Creative Arts Therapy Department at the Mount Sinai Kravis Children’s Hospital to record and preserve stories from Mount Sinai staff.

For 40 minutes, participants will have the opportunity to answer questions, such as:

- How would you describe yourself?
- Who has had the biggest influence on you?
- What are you most proud of?

Participants will receive a free CD recording to share with family and friends. With their permission, a second copy will be archived in the American Folklife Center at the Library of Congress. StoryCorps Legacy is an audio project only – no video will be taken. For more information, visit http://storycorps.org/legacy. Recordings are taking place now and will continue until further notice. Contact Lori Lerma at 212-241-6975 or lori.lerma@mountsinai.org to schedule an interview.

A RESEARCH OPPORTUNITY FOR EVERYONE

Mount Sinai and other research institutions across the country have joined together to create ResearchMatch.org. This easy-to-use tool allows interested volunteers to make themselves available as research study participants for studies that are right for them, and helps research studies from ending due to lack of participation. Volunteers of any age, race, ethnicity, or health status are invited to join. Volunteer privacy is protected. To learn more visit https://www.researchmatch.org?route=mount_sinai.

CALLING ALL MOUNT SINAI ALUMNI

Alumni can be kept informed of Mount Sinai happenings by sending their non-MSSM e-mail address to Alumni Relations at alumni@mssm.edu and by “Liking” Mount Sinai Alumni on Facebook and following Mount Sinai Alumni on LinkedIn.

DISPLAY OF EXCELLENCE

The Display of Excellence, located in front of the Plaza Café, is a way for managers to give their employees recognition for outstanding service. The employee’s photo and manager’s words of recognition will be posted on the display. Managers can use the display if an employee provides
excellent customer service, innovative new ideas, successful project completion, safety efforts, patient satisfaction improvements, or as retirement recognition, and more. Entries will be kept on display for three months. Guidelines: Must be a manager to submit an entry, employee must be in good standing with Mount Sinai, each supervisor may enter no more than two individuals or one team each month, employees may be recognized multiple times throughout the year if each entry is for a separate and unique accomplishment. For more information, email Michelle Cruz at Michelle.Cruz@mountsinai.org or call x41944.

TALENT DEVELOPMENT AND LEARNING
LEVY LIBRARY EDUCATION CLASSES
Read more about classes and register online for classes at: http://librarycf.mssm.edu/levy/classes/. For more information and location information, email Levy Library Reference at refdesk@mssm.edu, or call 212-241-7791.

MOUNT SINAI TALENT DEVELOPMENT AND LEARNING
Talent Development and Learning, formerly the Division of Training and Education, has a new institution-wide learning management system called PEAK (Portal for Education and the Advancement of Knowledge). Employees can now register online for all Talent Development and Learning classes by logging on to the PEAK website, then clicking on the ‘Classroom-Based Training’ section. By registering online, individuals no longer will need to fax their registration forms. For more information, contact Talent Development and Learning at 212-241-1944, or register at http://peak.mountsinai.org. In order to log on to PEAK, employees will need to use the credentials used to log into their e-mail. To identify the proper credentials, visit http://password.mountsinai.org or call the help desk at 4-HELP.

- Excel Pivot Charts
This class will focus on using pivot table data to display pivot charts. Prior knowledge of charting is suggested.
Thursday, May 28, 10:45 am – 12:30 pm

- PowerPoint Intermediate
This course will discuss inserting and editing media files (Pictures, Video, Sound), using SmartArt, tables, formatting charts, advanced animations, reusing slides from another presentations and how to create a self-running show. This course also allows time for open lab. Participants are encouraged to questions or presentations.
Thursday, May 28, 1:30 – 5 pm

The Art of Delivering and Receiving Feedback
This class aims to provide participants with insight into how to tactfully communicate with individuals who need to improve their performance or correct their behavior, as well as learn methods on how to get the most out of constructive criticism.
Thursday, May 28, 2 – 4 pm
The Mount Sinai Hospital

- Access Information Retrieval
In this class, participants will learn how to analyze and report database information. Topics include
simple record filtering, and creating queries and reports.

*Tuesday, June 2, 9 am – 12:30 pm*

- **Excel Intermediate**
  This class will review managing multiple worksheets, applying conditional formatting, linking formulas, inserting graphics, hyperlinking, table formatting, filtering and sorting.

*Tuesday, June 2, 1:30 – 5 pm*

- **The Art of Delivering and Receiving Feedback**
  This class aims to provide participants with insight into how to tactfully communicate with individuals who need to improve their performance or correct their behavior and learn methods on how to get the most out of constructive criticism.

*Wednesday, June 3, 2 – 4 pm*

*The Mount Sinai Hospital*

- **Toastmasters International**
  Toastmasters Members learn to develop comfort and skill when speaking by working with others in a supportive environment. A typical meeting is made up of 10 – 20 people who meet biweekly for an hour. Each meeting gives participants an opportunity to practice conducting meetings, give impromptu speeches, present prepared speeches, and offer constructive evaluation.

- **Walden University – Online Degree Programs**
  For more than 40 years, Walden University has been serving the higher education needs of adult learners. Walden University is now offering Mount Sinai Health System employees the opportunity to pursue a degree or certificate online in a wide selection of health care-related fields of study. To learn about educational opportunities through Walden University and learn about the tuition-reduction offer tailored to the Mount Sinai Health System, call Leah Lopez at 732-306-7720 or email leah.lopez@waldenu.edu.

- **Foreign Language Conversation Groups**
  These sessions will allow speakers of all levels to converse. Beginners, intermediate, and advanced speakers are welcome. For more information, email michelle.cruz@mountsinai.org.

**Conversation Partners**
Designed for any level of a given language, Conversation Partners provides an opportunity to improve skills in a specific language by speaking in a safe group of learners. Native speakers are encouraged to attend. E-mail tdl@mountsinai.org for more information and the meeting location.

**English as a Second Language**
Classes are designed to improve written and conversational English with special attention paid to vocabulary, pronunciation, idioms, listening skills, writing, and grammar usage. Complete an assessment on Mondays anytime between 10:30 am and 3 pm. Call 212-241-1944 for more information.

**English Conversation Partners**
Designed for new learners of English, this program provides an opportunity to strengthen English-
speaking skills by pairing up with an English-speaking employee or volunteer for one hour a week to practice conversation. This program is open to native English-speaking tutors, as well as students who are learning English. For more information, e-mail tdl@mountsinai.org.

RESEARCH STUDIES/CLINICAL TRIALS

STRESS AND HIV NEUROIMAGING STUDY
Mount Sinai researchers are seeking volunteers between 37 and 55 years of age, who are either HIV-negative or HIV-positive, to participate in a study examining the effects of HIV and stress on the brain. The study will include two initial interviews to assess eligibility for the more-involved neuropsychological assessment and MRI session. This study will also collect and test blood samples to determine if biomarkers can predict brain functions. Uraina Clark, PhD, Assistant Professor, Neurology, is the principal investigator for this study. For more information, call a study coordinator at the Icahn School of Medicine at Mount Sinai at 212-241-6582. [GCO#13-0466, Approved through 06/09/2015].

RESEARCH VOLUNTEERS WITH TRAUMATIC BRAIN INJURY NEEDED
The Brain Injury Research Center at Mount Sinai is seeking people who have had a mild, moderate, or severe traumatic brain injury (TBI) and are experiencing problems in their daily activities. This may include difficulty preparing meals, maintaining a schedule, or coming up with solutions to problems. The research study will evaluate changes in thinking skills that may occur after brain injury. Participants must be at least 18 years of age and not have other neurological diagnoses. Participants will visit Mount Sinai once for about two hours to complete research measures. Compensation will be provided for participation. If interested, call the Brain Injury Research Center at 212-241-5250. [GCO #14-0720, Principal Investigator: Colette Elliot, PhD, IRB approved through 6/26/2015].

HEALTHY RESEARCH VOLUNTEERS NEEDED
The Brain Injury Research Center at Mount Sinai is seeking people for participation in a research study. The purpose of the study is to evaluate daily activities and skills for everyday functioning. Participants must be at least 18 years of age and not have had a traumatic brain injury. Participants will visit Mount Sinai once for about two hours to complete research measures. Compensation will be provided for participation. If interested, call the Brain Injury Research Center at 212-241-5250. [GCO #14-0720, Principal Investigator: Colette Elliot, PhD, IRB approved through 6/26/2015].

ACANTHOSIS NIGRICANS QUALITY OF LIFE STUDY
The purpose of this study is to develop an acanthosis-nigricans-specific quality of life (ANQoL) instrument to measure the impact of acanthosis nigricans on patients’ lives. The Department of Genetics and Genomic Sciences will administer questionnaires and conduct open-ended structured interviews. Based on this data, the department will then generate the ANQoL. Participants must be over 18 years of age, English speakers, and have acanthosis nigricans. They will be asked to undergo a brief physical exam at Mount Sinai to confirm the diagnosis. Participants will receive a $10.00 Visa gift card upon completion of their participation in this study. Those interested should email acanthosis.nigricans@mssm.edu. [GCO 12-0965, IRB approved through 07/16/15].

RESEARCH STUDY ON THE EFFECTS OF SMOKING ON THE DIGESTIVE SYSTEM
The Division of Gastroenterology is looking for individuals who are planning to quit smoking for a study
on the effect of smoking cessation on the digestive system. The purpose of this study is to understand how smoking impacts the bacteria and immune system of the intestines. Participants need to be between 18 and 65 years of age, smoke half a pack of cigarettes per day, and be in relatively good health. Participation involves providing blood and stool samples, and having a flexible sigmoidoscopy with biopsies before and after stopping smoking. Up to $400 will be provided to compensate for time and effort. For more information, or to refer possible participants, contact Ryan Ungaro, MD, by emailing ryan.ungaro@mssm.edu, or calling 212-241-0150. [GCO # 14-1179, IRB Approved 8/12/14 – 8/11/15].

**OBSESSIVE-COMPULSIVE DISORDER STUDY**

The Obsessive-Compulsive Disorder and Related Disorders Program is recruiting for a study investigating the efficacy of group cognitive-behavioral therapy for OCD. Children of 8 to 12 years of age with a diagnosis of OCD are invited to participate. Subjects will participate in a 12-week clinical therapy program at no cost. The group therapy is run by Ariz Rojas, MD, on Monday nights from 5 – 6:30 pm. Subjects will complete pre- and post-test measures (one two-hour visit) and will be compensated for their time, as well as travel costs. For more information, or to register, contact Shannon Gair at Shannon.gair@mssm.edu, or 212-659-1675. [PI: Timothy Rice, MD, GCO # 14-0858, IRB Approved through 8/27/15].

**APPETITE AND BODY FAT STUDY**

The Division of Endocrinology is looking for healthy diabetic and nondiabetic individuals (both overweight and lean) who are eligible to participate in a study investigating appetite and body fat. Participation will include fasting over the night before the visit (eight hours) and a four to five hour visit during which a brief medical history and appetite questionnaire will be completed; height, weight, pulse, and blood pressure will be measured; blood samples will be taken before and a few times after drinking a test meal; and a biopsy of fat from around the waist will be taken. Participants will receive compensation. For more information, email Eliza Geer, MD, at eliza.geer@mssm.edu. [GCO# 08-0105. MSSM IRB approved through 8/31/15].

**ATOPIC DERMATITIS STUDY**

The Department of Dermatology is looking for adults, and children two years of age and older, to participate in a research study to treat mild to severe atopic dermatitis. The study will last several months. Qualified participants will receive a study-related skin exam and study drug at no cost. Health insurance is not needed to participate. For details, call the dermatology clinical trials center at 212-241-6033. [GCO # 12-0424, IRB approved through 8/31/2015].

**MICROBIOME ANALYSIS STUDY**

The Departments of Genetics and Genomic Sciences, and Gastroenterology, are conducting a prospective study exploring mechanism of in utero transmission of bacteria by Microbiome analysis and are currently recruiting female participants who are pregnant, planning a pregnancy, are in good health, or have Inflammatory Bowel Disease, and will deliver in The Mount Sinai Hospital. Participants will be asked to fill out health status and dietary questionnaire, and provide stool and saliva samples. Participants will be compensated for their time and efforts with up to $250. Those interested can contact Joanna Torres, MD, at joanna.toress@mssm.edu or 212-241-2809, Justin Cote-daigneault, MD, at justin.cote-daigneault@mountsinai.org, or Hina Panchal, MD, at hinaben.panchal@mssm.edu, or 212-824-
GASTRIC BYPASS SURGERY STUDY
Researchers at the Division of Bariatric and Minimally Invasive Surgery at Mount Sinai St Luke’s are seeking volunteers to participate in a study examining the effects of Sitagliptin on glucose control in patients who have had gastric bypass surgery for morbid obesity and have persistent or relapsing type 2 diabetes. Patients should be 18 to 65 years of age and at least 1 year from surgery. Volunteers will participate in the study for up to 6 weeks, and will have 4 research visits of 1 to 4 hour durations. Activities include meal tests, blood collection, and occasional self-monitoring of glucose levels by finger stick. The patients will be compensated $300 for full participation. James McGinty, MD, Chief, Division of Bariatric and Minimally Invasive Surgery, Mount Sinai St Luke’s, is the principal investigator for this study. For more information, call a study coordinator at Mount Sinai St Luke’s at 212-523-3357 (English) or at 212-523-1745 (Spanish). [IRB#11-156, Approved through 10/15/2015].

RESEARCH STUDY IN DIABETICS PATIENTS WITH PERIPHERAL ARTERY DISEASE (PAD)
Individuals with type 2 diabetes mellitus with lower extremity peripheral artery disease (PAD) are invited to participate in this study being performed by the Division of Cardiology, which is designed to explore the effects of three FDA-approved anti-platelet regimens in microcirculatory flow. Eligible study participants will receive three different sets of treatments for PAD and will be followed up via blood testing as well as Doppler-imaging. Those interested can call John Kim, MD, at 212-659-9637, Karen Modesto, PhD, at 212-659-8864, or e-mail john.kim@mssm.edu or karen.modesto@mssm.edu. [PI: Robert Rosenson, MD, GCO #13-1925, IRB approved through 10/28/2015].

TOMMORROW STUDY
The Alzheimer’s Disease Research Center is seeking healthy participants between 65 and 83 years of age who have someone who can be a project partner (spouse, adult child, other family member, or caregiver) to provide information about their health, attend study appointments, and assist with correctly taking certain study medications for this study that will examine two genes to see if it’s possible to predict someone’s likeliness to develop Alzheimer’s based on certain inherited genes, and to test a drug called pioglitazone (AD-4833), which may slow the progress of Alzheimer’s disease in those who currently show no signs of the condition. In this study, the participants will be given a blood test to determine if they are at an elevated risk of developing Alzheimer’s disease, and memory, thinking, orientation, and language skills tests to confirm that they are mentally healthy. Those who qualify will then be given a study drug or placebo to take over a five-year period. Participants will not have to pay for investigational medication, and transportation assistance may be available. This research will take place at The Mount Sinai Hospital campus. For more information, contact a study coordinator at 212-241-8329. [PI: Judith Neugroschi, MD; GCO#: 13-1688; HSM#: 13-00720; IRB approved through 11/19/2015].

GENETICS AND GENOMICS STUDY OF NEURODEVELOPMENTAL DISORDERS
The Department of Psychiatry is recruiting subjects and families with neurodevelopmental disorders (NDDs) of unknown cause for a systematic genetic screen that will examine the inheritance patterns and genetic contributions to related neurodevelopmental disorders. The study includes completion of a medical history questionnaire and a blood draw. Affected and unaffected family members of those with a NDD may also be eligible to participate. For more information, call 212-824-9065, or email
EFFECT OF NEBIVOLOL ON THE BLOOD FLOW IN HEARTS OF ADULTS WITH HIGH BLOOD PRESSURE AND ABNORMAL FILLING OF HEART (LVDD) STUDY

The purpose of this study is to study the relationship between Nebivolol (Bystolic) administration and improvement in exercise time in patients with hypertension (high blood pressure) and those with Left Ventricular Diastolic Dysfunction (abnormal relaxation of the heart muscle). The Division of Cardiology is looking for patients who have a history of mild to moderate high blood pressure (130-160/90-120) and may or may not have not received any medications for elevated blood pressure for at least 30 days and who are willing to undergo two stress echo exams at the beginning and at the end of the study. The study duration is six months. Patients will be supplied with the medication for the six-month period. For more information, contact Sharath Vallabhajosyula at Sharath.vallabhajosyula@mssm.edu or call 212-659-8847, or call 212-659-8847 to set a screening visit and check your eligibility. [GCO #12-0493, Principal Investigator: Partho Sengupta, MD, IRB approved through 12/10/2015].

STUDY FOR HEALTHY YOUNG VOLUNTEERS

The Division of ADHD and Learning Disorders at the Icahn School of Medicine at Mount Sinai are seeking adolescents of 7 to 17 years of age with no history of medical or psychiatric illness to participate in a study that uses non-invasive technology as a measurement to diagnose and treat ADHD. The study will include an evaluation for ADHD and other disorders, a non-invasive scan while the child plays video games on a computer, and a second scan 4 – 6 weeks after the initial scan. Compensation will be provided for participation. For more information, contact Amanda Kirschenbaum, BSc, Clinical Research Coordinator, at 212-241-5269, or Amanda.Kirschenbaum@mountsinai.org. [IRB Approved through 12/15/15].

TYPE 2 DIABETES STUDY

The Glycemia Reduction Approaches in Diabetes: A Comparative Effectiveness Study (GRADE) is investigating which is the best second drug to be added to metformin for the treatment of type 2 diabetes. Eligible participants must be currently treated with metformin alone and have been diagnosed with type 2 diabetes at less than 30 years of age within the past 10 years. Participants will be randomly assigned to receive one of four FDA-approved diabetes medications in addition to metformin and attend four study visits per year for up to seven years. Laboratory tests, diabetes medications, and diabetes education will be provided free-of-charge. Travel stipends and honoraria will be provided. Those interested may contact the study team at grade@chpnet.org, or 212 523-4171. This is a multi-center National Institutes of Health-sponsored clinical trial. For more information, visit https://grade.bsc.gwu.edu/web/grade/home?p_p_id=58&p_p_lifecycle=0&_58_redirect=%2F. [PI: Jeanine Albu, Chief, Division of Endocrinology, Diabetes and Nutrition, Mount Sinai St. Luke’s, GCO#: 12-161, MSSLRH IRB approved through 12/16/2015].

LUNG CANCER EARLY DETECTION STUDY

The Early Lung and Cardiac Action Program of the Department of Radiology is seeking non-smokers, 40 years of age and older who have never smoked and have been exposed to second-hand smoke. The study will offer early detection of lung cancer, cardiac disease, and other diseases through low-dose CT scanning. This study is free of charge and participants will be reimbursed for their time and effort. For
more information or to participate, call 212-241-2420. [GCO# 09-2017, PI: Claudia Henschke, MD, PhD, IRB approved through 12/31/2015].

**MRI AND PET STUDY**

Researchers at Mount Sinai are developing and validating new magnetic resonance imaging (MRI) and positron emission tomography (PET) methodologies to help in diagnosing atherosclerotic plaques at risk of causing severe clinical events, such as myocardial infarction, stroke, or sudden death. Males and females 20 years of age and older, either with personal or family history of either risk factors for atherosclerosis (high cholesterol, high blood pressure, diabetes), or atherosclerosis itself, may be eligible for participation in this study. Participation will involve undergoing one or more imaging sessions with MRI and/or PET. Participants will be reimbursed $75 per imaging session, for a maximum of $300. For those interested in this study, contact Rima Fayad (Research Coordinator) at 212-824-4846, or email rima.fayad@mountsinai.org. [GCO 01-1032, IRB approved through 12/31/2015].

**ALZHEIMER’S DISEASE RESEARCH CENTER STUDY**

The Alzheimer's Disease Research Center at Mount Sinai is recruiting volunteers for a multi-center Merck EPOCH trial. This study is investigating the safety, tolerability, and efficacy of a medication, MK-8931, in patients with mild to moderate Alzheimer’s disease. MK-8931 is an oral, β-amyloid precursor protein, site-cleaving enzyme (BACE) inhibitor and is aimed at slowing the progression of Alzheimer’s disease. Patients will be randomly assigned to take a low dose of study medication, a high dose of study medication, or a placebo for 78 weeks. The study needs patients with a diagnosis of Alzheimer’s disease who are 55 to 85 years of age, are fluent in English or Spanish, can attend all study visits, participate in neuropsychological testing, receive MRIs, and who have a close friend or family member who can act as a study partner. All study visits will take place at The Mount Sinai Hospital campus and there will be no cost to the patients. For more information about the study, contact study coordinator, Emily Exter, at 212-241-0438 or emily.exter@mssm.edu. [Principal Investigator: Judith Neugroschl, MD; GCO# 13-0701; IRB approved through 1/5/2016].

**STUDY OF HUMAN BODY SIZE AND SHAPE USING 3-DIMENSIONAL PHOTOGRAPHIC IMAGES**

Individuals, especially fraternal and identical twins, are invited to participate in a genetics study that involves taking photographs with a special camera to measure head size and shape. Analysis of these 3-D photos will be used to measure the amount of similarity and difference between facial features of twins. Participants will be consented, asked to fill out a short questionnaire about medical and family history, have head circumference and ear length measured, have two or three 3-D photos taken, provide a buccal sample (cheek swab or mouthwash sample) or a blood sample. Total participation time is about 30 minutes. Those interested should call 212-241-7056 or email 3dphoto@mssm.edu [GCO 08-0811, IRB approved through 03/11/2016].

**HEALTHY RESEARCH VOLUNTEERS NEEDED**

The Department of Anesthesiology is seeking people for participation in a research study. The purpose of the study is to assess cognitive recovery in a group of adults by undertaking baseline and follow-up testing after the administration of general anesthesia in people 70 to 80 years of age and to evaluate alterations in resting state and activity-driven brain networks using fMRI, Diffusion Tensor Imaging
(DTI), and Arterial Spin Labeling (ASL) to characterize these same volunteers before and during recovery from the administration of general anesthesia. Participants will visit Mount Sinai twice and be contacted further for follow-ups. Compensation will be provided for participation. Those interested can call the Department of Anesthesiology at 212-241-0840. [GCO #13-0359, PI: Jeffrey Silverstein, MD, IRB approved through 04/28/2016].

**FMRI STUDY FOR HEALTHY YOUTH**

The Department of Psychiatry is looking for children and adolescents 7 to 17 years of age to participate in a study exploring the brain regions people use to pay attention. The study requires three visits to complete some psychological tests, computer-based attention tasks, and two functional magnetic resonance imaging (fMRI) brain scans on two separate days. Reimbursement will be provided for time and effort, and participants will get a CD with pictures of their brain, along with a certificate of participation for volunteer service. For more information, call 212-241-8012 or e-mail ADHD.Research@mssm.edu [PI: Jeffrey Newcorn, MD, and Kurt Schulz, MD, GCO#11-0161, IRB approved through 4/30/2016].

**TREATMENT STUDY FOR CHILDREN AND ADOLESCENTS WITH ADHD**

The Department of Psychiatry is looking for children and adolescents 7 to 17 years of age with suspected or diagnosed attention-deficit/hyperactivity disorder (ADHD) to participate in a study examining response to either methylphenidate or atomoxetine, both of which are commonly prescribed medications that are FDA-approved for the treatment of ADHD in children and adolescents. The study will include an evaluation for ADHD and other disorders, weekly doctor visits for six to eight weeks as the doctors work with participants’ parents to find the best dose for their children, and non-invasive fMRI scanning while their child plays a video game. Reimbursement provided. For more information, contact Beth Krone, PhD, at 212-241-8012, or email beth.krone@mssm.edu. [MSSM GCO #11-0161, PI: Jeffrey Newcorn, MD, IRB approved through 4/30/2016].

**UPDATE**

2015 Marketing and Communications
Send submissions to update@mountsinai.org by Noon on Tuesday for inclusion in Thursday’s Update.
OFFICE FOR DIVERSITY AND INCLUSION TRAINING SESSIONS
The Office for Diversity and Inclusion (ODI) is offering training sessions for employees on Managing Diversity and Cultural Differences for Effective Patient Outcomes. The sessions, supported by the Richard Netter Funds for Diversity, are designed to deliver a basic understanding of the diverse populations seeking care in communities and steps providers may take to improve the diverse patient experience. The sessions will provide an understanding of the concepts of diversity and culturally competent health care and their impact on the patient/provider relationship and communication. Those interested can register on PEAK through “Classroom-Based Trainings” to attend one of the sessions below. For more information, call the ODI at 646-605-8280 or e-mail diversity@mountsinai.org.

Mount Sinai Queens
Wednesday, May 27, 2 – 4 pm
27-53 Crescent Street
Conference Room (Lower Level)

JUNE IS MEN’S HEALTH AWARENESS MONTH
June is Men’s Health Awareness Month, and the Department of Urology will be hosting a Wellness Wednesday table to teach Mount Sinai staff and visitors about the unique health needs of men. Experts from the Mount Sinai Men’s Health Center will be available to answer questions about key diseases that affect men and preventive strategies for lowering risk. Representatives from Crunch Fitness will also be on site from 11 am to 1 pm offering no-enrollment fee memberships, performing body fat analyses, and setting up complementary training sessions.

Wednesday, June 3, 10 am – 2 pm (Wellness Table)
Guggenheim Atrium

NEUROSURGERY RESEARCH DAY 2015 AND THE VED P. SACHDEV, MD, MEMORIAL LECTURESHIP
The Department of Neurosurgery is hosting its Nineteenth Annual Research Day, where selected Neurosurgery faculty, staff, and researchers will present their research highlights. The Research Day will follow the Fourteenth Annual Ved P. Sachdev, MD, Memorial Lectureship, with Eric M. Genden, MD, FACS, Isadore Friesner Professor, and Chairman of Otolaryngology, Head and Neck Surgery, as this
year’s featured lecturer. For more information, contact Jillian Beroza at jillian.beroza@mountsinai.org.

Wednesday, June 10, 7:30 – 11 am
Annenberg Fifth Floor Boardroom

ANNOUNCING ICAHN SCHOOL OF MEDICINE AT MOUNT SINAI’S SUPPORT FOR CROWDFUNDING APPLICATIONS
Crowdfunding is a mechanism to fund a project by collecting small amounts of money from a large number of people and has emerged as an important way to raise funds to expand ongoing initiatives to cure disease and improve patient care. This is done via direct appeals through crowdfunding internet sites where one presents an idea and how much they will need to accomplish the project.

To assist Mount Sinai faculty and students in tapping this new funding method, resources have been developed to enable those interested to launch a successful crowdfunding campaign. Members of the Mount Sinai community are now able to leverage Mount Sinai’s reputation as well as infrastructure to give their project additional credibility with potential donors.

Those interested can visit the Icahn School of Medicine at Mount Sinai’s new crowdfunding page at http://icahn.mssm.edu/about-us/for-faculty/researchers/crowdfunding-as-a-mechanism-to-fund-your-ideas.

CME COURSES AND CONFERENCES
CONSORTIUM OF NEW YORK GERIATRIC EDUCATION CENTERS
Register now for upcoming Core Days and electives, part of a 35-hour Geriatric Scholar Certificate program. Seminars are aimed at improving and expanding geriatric health care, particularly for low-income, multi-ethnic, and underserved older adult populations. Each training day is accredited for 7.0 CME credits by the Icahn School of Medicine at Mount Sinai. The program is intended for health care and social service providers and faculty from a range of disciplines and areas of expertise. For more information and to register, visit www.nygec.org, or email cnygec@mssm.edu.

COMPLEX CORONARY VALVULAR AND VASCULAR CASES
The primary focus of this course is to present a multi-device approach to complex revascularization of patients with complex coronary, structural heart, and endovascular disease. Various novel interventional devices, such as transcatheter aortic-valve replacement (TAVR), and newer techniques, such as retrograde CTO recanalization and dedicated bifurcation stenting will be demonstrated using live-case presentations as a platform for discussion by the operators, panelists, and audience. The program will feature commentary on live cases by world renowned experts. For more information, visit www.cccsymposium.org, or call the Office of CME at 212-731-7950.

Wednesday, June 17 – Thursday, June 18, 8 am – 5 pm
AXA Equitable Center
787 Seventh Avenue, between 51st and 52nd Street

THE PAGE AND WILLIAM BLACK POST GRADUATE SCHOOL FOR CONTINUING EDUCATION
The Office of Continuing Medical Education (CME) offers seminars, conferences, grand rounds, and live
webcasts for physicians and other health professionals to extend their knowledge and remain current in their specific fields. For more information on courses, including times, visit www.mssm.edu/cme/courses, email cme@mssm.edu, or call the Office of CME at 212-731-7950.

GRAND ROUNDS, LECTURES, AND SEMINARS

FRIEDMAN BRAIN INSTITUTE TRANSLATIONAL NEUROSCIENCE SEMINAR SERIES

Hongjun Song PhD, Director, Stem Cell Program, Institute for Cell Engineering, Professor, Neurology, Neuroscience, Johns Hopkins School of Medicine, presents “Dynamic DNA Methylation Regulates Neuronal Flexibility.”
Thursday, May 21, 1 pm
Hess Center, Seminar Room A

Robert Edwards, MD, Cahill Family Endowed Chair in Parkinson’s Disease Research, Professor, Neurology, Physiology, University of California, presents “Bioenergetics and Behavior.”
Thursday, May 28, 1 pm
Hess Center, Seminar Room A

THE DEPARTMENT OF REHABILITATION MEDICINE PRESENTS THE 2015 SOFFIA WATHNE MEMORIAL LECTURE

V. Reggie Edgerton, PhD, Distinguished Professor, Neurobiology, Integrative Biology, Physiology, Neurosurgery, Member, Brain Research Institute, University of California, Los Angeles, presents “Potential and Mechanisms of Novel Neuromodulatory Interventions for Motor Recovery.”
Thursday, May 21, 5 pm
Goldwurm Auditorium

ENDOCRINOLOGY GRAND ROUNDS

Kalmon Post, MD, Chairman Emeritus, Professor, Neurosurgery, Medicine, and Oncological Sciences, and Erika Villanueva, MD, Second Year Fellow, Endocrinology, Diabetes and Bone Disease, present “Pituitary Rounds.”
Thursday, May 21, 5 – 6 pm
Atran Building, AB4-11

Azeez Farooki, MD, Assistant Attending Physician, Endocrinology Service, Memorial Sloan Kettering Cancer Center, Assistant Professor, Clinical Medicine, Weill Cornell Medical College, presents “Skeletal Fragility in Cancer Patients: Clinical Considerations.”
Thursday, May 28, 5 – 6 pm
Atran Building, AB4-11

Domenico Accili, MD, Professor, Medicine, Diabetes and Endocrinology Research Center, Columbia University, presents “The Edward Merker Lectureship in Translational Endocrinology: The New Biology of Diabetes.”
Thursday, June 4, 5 – 6 pm
Atran Building, AB4-11
DIVISION OF OCCUPATIONAL MEDICINE SEMINAR SERIES
Emily Locker, LCSW, Department of Psychiatry, presents “Dialectic Behavioral Group Therapy.”
Friday, May 22, 8 – 9 am
Annenberg Fifth Floor Felt Room

Christine Won, MD, MS, Assistant Professor, Medicine, Yale School of Medicine, presents “Impact of Sleep Disorders on Workplace Safety and Productivity.”
Friday, May 29, 8 – 9 am
Annenberg Fifth Floor Felt Room

LABORATORY MEDICINE SEMINAR WEEKLY SERIES
Vesna Najfeld, PhD, Professor, Pathology, Medicine, Director, Tumor Cytogenomics Laboratory, presents “Cytogenetic Rearrangements and Gene Mutations in CLL.” Approved for up to 1.0 credit per hour of Category 1 CME Credit.
Tuesday, May 26, 8 – 9 am
Icahn 8-40 Conference Room

MEDICINE GRAND ROUNDS
Radha Gopalan, MD, Associate Professor, Medicine (Cardiology), presents “Eighteen Shades of Heart Failure.”
Tuesday, May 26, 8:30 – 9:30 am
Hatch Auditorium

Jorge E. Gomez, MD, Associate Professor, Medicine (Hematology and Medical Oncology), presents “Update in Lung Cancer.”
Tuesday, June 2, 8:30 – 9:30 am
Hatch Auditorium

Ronald Hoffman, MD, Professor, Medicine (Hematology and Medical Oncology), presents “New Insights into the Pathophysiology and Therapy of Polycythemia Vera.”
Tuesday, June 9, 8:30 – 9:30 am
Hatch Auditorium

PHARMACOLOGY AND SYSTEMS THERAPEUTICS SEMINAR SERIES
Lucy R. Forrest, DPhil, Investigator, Computational Structural Biology Unit, National Institutes of Health-NINDS, presents "The Value of Repetition: Computational Studies of Pseudo-Symmetrical Membrane Transport Proteins."
Tuesday, May 26, 4 – 5 pm
Hess Center, Seminar Room A

ANESTHESIOLOGY GRAND ROUNDS
Amanda Rhee, MD, Assistant Professor, Anesthesiology, and Zdravka Zafirova, MD, Assistant Professor, Anesthesiology, present “Hand Hygiene-Preoperative Testing.”
Wednesday, May 27, 6:30 – 8:10 am
Joel A Kaplan, MD, Professor, Anesthesiology, Dean Emeritus, School of Medicine, University of California, San Diego, presents “Open Thoracoabdominal Aortic Aneurysm Repair.”
Wednesday, June 3, 6:30 – 8:10 am

Andrew B. Leibowitz, MD, Professor, Anesthesiology, Surgery, Icahn School of Medicine at Mount Sinai, Chair of Anesthesiology, Mount Sinai Health System, presents “Transsphenoidal Hypophysectomy.”
Wednesday, June 10, 6:30 – 8:10 am

Andrew B. Leibowitz, MD, Professor, Anesthesiology, Surgery, Icahn School of Medicine at Mount Sinai, Chair of Anesthesiology, Mount Sinai Health System, presents “Jehovah’s Witnesses and Chiari Malformations.”
Wednesday, June 17, 6:30 – 8:10 am

**NEUROSURGERY GRAND ROUNDS**
Spine Conference Combined with Orthopaedics
Wednesday, May 27, 7 – 8 am
Annenberg Fifth Floor Boardroom

Errol Gordon, MD, Assistant Professor, Neurosurgery, presents “P.I. Committee.”
Wednesday, May 27, 8 – 9 am
Annenberg Fifth Floor Boardroom

**NEUROLOGY GRAND ROUNDS**
Steven Frucht, MD, Professor, Neurology, presents “Movement Disorders Showcase.”
Wednesday, May 27, 8 – 9 am
Hess Center, Davis Auditorium

**CRITICAL CARE GRAND ROUNDS**
Eric M. Genden, MD, FACS, Isadore Friesner Professor, Chairman, Otolaryngology, Head and Neck Surgery, and Tamar Kotz, MS, CCC, SLP, Voice and Swallowing Pathologist, Otolaryngology-Head and Neck Surgery, present “Tracheostomy: Fear Not.”
Wednesday, May 27, 3 pm
Hess Center, Davis Auditorium

Paul H. Mayo, MD, Professor, Clinical Medicine, Academic Director, Medical Intensive Care Unit, North Shore Hospital, Long Island Jewish Medical Center, presents “Critical Care Ultrasonography.”
Wednesday, June 10, 3 pm
Hess Center, Davis Auditorium
Brian Kaufman, MD, Professor, Medicine, Anesthesiology, Neurosurgery, Co-Director, Critical Care Medicine, Tisch Hospital, New York University School of Medicine, presents “Critical Care Radiology.”
Wednesday, June 17, 3 pm
Hatch Auditorium

DIABETES GRAND ROUNDS
David Lam, MD, Assistant Professor, Medicine (Endocrinology, Diabetes and Bone Disease), presents “Morbidity and Mortality.”
Thursday, May 28, 8:30 – 9:30 am
Atran Building, AB4-11

DEVELOPMENTAL AND REGENERATIVE BIOLOGY SEMINAR SERIES
Markus Grompe, MD, Director, Oregon Stem Cell Center, Director, Papé Family Pediatric Research Institute, Ray Hickey Chair, Professor, Department of Pediatrics, Oregon Health and Science University, presents “Do Liver Stem Cells Exist?”
Thursday, May 28, Noon – 1 pm
Annenberg 25-51

GENETICS AND GENOMICS GRAND ROUNDS
Matthew Weirauch, PhD, Assistant Professor, Center for Autoimmune Genomics and Etiology, University of Cincinnati, presents “Transcription Factor Binding in Health and Disease.”
Friday, May 29, 11 am – Noon
Hess Center, Seminar Room B

POPULATION HEALTH SCIENCE AND POLICY GRAND ROUNDS
Christopher B. Forrest, MD, PhD, Professor, Pediatrics, Healthcare Management, University of Pennsylvania, presents “Advancing Patient Care in Learning Health System.”
Tuesday, June 2, 1 – 2 pm
Hess Center, Seminar Room B

FAMILY MEDICINE AND COMMUNITY HEALTH GRAND ROUNDS
Angela Diaz, MD, MPH, Director, Mount Sinai Adolescent Health Center, Professor, Pediatrics, Adolescent Medicine, Preventive Medicine, Icahn School of Medicine at Mount Sinai, presents, “Trends in Adolescent Health.”
Friday, June 12, 8 – 9 am
Hatch Auditorium

WELLNESS EVENTS
MOUNT SINAI PARENT (MSP)
Mount Sinai Parent provides faculty and staff with a forum to obtain support, education, and additional resources as they relate to being a working parent, as well as opportunities to network with fellow moms and dads. To RSVP, please email alisa.melendez@mountsinai.org.

NATIONAL DIABETES PREVENTION PROGRAM AT MOUNT SINAI
The Department of Preventive Medicine and the Mount Sinai Selikoff Centers for Occupational Health are offering Mount Sinai employees a lifestyle program aimed at reducing the risk for Type 2 diabetes. A health coach will teach participants how to take charge of their health and make realistic lifestyle changes. Additionally, guest speakers will lead sessions in nutrition, fitness, and stress management. This is a year-long program with 16 weekly sessions and 6 monthly follow-up sessions. Those unsure of their risk for diabetes can take the CDC’s Prediabetes Screening Test. Participants are encouraged to bring their lunch to the sessions. Those interested can register by emailing Justine.Piontek@mssm.edu or calling 212-824-7123.

**Tuesdays and Thursdays, Noon – 1 pm**
CAM Building, West Tower
3rd Floor Conference Room
17 East 102nd Street

**DIABETES PREVENTION PROGRAM AT MOUNT SINAI**
The Mount Sinai Diabetes Center and the YMCA of Greater New York, through its YMCA Diabetes Prevention Program (YDPP), are offering a fitness and health coaching program at Mount Sinai aimed at reducing the risk for diabetes. The 16-week program is designed for adults who are at risk for diabetes (risk factors include: overweight, family history, or personal history of gestational diabetes), or have a diagnosis of pre-diabetes. The Diabetes Prevention Program is free and open to all Mount Sinai employees, patients, and local community members. Mount Sinai employees covered by United Healthcare should call 800-237-4942 to register for the program. Individuals interested in the program who are not covered by United Healthcare (this includes NYSNA nurses and medical students), can call 212-912-2524. Those unsure of their risk for diabetes can take the CDC’s Prediabetes Screening Test. To learn more about the fitness program visit [http://www.mountsinai.org/patient-care/service-areas/diabetes/living-with-diabetes/community-outreach](http://www.mountsinai.org/patient-care/service-areas/diabetes/living-with-diabetes/community-outreach).

**CERTIFIED DIABETES EDUCATOR AVAILABLE FOR EMPLOYEES**
Mount Sinai is now offering employees the support of a Certified Diabetes Educator and Registered Dietitian at the Mount Sinai Doctors Faculty Practice, Primary Care Associates (FPA Primary Care Associates). CDEs specialize in diabetes education and nutrition and will work personally with employees to teach them about their medicines and how to monitor blood sugar levels, help them create a healthy and easy-to-follow meal plan for them and their family, and work with them to develop a diabetes care plan. This diabetes self-management education program, The Diabetes Alliance, is offered for free, and those interested can contact the Employee Care Coordinator at 212-241-9355 to schedule an initial appointment with the Certified Diabetes Educator. The FPA Primary Care practice is located at 10 East 102nd Street on the 6th Floor. For more information, call Abby Schwartz, Director of the Diabetes Alliance, at 917-574-6273.

**MOUNT SINAI’S WEIGHT MANAGEMENT PROGRAM**
The program offers weekly orientation sessions titled “Toward Lasting Better Health.” The sessions, led by physicians and dietitians, aim to help people who are trying to lose 30 or more pounds and require patients to receive a comprehensive obesity screening by an endocrinologist before starting. The sessions take place on Mondays at 5 pm in the Atran Building’s Fourth Floor Conference Room, AB4-11. To reserve a seat, call 212-241-4991.
WEIGHT WATCHERS AT WORK MEETINGS
To fulfill the health and wellness needs of Mount Sinai employees, the Weight Watchers at Work program will be holding a Spring series at The Mount Sinai Hospital. Weekly sessions will be held for 12 weeks. For more information, e-mail alisa.melendez@mountsinai.org.

Tuesdays, through June 30, 5 – 6 pm

FRIDAY MINDFULNESS SESSIONS
The Mount Sinai Hospital, through a group of experienced mindfulness teachers, is providing an opportunity for all members of the hospital community to learn and practice simple mindfulness techniques that have proven to be effective in reducing stress and promoting physical, mental, and spiritual well-being. Staff, patients, and families are welcome. No experience is necessary. For additional information, contact Mickie.Brown@mssm.edu.

Fridays, 12:30 – 1:30 pm
Annenberg 10-68 (Levy Library)

MOUNT SINAI YOGA PROGRAM
The Mount Sinai Yoga Program is hosting weekly Vinyasa yoga classes on Thursday evenings from 5:30 – 6:30 pm in the Annenberg Student Lounge. The classes are open to students, faculty, and staff, and are appropriate for all levels. Mats and accessories are available for use. There is a suggested $10 donation for faculty and staff. For more information and to be added to the email list, contact mountsinaiyogaprogram@gmail.com. Note: Class will not be held on Thursday, May 21. The next class will be held on Thursday, May 28.

Thursdays, 5:30 – 6:30 pm
Annenberg Student Lounge

EMPLOYEE ASSISTANCE PROGRAM: CHILD CARE AND SUMMER CAMP SERVICES
The Employee Assistance Program (EAP) offers information regarding New York City public schools, daycare, and summer camp for children. For information about these services, call the Employee Assistance Program at 212-241-8937. The EAP is located on-site, at 19 East 98th Street, Suite 3A.

EMPLOYEE ASSISTANCE PROGRAM
The Mount Sinai Employee Assistance Program (EAP) offers free, confidential, short-term counseling for employees and their family members. To schedule an appointment with an EAP professional, call 212-241-8937. The EAP is located on-site, at 19 East 98th Street, Suite 3A.

THE ‘MOUNT SINAI MILE’ INDOOR WALKING ROUTE
Mount Sinai Heart and the Wellness Initiative have mapped a one-mile indoor walking route through The Mount Sinai Hospital campus to help staff meet their physical activity goals at work. The American Heart Association recommends at least 30 minutes of moderate-intensity aerobic activity at least five days per week. Staff is encouraged to use the map at http://www.mountsinai.org/patient-care/service-areas/heart/mount-sinai-mile, follow the ‘Mount Sinai Mile’ signs while on lunch break, or hold a walking meeting along the ‘Mount Sinai Mile’ route. For more information, email Abby Schwartz, MBA,
ANNOUNCEMENTS AND EVENTS

MOUNT SINAI KICKBALL TOURNAMENT
All Mount Sinai Health System faculty and staff are welcome to join this kickball tournament that will be followed by a two-hour open bar. The event is sponsored by Mount Sinai Beth Israel’s Graduate Medical Education Office, and is aimed at promoting wellness through physical activity. For more information, contact Kendall Tanal, Director, Graduate Medical Education, Mount Sinai Beth Israel, at 212-420-3842.

Saturday, May 23, 11:30 am – 2:30 pm
Firefighters Field
405-425 Main Street
New York, NY, 10044
(Roosevelt Island)

ART AUCTION FEATURING WORKS BY ANGELO ROMANO
This art auction will feature work by Angelo Romano, a Spanish-Brazilian artist living in New York who has had his work exhibited in both New York and abroad. His style is defined as naïve and surrealistic. His paintings represent his metaphysical experiences, some religious and some fantastical. Proceeds from the auction will be shared between the artist and Hope Community, Inc., which is a community-based not-for-profit affordable housing organization. The Opening bid range for this art auction is $50 – 500. Those interested must RSVP by Thursday, May 21 by emailing romanoauction@hopeci.org or calling 212-860-8821 (ext. 117).

Thursday, May 28, 6 – 7:30 pm
Annenberg West Lobby

MEDICAL INTERPRETER TRAINING
The Mount Sinai St. Luke’s-Roosevelt Language Services Department will hold two-day medical interpreting training for all Mount Sinai Health System staff and faculty who are interested. Additionally, those who have native fluency in a foreign language and want to acquire additional skills, can contact Maribel Fiol at 212-523-2187 or mfiol@chpnet.org.

Saturdays, June 6, 13, 9 am – 4 pm
Mount Sinai St. Luke’s
1111 Amsterdam Avenue, at 114 Street

BLOOD PRESSURE SCREENING
Health educators from Mount Sinai Beth Israel are available on certain days to perform free blood pressure screenings and explain the results. The next screening will take place on:

Tuesday June 9, 2 – 3 pm
Mount Sinai Beth Israel
BIOSTATISTICS SUMMER PROGRAM FOR CLINICAL RESEARCH

The Biostatistics Summer Program for Clinical Research is an educational initiative that stems from a collaboration between the Center for Biostatistics and the Department of Population Health Science and Policy at the Icahn School of Medicine at Mount Sinai. The mission of the three-week Summer Program is to increase the research capacity of clinical investigators, fellows, residents, postdocs, and public health professionals, by providing application-driven instruction in biostatistics and statistical programming.

Participants of the Summer Program, through rigorous, theory-based lectures and hands-on statistical programming in SAS, will gain a foundation in the following areas:

- Probability and Statistical Inference
- Essential Elements of Study Design including Sample Size/Power Calculations
- Hypothesis Testing for Continuous and Categorical Data
- Simple and Multiple Linear Regression
- Simple and Multiple Logistic Regression

Participants will receive a total of 42 hours of intensive, in-person theory and SAS-related instruction, over the three-week duration of the Summer Program, by the Center for Biostatistics’ faculty. Each participant is expected to purchase a SAS license and install SAS on his/her laptop prior to the Program’s start. In cases where this may be difficult, a small number of laptops with SAS installed will be available to rent for the duration of the workshop, but on a first come, first served basis.

To register for the Program, and to pay the registration fee of $2000, visit http://icahn.mssm.edu/departments-and-institutes/population-health-science-policy/center-for-biostatistics/education/biostatistics-summer-program-for-clinical-research. Note: Registration is limited to the first 40 applicants. For more information, email Stefano Malerba at stevie.malerba@gmail.com.

Mondays – Thursdays, July 6 – July 23, 3 – 6:30 pm

ENJOY LOCAL, ORGANIC FOOD AS A MEMBER OF THE MOUNT SINAI FARM SHARE

Registration is now open for the 2015 season of Mount Sinai Farm Share, a Community Shared Agriculture (CSA) program that offers local, organic produce from Stoneledge Farm, delivered weekly during the 24-week harvest season (June through November). The distribution site is conveniently located outside of the Icahn building at 99th Street and Madison Avenue. Those interested may purchase a vegetable share and additional fruit, mushroom, or coffee shares by visiting https://www.stoneledgefarmny.com/. For more information, email mountsinaifarmshare@gmail.com.

COLORECTAL CANCER OUTREACH PROGRAM

The Witness CARES program is a culturally targeted community outreach program designed to increase knowledge about colorectal cancer in the African American community and improve adherence to recommended screening guidelines. The educational presentation is roughly 90 minutes and includes a
culturally based educational video reviewing facts about colorectal cancer and screenings, while also providing valuable resources. Programs are held at Mount Sinai and throughout the New York City community. For more information, contact Clarissa Martinez at 212-824-7803, or Karent Zorogastua at 212-824-7806.

MOUNT SINAI RISING PROFESSIONALS
The Rising Professionals is a group dedicated to developing the professional workforce of the Mount Sinai Health System by offering employees opportunities for professional and personal growth. To join the distribution list for the Rising Professionals, email risingprofessionals@gmail.com.

POSTING CLINICAL RESEARCH PROJECTS ON THE MOUNT SINAI HEALTH SYSTEM WEBSITE
Employees can request that their studies be added to the clinical research listings on the Mount Sinai website. Using the web form found at https://erap.mssm.edu/Public/ORSClinicalTrials.aspx, one can submit a request to add, update, or delete a web page from the clinical research listings at http://icahn.mssm.edu/research/clinical-trials. For more information, contact research.services@mssm.edu.

STAT-CHAT: WALK-IN CONSULTATION SERVICE
The Center for Biostatistics at Mount Sinai has launched STAT-CHAT: a free, walk-in, consultation service meant to resolve easy problems and answer quick questions about such topics as data analysis, study design, and database. All faculty, fellows, residents, staff, or medical students are welcomed to use this service for quick statistics-related questions. STAT-CHAT is offered once a week with two statisticians available for an hour on a first-come, first-served basis. Each consultation should be about 15 minutes.
Mondays, 2 – 3 pm
Icahn Medical Institute, L2-82

OPHTHALMOLOGY OPTICAL SHOP UPDATE
The Department of Ophthalmology’s Optical Shop encourages employees to take care of their eyes. The shop is currently offering a one-time additional five-percent discount on all purchases over $300.00. The Optical Shop also offers employees a 20-percent discount on a wide assortment of sunglasses and glasses. Shalaya Arias, a department optician, will be available to show visitors the shop’s latest designer frames for adults and children. The department encourages employees to use their Flexible Spending Account at the Optical Shop. Customers must still adhere to the shop’s 90-day “pay for your glasses” policy. The shop’s hours of operation are Monday to Friday from approximately 10 am – 5 pm, and no appointment is necessary. For more information, call 212-241-0939.
17 East 102nd Street, Eighth Floor
Across from the Ophthalmology Department

BREAST AND CERVICAL CANCER OUTREACH PROGRAMS
Esperanza y Vida and The Witness Project of Harlem are culturally based community outreach programs that teach the importance of breast and cervical cancer health and screenings. The programs are led by women in the community, including breast and cervical cancer survivors who provide testimonials.
Programs are held at Mount Sinai every other month and throughout the community. For more information, contact Clarissa Martinez at 212-824-7803, Cristina Villagra at 212-824-7804, or Helen Nunez at 212-824-7801.

**STORYCORPS PARTNERING WITH MOUNT SINAI**

StoryCorps Legacy, a program of the national oral history project StoryCorps, is partnering with The Child Life and Creative Arts Therapy Department at the Mount Sinai Kravis Children’s Hospital to record and preserve stories from Mount Sinai staff. For 40 minutes, participants will have the opportunity to answer questions, such as:

- How would you describe yourself?
- Who has had the biggest influence on you?
- What are you most proud of?

Participants will receive a free CD recording to share with family and friends. With their permission, a second copy will be archived in the American Folklife Center at the Library of Congress. StoryCorps Legacy is an audio project only – no video will be taken. For more information, visit [http://storycorps.org/legacy](http://storycorps.org/legacy). Recordings are taking place now and will continue until further notice. Contact Lori Lerma at 212-241-6975 or lori.lerma@mountsinai.org to schedule an interview.

**A RESEARCH OPPORTUNITY FOR EVERYONE**

Mount Sinai and other research institutions across the country have joined together to create ResearchMatch.org. This easy-to-use tool allows interested volunteers to make themselves available as research study participants for studies that are right for them, and helps research studies from ending due to lack of participation. Volunteers of any age, race, ethnicity, or health status are invited to join. Volunteer privacy is protected. To learn more visit [https://www.researchmatch.org?route=mount_sinai](https://www.researchmatch.org?route=mount_sinai).

**CALLING ALL MOUNT SINAI ALUMNI**

Alumni can be kept informed of Mount Sinai happenings by sending their non-MSSM e-mail address to Alumni Relations at alumni@mssm.edu and by “Liking” Mount Sinai Alumni on Facebook and following Mount Sinai Alumni on LinkedIn.

**DISPLAY OF EXCELLENT**

The Display of Excellence, located in front of the Plaza Café, is a way for managers to give their employees recognition for outstanding service. The employee’s photo and manager’s words of recognition will be posted on the display. Managers can use the display if an employee provides excellent customer service, innovative new ideas, successful project completion, safety efforts, patient satisfaction improvements, or as retirement recognition, and more. Entries will be kept on display for three months. Guidelines: Must be a manager to submit an entry, employee must be in good standing with Mount Sinai, each supervisor may enter no more than two individuals or one team each month, employees may be recognized multiple times throughout the year if each entry is for a separate and unique accomplishment. For more information, email Michelle Cruz at Michelle.Cruz@mountsinai.org or call x41944.

**TALENT DEVELOPMENT AND LEARNING**

**LEY LIBRARY EDUCATION CLASSES**
Read more about classes and register online for classes at: http://librarycf.mssm.edu/levy/classes/. For more information and location information, email Levy Library Reference at refdesk@mssm.edu, or call 212-241-7791.

**RefWorks Basics**  
*Friday, May 22, 1 – 2 pm*

**MOUNT SINAI TALENT DEVELOPMENT AND LEARNING**
Talent Development and Learning, formerly the Division of Training and Education, has a new institution-wide learning management system called PEAK (Portal for Education and the Advancement of Knowledge). Employees can now register online for all Talent Development and Learning classes by logging on to the PEAK website, then clicking on the ‘Classroom-Based Training’ section. By registering online, individuals no longer will need to fax their registration forms. For more information, contact Talent Development and Learning at 212-241-1944, or register at http://peak.mountsinai.org. In order to log on to PEAK, employees will need to use the credentials used to log into their e-mail. To identify the proper credentials, visit http://password.mountsinai.org or call the help desk at 4-HELP.

- **Excel Calculations Lab**  
In this class, participants will get to know the formulas and functions learned in the Excel Calculations course by further practicing them. Lab exercises will be provided to help with proficiency.  
*Thursday, May 21, 1:30 – 3:15 pm*

- **Excel Lab**  
Prior Excel classes are a prerequisite for this class that aims to enhance participants’ skills in Excel. Exercises and examples will be provided. This is an open Excel Lab, and participants are encouraged to bring any questions related to Excel besides advanced formulas.  
*Thursday, May 21, 3:15 – 5 pm*

- **The iProcurement Training Program**  
The iProcurement training program is a day-long training that will review the creation of purchase requisitions, receipts, and how to process invoices. New employees who must use the system must take this course before being granted access.  
*Friday, May 22, 9 am – 5 pm*  
*Mount Sinai Beth Israel*  
*Multimedia Center*  
*Fierman Hall, Sixth Floor*

- **Think Team**  
Think Team is a course developed to provide managers with the tools to inspire employees to work together effectively and collaboratively. The session highlights the essential elements of high performing teams, techniques to manage conflict, and strategies to assess the team’s effectiveness.  
*Wednesday, May 27, 10 am – Noon*  
*Mount Sinai Beth Israel – PACC*
CUNY School of Professional Studies: Information Sessions
In these sessions, participants will learn more about the Human Relations College program at the CUNY School of Professional Studies that is designed to enhance skills and knowledge used on the job while providing an important foundation for further college study. This program is geared toward working adults at various points in their college careers.

- **Wednesday, May 27, 11:15 am – 1:30 pm**
  **Mount Sinai Roosevelt**
  **1000 Tenth Ave Lobby**

**Five Steps to Embracing Conflict**
This class will review the anatomy of conflict, the causes of conflict, the impact of strong emotions, and five basic steps to resolving conflict successfully.
**Wednesday, May 27, 2 – 4 pm**
**The Mount Sinai Hospital**

- **Access Database Design Lab**
Access Database Design is a prerequisite for this lab, which is a self-paced practice session. Participants will use the knowledge learned in the Access Database Design course and create or modify your existing database. Lab exercises will be provided to help with proficiency.
**Thursday, May 28, 9 – 10:45 am**

- **Excel Pivot Charts**
This class will focus on using pivot table data to display pivot charts. Prior knowledge of charting is suggested.
**Thursday, May 28, 10:45 am – 12:30 pm**

- **PowerPoint Intermediate**
This course will discuss inserting and editing media files (Pictures, Video, Sound), using SmartArt, tables, formatting charts, advanced animations, reusing slides from another presentations and how to create a self-running show. This course also allows time for open lab. Participants are encouraged to questions or presentations.
**Thursday, May 28, 1:30 – 5 pm**

**The Art of Delivering and Receiving Feedback**
This class aims to provide participants with insight into how to tactfully communicate with individuals who need to improve their performance or correct their behavior, as well as learn methods on how to get the most out of constructive criticism.
**Thursday, May 28, 2 – 4 pm**
**The Mount Sinai Hospital**

- **Toastmasters International**
Toastmasters Members learn to develop comfort and skill when speaking by working with others in a supportive environment. A typical meeting is made up of 10 – 20 people who meet biweekly for an hour. Each meeting gives participants an opportunity to practice conducting meetings, give impromptu
speeches, present prepared speeches, and offer constructive evaluation.

- Walden University – Online Degree Programs

For more than 40 years, Walden University has been serving the higher education needs of adult learners. Walden University is now offering Mount Sinai Health System employees the opportunity to pursue a degree or certificate online in a wide selection of health care-related fields of study. To learn about educational opportunities through Walden University and learn about the tuition-reduction offer tailored to the Mount Sinai Health System, call Leah Lopez at 732-306-7720 or email leah.lopez@waldenu.edu.

- Foreign Language Conversation Groups

These sessions will allow speakers of all levels to converse. Beginners, intermediate, and advanced speakers are welcome. For more information, email michelle.cruz@mountsinai.org.

Conversation Partners

Designed for any level of a given language, Conversation Partners provides an opportunity to improve skills in a specific language by speaking in a safe group of learners. Native speakers are encouraged to attend. E-mail tdl@mountsinai.org for more information and the meeting location.

English as a Second Language

Classes are designed to improve written and conversational English with special attention paid to vocabulary, pronunciation, idioms, listening skills, writing, and grammar usage. Complete an assessment on Mondays anytime between 10:30 am and 3 pm. Call 212-241-1944 for more information.

English Conversation Partners

Designed for new learners of English, this program provides an opportunity to strengthen English-speaking skills by pairing up with an English-speaking employee or volunteer for one hour a week to practice conversation. This program is open to native English-speaking tutors, as well as students who are learning English. For more information, e-mail tdl@mountsinai.org.

RESEARCH STUDIES/CLINICAL TRIALS

STRESS AND HIV NEUROIMAGING STUDY

Mount Sinai researchers are seeking volunteers between 37 and 55 years of age, who are either HIV-negative or HIV-positive, to participate in a study examining the effects of HIV and stress on the brain. The study will include two initial interviews to assess eligibility for the more-involved neuropsychological assessment and MRI session. This study will also collect and test blood samples to determine if biomarkers can predict brain functions. Uraina Clark, PhD, Assistant Professor, Neurology, is the principal investigator for this study. For more information, call a study coordinator at the Icahn School of Medicine at Mount Sinai at 212-241-6582. [GCO#13-0466, Approved through 06/09/2015].

RESEARCH VOLUNTEERS WITH TRAUMATIC BRAIN INJURY NEEDED

The Brain Injury Research Center at Mount Sinai is seeking people who have had a mild, moderate, or severe traumatic brain injury (TBI) and are experiencing problems in their daily activities. This may include difficulty preparing meals, maintaining a schedule, or coming up with solutions to problems. The research study will evaluate changes in thinking skills that may occur after brain injury. Participants
must be at least 18 years of age and not have other neurological diagnoses. Participants will visit Mount Sinai once for about two hours to complete research measures. Compensation will be provided for participation. If interested, call the Brain Injury Research Center at 212-241-5250. [GCO #14-0720, Principal Investigator: Colette Elliot, PhD, IRB approved through 6/26/2015].

**HEALTHY RESEARCH VOLUNTEERS NEEDED**

The Brain Injury Research Center at Mount Sinai is seeking people for participation in a research study. The purpose of the study is to evaluate daily activities and skills for everyday functioning. Participants must be at least 18 years of age and not have had a traumatic brain injury. Participants will visit Mount Sinai once for about two hours to complete research measures. Compensation will be provided for participation. If interested, call the Brain Injury Research Center at 212-241-5250. [GCO #14-0720, Principal Investigator: Colette Elliot, PhD, IRB approved through 6/26/2015].

**ACANThOSIS NIGRICANs QUALITY OF LIFE STUDY**

The purpose of this study is to develop an acanthosis-nigricans-specific quality of life (ANQoL) instrument to measure the impact of acanthosis nigricans on patients’ lives. The Department of Genetics and Genomic Sciences will administer questionnaires and conduct open-ended structured interviews. Based on this data, the department will then generate the ANQoL. Participants must be over 18 years of age, English speakers, and have acanthosis nigricans. They will be asked to undergo a brief physical exam at Mount Sinai to confirm the diagnosis. Participants will receive a $10.00 Visa gift card upon completion of their participation in this study. Those interested should email acanthosis.nigricans@mssm.edu. [GCO 12-0965, IRB approved through 07/16/15].

**RESEARCH STUDY ON THE EFFECTS OF SMOKING ON THE DIGESTIVE SYSTEM**

The Division of Gastroenterology is looking for individuals who are planning to quit smoking for a study on the effect of smoking cessation on the digestive system. The purpose of this study is to understand how smoking impacts the bacteria and immune system of the intestines. Participants need to be between 18 and 65 years of age, smoke half a pack of cigarettes per day, and be in relatively good health. Participation involves providing blood and stool samples, and having a flexible sigmoidoscopy with biopsies before and after stopping smoking. Up to $400 will be provided to compensate for time and effort. For more information, or to refer possible participants, contact Ryan Ungaro, MD, by emailing ryan.ungaro@mssm.edu, or calling 212-241-0150. [GCO # 14-1179, IRB Approved 8/12/14 – 8/11/15].

**OBSESSIVE-COMPULSIVE DISORDER STUDY**

The Obsessive-Compulsive Disorder and Related Disorders Program is recruiting for a study investigating the efficacy of group cognitive-behavioral therapy for OCD. Children of 8 to 12 years of age with a diagnosis of OCD are invited to participate. Subjects will participate in a 12-week clinical therapy program at no cost. The group therapy is run by Ariz Rojas, MD, on Monday nights from 5 – 6:30 pm. Subjects will complete pre- and post-test measures (one two-hour visit) and will be compensated for their time, as well as travel costs. For more information, or to register, contact Shannon Gair at Shannon.gair@mssm.edu, or 212-659-1675. [PI: Timothy Rice, MD, GCO # 14-0858, IRB Approved through 8/27/15].

**APPETITE AND BODY FAT STUDY**
The Division of Endocrinology is looking for healthy diabetic and nondiabetic individuals (both overweight and lean) who are eligible to participate in a study investigating appetite and body fat. Participation will include fasting over the night before the visit (eight hours) and a four to five hour visit during which a brief medical history and appetite questionnaire will be completed; height, weight, pulse, and blood pressure will be measured; blood samples will be taken before and a few times after drinking a test meal; and a biopsy of fat from around the waist will be taken. Participants will receive compensation. For more information, email Eliza Geer, MD, at eliza.geer@mssm.edu. [GCO# 08-0105. MSSM IRB approved through 8/31/15].

ATOPIc dermatitis study
The Department of Dermatology is looking for adults, and children two years of age and older, to participate in a research study to treat mild to severe atopic dermatitis. The study will last several months. Qualified participants will receive a study-related skin exam and study drug at no cost. Health insurance is not needed to participate. For details, call the dermatology clinical trials center at 212-241-6033. [GCO # 12-0424, IRB approved through 8/31/2015].

MICROBIOME ANALYSIS STUDY
The Departments of Genetics and Genomic Sciences, and Gastroenterology, are conducting a prospective study exploring mechanism of in utero transmission of bacteria by Microbiome analysis and are currently recruiting female participants who are pregnant, planning a pregnancy, are in good health, or have Inflammatory Bowel Disease, and will deliver in The Mount Sinai Hospital. Participants will be asked to fill out health status and dietary questionnaire, and provide stool and saliva samples. Participants will be compensated for their time and efforts with up to $250. Those interested can contact Joanna Torres, MD, at joanna.toress@mssm.edu or 212-241-2809, Justin Cote-daigneault, MD, at justin.cote-daigneault@mountsinai.org, or Hina Panchal, MD, at hinaben.panchal@mssm.edu, or 212-824-9080. [GCO# 14-1236, PI: Inga Peter PhD, ISMMS IRB approved through 10/8/15].

GASTRIC BYPASS SURGERY STUDY
Researchers at the Division of Bariatric and Minimally Invasive Surgery at Mount Sinai St Luke’s are seeking volunteers to participate in a study examining the effects of Sitagliptin on glucose control in patients who have had gastric bypass surgery for morbid obesity and have persistent or relapsing type 2 diabetes. Patients should be 18 to 65 years of age and at least 1 year from surgery. Volunteers will participate in the study for up to 6 weeks, and will have 4 research visits of 1 to 4 hour durations. Activities include meal tests, blood collection, and occasional self-monitoring of glucose levels by finger stick. The patients will be compensated $300 for full participation. James McGinty, MD, Chief, Division of Bariatric and Minimally Invasive Surgery, Mount Sinai St. Luke’s, is the principal investigator for this study. For more information, call a study coordinator at Mount Sinai St Luke’s at 212- 523-3357 (English) or at 212-523 -1745 (Spanish). [IRB#11-156, Approved through 10/15/2015].

RESEARCH STUDY IN DIABETICS PATIENTS WITH PERIPHERAL ARTERY DISEASE (PAD)
Individuals with type 2 diabetes mellitus with lower extremity peripheral artery disease (PAD) are invited to participate in this study being performed by the Division of Cardiology, which is designed to explore the effects of three FDA-approved anti-platelet regimens in microcirculatory flow. Eligible study
participants will receive three different sets of treatments for PAD and will be followed up via blood testing as well as Doppler-imaging. Those interested can call John Kim, MD, at 212-659-9637, Karen Modesto, PhD, at 212-659-8864, or e-mail john.kim@mssm.edu or karen.modesto@mssm.edu. [PI: Robert Rosenson, MD, GCO #13-1925, IRB approved through 10/28/2015].

**TOMMORROW STUDY**
The Alzheimer’s Disease Research Center is seeking healthy participants between 65 and 83 years of age who have someone who can be a project partner (spouse, adult child, other family member, or caregiver) to provide information about their health, attend study appointments, and assist with correctly taking certain study medications for this study that will examine two genes to see if it’s possible to predict someone’s likeliness to develop Alzheimer’s based on certain inherited genes, and to test a drug called pioglitazone (AD-4833), which may slow the progress of Alzheimer’s disease in those who currently show no signs of the condition. In this study, the participants will be given a blood test to determine if they are at an elevated risk of developing Alzheimer’s disease, and memory, thinking, orientation, and language skills tests to confirm that they are mentally healthy. Those who qualify will then be given a study drug or placebo to take over a five-year period. Participants will not have to pay for investigational medication, and transportation assistance may be available. This research will take place at The Mount Sinai Hospital campus. For more information, contact a study coordinator at 212-241-8329. [PI: Judith Neugroschi, MD; GCO#: 13-1688; HSM#: 13-00720; IRB approved through 11/19/2015].

**GENETICS AND GENOMICS STUDY OF NEURODEVELOPMENTAL DISORDERS**
The Department of Psychiatry is recruiting subjects and families with neurodevelopmental disorders (NDDs) of unknown cause for a systematic genetic screen that will examine the inheritance patterns and genetic contributions to related neurodevelopmental disorders. The study includes completion of a medical history questionnaire and a blood draw. Affected and unaffected family members of those with a NDD may also be eligible to participate. For more information, call 212-824-9065, or email ndd.project@mssm.edu [GCO# 12-1490, PI: Dalila Pinto, PhD, IRB approved through 11/20/15].

**EFFECT OF NEBIVOLOL ON THE BLOOD FLOW IN HEARTS OF ADULTS WITH HIGH BLOOD PRESSURE AND ABNORMAL FILLING OF HEART (LVDD) STUDY**
The purpose of this study is to study the relationship between Nebivolol (Bystolic) administration and improvement in exercise time in patients with hypertension (high blood pressure) and those with Left Ventricular Diastolic Dysfunction (abnormal relaxation of the heart muscle). The Division of Cardiology is looking for patients who have a history of mild to moderate high blood pressure (130-160/90-120) and may or may not have not received any medications for elevated blood pressure for at least 30 days and who are willing to undergo two stress echo exams at the beginning and at the end of the study. The study duration is six months. Patients will be supplied with the medication for the six-month period. For more information, contact Sharath Vallabhajosyula at Sharath.vallabhajosyula@mssm.edu or call at 212-659-8847, or call 212-659-8847 to set a screening visit and check your eligibility. [GCO #12-0493, Principal Investigator: Partho Sengupta, MD, IRB approved through 12/10/2015].

**STUDY FOR HEALTHY YOUNG VOLUNTEERS**
The Division of ADHD and Learning Disorders at the Icahn School of Medicine at Mount Sinai are seeking adolescents of 7 to 17 years of age with no history of medical or psychiatric illness to participate
in a study that uses non-invasive technology as a measurement to diagnose and treat ADHD. The study will include an evaluation for ADHD and other disorders, a non-invasive scan while the child plays video games on a computer, and a second scan 4 – 6 weeks after the initial scan. Compensation will be provided for participation. For more information, contact Amanda Kirschenbaum, BSc, Clinical Research Coordinator, at 212-241-5269, or Amanda.Kirschenbaum@mountsinai.org. [IRB Approved through 12/15/15].

**TYPE 2 DIABETES STUDY**

The Glycemia Reduction Approaches in Diabetes: A Comparative Effectiveness Study (GRADE) is investigating which is the best second drug to be added to metformin for the treatment of type 2 diabetes. Eligible participants must be currently treated with metformin alone and have been diagnosed with type 2 diabetes at less than 30 years of age within the past 10 years. Participants will be randomly assigned to receive one of four FDA-approved diabetes medications in addition to metformin and attend four study visits per year for up to seven years. Laboratory tests, diabetes medications, and diabetes education will be provided free-of-charge. Travel stipends and honoraria will be provided. Those interested may contact the study team at grade@chpnet.org, or 212 523-4171. This is a multi-center National Institutes of Health-sponsored clinical trial. For more information, visit [https://grade.bsc.gwu.edu/web/grade/home?p_p_id=58&p_p_lifecycle=0&_58_redirect=%2F](https://grade.bsc.gwu.edu/web/grade/home?p_p_id=58&p_p_lifecycle=0&_58_redirect=%2F). [PI: Jeanine Albu, Chief, Division of Endocrinology, Diabetes and Nutrition, Mount Sinai St. Luke’s, GCO#: 12-161, MSSLRH IRB approved through 12/16/2015].

**LUNG CANCER EARLY DETECTION STUDY**

The Early Lung and Cardiac Action Program of the Department of Radiology is seeking non-smokers, 40 years of age and older who have never smoked and have been exposed to second-hand smoke. The study will offer early detection of lung cancer, cardiac disease, and other diseases through low-dose CT scanning. This study is free of charge and participants will be reimbursed for their time and effort. For more information or to participate, call 212-241-2420. [GCO# 09-2017, PI: Claudia Henschke, MD, PhD, IRB approved through 12/31/2015].

**MRI AND PET STUDY**

Researchers at Mount Sinai are developing and validating new magnetic resonance imaging (MRI) and positron emission tomography (PET) methodologies to help in diagnosing atherosclerotic plaques at risk of causing severe clinical events, such as myocardial infarction, stroke, or sudden death. Males and females 20 years of age and older, either with personal or family history of either risk factors for atherosclerosis (high cholesterol, high blood pressure, diabetes), or atherosclerosis itself, may be eligible for participation in this study. Participation will involve undergoing one or more imaging sessions with MRI and/or PET. Participants will be reimbursed $75 per imaging session, for a maximum of $300. For those interested in this study, contact Rima Fayad (Research Coordinator) at 212-824-4846, or email rima.fayad@mountsinai.org. [GCO 01-1032, IRB approved through 12/31/2015].

**ALZHEIMER’S DISEASE RESEARCH CENTER STUDY**

The Alzheimer’s Disease Research Center at Mount Sinai is recruiting volunteers for a multi-center Merck EPOCH trial. This study is investigating the safety, tolerability, and efficacy of a medication, MK-8931, in patients with mild to moderate Alzheimer’s disease. MK-8931 is an oral, β-amyloid precursor protein,
site-cleaving enzyme (BACE) inhibitor and is aimed at slowing the progression of Alzheimer's disease. Patients will be randomly assigned to take a low dose of study medication, a high dose of study medication, or a placebo for 78 weeks. The study needs patients with a diagnosis of Alzheimer’s disease who are 55 to 85 years of age, are fluent in English or Spanish, can attend all study visits, participate in neuropsychological testing, receive MRIs, and who have a close friend or family member who can act as a study partner. All study visits will take place at The Mount Sinai Hospital campus and there will be no cost to the patients. For more information about the study, contact study coordinator, Emily Exter, at 212-241-0438 or emily.exter@mssm.edu. [Principal Investigator: Judith Neugroschl, MD; GCO# 13-0701; IRB approved through 1/5/2016].

**STUDY OF HUMAN BODY SIZE AND SHAPE USING 3-DIMENSIONAL PHOTOGRAPHIC IMAGES**

Individuals, especially fraternal and identical twins, are invited to participate in a genetics study that involves taking photographs with a special camera to measure head size and shape. Analysis of these 3-D photos will be used to measure the amount of similarity and difference between facial features of twins. Participants will be consented, asked to fill out a short questionnaire about medical and family history, have head circumference and ear length measured, have two or three 3-D photos taken, provide a buccal sample (cheek swab or mouthwash sample) or a blood sample. Total participation time is about 30 minutes. Those interested should call 212-241-7056 or email 3dphoto@mssm.edu [GCO 08-0811, IRB approved through 03/11/2016].

**HEALTHY RESEARCH VOLUNTEERS NEEDED**

The Department of Anesthesiology is seeking people for participation in a research study. The purpose of the study is to assess cognitive recovery in a group of adults by undertaking baseline and follow-up testing after the administration of general anesthesia in people 70 to 80 years of age and to evaluate alterations in resting state and activity-driven brain networks using fMRI, Diffusion Tensor Imaging (DTI), and Arterial Spin Labeling (ASL) to characterize these same volunteers before and during recovery from the administration of general anesthesia. Participants will visit Mount Sinai twice and be contacted further for follow-ups. Compensation will be provided for participation. Those interested can call the Department of Anesthesiology at 212-241-0840. [GCO #13-0359, PI: Jeffrey Silverstein, MD, IRB approved through 04/28/2016].

**FMRI STUDY FOR HEALTHY YOUTH**

The Department of Psychiatry is looking for children and adolescents 7 to 17 years of age to participate in a study exploring the brain regions people use to pay attention. The study requires three visits to complete some psychological tests, computer-based attention tasks, and two functional magnetic resonance imaging (fMRI) brain scans on two separate days. Reimbursement will be provided for time and effort, and participants will get a CD with pictures of their brain, along with a certificate of participation for volunteer service. For more information, call 212-241-8012 or e-mail ADHD.Research@mssm.edu [PI: Jeffrey Newcorn, MD, and Kurt Schulz, MD, GCO#11-0161, IRB approved through 4/30/2016].

**TREATMENT STUDY FOR CHILDREN AND ADOLESCENTS WITH ADHD**

The Department of Psychiatry is looking for children and adolescents 7 to 17 years of age with suspected
or diagnosed attention-deficit/hyperactivity disorder (ADHD) to participate in a study examining response to either methylphenidate or atomoxetine, both of which are commonly prescribed medications that are FDA-approved for the treatment of ADHD in children and adolescents. The study will include an evaluation for ADHD and other disorders, weekly doctor visits for six to eight weeks as the doctors work with participants’ parents to find the best dose for their children, and non-invasive fMRI scanning while their child plays a video game. Reimbursement provided. For more information, contact Beth Krone, PhD, at 212-241-8012, or email beth.krone@mssm.edu. [MSSM GCO #11-0161, PI: Jeffrey Newcorn, MD, IRB approved through 4/30/2016].

**UPDATE**

2015 Marketing and Communications

Send submissions to update@mountsinai.org by Noon on Tuesday for inclusion in Thursday’s Update.
Weekly e-newsletter highlighting announcements and events

WALK TO CURE ARTHRITIS
The Mount Sinai Hospital is partnering with the Arthritis Foundation for the New York City Walk to Cure Arthritis. The aim of the walk is to generate awareness about arthritis, and raise money to fund research that will lead to better treatments and a cure. The 5K route starts at Foley Square Park in Tribeca and crosses the Brooklyn Bridge. Participants can also opt for a one-mile route. Additionally, the event will feature an area for children, refreshments, and more. To register to walk with The Mount Sinai Hospital Team, visit www.walktocurearthritis.nyc.kintera.org/mountsinaiteam, and click the "JOIN" button. To make a donation in honor of The Mount Sinai Hospital Team, visit www.walktocurearthritis.nyc.kintera.org/mountsinaiteam, and click on the "GIVE NOW" button. For additional questions, or help registering, contact Courtney Gush at the Arthritis Foundation at 212-984-8726, or email cgush@arthritis.org. Those interested may also contact the Mount Sinai Team captain Katy Parker at katherine.parker@mountsinai.org.

Saturday, May 16, 9 am
Foley Square Park
111 Worth Street

30TH ANNUAL AIDS WALK NEW YORK
AIDS Walk New York, sponsored by Duane Reade and Gay Men’s Health Crisis, is a 10K fundraising walk starting and ending in Central Park. The Walk benefits Gay Men’s Health Crisis as well as more than 40 tristate-area AIDS service organizations. This year, Mount Sinai’s Institute for Advanced Medicine Team will have a team participating in the Walk. To join the IAM team, visit http://ny.aidswalk.net/, and sign up for Team 3158. For more information, contact Matthew Baney at 212-824-7394 or matthew.baney@mountsinai.org, or visit www.mountsinaihealth.org/iam.

Sunday, May 17
Central Park
Sign-In: 8:30 am
59th Street and 5th Avenue
Walk Start: 10 am

NATIONAL NURSES WEEK 2015
Carol Porter, DNP, RN, FAAN, Edgar M. Cullman, Sr. Chair of the Department of Nursing, Chief Nursing Officer/SVP, The Mount Sinai Hospital, Associate Dean of Nursing Research and Education, Icahn School of Medicine at Mount Sinai, and Audrey Ludmer, RN, Clinical Nurse, Endoscopy
President, Local Bargaining Unit, New York State Nurses Association, are hosting the following events and festivities as National Nurses Week 2015 continues:

**Midnight Madness: The Tradition Continues**
Nursing leadership rounds on units to recognize and give thanks.
*Thursday, May 14, Midnight*

**Nurses - Taking Care of Yourself So You Can Care for Others**
*Friday, May 15, 11 am – 2 pm*  
*Annenberg West Lobby*

**OFFICE FOR DIVERSITY AND INCLUSION TRAINING SESSIONS**
The Office for Diversity and Inclusion (ODI) is offering training sessions for employees on Managing Diversity and Cultural Differences for Effective Patient Outcomes. The sessions, supported by the Richard Netter Funds for Diversity, are designed to deliver a basic understanding of the diverse populations seeking care in communities and steps providers may take to improve the diverse patient experience. The sessions will provide an understanding of the concepts of diversity and culturally competent health care and their impact on the patient/provider relationship and communication. Those interested can register on PEAK through “Classroom-Based Trainings” to attend one of the sessions below. For more information, call the ODI at 646-605-8280 or e-mail diversity@mountsinai.org.

**Mount Sinai Beth Israel (Petrie)**
*Monday, May 18, 3 – 5 pm*  
*Bernstein Pavilion  
Conference Room B*

**Mount Sinai Queens**
*Wednesday, May 27, 2 – 4 pm*  
*27-53 Crescent Street  
Conference Room (Lower Level)*

**SEAVER AUTISM CENTER TWO-PART DISTINGUISHED LECTURER SERIES**
The Distinguished Lecturer Series is a two-day event that features a renowned Autism Spectrum Disorder (ASD) researcher from an outside institution. This event will feature Helen Tager-Flusberg, PhD, Professor, Psychological and Brain Sciences, Anatomy, Neurobiology, Pediatrics, Boston University. Dr. Tager-Flusberg will give one talk on a weekday evening that is open to the public and geared toward parents and families, followed by a reception with attendees, families, and Seaver Center researchers. The following afternoon, the Seaver Center will host a lunch for the speaker with graduate students and postdoctoral fellows, as well as investigators. Immediately following will be a second lecture aimed at professionals and the scientific community. This event is free of charge. Those interested can email seavercentereditor@mssm.edu to RSVP.

*Tuesday, May 19, 5:30 pm*  
*Hess Center, Davis Auditorium*

**Part 2: “Early Behavioral and Neural Predictors of Language in Infants at Risk for Autism Spectrum Disorder”**
OPEN HOUSE FOR FALL ADMISSION TO THE PHILLIPS BETH ISRAEL SCHOOL OF NURSING

The Phillips Beth Israel School of Nursing will be hosting an open house for those interested in learning more about the School’s new RN-BSN Program. Applications are being accepted for the Fall 2015 semester until June 1. Email Maria Gallo at mgallo@chpnet.org, to RSVP to the event. Light Refreshments will be served. Visit the School’s website for more information at www.pbisn.edu.

Wednesday, May 20, 6 – 8 pm
776 Sixth Avenue
New York, NY 10001
Suite 4A, Classrooms 5

FREE SKIN CANCER SCREENINGS

All Mount Sinai Health System staff, their friends and families, and the public, are invited to obtain a total body skin examination. The screening is for walk-ins only, and does not require appointments:

Department of Dermatology at Mount Sinai Roosevelt
Wednesday, May 20, 5:30 – 8 pm
425 West 59th Street
Suite 5C

ANNOUNCING ICAHN SCHOOL OF MEDICINE AT MOUNT SINAI’S SUPPORT FOR CROWDFUNDING APPLICATIONS

Crowdfunding is a mechanism to fund a project by collecting small amounts of money from a large number of people, and has emerged as an important way to raise funds to expand ongoing initiatives to cure disease and improve patient care. This is done via direct appeals through crowdfunding internet sites where one presents an idea and how much they will need to accomplish the project.

To assist Mount Sinai faculty and students in tapping this new funding method, resources have been developed to enable those interested to launch a successful crowdfunding campaign. Members of the Mount Sinai community are now able to leverage Mount Sinai’s reputation as well as infrastructure to give your project additional credibility with potential donors.

Those interested can visit the Icahn School of Medicine at Mount Sinai’s new crowdfunding page at http://icahn.mssm.edu/about-us/for-faculty/researchers/crowdfunding-as-a-mechanism-to-fund-your-ideas.

NEUROSURGERY RESEARCH DAY 2015 AND THE VED P. SACHDEV, MD, MEMORIAL LECTURESHP

The Department of Neurosurgery is hosting its Nineteenth Annual Research Day, where selected Neurosurgery faculty, staff, and researchers will present their research highlights. The Research Day will follow the Fourteenth Annual Ved P. Sachdev, MD, Memorial Lectureship, with Eric M. Genden, MD, FACS, Isadore Friesner Professor, and Chairman of Otolaryngology, Head and Neck Surgery, as this
year’s featured lecturer. For more information, contact Jillian Beroza at jillian.beroza@mountsinai.org.

Wednesday, June 10, 7:30 – 11 am
Annenberg Fifth Floor
Boardroom

CME COURSES AND CONFERENCES

CONSORTIUM OF NEW YORK GERIATRIC EDUCATION CENTERS

Register now for upcoming Core Days and electives, part of a 35-hour Geriatric Scholar Certificate program. Seminars are aimed at improving and expanding geriatric health care, particularly for low-income, multi-ethnic, and underserved older adult populations. Each training day is accredited for 7.0 CME credits by the Icahn School of Medicine at Mount Sinai. The program is intended for health care and social service providers and faculty from a range of disciplines and areas of expertise. For more information and to register, visit www.nygec.org, or email cnygec@mssm.edu.

MOUNT SINAI HEART: TOPICS IN CARDIOLOGY

This CME dinner meeting is designed to update primary care practitioners on the latest advances in cardiology. The meeting will review Trans-catheter Aortic Valve Replacement (TAVR), current approaches to the diagnosis and therapy of pulmonary embolism, and advances in the management of mitral valve disease. For more information, email robbinsoffice@gmail.com or call 718-760-0011.

Wednesday, May 20, 6:30 – 9:30 pm
Dee’s Restaurant
107-23 Metropolitan Avenue
Forest Hills, NY

THE PAGE AND WILLIAM BLACK POSTGRADUATE SCHOOL FOR CONTINUING EDUCATION

The Office of Continuing Medical Education (CME) offers seminars, conferences, grand rounds, and live webcasts for physicians and other health professionals to extend their knowledge and remain current in their specific fields. For more information on courses, including times, visit www.mssm.edu/cme/courses, email cme@mssm.edu, or call the Office of CME at 212-731-7950.

GRAND RoundS, LECTURES, AND SEMINARS

ST ructURAL AND CHEMICAL BIOLOGY SEMINAR SERIES

Sandy Chang, MD, PhD, Associate Professor, Laboratory Medicine, Pathology, Yale School of Medicine, presents “How Telomeres Repress Aberrant DNA Repair at Chromosome Ends.”

Thursday, May 14, 11 am – Noon
Hess Center, Seminar Room B

CHARLES B RONFMAN INSTITUTE FOR PERSONALIZED MEDICINE SEMINAR SERIES

Julie Johnson, PharmD, Dean, College of Pharmacy, Distinguished Professor, Pharmacy, Medicine (Cardiovascular), Director, Center for Pharmacogenomics, Director, Shands Personalized Medicine Program, University of Florida, presents “Cardiovascular Pharmacogenomics: Discovery through Clinical Implementation.”
Thursday, May 14, Noon – 1 pm  
Annenberg 12-01

FRIEDMAN BRAIN INSTITUTE TRANSLATIONAL NEUROSCIENCE SEMINAR SERIES

Christopher Evans, PhD, Director, Brain Research Institute, Hatos Center for Neuropharmacology, Professor, Psychiatry and Biobehavioral Sciences, Semel Institute, University of California at Los Angeles, presents “Opioids: In Orchestrating Affective States and Enabling Male Silliness.”

Thursday, May 14, 1 pm  
Hess Center, Seminar Room

Hongjun Song PhD, Director, Stem Cell Program, Institute for Cell Engineering, Professor, Neurology, Neuroscience, Johns Hopkins School of Medicine, presents “Dynamic DNA Methylation Regulates Neuronal Flexibility.”

Thursday, May 21, 1 pm  
Hess Center, Seminar Room

Robert Edwards, MD, Cahill Family Endowed Chair in Parkinson’s Disease Research, Professor, Neurology, Physiology, University of California, presents “Bioenergetics and Behavior.”

Thursday, May 28, 1 pm  
Hess Center, Seminar Room

ENDOCRINOLOGY GRAND ROUNDS

Stine Linding Andersen, MD, Senior Research Fellow, Endocrinology, Clinical Biochemistry, Aalborg University Hospital, Denmark, presents “The New Biology of Diabetes: The Edward Merker Lectureship in Translational Endocrinology.”

Thursday, May 14, 5 – 6 pm  
Atran Building, AB4-11

Kalmon Post, MD, Chairman Emeritus, Professor, Neurosurgery, Medicine, and Oncological Sciences, and Erika Villanueva, MD, Second Year Fellow, Endocrinology, Diabetes and Bone Diseases, present “Pituitary Rounds.”

Thursday, May 21, 5 – 6 pm  
Atran Building, AB4-11

Azeez Farooki, MD, Assistant Attending Physician, Endocrinology Service, Memorial Sloan Kettering Cancer Center, Assistant Professor, Clinical Medicine, Weill Cornell Medical College, presents “Skeletal Fragility in Cancer Patients: Clinical Considerations.”

Thursday, May 28, 5 – 6 pm  
Atran Building, AB4-11

DIVISION OF OCCUPATIONAL MEDICINE SEMINAR SERIES

Jean Weiner, Administrator, World Trade Center Health Program Data Center, presents “Occupational Medicine and the Response to the World Trade Center Disaster.”

Friday, May 15, 8 – 9 am  
Annenberg Fifth Floor Felt Room

Emily Locker, LCSW, Department of Psychiatry, presents “Dialectic Behavioral Group Therapy.”

Friday, May 22, 8 – 9 am  
Annenberg Fifth Floor Felt
GENETICS AND GENOMICS GRAND ROUNDS
Pin-Xian Xu, PhD, Associate Professor, Genetics and Genomic Sciences, and Developmental and Regenerative Biology, presents “Regulatory Network Controlled by Eyes Absent as a Transcription Factor and a Phosphatase during Development.”
Friday, May 15, 11 am – Noon
Hess Center, Seminar Room

PATHOLOGY GRAND ROUNDS
Christine Bergeron, MD, PhD, President, European Federation of Colposcopy, Head of Department of Pathology, Laboratoire Cerba, Cergy Pontoise, France, presents "How Molecular Research Could Modify Our Practice for Cervical Cancer Prevention.” Approved for up to 1.0 credit per hour of Category 1 CME Credit.
Friday, May 15, 11:45 am – 1 pm
Hatch Auditorium

RECANATI/MILLER TRANSPLANTATION INSTITUTE LECTURE SERIES
Rakesh Sindhi, MD, FACS, Professor, Surgery, Hillman Center for Pediatric Transplantation, Children’s Hospital of Pittsburgh, Thomas E. Starzl Transplantation Institute, University of Pittsburgh Medical Center, presents “Immune Monitoring for Transplant Patients.”
Friday, May 15, Noon – 1 pm
Icahn Medical Institute, Room 4-82

MEDICINE GRAND ROUNDS
Leslie D. Kerr, MD, Professor, Medicine (Rheumatology), Geriatrics and Palliative Care, presents “The Use of Biologic Therapies in the Elderly.”
Tuesday, May 19, 8:30 – 9:30 am
Hatch Auditorium

Radha Gopalan, MD, Associate Professor, Medicine, Cardiology, presents “Eighteen Shades of Heart Failure.”
Tuesday, May 26, 8:30 – 9:30 am
Hatch Auditorium

Jorge E. Gomez, MD, Associate Professor, Medicine (Hematology and Medical Oncology), presents “Update in Lung Cancer.”
Tuesday, June 2, 8:30 – 9:30 am
Hatch Auditorium

Ronald Hoffman, MD, Professor, Medicine (Hematology and Medical Oncology), presents “New Insights into the Pathophysiology and Therapy of Polycythemia Vera.”
Tuesday, June 9, 8:30 – 9:30 am
Hatch Auditorium

POPULATION HEALTH SCIENCE AND POLICY GRAND ROUNDS
Octavio Luis Perez, PhD Candidate, Multidisciplinary Science, Lighting and Health Care, Rensselaer Polytechnic Institute, presents “Lighting and Health Care: Translational Research.”
Tuesday, May 19, 1 – 2 pm
Hess Center, Seminar Room
Christopher B. Forrest, MD, PhD, Professor, Pediatrics, Healthcare Management, University of Pennsylvania, presents “Lighting and Health Care: Translational Research.”
Tuesday, June 2, 1 – 2 pm
Hess Center, Seminar Room

GRADUATE PROGRAM IN PUBLIC HEALTH LECTURE
Mallika Dutt, Founder, President, CEO, Breakthrough, presents “Spotlight in Public Health: Human Rights Start With You.”
Tuesday, May 19, 5:30 pm
Hatch Auditorium

ANESTHESIOLOGY GRAND ROUNDS
Oliver Panzer, MD, Assistant Professor, Anesthesiology, Critical Care, Columbia University College of Physicians and Surgeons, presents “Perioperative Chest Ultrasound.”
Wednesday, May 20, 6:30 – 8:10 am
Annenberg 13-01

Amanda Rhee, MD, Assistant Professor, Anesthesiology, and Zdravka Zafirova, MD, Assistant Professor, Anesthesiology, present “Hand Hygiene-Preoperative Testing.”
Wednesday, May 27, 6:30 – 8:10 am
Annenberg 13-01

Joel A Kaplan, MD, Professor, Anesthesiology, Dean Emeritus, School of Medicine, University of California, San Diego, presents “Open Thoracoabdominal Aortic Aneurysm Repair.”
Wednesday, June 3, 6:30 – 8:10 am
Annenberg 13-01

Andrew B. Leibowitz, MD, Professor, Anesthesiology, Surgery, Icahn School of Medicine at Mount Sinai, Chair of Anesthesiology, Mount Sinai Health System, presents “Transsphenoidal Hypophysectomy.”
Wednesday, June 10, 6:30 – 8:10 am
Annenberg 13-01

UROLOGY GRAND ROUNDS
Anthony J. Casale, MD, Professor, Clinical Urology, Pediatrics, Chief, Division of Pediatric Urology, Montefiore Medical Center, presents “Transplantation in the Abnormal Bladder.”
Wednesday, May 20, 7 – 8 am
Hess Center, Seminar Room

NEUROSURGERY GRAND ROUNDS
Saadi Ghatan, MD, FAANS, Chairman, Neurosurgery, Mount Sinai St. Luke’s-Roosevelt, Director, Pediatric Neurosurgery, Mount Sinai Health System, and Allen H. Maniker, MD, FAANS, Professor, Chief, Neurosurgery, Mount Sinai Beth Israel, present “Quality Assurance: The Mount Sinai Hospital and Affiliates.”
Wednesday, May 20, 7 – 8 am
Annenberg Fifth Floor Boardroom

Nadejda Tsankova, MD, PhD, Assistant Professor, Pathology, Neuroscience, presents “Histological and
Molecular Stratification of Gliomas using ATRX Immunohistochemistry: Lessons Learned from Recent Cases.”

Wednesday, May 20, 8 – 9 am

Annenberg Fifth Floor Boardroom

Spine Conference Combined with Orthopaedics.

Wednesday, May 27, 7 – 8 am

Annenberg Fifth Floor Boardroom

Errol Gordon, MD, Assistant Professor, Neurosurgery, presents “P.I. Committee.”

Wednesday, May 27, 8 – 9 am

Annenberg Fifth Floor Boardroom

**PREVENTIVE MEDICINE GRAND ROUNDS**

Michael J. Kosnett, MD, MPH, Associate Clinical Professor, Division of Clinical Pharmacology and Toxicology, University of Colorado School of Medicine, Associate Adjunct Professor, Department of Environmental and Occupational Health, Colorado School of Public Health, Attending Physician Rocky Mountain Poison and Drug Center, presents "Health Hazards of Low-Level Lead Exposure to Adults and the California Initiative for an Updated Workplace Lead Standard.”

Wednesday, May 20, Noon

CAM Building, D5-122

**DEVELOPMENTAL AND REGENERATIVE BIOLOGY SEMINAR SERIES**

Tilo Kunath, PhD, Professor, MRC Center for Regenerative Medicine, University of Edinburgh, Edinburgh, United Kingdom, presents “CRISPT: Engineered iPSCs and Rats to Model Parkinson’s Disease.”

Wednesday, May 20, Noon – 1 pm

Annenberg 25-51

Markus Grompe, MD, Director, Oregon Stem Cell Center, Director, Papé Family Pediatric Research Institute, Ray Hickey Chair, Professor, Department of Pediatrics, Oregon Health and Science University, presents "Do Liver Stem Cells Exist?"

Thursday, May 28, Noon – 1 pm

Annenberg 25-51

**INFORMATION TECHNOLOGY AND CLINICAL INFORMATICS TEAM / DEPARTMENT OF MEDICINE AT MOUNT SINAI SPECIAL LECTURE**

Robert M. Wachter, MD, Professor, Associate Chairman, Department of Medicine, Chief, Division of Hospital Medicine, University of California at San Francisco, presents “The Digital Doctor: Hope, Hype and Harm at the Dawn of Medicine’s Computer Age.”

Wednesday, May 20, 2 – 3 pm

Annenberg 12-01

**CRITICAL CARE GRAND ROUNDS**

Steven Hollenberg, MD, Professor, Medicine, Director, Coronary Care Unit, Cooper Medical School of Rowan University, presents “The Coronary Care Unit: Past, Present and Future.”

Wednesday, May 20, 3 pm

Hess Center, Davis Auditorium
Eric M. Genden, MD, FACS, Isadore Friesner Professor, Chairman, Otolaryngology, Head and Neck Surgery, and Tamar Kotz, MS, CCC, SLP, Voice and Swallowing Pathologist, Otolaryngology-Head and Neck Surgery, present “Tracheostomy: Fear Not.”

*Wednesday, May 27, 3 pm*    
Hess Center, Davis Auditorium

Paul H. Mayo, MD, Professor, Pulmonary Disease, Critical Care Medicine, Internal Medicine, Academic Director, Medical Intensive Care Unit, North Shore Hospital, Long Island Jewish Medical Center, presents “Critical Care Ultrasonography.”

*Wednesday, June 10, 3 pm*    
Hess Center, Davis Auditorium

**DERMATOLOGY GRAND ROUNDS**

Dermatology Residents present “Residents’ Research.” This presentation will offer a synopsis of clinical and lab research that was conducted by Dermatology Residents in different areas of Dermatology and Dermatologic Surgery over the course of the academic year.

*Thursday, May 21, 8 am*    
Hess Center, Seminar Room

**DIABETES GRAND ROUNDS**

Steven Coca, MD, Senior Faculty, Medicine (Nephrology), presents “Type 1 Diabetes and Autoimmune Thyroiditis: The Genetic Connection.”

*Thursday, May 21, 8:30 – 9:30 am*    
Atran Building, AB4-11

David Lam, MD, Assistant Professor, Medicine (Endocrinology, Diabetes and Bone Disease), presents “Morbidity and Mortality.”

*Thursday, May 28, 8:30 – 9:30 am*    
Atran Building, AB4-11

**THE DEPARTMENT OF REHABILITATION MEDICINE PRESENTS THE 2015 SOFFIA WATHNE MEMORIAL LECTURE**

V. Reggie Edgerton, PhD, Distinguished Professor, Neurobiology, Integrative Biology, Physiology, Neurosurgery, Member, Brain Research Institute, University of California, Los Angeles, presents “Potential and Mechanisms of Novel Neuromodulatory Interventions for Motor Recovery.”

*Thursday, May 21, 5 pm*    
Goldwurm Auditorium

**PHARMACOLOGY AND SYSTEMS THERAPEUTICS SEMINAR SERIES**

Lucy R. Forrest, DPhil, Investigator, Computational Structural Biology Unit, National Institutes of Health-NINDS, presents "The Value of Repetition: Computational Studies of Pseudo-Symmetrical Membrane Transport Proteins."

*Tuesday, May 26, 4 – 5 pm*    
Hess Center, Seminar Room

**NEUROLOGY GRAND ROUNDS**
Steven Frucht, MD, Professor, Neurology, presents “Movement Disorders Showcase.”
Wednesday, May 27, 8 – 9 am
Hess Center, Davis Auditorium

**WELLNESS EVENTS**

**MOUNT SINAI PARENT (MSP)**
Mount Sinai Parent provides faculty and staff with a forum to obtain support, education, and additional resources as they relate to being a working parent, as well as opportunities to network with fellow moms and dads. To RSVP, please email alisa.melendez@mountsinai.org.

**DIABETES PREVENTION PROGRAM AT MOUNT SINAI**
The Mount Sinai Diabetes Center and the YMCA of Greater New York, through its YMCA Diabetes Prevention Program (YDPP), are offering a fitness and health coaching program at Mount Sinai aimed at reducing the risk for diabetes. The 16-week program is designed for adults who are at risk for diabetes (risk factors include: overweight, family history, or personal history of gestational diabetes), or have a diagnosis of pre-diabetes. The Diabetes Prevention Program is free and open to all Mount Sinai employees, patients, and local community members. Mount Sinai employees covered by United Healthcare should call 800-237-4942 to register for the program. Individuals interested in the program who are not covered by United Healthcare (this includes NYSNA nurses and medical students), can call 212-912-2524. Those unsure of their risk for diabetes can take a short quiz located at http://intranet1.mountsinai.org/HumanResources/Wellness/Mount%20Sinai%20Risk%20Quiz.pdf. To learn more about the fitness program visit http://www.mountsinai.org/patient-care/service-areas/diabetes/living-with-diabetes/community-outreach.

**JUNE IS MEN’S HEALTH AWARENESS MONTH**
June is Men’s Health Awareness Month, and the Department of Urology will be hosting a Wellness Wednesday table to teach Mount Sinai staff and visitors about the unique health needs of men. Experts from the Mount Sinai Men’s Health Center will be available to answer questions about key diseases that affect men and preventive strategies for lowering risk. Representatives from Crunch Fitness will also be on site from 11 am to 1 pm offering no-enrollment fee memberships, performing body fat analyses, and setting up complementary training sessions.
Wednesday, June 3, 10 am – 2 pm (Wellness Table) Guggenheim Atrium

**WEIGHT WATCHERS AT WORK MEETINGS**
To fulfill the health and wellness needs of Mount Sinai employees, the Weight Watchers at Work program will be holding a Spring series at The Mount Sinai Hospital. Weekly sessions will be held for 12 weeks. For more information, e-mail alisa.melendez@mountsinai.org.
Tuesdays, through June 30, 5 – 6 pm

**FRIDAY MINDFULNESS SESSIONS**
The Mount Sinai Hospital, through a group of experienced mindfulness teachers, is providing an opportunity for all members of the hospital community to learn and practice simple mindfulness techniques that have proven to be effective in reducing stress and promoting physical, mental, and
spiritual well-being. Staff, patients, and families are welcome. No experience is necessary. For additional information, contact Mickie.Brown@mssm.edu.

MOUNT SINAI YOGA PROGRAM
The Mount Sinai Yoga Program is hosting weekly Vinyasa yoga classes on Thursday evenings from 5:30 – 6:30 pm in the Annenberg Student Lounge. The classes are open to students, faculty, and staff, and are appropriate for all levels. Mats and accessories are available for use. There is a suggested $10 donation for faculty and staff. For more information and to be added to the email list, contact mountsinaiyogaprogram@gmail.com.

EMPLOYEE ASSISTANCE PROGRAM: CHILD CARE AND SUMMER CAMP SERVICES
The Employee Assistance Program (EAP) offers information regarding New York City public schools, daycare, and summer camp for children. For information about these services, call the Employee Assistance Program at 212-241-8937. The EAP is located on-site, at 19 East 98th Street, Suite 3A.

EMPLOYEE ASSISTANCE PROGRAM
The Mount Sinai Employee Assistance Program (EAP) offers free, confidential, short-term counseling for employees and their family members. To schedule an appointment with an EAP professional, call 212-241-8937. The EAP is located on-site, at 19 East 98th Street, Suite 3A.

THE ‘MOUNT SINAI MILE’ INDOOR WALKING ROUTE
Mount Sinai Heart and the Wellness Initiative have mapped a one-mile indoor walking route through The Mount Sinai Hospital campus to help staff meet their physical activity goals at work. The American Heart Association recommends at least 30 minutes of moderate-intensity aerobic activity at least five days per week. Staff is encouraged to use the map at http://www.mountsinai.org/patient-care/service-areas/heart/mount-sinai-mile, follow the ‘Mount Sinai Mile’ signs while on lunch break, or hold a walking meeting along the ‘Mount Sinai Mile’ route. For more information, email Abby Schwartz, MBA, BSN, RN, at Abby.Schwartz@mountsinai.org.

MOUNT SINAI’S WEIGHT MANAGEMENT PROGRAM
The program offers weekly orientation sessions titled “Toward Lasting Better Health.” The sessions, led by physicians and dietitians, aim to help people who are trying to lose 30 or more pounds and require patients to receive a comprehensive obesity screening by an endocrinologist before starting. The sessions take place on Mondays at 5 pm in the Atran Building’s Fourth Floor Conference Room, AB4-11. To reserve a seat, call 212-241-4991.

ANNOUNCEMENTS AND EVENTS
CERTIFIED DIABETES EDUCATOR / DIABETES EDUCATOR AVAILABLE FOR EMPLOYEES
Mount Sinai is now offering employees the support of a Certified Diabetes Educator and Registered
Dietitian at the Mount Sinai Doctors Faculty Practice, Primary Care Associates (FPA Primary Care Associates). CDEs specialize in diabetes education and nutrition and will work personally with employees to teach them about their medicines and how to monitor blood sugar levels, help them create a healthy and easy-to-follow meal plan for them and their family, and work with them to develop a diabetes care plan. This diabetes self-management education program, The Diabetes Alliance, is offered for free, and those interested can contact the Employee Care Coordinator at 212-241-9355 to schedule an initial appointment with the Certified Diabetes Educator. The FPA Primary Care practice is located at 10 East 102nd Street on the 6th Floor. For more information, call Abby Schwartz, Director of the Diabetes Alliance, at 917-574-6273.

COMMUNITY HEALTH EVENTS AT MOUNT SINAI ST. LUKE’S

15th Annual Women’s Health Conference
This conference will cover various topics related to women’s health including: Women and Heart Disease, Mental Health and Wellness, and Women and Diabetes. A continental breakfast and hot lunch will be served at this event. For more information, or to register, call 212-523-4001.

Saturday, May 16, 9 am – 4 pm
Mount Sinai St. Luke’s
Muhlenberg Conference Center

MOUNT SINAI KICKBALL TOURNAMENT
All Mount Sinai Health System faculty and staff are welcome to join this kickball tournament that will be followed by a two-hour open bar. The event is sponsored by Mount Sinai Beth Israel’s Graduate Medical Education Office, and is aimed at promoting wellness through physical activity. For more information, contact Kendall Tanal, Director, Graduate Medical Education, Mount Sinai Beth Israel, at 212-420-3842.

Saturday, May 23, 11:30 am – 2:30 pm
Firefighters Field
405-425 Main Street
New York, NY, 10044
(Roosevelt Island)
Riverwalk Bar and Grill
425 Main St
New York, NY, 10044
(Roosevelt Island)

ART AUCTION FEATURING WORKS BY ANGELO ROMANO
This art auction will feature work by Angelo Romano, a Spanish-Brazilian artist living in New York who has had his work exhibited in both New York and abroad. His style is defined as naïve and surrealistic. His paintings represent his metaphysical experiences, some religious and some fantastical. Proceeds from the auction will be shared between the artist and Hope Community, Inc., which is a community-based not-for-profit affordable housing organization. The Opening bid range for this art auction is $50 – 500. Those interested must RSVP by Thursday, May 21 by emailing romanoauction@hopeci.org or calling 212-860-8821 (ext. 117).

Thursday, May 28, 6 – 7:30 pm
Annenberg West Lobby

MEDICAL INTERPRETER TRAINING
The Mount Sinai St. Luke’s-Roosevelt Language Services Department will hold two-day medical
interpreting training for all Mount Sinai Health System staff and faculty that are interested. Additionally, those who have native fluency in a foreign language and want to acquire additional skills, can contact Maribel Fiol at 212-523-2187 or mfiol@chpnet.org.

Saturdays, June 6, 13, 9 am – 4 pm

Mount Sinai St. Luke's
1111 Amsterdam Avenue
At 114 Street

BLOOD PRESSURE SCREENING

Health educators from Mount Sinai Beth Israel are available on certain days to perform free blood pressure screenings and explain the results.

Tuesday June 9, 2 – 3 pm

Mount Sinai Beth Israel
Podell Auditorium
Bernstein Pavilion
9 Nathan D. Perlman Place
Corner of 16 Street
Between 1st and 2nd Avenues

BIOSTATISTICS SUMMER PROGRAM FOR CLINICAL RESEARCH

The Biostatistics Summer Program for Clinical Research is an educational initiative that stems from a collaboration between the Center for Biostatistics and the Department of Population Health Science and Policy at the Icahn School of Medicine at Mount Sinai. The mission of the three-week Summer Program is to increase the research capacity of clinical investigators, fellows, residents, postdocs, and public health professionals, by providing application-driven instruction in biostatistics and statistical programming. Participants of the Summer Program, through rigorous, theory-based lectures and hands-on statistical programming in SAS, will gain a foundation in the following areas:

- Probability and Statistical Inference
- Essential Elements of Study Design including Sample Size/Power Calculations
- Hypothesis Testing for Continuous and Categorical Data
- Simple and Multiple Linear Regression
- Simple and Multiple Logistic Regression

Participants will receive a total of 42 hours of intensive, in-person theory and SAS-related instruction, over the three-week duration of the Summer Program, by the Center for Biostatistics’ faculty. Each participant is expected to purchase a SAS license and install SAS on his/her laptop prior to the Program’s start. In cases where this may be difficult, a small number of laptops with SAS installed will be available to rent for the duration of the workshop, but on a first come, first served basis.

To register for the Program, and to pay the registration fee of $2000, visit http://icahn.mssm.edu/departments-and-institutes/population-health-science-policy=center-for-biostatistics/education/biostatistics-summer-program-for-clinical-research. Note: Registration is limited to the first 40 applicants. For more information, email Stefano Malerba at stevie.malerba@gmail.com.

Mondays – Thursdays, July 6 – July 23, 3 – 6:30 pm

ENJOY LOCAL, ORGANIC FOOD AS A MEMBER OF THE MOUNT SINAI FARM
SHARE
Registration is now open for the 2015 season of Mount Sinai Farm Share, a Community Shared Agriculture (CSA) program that offers local, organic produce from Stoneledge Farm, delivered weekly during the 24-week harvest season (June through November). The distribution site is conveniently located outside of the Icahn building at 99th Street and Madison Avenue. Those interested may purchase a vegetable share and additional fruit, mushroom, or coffee shares by visiting https://www.stoneledgefarmny.com/. For more information, email mountsinaifarmshare@gmail.com.

COLORECTAL CANCER OUTREACH PROGRAM
The Witness CARES program is a culturally targeted community outreach program designed to increase knowledge about colorectal cancer in the African American community and improve adherence to recommended screening guidelines. The educational presentation is roughly 90 minutes and includes a culturally based educational video reviewing facts about colorectal cancer and screenings, while also providing valuable resources. Programs are held at Mount Sinai and throughout the New York City community. For more information, contact Clarissa Martinez at 212-824-7803, or Karent Zorogastua at 212-824-7806.

MOUNT SINAI RISING PROFESSIONALS
The Rising Professionals is a group dedicated to developing the professional workforce of the Mount Sinai Health System by offering employees opportunities for professional and personal growth. To join the distribution list for the Rising Professionals, email risingprofessionals@gmail.com.

POSTING CLINICAL RESEARCH PROJECTS ON THE MOUNT SINAI HEALTH SYSTEM WEBSITE
Employees can request that their studies be added to the clinical research listings on the Mount Sinai website. Using the web form found at https://erap.mssm.edu/Public/ORSClinicalTrials.aspx, one can submit a request to add, update, or delete a web page from the clinical research listings at http://icahn.mssm.edu/research/clinical-trials. For more information, contact research.services@mssm.edu.

STAT-CHAT: WALK-IN CONSULTATION SERVICE
The Center for Biostatistics at Mount Sinai has launched STAT-CHAT: a free, walk-in, consultation service meant to resolve easy problems and answer quick questions about such topics as data analysis, study design, and database. All faculty, fellows, residents, staff, or medical students are welcomed to use this service for quick statistics-related questions. STAT-CHAT is offered once a week with two statisticians available for an hour on a first-come, first-served basis. Each consultation should be about 15 minutes.
Mondays, 2 – 3 pm  Icahn Medical Institute, L2-82

OPHTHALMOLOGY OPTICAL SHOP UPDATE
The Department of Ophthalmology’s Optical Shop encourages employees to take care of their eyes. The shop is currently offering a one-time additional five-percent discount on all purchases over $300.00. The
Optical Shop also offers employees a 20-percent discount on a wide assortment of sunglasses and glasses. Shalaya Arias, a department optician, will be available to show visitors the shop’s latest designer frames for adults and children. The department encourages employees to use their Flexible Spending Account at the Optical Shop. Customers must still adhere to the shop’s 90-day “pay for your glasses” policy. The shop’s hours of operation are Monday to Friday from approximately 10 am – 5 pm, and no appointment is necessary. For more information, call 212-241-0939.

17 East 102nd Street, Eighth Floor
Across from the
Ophthalmology Department

BREAST AND CERVICAL CANCER OUTREACH PROGRAMS

Esperanza y Vida and The Witness Project of Harlem are culturally based community outreach programs that teach the importance of breast and cervical cancer health and screenings. The programs are led by women in the community, including breast and cervical cancer survivors who provide testimonials. Programs are held at Mount Sinai every other month and throughout the community. For more information, contact Clarissa Martinez at 212-824-7803, Cristina Villagra at 212-824-7804, or Helen Nunez at 212-824-7801.

STORYCORPS PARTNERING WITH MOUNT SINAI

StoryCorps Legacy, a program of the national oral history project StoryCorps, is partnering with The Child Life and Creative Arts Therapy Department at the Mount Sinai Kravis Children’s Hospital to record and preserve stories from Mount Sinai staff.

For 40 minutes, participants will have the opportunity to answer questions, such as:
• How would you describe yourself?
• Who has had the biggest influence on you?
• What are you most proud of?

Participants will receive a free CD recording to share with family and friends. With their permission, a second copy will be archived in the American Folklife Center at the Library of Congress. StoryCorps Legacy is an audio project only – no video will be taken. For more information, visit http://storycorps.org/legacy. Recordings are taking place now and will continue until further notice. Contact Lori Lerma at 212-241-6975 or lori.lerma@mountsinai.org to schedule an interview.

A RESEARCH OPPORTUNITY FOR EVERYONE

Mount Sinai and other research institutions across the country have joined together to create ResearchMatch.org. This easy-to-use tool allows interested volunteers to make themselves available as research study participants for studies that are right for them, and helps research studies from ending due to lack of participation. Volunteers of any age, race, ethnicity, or health status are invited to join. Volunteer privacy is protected. To learn more visit https://www.researchmatch.org?route=mount_sinai.

CALLING ALL MOUNT SINAI ALUMNI

Alumni can be kept informed of Mount Sinai happenings by sending their non-MSSM e-mail address to Alumni Relations at alumni@mssm.edu and by “Liking” Mount Sinai Alumni on Facebook and following Mount Sinai Alumni on LinkedIn.

DISPLAY OF EXCELLENCE
The Display of Excellence, located in front of the Plaza Café, is a way for managers to give their employees recognition for outstanding service. The employee’s photo and manager’s words of recognition will be posted on the display. Managers can use the display if an employee provides excellent customer service, innovative new ideas, successful project completion, safety efforts, patient satisfaction improvements, or as retirement recognition, and more. Entries will be kept on display for three months. Guidelines: Must be a manager to submit an entry, employee must be in good standing with Mount Sinai, each supervisor may enter no more than two individuals or one team each month, employees may be recognized multiple times throughout the year if each entry is for a separate and unique accomplishment. For more information, email Michelle Cruz at Michelle.Cruz@mountsinai.org or call x41944.

**TALENT DEVELOPMENT AND LEARNING**

**LEY LIBRARY EDUCATION CLASSES**

Read more about classes and register online for classes at: [http://librarycf.mssm.edu/levy/classes/](http://librarycf.mssm.edu/levy/classes/). For more information and location information, email Levy Library Reference at refdesk@mssm.edu, or call 212-241-7791.

**RefWorks Basics**

*Friday, May 22, 1 – 2 pm*

**MOUNT SINAI TALENT DEVELOPMENT AND LEARNING**

Talent Development and Learning, formerly the Division of Training and Education, has a new institution-wide learning management system called PEAK (Portal for Education and the Advancement of Knowledge). Employees can now register online for all Talent Development and Learning classes by logging on to the PEAK website, then clicking on the 'Classroom-Based Training' section. By registering online, individuals no longer will need to fax their registration forms. For more information, contact Talent Development and Learning at 212-241-1944, or register at [http://peak.mountsinai.org](http://peak.mountsinai.org). In order to log on to PEAK, employees will need to use the credentials used to log into their e-mail. To identify the proper credentials, visit [http://password.mountsinai.org](http://password.mountsinai.org) or call the help desk at 4-HELP.

- **Access Query Design**

In this class, participants will learn how to select different parameters, update queries and append records. Different query types and ways to have Access ask for input information will also be reviewed. *Thursday, May 14, 1:30 – 5 pm*

- **Managing Transitions in the Workplace**

This workshop is designed to provide leaders with the skills and knowledge needed to guide their teams through an organizational change in a manner that helps employees handle both change and transition. Join other leaders from the Mount Sinai Health System’s corporate departments to discuss strategies and tactics to help employees adjust to change. Leaders must be able to quickly transform their work units and help employees adjust to new approaches to work. The session also highlights what leaders can do to implement organizational changes while simultaneously helping employees manage themselves through personal transitions. *Friday, May 15, 1:30 – 4:30 pm*  

*The Mount Sinai Hospital*
**Communicating as a Leader**
This session will review how to frame messages in line with a receiver’s experience, background, and expectations; how to check for understanding; and how to correctly interpret messages from others and respond accordingly.

*Monday, May 18, 10:30 am – 12:30 pm*  
*Mount Sinai Beth Israel – PACC*

**Showcasing your Professional Image**
This session will explore professional image and what it encompasses, allowing participants to examine desired standards of professionalism, offer the opportunity to incorporate those standards into their own styles, and design effective ways to communicate and role model professionalism in today’s workplace.

*Tuesday, May 19, 10 am – 12:30 pm*  
*The Mount Sinai Hospital*

**Embracing Change**
This class aims to teach participants how change can affect them and how they can minimize negative responses to change.

*Tuesday, May 19, 2 – 5 pm*  
*The Mount Sinai Hospital*

**Projecting your Positive Personality on the Telephone**
This class will help participants improve their communication skills by creating their own telephone image. Participants will learn ways to consistently project their positive personality so callers perceive them and Mount Sinai in a favorable way.

*Wednesday, May 20, 9:30 am – Noon*  
*The Mount Sinai Hospital*

**CUNY School of Professional Studies: Information Sessions**
In these sessions, participants will learn more about the Human Relations College program at the CUNY School of Professional Studies that is designed to enhance skills and knowledge used on the job while providing an important foundation for further college study. This program is geared toward working adults at various points in their college careers.

**Mount Sinai St. Luke’s**
*Wednesday, May 20, 11:15 am – 1:30 pm*  
*1111 Amsterdam Ave  
Lobby*

**Mount Sinai Roosevelt**
*Wednesday, May 27, 11:15am – 1:30pm*  
*1000 Tenth Ave  
Lobby*

**Managing Emotions in the Workplace**
This class will review the competencies of emotional intelligence and how these elements build one’s sensitivity, so individuals can improve their relationships with others at work. Topics will include emotional intelligence, how EI impacts performance in the workplace, and what individuals can do to increase their EI levels.

*Wednesday, May 20, 2 – 4 pm*  
*The Mount Sinai Hospital*
- **Excel Charting Basics**
  In this class, participants will learn to summarize Excel data using charts. Topics include chart types and their uses, the Chart tools design, layout and format tabs, and integrating charts into Word and PowerPoint.
  *Thursday, May 21, 9 am – 12:30 pm*

- **Taking on Greater Responsibility**
  This session will cover self-coaching strategies that will help participants make changes or improvements in their attitude about work, behavior at work, work performance, and their personal sense of self.
  *Thursday, May 21, 9 am – Noon*
  *(Mount Sinai Beth Israel)*

- **Excel Calculations Lab**
  In this class, participants will get to know the formulas and functions learned in the Excel Calculations course by further practicing them. Lab exercises will be provided to help with proficiency.
  *Thursday, May 21, 1:30 – 3:15 pm*

- **Excel Lab**
  Prior Excel classes are a prerequisite for this class that aims to enhance participants’ skills in Excel. Exercises and examples will be provided. This is an open Excel Lab, and participants are encouraged to bring any questions related to Excel besides advanced formulas.
  *Thursday, May 21, 3:15 – 5 pm*

- **The iProcurement Training Program**
  The iProcurement training program is a day-long training that will review the creation of purchase requisitions, receipts, and how to process invoices. New employees who must use the system must take this course before being granted access.
  *Friday, May 22, 9 am – 5 pm*
  *(Mount Sinai Beth Israel)*
  *(Multimedia Center)*
  *(Fierman Hall, Sixth Floor)*

- **Toastmasters**
  Toastmasters Members learn to develop comfort and skill when speaking by working with others in a supportive environment. A typical meeting is made up of 10 – 20 people who meet biweekly for an hour. Each meeting gives participants an opportunity to practice conducting meetings, give impromptu speeches, present prepared speeches, and offer constructive evaluation.

- **Walden University – Online Degree Programs**
  For more than 40 years, Walden University has been serving the higher education needs of adult learners. Walden University is now offering Mount Sinai Health System employees the opportunity to pursue a degree or certificate online in a wide selection of health care-related fields of study. To learn about educational opportunities through Walden University and learn about the tuition-reduction offer tailored to the Mount Sinai Health System, call Leah Lopez at 732-306-7720 or email leah.lopez@waldenu.edu.

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**Foreign Language Conversation Groups**
These sessions will allow speakers of all levels to converse. Beginners, intermediate, and advanced speakers are welcome. For more information, email michelle.cruz@mountsinai.org.

**Conversation Partners**
Designed for any level of a given language, Conversation Partners provides an opportunity to improve skills in a specific language by speaking in a safe group of learners. Native speakers are encouraged to attend. E-mail tdl@mountsinai.org for more information and the meeting location.

**English as a Second Language**
Classes are designed to improve written and conversational English with special attention paid to vocabulary, pronunciation, idioms, listening skills, writing, and grammar usage. Complete an assessment on Mondays anytime between 10:30 am and 3 pm. Call 212-241-1944 for more information.

**English Conversation Partners**
Designed for new learners of English, this program provides an opportunity to strengthen English-speaking skills by pairing up with an English-speaking employee or volunteer for one hour a week to practice conversation. This program is open to native English-speaking tutors, as well as students who are learning English. For more information, e-mail tdl@mountsinai.org.

**RESEARCH STUDIES/CLINICAL TRIALS**

**STRESS AND HIV NEUROIMAGING STUDY**
Mount Sinai researchers are seeking volunteers between 37 and 55 years of age, who are either HIV-negative or HIV-positive, to participate in a study examining the effects of HIV and stress on the brain. The study will include two initial interviews to assess eligibility for the more-involved neuropsychological assessment and MRI session. This study will also collect and test blood samples to determine if biomarkers can predict brain functions. Uraina Clark, PhD, Assistant Professor, Neurology, is the principal investigator for this study. For more information, call a study coordinator at the Icahn School of Medicine at Mount Sinai at 212-241-6582. [GCO#13-0466, Approved through 06/09/2015].

**RESEARCH VOLUNTEERS WITH TRAUMATIC BRAIN INJURY NEEDED**
The Brain Injury Research Center at Mount Sinai is seeking people who have had a mild, moderate, or severe traumatic brain injury (TBI) and are experiencing problems in their daily activities. This may include difficulty preparing meals, maintaining a schedule, or coming up with solutions to problems. The research study will evaluate changes in thinking skills that may occur after brain injury. Participants must be at least 18 years of age and not have other neurological diagnoses. Participants will visit Mount Sinai once for about two hours to complete research measures. Compensation will be provided for participation. If interested, call the Brain Injury Research Center at 212-241-5250. [GCO #14-0720, Principal Investigator: Colette Elliot, PhD, IRB approved through 6/26/2015].

**HEALTHY RESEARCH VOLUNTEERS NEEDED**
The Brain Injury Research Center at Mount Sinai is seeking people for participation in a research study. The purpose of the study is to evaluate daily activities and skills for everyday functioning. Participants must be at least 18 years of age and not have had a traumatic brain injury. Participants will visit Mount Sinai once for about two hours to complete research measures. Compensation will be provided for
The purpose of this study is to develop an acanthosis-nigricans-specific quality of life (ANQoL) instrument to measure the impact of acanthosis nigricans on patients’ lives. The Department of Genetics and Genomic Sciences will administer questionnaires and conduct open-ended structured interviews. Based on this data, the department will then generate the ANQoL. Participants must be over 18 years of age, English speakers, and have acanthosis nigricans. They will be asked to undergo a brief physical exam at Mount Sinai to confirm the diagnosis. Participants will receive a $10.00 Visa gift card upon completion of their participation in this study. Those interested should email acanthosis.nigricans@mssm.edu. [GCO 12-0965, IRB approved through 07/16/15].

RESEARCH STUDY ON THE EFFECTS OF SMOKING ON THE DIGESTIVE SYSTEM
The Division of Gastroenterology is looking for individuals who are planning to quit smoking for a study on the effect of smoking cessation on the digestive system. The purpose of this study is to understand how smoking impacts the bacteria and immune system of the intestines. Participants need to be between 18 and 65 years of age, smoke half a pack of cigarettes per day, and be in relatively good health. Participation involves providing blood and stool samples, and having a flexible sigmoidoscopy with biopsies before and after stopping smoking. Up to $400 will be provided to compensate for time and effort. For more information, or to refer possible participants, contact Ryan Ungaro, MD, by emailing ryan.ungaro@mssm.edu, or calling 212-241-0150. [GCO # 14-1179, IRB Approved 8/12/14 - 8/11/15].

OBSESSIVE-COMPULSIVE DISORDER STUDY
The Obsessive-Compulsive Disorder and Related Disorders Program is recruiting for a study investigating the efficacy of group cognitive-behavioral therapy for OCD. Children of 8 to 12 years of age with a diagnosis of OCD are invited to participate. Subjects will participate in a 12-week clinical therapy program at no cost. The group therapy is run by Ariz Rojas, MD, on Monday nights from 5 – 6:30 pm. Subjects will complete pre- and post-test measures (one two-hour visit) and will be compensated for their time, as well as travel costs. For more information, or to register, contact Shannon Gair at Shannon.gair@mssm.edu, or 212-659-1675. [PI: Timothy Rice, MD, GCO # 14-0858, IRB Approved through 8/27/15].

APPETITE AND BODY FAT STUDY
The Division of Endocrinology is looking for healthy diabetic and nondiabetic individuals (both overweight and lean) who are eligible to participate in a study investigating appetite and body fat. Participation will include fasting over the night before the visit (eight hours) and a four to five hour visit during which a brief medical history and appetite questionnaire will be completed; height, weight, pulse, and blood pressure will be measured; blood samples will be taken before and a few times after drinking a test meal; and a biopsy of fat from around the waist will be taken. Participants will receive compensation. For more information, email Eliza Geer, MD, at eliza.geer@mssm.edu. [GCO# 08-0105. MSSM IRB approved through 8/31/15].

ATOPIAN DERMATITIS STUDY
The Department of Dermatology is looking for adults, and children two years of age and older, to participate in a research study to treat mild to severe atopic dermatitis. The study will last several months. Qualified participants will receive a study-related skin exam and study drug at no cost. Health insurance is not needed to participate. For details, call the dermatology clinical trials center at 212-241-6033. [GCO # 12-0424, IRB approved through 8/31/2015].

**MICROBIOME ANALYSIS STUDY**
The Departments of Genetics and Genomic Sciences, and Gastroenterology, are conducting a prospective study exploring mechanism of in utero transmission of bacteria by Microbiome analysis and is currently recruiting female participants who are pregnant, planning a pregnancy, are in good health, or have Inflammatory Bowel Disease, and will deliver in The Mount Sinai Hospital. Participants will be asked to fill out health status and dietary questionnaire, and provide stool and saliva samples. Participants will be compensated for their time and efforts with up to $250. Those interested can contact Joanna Torres, MD, at joanna.toress@mssm.edu or 212-241-2809, Justin Cote-daigneault, MD, at justin.cotedaigneault@mountsinai.org, or Hina Panchal, MD, at hinaben.panchal@mssm.edu, or 212-824-9080. [GCO# 14-1236, PI: Inga Peter PhD, ISMMS IRB approved through 10/8/15].

**RESEARCH STUDY IN DIABETICS PATIENTS WITH PERIPHERAL ARTERY DISEASE (PAD)**
Individuals with type 2 diabetes mellitus with lower extremity peripheral artery disease (PAD) are invited to participate in this study being performed by the Division of Cardiology, which is designed to explore the effects of three FDA-approved anti-platelet regimens in microcirculatory flow. Eligible study participants will receive three different sets of treatments for PAD and will be followed up via blood testing as well as Doppler-imaging. Those interested can call John Kim, MD, at 212-659-9637, Karen Modesto, PhD, at 212-659-8864, or e-mail john.kim@mssm.edu or karen.modesto@mssm.edu. [PI: Robert Rosenson, MD, GCO #13-1925, IRB approved through 10/28/2015].

**TOMMORROW STUDY**
The Alzheimer’s Disease Research Center is seeking healthy participants between 65 and 83 years of age who have someone who can be a project partner (spouse, adult child, other family member, or caregiver) to provide information about their health, attend study appointments, and assist with correctly taking certain study medications for this study that will examine two genes to see if it’s possible to predict someone’s likeliness to develop Alzheimer’s based on certain inherited genes, and to test a drug called pioglitazone (AD-4833), which may slow the progress of Alzheimer’s disease in those who currently show no signs of the condition. In this study, the participants will be given a blood test to determine if they are at an elevated risk of developing Alzheimer’s disease, and memory, thinking, orientation, and language skills tests to confirm that they are mentally healthy. Those who qualify will then be given a study drug or placebo to take over a five-year period. Participants will not have to pay for investigational medication, and transportation assistance may be available. This research will take place at The Mount Sinai Hospital campus. For more information, contact a study coordinator at 212-241-8329. [PI: Judith Neugroschi, MD; GCO#: 13-1688; HSM#: 13-00720; IRB approved through 11/19/2015].

**GENETICS AND GENOMICS STUDY OF NEURODEVELOPMENTAL DISORDERS**
The Department of Psychiatry is recruiting subjects and families with neurodevelopmental disorders
(NDDs) of unknown cause for a systematic genetic screen that will examine the inheritance patterns and genetic contributions to related neurodevelopmental disorders. The study includes completion of a medical history questionnaire and a blood draw. Affected and unaffected family members of those with a NDD may also be eligible to participate. For more information, call 212-824-9065, or email ndd.project@mssm.edu [GCO# 12-1490, PI: Dalila Pinto, PhD, IRB approved through 11/20/15].

**EFFECT OF NEBIVOLOL ON THE BLOOD FLOW IN HEARTS OF ADULTS WITH HIGH BLOOD PRESSURE AND ABNORMAL FILLING OF HEART (LVDD) STUDY**
The purpose of this study is to study the relationship between Nebivolol (Bystolic) administration and improvement in exercise time in patients with hypertension (high blood pressure) and those with Left Ventricular Diastolic Dysfunction (abnormal relaxation of the heart muscle). The Division of Cardiology is looking for patients who have a history of mild to moderate high blood pressure (130-160/90-120) and may or may not have not received any medications for elevated blood pressure for at least 30 days and who are willing to undergo two stress echo exams at the beginning and at the end of the study. The study duration is six months. Patients will be supplied with the medication for the six-month period. For more information, contact Sharath Vallabhajosyula at Sharath.vallabhajosyula@mssm.edu or call 212-659-8847, or call 212-659-8847 to set a screening visit and check your eligibility. [GCO #12-0493, Principal Investigator: Partho Sengupta, MD, IRB approved through 12/10/2015].

**STUDY FOR HEALTHY YOUNG VOLUNTEERS**
The Division of ADHD and Learning Disorders at the Icahn School of Medicine at Mount Sinai are seeking adolescents of 7 to 17 years of age with no history of medical or psychiatric illness to participate in a study that uses non-invasive technology as a measurement to diagnose and treat ADHD. The study will include an evaluation for ADHD and other disorders, a non-invasive scan while the child plays video games on a computer, and a second scan 4 – 6 weeks after the initial scan. Compensation will be provided for participation. For more information, contact Amanda Kirschenbaum, BSc, Clinical Research Coordinator, at 212-241-5269, or Amanda.Kirschenbaum@mountsinai.org. [IRB Approved through 12/15/15].

**TYPE 2 DIABETES STUDY**
The Glycemia Reduction Approaches in Diabetes: A Comparative Effectiveness Study (GRADE) is investigating which is the best second drug to be added to metformin for the treatment of type 2 diabetes. Eligible participants must be currently treated with metformin alone and have been diagnosed with type 2 diabetes at less than 30 years of age within the past 10 years. Participants will be randomly assigned to receive one of four FDA-approved diabetes medications in addition to metformin and attend four study visits per year for up to seven years. Laboratory tests, diabetes medications, and diabetes education will be provided free-of-charge. Travel stipends and honoraria will be provided. Those interested may contact the study team at grade@chpnet.org, or 212 523-4171. This is a multi-center National Institutes of Health-sponsored clinical trial. For more information, visit https://grade.bsc.gwu.edu/web/grade/home?p_p_id=58&p_p_lifecycle=0&_58_redirect=%2F. [PI: Jeanine Albu, Chief, Division of Endocrinology, Diabetes and Nutrition, Mount Sinai St. Luke’s, GCO#: 12-161, MSSLRH IRB approved through 12/16/2015].

**LUNG CANCER EARLY DETECTION STUDY**
The Early Lung and Cardiac Action Program of the Department of Radiology is seeking non-smokers, 40
years of age and older who have never smoked and have been exposed to second-hand smoke. The study will offer early detection of lung cancer, cardiac disease, and other diseases through low-dose CT scanning. This study is free of charge and participants will be reimbursed for their time and effort. For more information or to participate, call 212-241-2420. [GCO# 09-2017, PI: Claudia Henschke, MD, PhD, IRB approved through 12/31/2015].

MRI AND PET STUDY
Researchers at Mount Sinai are developing and validating new magnetic resonance imaging (MRI) and positron emission tomography (PET) methodologies to help in diagnosing atherosclerotic plaques at risk of causing severe clinical events, such as myocardial infarction, stroke, or sudden death. Males and females 20 years of age and older, either with personal or family history of either risk factors for atherosclerosis (high cholesterol, high blood pressure, diabetes), or atherosclerosis itself, may be eligible for participation in this study. Participation will involve undergoing one or more imaging sessions with MRI and/or PET. Participants will be reimbursed $75 per imaging session, for a maximum of $300. For those interested in this study, contact Rima Fayad (Research Coordinator) at 212-824-4846, or email rima.fayad@mssm.org. [GCO 01-1032, IRB approved through 12/31/2015].

ALZHEIMER’S DISEASE RESEARCH CENTER STUDY
The Alzheimer’s Disease Research Center at Mount Sinai is recruiting volunteers for a multi-center Merck EPOCH trial. This study is investigating the safety, tolerability, and efficacy of a medication, MK-8931, in patients with mild to moderate Alzheimer’s disease. MK-8931 is an oral, α-amyloid precursor protein, site-cleaving enzyme (BACE) inhibitor and is aimed at slowing the progression of Alzheimer’s disease. Patients will be randomly assigned to take a low dose of study medication, a high dose of study medication, or a placebo for 78 weeks. The study needs patients with a diagnosis of Alzheimer’s disease who are 55 to 85 years of age, are fluent in English or Spanish, can attend all study visits, participate in neuropsychological testing, receive MRIs, and who have a close friend or family member who can act as a study partner. All study visits will take place at The Mount Sinai Hospital campus and there will be no cost to the patients. For more information about the study, contact study coordinator, Emily Exter, at 212-241-0438 or emily.exter@mssm.edu. [Principal Investigator: Judith Neugroschl, MD; GCO# 13-0701; IRB approved through 1/5/2016].

STUDY OF HUMAN BODY SIZE AND SHAPE USING 3-DIMENSIONAL PHOTOGRAPHIC IMAGES
Individuals, especially fraternal and identical twins, are invited to participate in a genetics study that involves taking photographs with a special camera to measure head size and shape. Analysis of these 3-D photos will be used to measure the amount of similarity and difference between facial features of twins. Participants will be consented, asked to fill out a short questionnaire about medical and family history, have head circumference and ear length measured, have two or three 3-D photos taken, provide a buccal sample (cheek swab or mouthwash sample) or a blood sample. Total participation time is about 30 minutes. Those interested should call 212-241-7056 or email 3dphoto@mssm.edu [GCO 08-0811, IRB approved through 03/11/2016].

HEALTHY RESEARCH VOLUNTEERS NEEDED
The Department of Anesthesiology is seeking people for participation in a research study. The purpose of
the study is to assess cognitive recovery in a group of adults by undertaking baseline and follow-up testing after the administration of general anesthesia in people 70 to 80 years of age and to evaluate alterations in resting state and activity-driven brain networks using fMRI, Diffusion Tensor Imaging (DTI), and Arterial Spin Labeling (ASL) to characterize these same volunteers before and during recovery from the administration of general anesthesia. Participants will visit Mount Sinai twice and be contacted further for follow-ups. Compensation will be provided for participation. Those interested can call the Department of Anesthesiology at 212-241-0840. [GCO #13-0359, PI: Jeffrey Silverstein, MD, IRB approved through 04/28/2016].

TREATMENT STUDY FOR CHILDREN AND ADOLESCENTS WITH ADHD

The Department of Psychiatry is looking for children and adolescents 7 to 17 years of age with suspected or diagnosed attention-deficit/hyperactivity disorder (ADHD) to participate in a study examining response to either methylphenidate or atomoxetine, both of which are commonly prescribed medications that are FDA-approved for the treatment of ADHD in children and adolescents. The study will include an evaluation for ADHD and other disorders, weekly doctor visits for six to eight weeks as the doctors work with participants’ parents to find the best dose for their children, and non-invasive fMRI scanning while their child plays a video game. Reimbursement provided. For more information, contact Beth Krone, PhD, at 212-241-8012, or email beth.krone@mssm.edu. [MSSM GCO #11-0161, PI: Jeffrey Newcorn, MD, IRB approved through 4/30/2016].

UPDATE

2015 Marketing and Communications

Send submissions to update@mountsinai.org by Noon on Tuesday for inclusion in Thursday's Update.
WALK TO CURE ARTHRITIS

The Mount Sinai Hospital is partnering with the Arthritis Foundation for the New York City Walk to Cure Arthritis. The aim of the walk is to generate awareness about Arthritis, and raise money to fund research that will lead to better treatments and a cure. The 5K route starts at Foley Square Park in Tribeca and crosses the Brooklyn Bridge. Participants can also opt for a one-mile route. Additionally, the event will feature an area for children, refreshments, and more. To register with The Mount Sinai Hospital Team, visit to www.walktocurearthritis.nyc.kintera.org/mountsinaiteam, and click the "JOIN" button. To make a donation in honor of The Mount Sinai Hospital Team, visit www.walktocurearthritis.nyc.kintera.org/mountsinaiteam, and click on the "GIVE NOW" button. For additional questions, or help registering, contact Courtney Gush at the Arthritis Foundation at 212-984-8726, or email cgush@arthritis.org. Those interested may also contact the Mount Sinai Team captain Katy Parker at katherine.parker@mountsinai.org.

Saturday, May 16, 9 am  
Foley Square Park, 111 Worth Street

30TH ANNUAL AIDS WALK NEW YORK

AIDS Walk New York, sponsored by Duane Reade and Gay Men’s Health Crisis, is a 10K fundraising walk starting and ending in Central Park. The Walk benefits Gay Men’s Health Crisis as well as more than 40 tri-state-area AIDS service organizations. This year, Mount Sinai’s Institute for Advanced Medicine Team will have a team participating in the Walk. To join the IAM team, visit http://ny.aidswalk.net/, and sign up for Team 3158. For more information, contact Matthew Baney at 212-824-7394 or matthew.baney@mountsinai.org, or visit www.mountsinaihealth.org/iam.

Sunday, May 17  
Central Park  
Sign-In: 8:30 am  
Walk Start: 10 am  
59th Street and 5th Avenue

AMERICAN HEART ASSOCIATION WALL STREET RUN AND WALK

Join the Mount Sinai Health System in the American Heart Association’s (AHA) three-mile Wall Street Run and Heart Walk in lower Manhattan. The event will feature heart-healthy activities and health screenings and take place rain or shine. Participants can register as an individual walker or runner at www.heartwalknyc.org, or choose to join or start a team by clicking here. Your registration fee or donation will support AHA cardiovascular and stroke disease research, community programs, and other educational initiatives. Registration for runners is $50.00; Registration for walkers is $35.00. Registration closes at midnight on Wednesday, May 13. For further information, please visit the event website at: www.heartwalknyc.org, or contact Caroline Thompson at caroline.thompson@mountsinai.org.
ANNOUNCING ICAHN SCHOOL OF MEDICINE AT MOUNT SINAI’S SUPPORT FOR CROWDFUNDING APPLICATIONS

Crowdfunding is a mechanism to fund a project by collecting small amounts of money from a large number of people, and has emerged as an important way to raise funds to expand ongoing initiatives to cure disease and improve patient care. This is done via direct appeals through crowdfunding internet sites where one presents an idea and how much they will need to accomplish the project.

To assist Mount Sinai faculty and students in tapping this new funding method, resources have been developed to enable those interested to launch a successful crowdfunding campaign. Members of the Mount Sinai community are now able to leverage Mount Sinai’s reputation as well as infrastructure to give your project additional credibility with potential donors.

Those interested can visit the Icahn School of Medicine at Mount Sinai’s new crowdfunding page at http://icahn.mssm.edu/about-us/for-faculty/researchers/crowdfunding-as-a-mechanism-to-fund-your-ideas.

FREE SKIN CANCER SCREENINGS

All Mount Sinai Health System staff, their friends and families, and the public, are invited to come to the locations below to obtain a total body skin examination. The screenings are for walk-ins only, and do not require appointments:

Kimberly and Eric J. Waldman Department of Dermatology at The Mount Sinai Hospital
Thursday, May 7, 2 – 6 pm
5 East 98th Street, 5th Floor
Dermatology FPA

Department of Dermatology at Mount Sinai Beth Israel
Thursday, May 7, 3 – 6:30 pm
10 Union Square, Suite 3C

Department of Dermatology at Mount Sinai St. Luke’s
Thursday, May 7, 5:30 – 8 pm
1090 Amsterdam, Suite 11D

Department of Dermatology at Mount Sinai Roosevelt
Wednesday, May 20, 5:30 – 8 pm
425 West 59th Street, Suite 5C

NATIONAL NURSES WEEK 2015

Carol Porter, DNP, RN, FAAN, Edgar M. Cullman, Sr. Chair of the Department of Nursing, Chief Nursing Officer/ SVP, The Mount Sinai Hospital, Associate Dean of Nursing Research and Education, Icahn School of Medicine at Mount Sinai, and Audrey Ludmer, RN, Clinical Nurse, Endoscopy
President, Local Bargaining Unit, New York State Nurses Association, are hosting the following events and festivities in recognition of National Nurses Week 2015:

Nurses Week Breakfast
Monday, May 11, 7 – 9:30 am
Annenberg West Lobby

Keynote Address
LeAnn Thieman, Author, “Chicken Soup for the Nurse’s Soul, Second Dose,” will present.
Tuesday, May 12, 1 pm
Stern Auditorium

Additional Sessions with LeAnn Thieman:
8 am, Mount Sinai Queens
4 pm, Stern Auditorium
10 pm, MC 330 (Pre-Recorded)

Boards of Trustees 34th Annual Excellence in Nursing Practice Awards
Wednesday, May 13, Noon
Stern Auditorium

19th Annual Poster Session Highlighting Nursing Practice
Thursday, May 14, 8 – 9:30 am
Guggenheim Atrium

Midnight Madness: The Tradition Continues
Nursing leadership rounds on units to recognize and give thanks.
Thursday, May 14, Midnight

Nurses - Taking Care of Yourself So You Can Care for Others
Friday, May 15, 11 am – 2 pm
Annenberg West Lobby

OFFICE FOR DIVERSITY AND INCLUSION TRAINING SESSIONS
The Office for Diversity and Inclusion (ODI) is offering training sessions for employees on Managing Diversity and Cultural Differences for Effective Patient Outcomes. The sessions, supported by the Richard Netter Funds for Diversity, are designed to deliver a basic understanding of the diverse populations seeking care in communities and steps providers may take to improve the diverse patient experience. The sessions will provide an understanding of the concepts of diversity and culturally competent health care and their impact on the patient/provider relationship and communication. Those interested can register on PEAK through “Classroom-Based Trainings” to attend one of the sessions below. For more information, call the ODI at 646-605-8280 or e-mail diversity@mountsinai.org.

The Mount Sinai Hospital
Monday, May 11, 1:30 – 3:30 pm
Hess Center, Room 5-101

Mount Sinai Roosevelt
Tuesday, May 12, 10 am – Noon
Winston Conference Room

Mount Sinai Beth Israel (PACC)
Wednesday, May 13, 3 – 5 pm
Conference Room 2
SOLUTIONS IN SAFE PATIENT HANDLING
This conference, sponsored by the Mount Sinai Selikoff Centers for Occupational Health, is intended for administrators, physicians, nurse risk managers, direct patient care givers, rehabilitation therapists, ergonomists, and safety professionals, as well as faculty, residents, and students interested in advancing worker and patient safety in health care. Speakers will include safe patient handling experts from the U.S. Centers for Disease Control and Prevention/National Institute of Occupational Safety and Health. This activity has been submitted to The Mount Sinai Hospital, an approved provider of continuing nursing education by the Alabama State Nurses Association, for approval to award contact hours. Alabama State Nurses Association is accredited as an approver of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation. For more information, or to register, visit www.mountsinai.org/selikoff. There is an $80 registration fee for Mount Sinai Health System faculty and staff who register by Monday, May 11. After that date, the registration fee will be $125.

CME COURSES AND CONFERENCES
CONSORTIUM OF NEW YORK GERIATRIC EDUCATION CENTERS
Register now for upcoming Core Days and electives, part of a 35-hour Geriatric Scholar Certificate program. Seminars are aimed at improving and expanding geriatric health care, particularly for low-income, multi-ethnic, and underserved older adult populations. Each training day is accredited for 7.0 CME credits by the Icahn School of Medicine at Mount Sinai. The program is intended for health care and social service providers and faculty from a range of disciplines and areas of expertise. For more information and to register, visit www.nygec.org, or email cnygec@mssm.edu.

MOUNT SINAI HEART: TOPICS IN CARDIOLOGY
This CME dinner meeting is designed to update primary care practitioners on the latest advances in cardiology. The meeting will review Trans-catheter Aortic Valve Replacement (TAVR), current approaches to the diagnosis and therapy of pulmonary embolism, and advances in the management of mitral valve disease. For more information, email robinsoffice@gmail.com or call 718-760-0011.

Mount Sinai Beth Israel (Petrie)
Monday, May 18, 3 – 5 pm
Bernstein Pavilion
Conference Room B

Mount Sinai Queens
Wednesday, May 27, 2 – 4 pm
27-53 Crescent Street
Conference Room (Lower Level)

CME courses and conferences
Consortium of New York Geriatric Education Centers
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THE PAGE AND WILLIAM BLACK POST GRADUATE SCHOOL FOR CONTINUING EDUCATION

The Office of Continuing Medical Education (CME) offers seminars, conferences, grand rounds, and live webcasts for physicians and other health professionals to extend their knowledge and remain current in their specific fields. For more information on courses, including times, visit www.mssm.edu/cme/courses, email cme@mssm.edu, or call the Office of CME at 212-731-7950.

GRAND ROUNDS, LECTURES, AND SEMINARS

DIVISION OF OCCUPATIONAL MEDICINE SEMINAR SERIES

Hagai Levine, MD, MPH, Lecturer, Hebrew University-Hadassah School of Public Health, Visiting Scientist, Icahn School of Medicine at Mount Sinai, presents “Health-Promoting Hospital: The Hadassah Experience.”

Friday, May 8, 8 – 9 am
Annenberg Fifth Floor Felt Room

Jean Weiner, Administrator, World Trade Center Health Program Data Center, presents “Occupational Medicine and the Response to the World Trade Center Disaster.”

Friday, May 15, 8 – 9 am
Annenberg Fifth Floor Felt Room

FAMILY MEDICINE AND COMMUNITY HEALTH GRAND ROUNDS


Friday, May 8, 8 – 9 am
Hatch Auditorium

RECANATI/MILLER TRANSPLANTATION INSTITUTE LECTURE SERIES

Ron Shapiro, MD, Professor, Surgery, Surgical Director, Kidney and Pancreas Transplant Program, presents “Overview of Pancreas Transplantation.”

Friday, May 8, Noon – 1 pm
Icahn Medical Institute, Room 4-82

LABORATORY MEDICINE SEMINAR WEEKLY SERIES

Camille Hamula, PhD, D (ABMM), Assistant Professor, Pathology, Assistant Director, Clinical Microbiology Laboratory, presents "Influenza and Respiratory Viruses." Approved for up to 1.0 credit per hour of Category 1 CME Credit.

Tuesday, May 12, 8 – 9 am
Icahn 8-40 Conference Room

MEDICINE GRAND ROUNDS

Charles L. Shapiro, MD, Professor, Medicine (Hematology/Medical Oncology), presents “Maintaining Bone Health in Breast Cancer.”

Tuesday, May 12, 8:30 – 9:30 am
Stern Auditorium
Leslie D. Kerr, MD, Professor, Medicine (Rheumatology), Geriatrics and Palliative Care, presents “The Use of Biologic Therapies in the Elderly.”
*Tuesday, May 19, 8:30 – 9:30 am*  
*Stern Auditorium*

Radha Gopalan, MD, Associate Professor, Medicine, Cardiology, presents “Eighteen Shades of Heart Failure.”
*Tuesday, May 26, 8:30 – 9:30 am*  
*Stern Auditorium*

**PHARMACOLOGY AND SYSTEMS THERAPEUTICS SEMINAR SERIES**

Nathanael Gray, PhD, Professor, Biological Chemistry, Molecular Pharmacology, Harvard Medical School, presents “Targeting Cancer with Covalent Drugs.”
*Tuesday, May 12, Noon – 1 pm*  
*Hess Center, Seminar Room*

Lucy R. Forrest, DPhil, Investigator, Computational Structural Biology Unit, National Institutes of Health-NINDDS, presents “The Value of Repetition: Computational Studies of Pseudo-Symmetrical Membrane Transport Proteins.”
*Tuesday, May 26, 4 – 5 pm*  
*Hess Center, Seminar Room*

**ANESTHESIOLOGY GRAND ROUNDS**

Andrew B. Leibowitz, MD, Chair, Anesthesiology, Mount Sinai Health System, Professor, Anesthesiology, Surgery, Icahn School of Medicine at Mount Sinai, presents “ACLS Review and Written Examination.”
*Wednesday, May 13, 6:30 – 8:10 am*  
*Annenberg 13-01*

Oliver Panzer, MD, Assistant Professor, Anesthesiology, Critical Care, Columbia University College of Physicians and Surgeons, presents “Perioperative Chest Ultrasound.”
*Wednesday, May 20, 6:30 – 8:10 am*  
*Annenberg 13-01*

Amanda Rhee, MD, Assistant Professor, Anesthesiology, and Zdravka Zafirova, MD, Assistant Professor, Anesthesiology, present “Hand Hygiene-Preoperative Testing.”
*Wednesday, May 27, 6:30 – 8:10 am*  
*Annenberg 13-01*

**NEUROSURGERY GRAND ROUNDS**

Hang Byun, MD, Assistant Professor, Clinical Neurosurgery, Elmhurst Queens Hospital, presents “Elmhurst Hospital Center Quality Assurance and Neurotrauma Conference.”
*Wednesday, May 13, 7 – 8 am*  
*Annenberg Fifth Floor Boardroom*

Nirit Weiss, MD, Assistant Professor, Neurosurgery, presents “Quality Assurance: The Mount Sinai Hospital.”
*Wednesday, May 13, 8 – 9 am*  
*Annenberg Fifth Floor Boardroom*
Saadi Ghatan, MD, FAANS, Chairman, Neurosurgery, Mount Sinai St. Luke's-Roosevelt, Director, Pediatric Neurosurgery, Mount Sinai Health System, and Allen H. Maniker, MD, FAANS, Professor, Chief, Neurosurgery, Mount Sinai Beth Israel, present “Quality Assurance: The Mount Sinai Hospital and Affiliates.”

Wednesday, May 20, 7 – 8 am
Annenberg Fifth Floor Boardroom

Nadejda Tsankova, MD, PhD, Assistant Professor, Pathology, Neuroscience, presents “Histological and Molecular Stratification of Gliomas using ATRX Immunohistochemistry: Lessons Learned from Recent Cases.”

Wednesday, May 20, 8 – 9 am
Annenberg Fifth Floor Boardroom

Spine Conference Combined with Orthopaedics.

Wednesday, May 27, 7 – 8 am
Annenberg Fifth Floor Boardroom

Errol Gordon, MD, Assistant Professor, Neurosurgery, presents “P.I. Committee.”

Wednesday, May 27, 8 – 9 am
Annenberg Fifth Floor Boardroom

**NEUROLOGY GRAND ROUNDS**

Thomas P. Nadich, MD, Professor, Radiology, Neurosurgery, Pediatrics, Regenstrief Research Professor of Neuroscience (Neuroimaging), presents “The Cerebellum: Anatomy, Embryology, Imaging and Function.”

Wednesday, May 13, 8 – 9 am
Hess Center, Davis Auditorium

Steven Frucht, MD, Professor, Neurology, presents “Movement Disorders Showcase.”

Wednesday, May 27, 8 – 9 am
Hess Center, Davis Auditorium

**UROLOGY GRAND ROUNDS**

Milton and Carroll Petrie Department of Urology Chief Residents and Fellows present “Morbidity and Mortality Review.”

Wednesday, May 13, 7 – 8:45 am
Hess Center, Seminar Room B

**CRITICAL CARE GRAND ROUNDS**

Usman Baber, MD, Assistant Professor, Medicine, Cardiology, presents “Evolution of DAPT after PCI.”

Wednesday, May 13, 3 pm
Hess Center, Davis Auditorium

**DENTISTRY GRAND ROUNDS**
Donald Spitzer, DDS, FAGD, Faculty, Graduate Implant and Restorative Program, New York University College of Dentistry, presents “Creating Esthetic Excellence.”  
Wednesday, May 13, 6:30 pm Hess Center, Seminar Room

DERMATOLOGY GRAND ROUNDS
Sergei A. Grando, MD, PhD, DSc, Vice Chair for Research, Professor, Department of Dermatology, Professor, Department of Biological Chemistry, University of California, Irvine, presents “Kantor-Peck Memorial Lecture: IVlg in Dermatology.”  
Thursday, May 14, 8 – 9 am Goldwurm Auditorium

STRUCTURAL AND CHEMICAL BIOLOGY SEMINAR SERIES
Sandy Chang, MD, PhD, Associate Professor, Laboratory Medicine, Pathology, Yale University School of Medicine, presents “How Telomeres Repress Aberrant DNA Repair at Chromosome Ends.”  
Thursday, May 14, 11 am – Noon Hess Center, Seminar Room

CHARLES BRONFMAN INSTITUTE FOR PERSONALIZED MEDICINE SEMINAR SERIES
Julie Johnson, PharmD, Dean, College of Pharmacy, Distinguished Professor, Pharmacy, Medicine (Cardiovascular), Director, Center for Pharmacogenomics, Director, Shands Personalized Medicine Program, University of Florida, presents “Cardiovascular Pharmacogenomics: Discovery through Clinical Implementation.”  
Thursday, May 14, Noon – 1 pm Annenberg 12-01

FRIEDMAN BRAIN INSTITUTE TRANSLATIONAL NEUROSCIENCE SEMINAR SERIES
Christopher Evans, PhD, Director, Brain Research Institute, Hatos Center for Neuropharmacology, Professor, Psychiatry and Biobehavioral Sciences, Semel Institute, University of California at Los Angeles, presents “Opioids: In Orchestrating Affective States and Enabling Male Silliness.”  
Thursday, May 14, 1 pm Hess Center, Seminar Room

Hongjun Song PhD, Director, Stem Cell Program, Institute for Cell Engineering, Professor, Neurology, Neuroscience, Johns Hopkins School of Medicine, presents “Dynamic DNA Methylation Regulates Neuronal Flexibility.”  
Thursday, May 21, 1 pm Hess Center, Seminar Room

Robert Edwards, MD, Cahill Family Endowed Chair in Parkinson’s Disease Research, Professor, Neurology, Physiology, University of California, presents “Bioenergetics and Behavior.”  
Thursday, May 28, 1 pm Hess Center, Seminar Room
ENDOCRINOLOGY GRAND ROUNDS
Stine Linding Andersen, MD, Senior Research Fellow, Endocrinology, Clinical Biochemistry, Aalborg University Hospital, Denmark, presents “The New Biology of Diabetes: The Edward Merker Lectureship in Translational Endocrinology.”
Thursday, May 14, 5 – 6 pm

Kalmom Post, MD, Chairman Emeritus, Professor, Neurosurgery, Medicine, and Oncological Sciences, and Erika Villanueva, MD, Second Year Fellow, Endocrinology, Diabetes and Bone Diseases, present “Pituitary Rounds.”
Thursday, May 21, 5 – 6 pm

Azeez Farooki, MD, Assistant Attending Physician, Endocrinology Service, Memorial Sloan Kettering Cancer Center, Assistant Professor, Clinical Medicine, Weill Cornell Medical College, presents “Skeletal Fragility in Cancer Patients: Clinical Considerations.”
Thursday, May 28, 5 – 6 pm

GENETICS AND GENOMICS GRAND ROUNDS
Pin-Xian Xu, PhD, Associate Professor, Genetics and Genomic Sciences, and Developmental and Regenerative Biology, presents “Regulatory Network Controlled by Eyes Absent as a Transcription Factor and a Phosphatase during Development.”
Friday, May 15, 11 am – Noon

PATHOLOGY GRAND ROUNDS
Christine Bergeron, MD, PhD, President, European Federation of Colposcopy, Head of Department of Pathology, Laboratoire Cerba, Cergy Pontoise, France, presents “How Molecular Research Could Modify Our Practice for Cervical Cancer Prevention.” Approved for up to 1.0 credit per hour of Category 1 CME Credit.
Friday, May 15, 11:45 am – 1 pm

POPULATION HEALTH SCIENCE AND POLICY GRAND ROUNDS
Octavio Luis Perez, PhD Candidate, Multidisciplinary Science, Lighting and Health Care, Rensselaer Polytechnic Institute, presents “Lighting and Health Care: Translational Research.”
Tuesday, May 19, 1 – 2 pm

PREVENTIVE MEDICINE GRAND ROUNDS
Michael J. Kosnett, MD, MPH, Associate Clinical Professor, Division of Clinical Pharmacology and Toxicology, University of Colorado School of Medicine, Associate Adjunct Professor, Department of Environmental and Occupational Health, Colorado School of Public Health, Attending Physician Rocky Mountain Poison and Drug Center, presents “Health Hazards of Low-Level Lead Exposure to Adults and the California Initiative for an Updated Workplace Lead Standard.”
Wednesday, May 20, Noon

INFORMATION TECHNOLOGY AND CLINICAL INFORMATICS TEAM
DEPARTMENT OF MEDICINE AT MOUNT SINAI SPECIAL LECTURE
Robert M. Wachter, MD, Professor, Associate Chairman, Department of Medicine, Chief, Division of Hospital Medicine, University of California at San Francisco, presents “The Digital Doctor: Hope, Hype and Harm at the Dawn of Medicine’s Computer Age.”
Wednesday, May 20, 2 – 3 pm
Annenberg 12-01

DIABETES GRAND ROUNDS
Steven Coca, MD, Senior Faculty, Medicine (Nephrology), presents “Type 1 Diabetes and Autoimmune Thyroiditis: The Genetic Connection.”
Thursday, May 21, 8:30 – 9:30 am
Atran Building, AB4-11

David Lam, MD, Assistant Professor, Medicine (Endocrinology, Diabetes and Bone Disease), presents “Morbidity and Mortality.”
Thursday, May 28, 8:30 – 9:30 am
Atran Building, AB4-11

THE DEPARTMENT OF REHABILITATION MEDICINE PRESENTS THE 2015 SOFFIA WATHNE MEMORIAL LECTURE
V. Reggie Edgerton, PhD, Distinguished Professor, Neurobiology, Integrative Biology, Physiology, Neurosurgery, Member, Brain Research Institute, University of California, Los Angeles, presents “Potential and Mechanisms of Novel Neuromodulatory Interventions for Motor Recovery.”
Thursday, May 21, 5 pm
Goldwurm Auditorium

WELLNESS EVENTS
MOUNT SINAI PARENT (MSP)
Mount Sinai Parent provides faculty and staff with a forum to obtain support, education, and additional resources as they relate to being a working parent, as well as opportunities to network with fellow moms and dads. To RSVP, please email alisa.melendez@mountsinai.org.

WEIGHT WATCHERS AT WORK MEETINGS
To fulfill the health and wellness needs of Mount Sinai employees, the Weight Watchers at Work program will be holding a Spring series at The Mount Sinai Hospital. Weekly sessions will be held for 12 weeks. For more information, e-mail alisa.melendez@mountsinai.org.
Tuesdays, through June 30, 5 – 6 pm

FOOD FIT FOR LIFE
The Mount Sinai Hospital’s Wellness Initiative and the Department of Clinical Nutrition present the second round of Food Fit for Life, a free course on weight loss and healthy eating. The program will continue every Tuesday through April 7. Two inpatient dietitians, Kelly Hogan, MS, RD, CDN, and Melissa Nagelberg, MS, RD, will educate attendees on how to lose weight and enjoy healthy food. For more information, email Kelly.Hogan@mountsinai.org or Melissa.Nagelberg@mountsinai.org.

FRIDAY MINDFULNESS SESSIONS
The Mount Sinai Hospital, through a group of experienced mindfulness teachers, is providing an opportunity for all members of the hospital community to learn and practice simple mindfulness
techniques that have proven to be effective in reducing stress and promoting physical, mental, and spiritual well-being. Staff, patients, and families are welcome. No experience is necessary. For additional information, contact Mickie.Brown@mssm.edu.

Fridays, 12:30 – 1:30 pm  
Annenberg 10-68 (Levy Library)

MOUNT SINAI YOGA PROGRAM
The Mount Sinai Yoga Program is hosting weekly Vinyasa yoga classes on Thursday evenings from 5:30 – 6:30 pm in the Annenberg Student Lounge. The classes are open to students, faculty, and staff, and are appropriate for all levels. Mats and accessories are available for use. There is a suggested $10 donation for faculty and staff. For more information and to be added to the email list, contact mountsinaiyogaprogram@gmail.com.

Thursdays, 5:30 – 6:30 pm  
Annenberg Student Lounge

EMPLOYEE ASSISTANCE PROGRAM: CHILD CARE AND SUMMER CAMP SERVICES
The Employee Assistance Program (EAP) offers information regarding New York City public schools, daycare, and summer camp for children. For information about these services, call the Employee Assistance Program at 212-241-8937. The EAP is located on-site, at 19 East 98th Street, Suite 3A.

EMPLOYEE ASSISTANCE PROGRAM
The Mount Sinai Employee Assistance Program (EAP) offers free, confidential, short-term counseling for employees and their family members. To schedule an appointment with an EAP professional, call 212-241-8937. The EAP is located on-site, at 19 East 98th Street, Suite 3A.

THE ‘MOUNT SINAI MILE’ INDOOR WALKING ROUTE
Mount Sinai Heart and the Wellness Initiative have mapped a one-mile indoor walking route through The Mount Sinai Hospital campus to help staff meet their physical activity goals at work. The American Heart Association recommends at least 30 minutes of moderate-intensity aerobic activity at least five days per week. Staff is encouraged to use the map at http://www.mountsinai.org/patient-care/service-areas/heart/mount-sinai-mile, follow the ‘Mount Sinai Mile’ signs while on lunch break, or hold a walking meeting along the ‘Mount Sinai Mile’ route. For more information, email Abby Schwartz, MBA, BSN, RN, at Abby.Schwartz@mountsinai.org.

DIABETES PREVENTION PROGRAM AT MOUNT SINAI
The Mount Sinai Diabetes Center and the YMCA of Greater New York, through its YMCA Diabetes Prevention Program (YDPP), are offering a fitness and health coaching program at Mount Sinai aimed at reducing the risk for diabetes. The 16-week program is designed for adults who are at risk for diabetes (risk factors include: overweight, family history, or personal history of gestational diabetes), or have a diagnosis of pre-diabetes. The Diabetes Prevention Program is free and open to all Mount Sinai employees, patients, and local community members. Mount Sinai employees covered by United Healthcare should call 800-237-4942 to register for the program. Individuals interested in the program who are not covered by United Healthcare (this includes NYSNA nurses and medical students), can call 212-912-2524. Those unsure of their risk for diabetes can take a short quiz located at

MOUNT SINAI’S WEIGHT MANAGEMENT PROGRAM
The program offers weekly orientation sessions titled “Toward Lasting Better Health.” The sessions, led by physicians and dietitians, aim to help people who are trying to lose 30 or more pounds and require patients to receive a comprehensive obesity screening by an endocrinologist before starting. The sessions take place on Mondays at 5 pm in the Atran Building’s Fourth Floor Conference Room, AB4-11. To reserve a seat, call 212-241-4991.

ANNOUNCEMENTS AND EVENTS

MAY IS BETTER HEARING AND SPEECH MONTH
The Department of Ambulatory Care Operations, Division of Audiology, will have a table in the lobby of the Center for Advanced Medicine in recognition of Better Hearing and Speech Month. Additionally, an audiologist will be available to answer questions.

Friday, May 8, Noon – 3 pm
Center for Advanced Medicine
CAM Lobby
17 East 102 Street

EFFECTIVE MEDICAL WRITING: COMMERCIALIZATION STRATEGIES FOR A DRUG OR DIAGNOSTIC
The Office of Postdoctoral Affairs and the Mount Sinai Postdoctoral Writing Group are hosting this seminar. Michael Ritchie, PhD, Director, Business Development, Translational Oncology Solutions, Champions Oncology, will speak at the event. For more information, or to RSVP, email jessica.levingstonmacleod@mssm.edu. Food will be served.

Monday, May 11, 4 – 5 pm
Annenberg 25-51

NATIONAL DIABETES PREVENTION PROGRAM AT MOUNT SINAI
The Department of Preventive Medicine, through the Mount Sinai Selikoff Centers for Occupational Health, is offering Mount Sinai employees a lifestyle program aimed at reducing the risk for Type 2 diabetes. A health coach will empower participants to take charge of their health and make realistic lifestyle changes. Additionally, guest speakers will lead sessions in nutrition, fitness, and stress management. This is a year-long program with 16 weekly sessions and 6 monthly follow-up sessions. For those unsure of their risk for diabetes, the CDC’s Pre-diabetes Screening is available at http://www.cdc.gov/diabetes/prevention/pdf/prediabetestest.pdf. Participants are encouraged to bring their lunch to the sessions. Those interested must register by Monday, May 11 by emailing Justine.Piontek@mssm.edu, or calling 212-824-7123.

Monday, May 11 (Registration Deadline)
CAM Building
Third Floor Conference Room
17 East 102nd Street
BLOOD PRESSURE SCREENINGS
Health educators from Mount Sinai Beth Israel are available on certain days to perform free blood pressure screenings and explain the results.

Tuesdays May 12, June 9, 2 – 3 pm
Mount Sinai Beth Israel
Podell Auditorium
Bernstein Pavilion
9 Nathan D. Perlman Place
Corner of 16 Street
Between 1st and 2nd Avenues

COMMUNITY HEALTH EVENTS AT MOUNT SINAI ST. LUKE’S

15th Annual Women’s Health Conference
This conference will cover various topics related to women’s health including: Women and Heart Disease, Mental Health and Wellness, and Women and Diabetes. A continental breakfast and hot lunch will be served at this event. For more information, or to register, call 212-523-4001.
Saturday, May 16, 9 am – 4 pm
Mount Sinai St. Luke’s
Muhlenberg Conference Center

MOUNT SINAI KICKBALL TOURNAMENT
All Mount Sinai Health System faculty and staff are welcome to join this kickball tournament that will be followed by a two-hour open bar. The event is sponsored by Mount Sinai Beth Israel’s Graduate Medical Education Office, and is aimed at promoting wellness through physical activity. For more information, contact Kendall Tanal, Director, Graduate Medical Education, Mount Sinai Beth Israel, at 212-420-3842.
Saturday, May 23, 11:30 am – 2:30 pm
Firefighters Field
405-425 Main Street
New York, NY, 10044
(Roosevelt Island)
Riverwalk Bar and Grill
425 Main St
New York, NY, 10044
(Roosevelt Island)

BIOSTATISTICS SUMMER PROGRAM FOR CLINICAL RESEARCH
The Biostatistics Summer Program for Clinical Research is an educational initiative that stems from a collaboration between the Center for Biostatistics and the Department of Population Health Science and Policy at the Icahn School of Medicine at Mount Sinai. The mission of the three-week Summer Program is to increase the research capacity of clinical investigators, fellows, residents, postdocs, and public health professionals, by providing application-driven instruction in biostatistics and statistical programming. Participants of the Summer Program, through rigorous, theory-based lectures and hands-on statistical programming in SAS, will gain a foundation in the following areas:

- Probability and Statistical Inference
- Essential Elements of Study Design including Sample Size/Power Calculations
Hypothesis Testing for Continuous and Categorical Data
Simple and Multiple Linear Regression
Simple and Multiple Logistic Regression

Participants will receive a total of 42 hours of intensive, in-person theory and SAS-related instruction, over the three-week duration of the Summer Program, by the Center for Biostatistics’ faculty. Each participant is expected to purchase a SAS license and install SAS on his/her laptop prior to the Program’s start. In cases where this may be difficult, a small number of laptops with SAS installed will be available to rent for the duration of the workshop, but on a first come, first served basis.

To register for the Program, and to pay the registration fee of $2000, visit http://icahn.mssm.edu/departments-and-institutes/population-health-science-policy/center-for-biostatistics/education/biostatistics-summer-program-for-clinical-research. Note: Registration is limited to the first 40 applicants. For more information, email Stefano Malerba at stevie.malerba@gmail.com.

ENJOY LOCAL, ORGANIC FOOD AS A MEMBER OF THE MOUNT SINAI FARM SHARE

Registration is now open for the 2015 season of Mount Sinai Farm Share, a Community Shared Agriculture (CSA) program that offers local, organic produce from Stoneledge Farm, delivered weekly during the 24-week harvest season (June through November). The distribution site is conveniently located outside of the Icahn building at 99th Street and Madison Avenue. Those interested may purchase a vegetable share and additional fruit, mushroom, or coffee shares by visiting https://www.stoneledgefarmny.com/. For more information, email mountsinaifarmshare@gmail.com.

COLORECTAL CANCER OUTREACH PROGRAM

The Witness CARES program is a culturally targeted community outreach program designed to increase knowledge about colorectal cancer in the African American community and improve adherence to recommended screening guidelines. The educational presentation is roughly 90 minutes and includes a culturally based educational video reviewing facts about colorectal cancer and screenings, while also providing valuable resources. Programs are held at Mount Sinai and throughout the New York City community. For more information, contact Clarissa Martinez at 212-824-7803, or Karent Zorogastua at 212-824-7806.

MOUNT SINAI RISING PROFESSIONALS

The Rising Professionals is a group dedicated to developing the professional workforce of the Mount Sinai Health System by offering employees opportunities for professional and personal growth. To join the distribution list for the Rising Professionals, email risingprofessionals@gmail.com.

POSTING CLINICAL RESEARCH PROJECTS ON THE MOUNT SINAI HEALTH SYSTEM WEBSITE

Employees can request that their studies be added to the clinical research listings on the Mount Sinai website. Using the web form found at https://erap.mssm.edu/Public/ORSClinicalTrials.aspx, one can
submit a request to add, update, or delete a web page from the clinical research listings at http://icahn.mssm.edu/research/clinical-trials. For more information, contact research.services@mssm.edu.

STAT-CHAT: WALK-IN CONSULTATION SERVICE
The Center for Biostatistics at Mount Sinai has launched STAT-CHAT: a free, walk-in, consultation service meant to resolve easy problems and answer quick questions about such topics as data analysis, study design, and database. All faculty, fellows, residents, staff, or medical students are welcomed to use this service for quick statistics-related questions. STAT-CHAT is offered once a week with two statisticians available for an hour on a first-come, first-served basis. Each consultation should be about 15 minutes.

Mondays, 2 – 3 pm
Icahn Medical Institute, L2-82

OPHTHALMOLOGY OPTICAL SHOP UPDATE
The Department of Ophthalmology’s Optical Shop encourages employees to take care of their eyes. The shop is currently offering a one-time additional five-percent discount on all purchases over $300.00. The Optical Shop also offers employees a 20-percent discount on a wide assortment of sunglasses and glasses. Shalaya Arias, a department optician, will be available to show visitors the shop’s latest designer frames for adults and children. The department encourages employees to use their Flexible Spending Account at the Optical Shop. Customers must still adhere to the shop’s 90-day “pay for your glasses” policy. The shop’s hours of operation are Monday to Friday from approximately 10 am – 5 pm, and no appointment is necessary. For more information, call 212-241-0939.

17 East 102nd Street, Eighth Floor
Across from the
Ophthalmology Department

BREAST AND CERVICAL CANCER OUTREACH PROGRAMS
Esperanza y Vida and The Witness Project of Harlem are culturally based community outreach programs that teach the importance of breast and cervical cancer health and screenings. The programs are led by women in the community, including breast and cervical cancer survivors who provide testimonials. Programs are held at Mount Sinai every other month and throughout the community. For more information, contact Clarissa Martinez at 212-824-7803, Cristina Villagra at 212-824-7804, or Helen Nunez at 212-824-7801.

STORYCORPS PARTNERING WITH MOUNT SINAI
StoryCorps Legacy, a program of the national oral history project StoryCorps, is partnering with The Child Life and Creative Arts Therapy Department at the Mount Sinai Kravis Children’s Hospital to record and preserve stories from Mount Sinai staff. For 40 minutes, participants will have the opportunity to answer questions, such as:

• How would you describe yourself?
• Who has had the biggest influence on you?
• What are you most proud of?

Participants will receive a free CD recording to share with family and friends. With their permission, a second copy will be archived in the American Folklife Center at the Library of Congress.
Legacy is an audio project only – no video will be taken. For more information, visit http://storycorps.org/legacy. Recordings are taking place now and will continue until further notice. Contact Lori Lerma at 212-241-6975 or lori.lerma@mountsinai.org to schedule an interview.

**A RESEARCH OPPORTUNITY FOR EVERYONE**

Mount Sinai and other research institutions across the country have joined together to create ResearchMatch.org. This easy-to-use tool allows interested volunteers to make themselves available as research study participants for studies that are right for them, and helps research studies from ending due to lack of participation. Volunteers of any age, race, ethnicity, or health status are invited to join. Volunteer privacy is protected. To learn more visit https://www.researchmatch.org?route=mount_sinai.

**CALLING ALL MOUNT SINAI ALUMNI**

Alumni can be kept informed of Mount Sinai happenings by sending their non-MSSM e-mail address to Alumni Relations at alumni@mssm.edu and by “Liking” Mount Sinai Alumni on Facebook and following Mount Sinai Alumni on LinkedIn.

**DISPLAY OF EXCELLENCE**

The Display of Excellence, located in front of the Plaza Café, is a way for managers to give their employees recognition for outstanding service. The employee’s photo and manager’s words of recognition will be posted on the display. Managers can use the display if an employee provides excellent customer service, innovative new ideas, successful project completion, safety efforts, patient satisfaction improvements, or as retirement recognition, and more. Entries will be kept on display for three months. Guidelines: Must be a manager to submit an entry, employee must be in good standing with Mount Sinai, each supervisor may enter no more than two individuals or one team each month, employees may be recognized multiple times throughout the year if each entry is for a separate and unique accomplishment. For more information, email Michelle Cruz at Michelle.Cruz@mountsinai.org or call x41944.

**TALENT DEVELOPMENT AND LEARNING**

**LEVY LIBRARY EDUCATION CLASSES**

Read more about classes and register online for classes at: http://librarycf.mssm.edu/levy/classes/. For more information and location information, email Levy Library Reference at refdesk@mssm.edu, or call 212-241-7791.

*EndNote Online*

*Tuesday, May 12, 3 – 4 pm*

*RefWorks Basics*

*Friday, May 22, 1 – 2 pm*

**MOUNT SINAI TALENT DEVELOPMENT AND LEARNING**

Talent Development and Learning, formerly the Division of Training and Education, has a new institution-wide learning management system called PEAK (Portal for Education and the Advancement of Knowledge). Employees can now register online for all Talent Development and Learning classes by
logging on to the PEAK website, then clicking on the 'Classroom-Based Training' section. By registering online, individuals no longer will need to fax their registration forms. For more information, contact Talent Development and Learning at 212-241-1944, or register at http://peak.mountsinai.org. In order to log on to PEAK, employees will need to use the credentials used to log into their e-mail. To identify the proper credentials, visit http://password.mountsinai.org or call the help desk at 4-HELP.

- **CUNY School of Professional Studies: Information Sessions**

In these sessions, participants will learn more about the Human Relations College program at the CUNY School of Professional Studies that is designed to enhance skills and knowledge used on the job while providing an important foundation for further college study. This program is geared towards working adults at various points in their college careers.

**Mount Sinai Beth Israel – Petrie**

*Monday, May 11, 11 am – 1:30 pm*  
*First Avenue and 16 Street*  
*Dazian Building, Second Floor Rotunda*

**Mount Sinai Beth Israel – PACC**

*Tuesday, May 12, 11:15 am – 1:30 pm*  
*10 Union Square East*  
*Second Floor Atrium*

**Mount Sinai St. Luke’s**

*Wednesday, May 20, 11:15 am – 1:30 pm*  
*1111 Amsterdam Ave*  
*Lobby*

**Mount Sinai Roosevelt**

*Wednesday, May 27, 11:15 am – 1:30 pm*  
*1000 Tenth Ave*  
*Lobby*

- **Impactful Communication: How to Successfully Impart and Receive Information**

Strong interpersonal and communication skills allow for more efficient and effective work. This interactive workshop will support you in being a skilled and impactful speaker and listener. At the end of the session you will have the tools to ensure that when you speak, your meaning is clear and obvious, and that when you listen, you are receiving and understanding the intended message.

*Monday, May 11, 10:30 am – 12:30 pm*  
*Mount Sinai Beth Israel*

- **Communication Strategies in the Workplace**

This class aims to teach participants three techniques to stay calm and poised when a workplace conflict is unavoidable; communicate more effectively through active listening skills; and apply at least three strategies for giving and receiving feedback.

*Monday, May 11, 10:30 am – 1 pm*  
*Mount Sinai St. Luke’s*

- **Navigating Conflict as a Leader**

This course will explore diverse perspectives and circumstances that provide innovative methods for successfully dealing with conflict.
Foundations of Customer Service: Five Essentials (For New Employees Hired Within the Last 6 Months)
This class will review Mount Sinai’s culture of customer service, tailored to employees hired less than six months ago. Classes will examine Mount Sinai’s service standards, present the five essentials of good customer service, and provide a forum in which to practice these skills.

Wednesday, May 13, 9 am – 1 pm

PEAK Learning Management System: Getting the Most of Supervisor/Manager Tools
The My Team View in PEAK is the method for reviewing Learning Records for direct reports within one’s cost center. This course provides insight into the use of the available reporting and enrollment tools and is taught via a hands-on approach in a computer classroom. Participants will have the opportunity to work on practical exercises and examples with their own accounts.

Wednesday, May 13, 10 – 11:15 am

Delegation Intensive for New Managers
In this workshop, participants will learn the steps to effective delegation and how to avoid common delegation pitfalls. The fast-paced workshop will show participants how to pinpoint the right task to delegate, the right time to delegate, and the right person for the task.

Wednesday, May 13, 10 am – 1 pm

Excel Pivot Tables
In this class, participants will learn to create pivot tables from a variety of data, work with pivot table options, create calculations, and group and format items.

Thursday, May 14, 9 am – 12:30 pm

Access Query Design
In this class, participants will learn how to select different parameters, update queries and append records. Different query types and ways to have Access ask for input information will also be reviewed.

Thursday, May 14, 1:30 – 5 pm

Managing Transitions in the Workplace
This workshop is designed to provide leaders with the skills and knowledge needed to guide their teams through an organizational change in a manner that helps employees handle both change and transition. Join other leaders from the Mount Sinai Health System’s corporate departments to discuss strategies and tactics to help employees adjust to change. Leaders must be able to quickly transform their work units and help employees adjust to new approaches to work. The session also highlights what leaders can do to implement organizational changes while simultaneously helping employees manage themselves through personal transitions.

Friday, May 15, 1:30 – 4:30 pm

Toastmasters
Toastmasters Members learn to develop comfort and skill when speaking by working with others in a
supportive environment. A typical meeting is made up of 10 – 20 people who meet biweekly for an hour. Each meeting gives participants an opportunity to practice conducting meetings, give impromptu speeches, present prepared speeches, and offer constructive evaluation.

- **Walden University – Online Degree Programs**
For more than 40 years, Walden University has been serving the higher education needs of adult learners. Walden University is now offering Mount Sinai Health System employees the opportunity to pursue a degree or certificate online in a wide selection of health care-related fields of study. To learn about educational opportunities through Walden University and learn about the tuition-reduction offer tailored to the Mount Sinai Health System, call Leah Lopez at 732-306-7720 or email leah.lopez@waldenu.edu.

- **Foreign Language Conversation Groups**
These sessions will allow speakers of all levels to converse. Beginners, intermediate, and advanced speakers are welcome. For more information, email michelle.cruz@mountsinai.org.

**Conversation Partners**
Designed for any level of a given language, Conversation Partners provides an opportunity to improve skills in a specific language by speaking in a safe group of learners. Native speakers are encouraged to attend. E-mail tdl@mountsinai.org for more information and the meeting location.

**English as a Second Language**
Classes are designed to improve written and conversational English with special attention paid to vocabulary, pronunciation, idioms, listening skills, writing, and grammar usage. Complete an assessment on Mondays anytime between 10:30 am and 3 pm. Call 212-241-1944 for more information.

**English Conversation Partners**
Designed for new learners of English, this program provides an opportunity to strengthen English-speaking skills by pairing up with an English-speaking employee or volunteer for one hour a week to practice conversation. This program is open to native English-speaking tutors, as well as students who are learning English. For more information, e-mail tdl@mountsinai.org.

**RESEARCH STUDIES/CLINICAL TRIALS**
**STRESS AND HIV NEUROIMAGING STUDY**
Mount Sinai researchers are seeking volunteers between 37 and 55 years of age, who are either HIV-negative or HIV-positive, to participate in a study examining the effects of HIV and stress on the brain. The study will include two initial interviews to assess eligibility for the more-involved neuropsychological assessment and MRI session. This study will also collect and test blood samples to determine if biomarkers can predict brain functions. Uraina Clark, PhD, Assistant Professor, Neurology, is the principal investigator for this study. For more information, call a study coordinator at the Icahn School of Medicine at Mount Sinai at 212-241-6582. [GCO#13-0466, Approved through 06/09/2015].

**RESEARCH VOLUNTEERS WITH TRAUMATIC BRAIN INJURY NEEDED**
The Brain Injury Research Center at Mount Sinai is seeking people who have had a mild, moderate, or severe traumatic brain injury (TBI) and are experiencing problems in their daily activities. This may
include difficulty preparing meals, maintaining a schedule, or coming up with solutions to problems. The research study will evaluate changes in thinking skills that may occur after brain injury. Participants must be at least 18 years of age and not have other neurological diagnoses. Participants will visit Mount Sinai once for about two hours to complete research measures. Compensation will be provided for participation. If interested, call the Brain Injury Research Center at 212-241-5250. [GCO #14-0720, Principal Investigator: Colette Elliot, PhD, IRB approved through 6/26/2015].

HEALTHY RESEARCH VOLUNTEERS NEEDED
The Brain Injury Research Center at Mount Sinai is seeking people for participation in a research study. The purpose of the study is to evaluate daily activities and skills for everyday functioning. Participants must be at least 18 years of age and not have had a traumatic brain injury. Participants will visit Mount Sinai once for about two hours to complete research measures. Compensation will be provided for participation. If interested, call the Brain Injury Research Center at 212-241-5250. [GCO #14-0720, Principal Investigator: Colette Elliot, PhD, IRB approved through 6/26/2015].

ACANTHOSIS NIGRICANS QUALITY OF LIFE STUDY
The purpose of this study is to develop an acanthosis-nigricans-specific quality of life (ANQoL) instrument to measure the impact of acanthosis nigricans on patients’ lives. The Department of Genetics and Genomic Sciences will administer questionnaires and conduct open-ended structured interviews. Based on this data, the department will then generate the ANQoL. Participants must be over 18 years of age, English speakers, and have acanthosis nigricans. They will be asked to undergo a brief physical exam at Mount Sinai to confirm the diagnosis. Participants will receive a $10.00 Visa gift card upon completion of their participation in this study. Those interested should email acanthosis.nigricans@mssm.edu. [GCO 12-0965, IRB approved through 07/16/15].

RESEARCH STUDY ON THE EFFECTS OF SMOKING ON THE DIGESTIVE SYSTEM
The Division of Gastroenterology is looking for individuals who are planning to quit smoking for a study on the effect of smoking cessation on the digestive system. The purpose of this study is to understand how smoking impacts the bacteria and immune system of the intestines. Participants need to be between 18 and 65 years of age, smoke half a pack of cigarettes per day, and be in relatively good health. Participation involves providing blood and stool samples, and having a flexible sigmoidoscopy with biopsies before and after stopping smoking. Up to $400 will be provided to compensate for time and effort. For more information, or to refer possible participants, contact Ryan Ungaro, MD, by emailing ryan.ungaro@mssm.edu, or calling 212-241-0150. [GCO # 14-1179, IRB Approved 8/12/14 - 8/11/15].

OBSESSIVE-COMPULSIVE DISORDER STUDY
The Obsessive-Compulsive Disorder and Related Disorders Program is recruiting for a study investigating the efficacy of group cognitive-behavioral therapy for OCD. Children of 8 to 12 years of age with a diagnosis of OCD are invited to participate. Subjects will participate in a 12-week clinical therapy program at no cost. The group therapy is run by Ariz Rojas, MD, on Monday nights from 5 – 6:30 pm. Subjects will complete pre- and post-test measures (one two-hour visit) and will be compensated for their time, as well as travel costs. For more information, or to register, contact Shannon Gair at Shannon.gair@mssm.edu, or 212-659-1675. [PI: Timothy Rice, MD, GCO # 14-0858, IRB Approved through 8/27/15].
**APPETITE AND BODY FAT STUDY**
The Division of Endocrinology is looking for healthy diabetic and nondiabetic individuals (both overweight and lean) who are eligible to participate in a study investigating appetite and body fat. Participation will include fasting over the night before the visit (eight hours) and a four to five hour visit during which a brief medical history and appetite questionnaire will be completed; height, weight, pulse, and blood pressure will be measured; blood samples will be taken before and a few times after drinking a test meal; and a biopsy of fat from around the waist will be taken. Participants will receive compensation. For more information, email Eliza Geer, MD, at eliza.geer@mssm.edu. [GCO# 08-0105. MSSM IRB approved through 8/31/15].

**ATOPIC DERMATITIS STUDY**
The Department of Dermatology is looking for adults, and children two years of age and older, to participate in a research study to treat mild to severe atopic dermatitis. The study will last several months. Qualified participants will receive a study-related skin exam and study drug at no cost. Health insurance is not needed to participate. For details, call the dermatology clinical trials center at 212-241-6033. [GCO # 12-0424, IRB approved through 8/31/2015].

**MICROBIOME ANALYSIS STUDY**
The Departments of Genetics and Genomic Sciences, and Gastroenterology, are conducting a prospective study exploring mechanism of in utero transmission of bacteria by Microbiome analysis and is currently recruiting female participants who are pregnant, planning a pregnancy, are in good health, or have Inflammatory Bowel Disease, and will deliver in The Mount Sinai Hospital. Participants will be asked to fill out health status and dietary questionnaire, and provide stool and saliva samples. Participants will be compensated for their time and efforts with up to $250. Those interested can contact Joanna Torres, MD, at joanna.torres@mssm.edu or 212-241-2809, Justin Cote-daigneault, MD, at justin.cotedaigneault@mountsinai.org, or Hina Panchal, MD, at hinaben.panchal@mssm.edu, or 212-824-9080. [GCO# 14-1236, PI: Inga Peter PhD, ISMMS IRB approved through 10/8/15].

**RESEARCH STUDY IN DIABETICS PATIENTS WITH PERIPHERAL ARTERY DISEASE (PAD)**
Individuals with type 2 diabetes mellitus with lower extremity peripheral artery disease (PAD) are invited to participate in this study being performed by the Division of Cardiology, which is designed to explore the effects of three FDA-approved anti-platelet regimens in microcirculatory flow. Eligible study participants will receive three different sets of treatments for PAD and will be followed up via blood testing as well as Doppler-imaging. Those interested can call John Kim, MD, at 212-659-9637, Karen Modesto, PhD, at 212-659-8864, or e-mail john.kim@mssm.edu or karen.modesto@mssm.edu. [PI: Robert Rosenson, MD, GCO #13-1925, IRB approved through 10/28/2015].

**TOMMORROW STUDY**
The Alzheimer’s Disease Research Center is seeking healthy participants between 65 and 83 years of age who have someone who can be a project partner (spouse, adult child, other family member, or caregiver) to provide information about their health, attend study appointments, and assist with correctly taking certain study medications for this study that will examine two genes to see if it’s possible to predict
someone’s likeliness to develop Alzheimer’s based on certain inherited genes, and to test a drug called pioglitazone (AD-4833), which may slow the progress of Alzheimer’s disease in those who currently show no signs of the condition. In this study, the participants will be given a blood test to determine if they are at an elevated risk of developing Alzheimer’s disease, and memory, thinking, orientation, and language skills tests to confirm that they are mentally healthy. Those who qualify will then be given a study drug or placebo to take over a five-year period. Participants will not have to pay for investigational medication, and transportation assistance may be available. This research will take place at The Mount Sinai Hospital campus. For more information, contact a study coordinator at 212-241-8329. [PI: Judith Neugroschi, MD; GCO#: 13-1688; HSM#: 13-00720; IRB approved through 11/19/2015].

GENETICS AND GENOMICS STUDY OF NEURODEVELOPMENTAL DISORDERS
The Department of Psychiatry is recruiting subjects and families with neurodevelopmental disorders (NDDs) of unknown cause for a systematic genetic screen that will examine the inheritance patterns and genetic contributions to related neurodevelopmental disorders. The study includes completion of a medical history questionnaire and a blood draw. Affected and unaffected family members of those with a NDD may also be eligible to participate. For more information, call 212-824-9065, or email ndd.project@mssm.edu [GCO# 12-1490, PI: Dalila Pinto, PhD, IRB approved through 11/20/2015].

EFFECT OF NEBIVOLOL ON THE BLOOD FLOW IN HEARTS OF ADULTS WITH HIGH BLOOD PRESSURE AND ABNORMAL FILLING OF HEART (LVDD) STUDY
The purpose of this study is to study the relationship between Nebivolol (Bystolic) administration and improvement in exercise time in patients with hypertension (high blood pressure) and those with Left Ventricular Diastolic Dysfunction (abnormal relaxation of the heart muscle). The Division of Cardiology is looking for patients who have a history of mild to moderate high blood pressure (130-160/90-120) and may or may not have not received any medications for elevated blood pressure for at least 30 days and who are willing to undergo two stress echo exams at the beginning and at the end of the study. The study duration is six months. Patients will be supplied with the medication for the six-month period. For more information, contact Sharath Vallabhajosyula at Sharath.vallabhajosyula@mssm.edu or call at 212-659-8847, or call 212-659-8847 to set a screening visit and check your eligibility. [GCO #12-0493, Principal Investigator: Partho Sengupta, MD, IRB approved through 12/10/2015].

STUDY FOR HEALTHY YOUNG VOLUNTEERS
The Division of ADHD and Learning Disorders at the Icahn School of Medicine at Mount Sinai are seeking adolescents of 7 to 17 years of age with no history of medical or psychiatric illness to participate in a study that uses non-invasive technology as a measurement to diagnose and treat ADHD. The study will include an evaluation for ADHD and other disorders, a non-invasive scan while the child plays video games on a computer, and a second scan 4 – 6 weeks after the initial scan. Compensation will be provided for participation. For more information, contact Amanda Kirschenbaum, BSc, Clinical Research Coordinator, at 212-241-5269, or Amanda.Kirschenbaum@mountsinai.org. [IRB Approved through 12/15/15].

TYPE 2 DIABETES STUDY
The Glycemia Reduction Approaches in Diabetes: A Comparative Effectiveness Study (GRADE) is investigating which is the best second drug to be added to metformin for the treatment of type 2 diabetes. Eligible participants must be currently treated with metformin alone and have been diagnosed
with type 2 diabetes at less than 30 years of age within the past 10 years. Participants will be randomly assigned to receive one of four FDA-approved diabetes medications in addition to metformin and attend four study visits per year for up to seven years. Laboratory tests, diabetes medications, and diabetes education will be provided free-of-charge. Travel stipends and honoraria will be provided. Those interested may contact the study team at grade@chpnet.org, or 212 523-4171. This is a multi-center National Institutes of Health-sponsored clinical trial. For more information, visit https://grade.bsc.gwu.edu/web/grade/home?p_p_id=58&p_p_lifecycle=0&_58_redirect=%2F. [PI: Jeanine Albu, Chief, Division of Endocrinology, Diabetes and Nutrition, Mount Sinai St. Luke’s, GCO#: 12-161, MSSLRH IRB approved through 12/16/2015].

LUNG CANCER EARLY DETECTION STUDY
The Early Lung and Cardiac Action Program of the Department of Radiology is seeking non-smokers, 40 years of age and older who have never smoked and have been exposed to second-hand smoke. The study will offer early detection of lung cancer, cardiac disease, and other diseases through low-dose CT scanning. This study is free of charge and participants will be reimbursed for their time and effort. For more information or to participate, call 212-241-2420. [GCO# 09-2017, PI: Claudia Henschke, MD, PhD, IRB approved through 12/31/2015].

MRI AND PET STUDY
Researchers at Mount Sinai are developing and validating new magnetic resonance imaging (MRI) and positron emission tomography (PET) methodologies to help in diagnosing atherosclerotic plaques at risk of causing severe clinical events, such as myocardial infarction, stroke, or sudden death. Males and females 20 years of age and older, either with personal or family history of either risk factors for atherosclerosis (high cholesterol, high blood pressure, diabetes), or atherosclerosis itself, may be eligible for participation in this study. Participation will involve undergoing one or more imaging sessions with MRI and/or PET. Participants will be reimbursed $75 per imaging session, for a maximum of $300. For those interested in this study, contact Rima Fayad (Research Coordinator) at 212-824-4846, or email rima.fayad@mountsinai.org. [GCO 01-1032, IRB approved through 12/31/2015].

ALZHEIMER’S DISEASE RESEARCH CENTER STUDY
The Alzheimer’s Disease Research Center at Mount Sinai is recruiting volunteers for a multi-center Merck EPOCH trial. This study is investigating the safety, tolerability, and efficacy of a medication, MK-8931, in patients with mild to moderate Alzheimer’s disease. MK-8931 is an oral, β-amyloid precursor protein, site-cleaving enzyme (BACE) inhibitor and is aimed at slowing the progression of Alzheimer’s disease. Patients will be randomly assigned to take a low dose of study medication, a high dose of study medication, or a placebo for 78 weeks. The study needs patients with a diagnosis of Alzheimer’s disease who are 55 to 85 years of age, are fluent in English or Spanish, can attend all study visits, participate in neuropsychological testing, receive MRIs, and who have a close friend or family member who can act as a study partner. All study visits will take place at The Mount Sinai Hospital campus and there will be no cost to the patients. For more information about the study, contact study coordinator, Emily Exter, at 212-241-0438 or emily.exter@mssm.edu. [Principal Investigator: Judith Neugroschl, MD; GCO# 13-0701; IRB approved through 1/5/2016].

STUDY OF HUMAN BODY SIZE AND SHAPE USING 3-DIMENSIONAL
PHOTOGRAPHIC IMAGES
Individuals, especially fraternal and identical twins are invited to participate in a genetics study that involves taking photographs with a special camera to measure head size and shape. Analysis of these 3-D photos will be used to measure the amount of similarity and difference between facial features of twins. Participants will be consented, asked to fill out a short questionnaire about medical and family history, have head circumference and ear length measured, have two or three 3-D photos taken, provide a buccal sample (cheek swab or mouthwash sample) or a blood sample. Total participation time is about 30 minutes. Those interested should call 212-241-7056 or email 3dphoto@mssm.edu [GCO 08-0811, IRB approved through 03/11/2016].

HEALTHY RESEARCH VOLUNTEERS NEEDED
The Department of Anesthesiology is seeking people for participation in a research study. The purpose of the study is to assess cognitive recovery in a group of adults by undertaking baseline and follow-up testing after the administration of general anesthesia in people 70 to 80 years of age and to evaluate alterations in resting state and activity-driven brain networks using fMRI, Diffusion Tensor Imaging (DTI), and Arterial Spin Labeling (ASL) to characterize these same volunteers before and during recovery from the administration of general anesthesia. Participants will visit Mount Sinai twice and be contacted further for follow-ups. Compensation will be provided for participation. Those interested can call the Department of Anesthesiology at 212-241-0840. [GCO #13-0359, PI: Jeffrey Silverstein, MD, IRB approved through 04/28/2016].

TREATMENT STUDY FOR CHILDREN AND ADOLESCENTS WITH ADHD
The Department of Psychiatry is looking for children and adolescents 7 to 17 years of age with suspected or diagnosed attention-deficit/hyperactivity disorder (ADHD) to participate in a study examining response to either methylphenidate or atomoxetine, both of which are commonly prescribed medications that are FDA-approved for the treatment of ADHD in children and adolescents. The study will include an evaluation for ADHD and other disorders, weekly doctor visits for six to eight weeks as the doctors work with participants’ parents to find the best dose for their children, and non-invasive fMRI scanning while their child plays a video game. Reimbursement provided. For more information, contact Beth Krone, PhD, at 212-241-8012, or email beth.krone@mssm.edu. [MSSM GCO #11-0161, PI: Jeffrey Newcorn, MD, IRB approved through 4/30/2016].

UPDATE
2015 Marketing and Communications
Send submissions to update@mountsinai.org by Noon on Tuesday for inclusion in Thursday’s Update.
Update
April 30, 2015

WEEKLY E-NEWSLETTER HIGHLIGHTING ANNOUNCEMENTS AND EVENTS

OFFICE FOR DIVERSITY AND INCLUSION TRAINING SESSIONS
The Office for Diversity and Inclusion (ODI) is offering training sessions for employees on Managing Diversity and Cultural Differences for Effective Patient Outcomes. The sessions, supported by the Richard Netter Funds for Diversity, are designed to deliver a basic understanding of the diverse populations seeking care in communities and steps providers may take to improve the diverse patient experience. The sessions will provide an understanding of the concepts of diversity and culturally competent health care and their impact on the patient/provider relationship and communication. Those interested can register on PEAK through “Classroom-Based Trainings” to attend one of the sessions below. For more information, call the ODI at 646-605-8280 or e-mail diversity@mountsinai.org.

Mount Sinai Beth Israel Brooklyn
Thursday, April 30, 1 – 3 pm
Conference Room A

Mount Sinai St. Luke’s
Thursday, May 7, 10 am – Noon
Muhlenberg Building Administration
Conference Room

The Mount Sinai Hospital
Monday, May 11, 1:30 – 3:30 pm
Hess Center, Room 5-101

Mount Sinai Roosevelt
Tuesday, May 12, 10 am – Noon
Winston Conference Room

Mount Sinai Beth Israel (PACC)
Wednesday, May 13, 3 – 5 pm
Conference Room 2

Mount Sinai Beth Israel (Petrie)
Monday, May 18, 3 – 5 pm
Bernstein Pavilion
Conference Room B
**Mount Sinai Queens**

*Wednesday, May 27, 2 – 4 pm*  
27-53 Crescent Street  
Conference Room (Lower Level)

**AUTISM AWARENESS MONTH**

Stop by an informational table to pick up brochures on autism spectrum disorders, talk to members of the team, and learn more about studies and treatments being offered by the Seaver Autism Center.

*Thursday April 30, 11 am – 2 pm*  
Guggenheim Pavilion  
Outside the Plaza Café

**ANNOUNCING ICAHN SCHOOL OF MEDICINE AT MOUNT SINAI’S SUPPORT FOR CROWDFUNDING APPLICATIONS**

Crowdfunding is a mechanism to fund a project by collecting small amounts of money from a large number of people, and has emerged as an important way to raise funds to expand ongoing initiatives to cure disease and improve patient care. This is done via direct appeals through crowdfunding internet sites where one presents an idea and how much they will need to accomplish the project.

To assist Mount Sinai faculty and students in tapping this new funding method, resources have been developed to enable those interested to launch a successful crowdfunding campaign. Members of the Mount Sinai community are now able to leverage Mount Sinai’s reputation as well as infrastructure to give your project additional credibility with potential donors.

Those interested can visit the Icahn School of Medicine at Mount Sinai’s new crowdfunding page at [http://icahn.mssm.edu/about-us/for-faculty/researchers/crowdfunding-as-a-mechanism-to-fund-your-ideas](http://icahn.mssm.edu/about-us/for-faculty/researchers/crowdfunding-as-a-mechanism-to-fund-your-ideas).

**VOYA (ING) VOLUNTARY UNIVERSAL LIFE INSURANCE OPEN ENROLLMENT**

Open enrollment for Voya (ING) Voluntary Universal Life Insurance continues to Friday, May 1. Voya (ING) Enrollment Representatives will be onsite at the tables outside of the Plaza Café from 6 am to 6 pm. During this enrollment period, employees may apply for guaranteed issue coverage up to $125,000 without the need for extensive medical questions or testing required. Those interested can call 212-241-5480 for more information during the enrollment period.

*Through Friday, May 1, 6 am – 6 pm*  
Guggenheim Pavilion  
Outside the Plaza Café

**CLINICAL INSIGHTS IN MULTIPLE MYELOMA PATIENT SYMPOSIUM**

At this symposium, hosted by the Multiple Myeloma Research Foundation, attendees will learn more about managing multiple myeloma and today’s most promising treatment options, including clinical trials, from leading multiple myeloma clinicians. Sundar Jagannath, MD, Director, Multiple Myeloma Program, Professor, Medicine (Hematology and Medical Oncology), The Tisch Cancer Institute, is the Program Chair for the Symposium. Those interested can register at [http://support.themmrf.org/site/Survey?ACTION_REQUIRED=URI_ACTION_USER_REQUESTS&SURVEY_ID=5260](http://support.themmrf.org/site/Survey?ACTION_REQUIRED=URI_ACTION_USER_REQUESTS&SURVEY_ID=5260). For more information, email tyghters@themmrg.org or call 203-652-0219.
SECOND ANNUAL PHYSIATRY CONFERENCE AND THIRD ANNUAL MOUNT SINAI SPINE RESEARCH DAY AND FELLOWS REUNION

The Mount Sinai Orthopaedic Spine Service is hosting its Third Annual Spine Research Day and Fellows Reunion. The conference will take place in two parts: The first part will feature a Physiatry session, and the second part will feature an Orthopaedics Spine session. Additionally, the event will feature a presentation by Scott Boden, MD, Professor, Orthopaedic Surgery, Emory University School of Medicine, Director, Emory Orthopedics and Spine Center. The goal of the conference is to provide clinicians, researchers, medical and health care trainees, and others with the comprehensive review of current and emerging techniques in spine surgery and non-operative treatments of spine conditions, as well basic science behind the disk degeneration and other spine complications. For more information, or to register, email renata.pyzik@mssm.edu, or call 212-241-3206.

Thursday, May 7, 10 am – 5:30 pm (Registration at 9:30 am) Hess Center, Davis Auditorium
Part One, Physiatry: 10 am – 1:30 pm
Part Two, Orthopaedics: 1:30 – 5:30 pm

FREE SKIN CANCER SCREENINGS

All Mount Sinai Health System staff, their friends and families, and the public, are invited to come to the locations below to obtain a total body skin examination. The screenings are for walk-ins only, and do not require appointments:

**Kimberly and Eric J. Waldman Department of Dermatology at The Mount Sinai Hospital**
Thursday, May 7, 2 – 6 pm 5 East 98th Street, 5th Floor Dermatology FPA

**Department of Dermatology at Mount Sinai Beth Israel**
Thursday, May 7, 3 – 6:30 pm 10 Union Square, Suite 3C

**Department of Dermatology at Mount Sinai St. Luke’s**
Thursday, May 7, 5:30 – 8 pm 1090 Amsterdam, Suite 11D

**Department of Dermatology at Mount Sinai Roosevelt**
Wednesday, May 20, 5:30 – 8 pm 425 West 59th Street, Suite 5C

NATIONAL NURSES WEEK 2015

Carol Porter, DNP, RN, FAAN, Edgar M. Cullman, Sr. Chair of the Department of Nursing, Chief Nursing Officer/ SVP, The Mount Sinai Hospital, Associate Dean of Nursing Research and Education, Icahn School of Medicine at Mount Sinai, and Audrey Ludmer, RN, Clinical Nurse, Endoscopy President, Local Bargaining Unit, New York State Nurses Association, are hosting the following events and festivities in recognition of National Nurses Week 2015:
**Nurses Week Breakfast**
*Monday, May 11, 7 – 9:30 am*  
Annenberg West Lobby

**Keynote Address**
LeAnn Thieman, Author, “Chicken Soup for the Nurse’s Soul, Second Dose,” will present.  
*Tuesday, May 12, 1 pm*  
Stern Auditorium

*Additional Sessions with LeAnn Thieman:*
- 8 am, Mount Sinai Queens
- 4 pm, Stern Auditorium
- 10 pm, MC 330 (Pre-Recorded)

**Boards of Trustees 34th Annual Excellence in Nursing Practice Awards**
*Wednesday, May 13, Noon*  
Stern Auditorium

**19th Annual Poster Session Highlighting Nursing Practice**
*Thursday, May 14, 8 – 9:30 am*  
Guggenheim Atrium

**Midnight Madness: The Tradition Continues**
Nursing leadership rounds on units to recognize and give thanks.  
*Thursday, May 14, Midnight*

**Nurses - Taking Care of Yourself So You Can Care for Others**
*Friday, May 15, 11 am – 2 pm*  
Annenberg West Lobby

**SOLUTIONS IN SAFE PATIENT HANDLING**
This conference, sponsored by the Mount Sinai Selikoff Centers for Occupational Health, is intended for administrators, physicians, nurse risk managers, direct patient care givers, rehabilitation therapists, ergonomists, and safety professionals, as well as faculty, residents, and students interested in advancing worker and patient safety in health care. Speakers will include safe patient handling experts from the U.S. Centers for Disease Control and Prevention/National Institute of Occupational Safety and Health. This activity has been submitted to The Mount Sinai Hospital, an approved provider of continuing nursing education by the Alabama State Nurses Association, for approval to award contact hours. Alabama State Nurses Association is accredited as an approver of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation. For more information, or to register, visit [www.mountsinai.org/selikoff](http://www.mountsinai.org/selikoff). There is an $80 registration fee for Mount Sinai Health System faculty and staff who register by Monday, May 11. After that date, the registration fee will be $125.  
*Monday, May 11 (Discounted Registration Deadline)*  
New York Academy of Medicine
*Tuesday, June 30 (Conference)*  
1216 Fifth Avenue  
Entrance on 103 Street

**CME COURSES AND CONFERENCES**
**CONSORTIUM OF NEW YORK GERIATRIC EDUCATION CENTERS**
Register now for upcoming Core Days and electives, part of a 35-hour Geriatric Scholar Certificate
program. Seminars are aimed at improving and expanding geriatric health care, particularly for low-income, multi-ethnic, and underserved older adult populations. Each training day is accredited for 7.0 CME credits by the Icahn School of Medicine at Mount Sinai. The program is intended for health care and social service providers and faculty from a range of disciplines and areas of expertise. For more information and to register, visit www.nygec.org, or email cnygec@mssm.edu.

**Core Day Three: Special Considerations for Older Adults**

*Friday, May 1*  
Bellevue Hospital Center  
462 First Avenue

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**THE MANY FACES OF PAIN**

The goal of the Second Annual New York City Pain Symposium is to provide clinicians in the tristate community with a comprehensive review of innovative practices in the diagnosis and management of pain disorders. A broad spectrum of disorders, including fibromyalgia, diabetic neuropathy, migraine, and spinal pain, will be addressed. Also included for the first time this year will be the role of the placebo in pain, and a testimonial from a patient living with neuropathy. Through didactic lecture and interactive discussions with expert clinicians, attendees will learn current medical and innovative diagnostic and interventional practices that will prepare them to diagnose and manage patients living with pain in 2015 and beyond. For more information, visit www.mssm.edu/cme/courses, email cme@mssm.edu, or call the Office of CME at 212-731-7950.

*Saturday, May 2, 8:45 am – 4 pm*  
Hess Center, Davis Auditorium

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**MOUNT SINAI HEART: TOPICS IN CARDIOLOGY**

This CME dinner meeting is designed to update primary care practitioners on the latest advances in cardiology. The meeting will review Trans-catheter Aortic Valve Replacement (TAVR), current approaches to the diagnosis and therapy of pulmonary embolism, and advances in the management of mitral valve disease. For more information, email robbinsoffice@gmail.com or call 718-760-0011.

*Wednesday, May 20, 6:30 – 9:30 pm*  
Dee’s Restaurant  
107-23 Metropolitan Avenue  
Forest Hills, NY

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**THE PAGE AND WILLIAM BLACK POST GRADUATE SCHOOL FOR CONTINUING EDUCATION**

The Office of Continuing Medical Education (CME) offers seminars, conferences, grand rounds, and live webcasts for physicians and other health professionals to extend their knowledge and remain current in their specific fields. For more information on courses, including times, visit www.mssm.edu/cme/courses, email cme@mssm.edu, or call the Office of CME at 212-731-7950.

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**GRAND ROUNDS, LECTURES, AND SEMINARS**

**DEVELOPMENTAL AND REGENERATIVE BIOLOGY SEMINAR SERIES**

Enrique Rodriguez-Boulan, MD, Charles and Margaret Dyson Professor, Professor of Cell and Developmental Biology and Neurosciences, Margaret Dyson Vision Research Institute, Weill Cornell Medical College, presents "Polarity, Cross-Talk and Signaling in the Outer Retina."
GERIATRIC AND PALLIATIVE MEDICINE GRAND ROUNDS
Mary L. Salisbury, MSN, RN, Founder, President, The Cedar Institute, Inc., presents “Team STEPPS: Team Strategies and Tools to Enhance Performance and Patient Safety.”

ENDOCRINOLOGY GRAND ROUNDS
Rhoda Cobin, MD, Clinical Professor, Medicine (Endocrinology, Diabetes and Bone Disease), presents “Master Clinician Series: Cardiometabolic Consequences of PCOS.”

DIVISION OF OCCUPATIONAL MEDICINE SEMINAR SERIES
Carrie A. Redlich, MD, MPH, Professor, Medicine, Director, Occupational and Environmental Medicine Program, Yale School of Medicine, presents “Interpreting Longitudinal Spirometry.”

GENETICS AND GENOMICS GRAND ROUNDS
Suzanne Leal, PhD, Professor, Director, Center for Statistical Genetics at Baylor College of Medicine, presents “Methods for Family-Based Association Studies with Application to Autism Data.”

RESPIRATORY INSTITUTE GRAND ROUNDS
Rosalind J. Wright, MD, MPH, Horace W. Goldsmith Professor, Vice Chair, Clinical Translational Research, Kravis Children’s Hospital at Mount Sinai, Department of Pediatrics, presents “Is Toxic Stress Taking Our Breath Away?”

LABORATORY MEDICINE SEMINAR WEEKLY SERIES
Vesna Najfeld, PhD, Professor, Pathology, Medicine, Director, Tumor Cytogenomics Laboratory, presents “Pediatric and Adult ALL.” Approved for up to 1.0 credit per hour of Category 1 CME Credit.
MEDICINE GRAND ROUNDS
Steven Coca, DO, MS, Senior Faculty, Medicine (Nephrology), presents “Treatment of Diabetic Kidney Disease: Lessons from Failed Trials and Role of Biomarkers.”
Tuesday, May 5, 8:30 – 9:30 am
Stern Auditorium

Charles L. Shapiro, MD, Professor, Medicine (Hematology/Medical Oncology), presents “Maintaining Bone Health in Breast Cancer.”
Tuesday, May 12, 8:30 – 9:30 am
Stern Auditorium

Leslie D. Kerr, MD, Professor, Medicine (Rheumatology), Geriatrics and Palliative Care, presents “The Use of Biologic Therapies in the Elderly.”
Tuesday, May 19, 8:30 – 9:30 am
Stern Auditorium

ANESTHESIOLOGY GRAND ROUNDS
Andrew B. Leibowitz, MD, Chair, Anesthesiology, Mount Sinai Health System, Professor, Anesthesiology, Surgery, Icahn School of Medicine at Mount Sinai, presents “Preoperative Hypertension.”
Wednesday, May 6, 6:30 – 8:10 am
Annenberg 13-01

Andrew B. Leibowitz, MD, Chair, Anesthesiology, Mount Sinai Health System, Professor, Anesthesiology, Surgery, Icahn School of Medicine at Mount Sinai, presents “ACLS Review and Written Examination.”
Wednesday, May 13, 6:30 – 8:10 am
Annenberg 13-01

SURGERY GRAND ROUNDS
Eric Edwards, MD, FACS, Assistant Professor, Department of Surgery, Division of Laparoscopic and Bariatric Surgery, presents “Impact of Obesity on Cancer.”
Wednesday, May 6, 7:45 – 9 am
Hatch Auditorium

CRITICAL CARE GRAND ROUNDS
Anand Swaminathan, MD, MPH, FAAEM, FACEP, Assistant Professor, Emergency Medicine, Assistant Residency Director, New York University/Bellevue Emergency Department, presents “Free Open Access Medical Education (FOAM) Primer.”
Wednesday, May 6, 3 pm
Hess Center, Davis Auditorium

RADIOLOGY GRAND ROUNDS
Maryellen L. Giger, PhD, A.N. Pritzker Professor of Radiology/Medical Physics, Vice Chair of Radiology for Basic Science Research, Department of Radiology, University of Chicago, presents “Deciphering Breast Cancer with Quantitative Radionics: Imaging Phenotypes in Breast Cancer Risk Assessment, Diagnosis, Prognosis, and Response to Therapy.”
Wednesday, May 6, 4 – 5 pm
Radiology Education Center
DERMATOLOGY GRAND ROUNDS
Dermatology Residents present “Patient Presentations.” This session will demonstrate uncommon and difficult-to-treat skin conditions.

*Thursday, May 7, 7:30 – 9 am*

Mount Sinai Beth Israel
PACC Auditorium
10 Union Square East
At 14 Street

FAMILY MEDICINE AND COMMUNITY HEALTH GRAND ROUNDS

*Friday, May 8, 8 – 9 am*

Hatch Auditorium

DENTISTRY GRAND ROUNDS
Donald Spitzer, DDS, FAGD, Faculty, Graduate Implant and Restorative Program, New York University College of Dentistry, presents “Creating Esthetic Excellence.”

*Wednesday, May 13, 6:30 pm*

Hess Center, Seminar Room

FRIEDMAN BRAIN INSTITUTE TRANSLATIONAL NEUROSCIENCE SEMINAR SERIES
Christopher Evans, PhD, Director, Brain Research Institute, Hatos Center for Neuropharmacology, Professor, Psychiatry and Biobehavioral Sciences, Semel Institute, University of California at Los Angeles, presents “Opioids: In Orchestrating Affective States and Enabling Male Silliness.”

*Thursday, May 14, 1 pm*

Hess Center, Seminar Room

Hongjun Song PhD, Director, Stem Cell Program, Institute for Cell Engineering, Professor, Neurology, Neuroscience, Johns Hopkins School of Medicine, presents “Dynamic DNA Methylation Regulates Neuronal Flexibility.”

*Thursday, May 21, 1 pm*

Hess Center, Seminar Room

Robert Edwards, MD, Cahill Family Endowed Chair in Parkinson’s Disease Research, Professor, Neurology, Physiology, University of California, presents “Bioenergetics and Behavior.”

*Thursday, May 28, 1 pm*

Hess Center, Seminar Room

PATHOLOGY GRAND ROUNDS
Christine Bergeron, MD, PhD, President, European Federation of Colposcopy, Head of Department of
Pathology, Laboratoire Cerba, Cergy Pontoise, France, presents "How Molecular Research Could Modify Our Practice for Cervical Cancer Prevention." Approved for up to 1.0 credit per hour of Category 1 CME Credit.

Friday, May 15, 11:45 am – 1 pm
Hatch Auditorium

POPULATION HEALTH SCIENCE AND POLICY GRAND ROUNDS
Octavio Luis Perez, PhD Candidate, Multidisciplinary Science, Lighting and Health Care, Rensselaer Polytechnic Institute, presents "Lighting and Health Care: Translational Research."

Tuesday, May 19, 1 – 2 pm
Hess Center, Seminar Room B

PREVENTIVE MEDICINE GRAND ROUNDS
Michael J. Kosnett, MD, MPH, Associate Clinical Professor, Division of Clinical Pharmacology and Toxicology, University of Colorado School of Medicine, Associate Adjunct Professor, Department of Environmental and Occupational Health, Colorado School of Public Health, Attending Physician Rocky Mountain Poison and Drug Center, presents "Health Hazards of Low-Level Lead Exposure to Adults and the California Initiative for an Updated Workplace Lead Standard."

Wednesday, May 20, Noon
CAM Building, D5-122

DIABETES GRAND ROUNDS
Steven Coca, MD, Senior Faculty, Medicine (Nephrology), presents “Type 1 Diabetes and Autoimmune Thyroiditis: The Genetic Connection.”
Thursday, May 21, 8:30 – 9:30 am
Atran Building, AB4-11

David Lam, MD, Assistant Professor, Medicine (Endocrinology, Diabetes and Bone Disease), presents “Morbidity and Mortality.”
Thursday, May 28, 8:30 – 9:30 am
Atran Building, AB4-11

THE DEPARTMENT OF REHABILITATION MEDICINE PRESENTS THE 2015 SOFFIA WATTHE MEMORIAL LECTURE
V. Reggie Edgerton, PhD, Distinguished Professor, Neurobiology, Integrative Biology, Physiology, Neurosurgery, Member, Brain Research Institute, University of California, Los Angeles, presents “Potential and Mechanisms of Novel Neuromodulatory Interventions for Motor Recovery.”
Thursday, May 21, 5 pm
Goldwurm Auditorium

WELLNESS EVENTS
MOUNT SINAI PARENT

Understanding Vaccines: Myths Versus Facts
In this workshop, Dr. Erika Landau, pediatrician and author of The Essential Guide to Baby’s First Year, will discuss diseases that are preventable with vaccines, the structure and additives found in vaccines, and the controversies surrounding immunizing children. To RSVP, email alisa.melendez@mountsinai.org.
Thursday, April 30, Noon – 1 pm

WEIGHT WATCHERS AT WORK MEETINGS
To fulfill the health and wellness needs of Mount Sinai employees, the Weight Watchers at Work program will be holding a Spring series at The Mount Sinai Hospital. Weekly sessions will be held for 12 weeks. For more information, e-mail alisa.melendez@mountsinai.org.

Tuesdays, through June 30, 5 – 6 pm

**FOOD FIT FOR LIFE**

The Mount Sinai Hospital’s Wellness Initiative and the Department of Clinical Nutrition present the second round of Food Fit for Life, a free course on weight loss and healthy eating. The program will continue every Tuesday through April 7. Two inpatient dietitians, Kelly Hogan, MS, RD, CDN, and Melissa Nagelberg, MS, RD, will educate attendees on how to lose weight and enjoy healthy food. For more information, email Kelly.Hogan@mountsinai.org or Melissa.Nagelberg@mountsinai.org.

**FRIDAY MINDFULNESS SESSIONS**

The Mount Sinai Hospital, through a group of experienced mindfulness teachers, is providing an opportunity for all members of the hospital community to learn and practice simple mindfulness techniques that have proven to be effective in reducing stress and promoting physical, mental, and spiritual well-being. Staff, patients, and families are welcome. No experience is necessary. For additional information, contact Mickie.Brown@mssm.edu.

Fridays, 12:30 – 1:30 pm Annenberg 10-68 (Levy Library)

**MOUNT SINAI YOGA PROGRAM**

The Mount Sinai Yoga Program is hosting weekly Vinyasa yoga classes on Thursday evenings from 5:30 – 6:30 pm in the Annenberg Student Lounge. The classes are open to students, faculty, and staff, and are appropriate for all levels. Mats and accessories are available for use. There is a suggested $10 donation for faculty and staff. For more information and to be added to the email list, contact mountsainaiyogaprogram@gmail.com.

Thursdays, 5:30 – 6:30 pm Annenberg Student Lounge

**EMPLOYEE ASSISTANCE PROGRAM: CHILD CARE AND SUMMER CAMP SERVICES**

The Employee Assistance Program (EAP) offers information regarding New York City public schools, daycare, and summer camp for children. For information about these services, call the Employee Assistance Program at 212-241-8937. The EAP is located on-site, at 19 East 98th Street, Suite 3A.

**EMPLOYEE ASSISTANCE PROGRAM**

The Mount Sinai Employee Assistance Program (EAP) offers free, confidential, short-term counseling for employees and their family members. To schedule an appointment with an EAP professional, call 212-241-8937. The EAP is located on-site, at 19 East 98th Street, Suite 3A.

**THE ‘MOUNT SINAI MILE’ INDOOR WALKING ROUTE**

Mount Sinai Heart and the Wellness Initiative have mapped a one-mile indoor walking route through The Mount Sinai Hospital campus to help staff meet their physical activity goals at work. The American Heart Association recommends at least 30 minutes of moderate-intensity aerobic activity at least five
days per week. Staff is encouraged to use the map at [http://www.mountsinai.org/patient-care/service-areas/heart/mount-sinai-mile](http://www.mountsinai.org/patient-care/service-areas/heart/mount-sinai-mile), follow the ‘Mount Sinai Mile’ signs while on lunch break, or hold a walking meeting along the ‘Mount Sinai Mile’ route. For more information, email Abby Schwartz, MBA, BSN, RN, at Abby.Schwartz@mountsinai.org.

**DIABETES PREVENTION PROGRAM AT MOUNT SINAI**

The Mount Sinai Diabetes Center and the YMCA of Greater New York, through its YMCA Diabetes Prevention Program (YDPP), are offering a fitness and health coaching program at Mount Sinai aimed at reducing the risk for diabetes. The 16-week program is designed for adults who are at risk for diabetes (risk factors include: overweight, family history, or personal history of gestational diabetes), or have a diagnosis of pre-diabetes. The Diabetes Prevention Program is free and open to all Mount Sinai employees, patients, and local community members. Mount Sinai employees covered by United Healthcare should call 800-237-4942 to register for the program. Individuals interested in the program who are not covered by United Healthcare (this includes NYSNA nurses and medical students), can call 212-912-2524. Those unsure of their risk for diabetes can take a short quiz located at [http://intranet1.mountsinai.org/HumanResources/Wellness/Mount%20Sinai%20Risk%20Quiz.pdf](http://intranet1.mountsinai.org/HumanResources/Wellness/Mount%20Sinai%20Risk%20Quiz.pdf). To learn more about the fitness program visit [http://www.mountsinai.org/patient-care/service-areas/diabetes/living-with-diabetes/community-outreach](http://www.mountsinai.org/patient-care/service-areas/diabetes/living-with-diabetes/community-outreach).

**MOUNT SINAI’S WEIGHT MANAGEMENT PROGRAM**

The program offers weekly orientation sessions titled “Toward Lasting Better Health.” The sessions, led by physicians and dietitians, aim to help people who are trying to lose 30 or more pounds and require patients to receive a comprehensive obesity screening by an endocrinologist before starting. The sessions take place on Mondays at 5 pm in the Atran Building’s Fourth Floor Conference Room, AB4-11. To reserve a seat, call 212-241-4991.

**ANNOUNCEMENTS AND EVENTS**

**WALK TO DEFEAT AMYOTROPHIC LATERAL SCLEROSIS (ALS)**

Mount Sinai Beth Israel’s ALS clinic will have its first ever team participating in the ALS Association’s Walk to Defeat ALS. Those interested in joining the team, or donating, can visit [http://webgny.alsa.org/goto/mountsinaiALSteam](http://webgny.alsa.org/goto/mountsinaiALSteam).

*Saturday, May 2, 9 am (Walker Check-In)*

*Pier 45*

*353 West Street*

*New York, NY 10014*

**SAMUEL WAXMAN CANCER RESEARCH FOUNDATION SCIENTIFIC BREAKTHROUGHS 2015 SYMPOSIUM**

The Samuel Waxman Cancer Research Foundation (SWCRF) has announced that it will recognize the accomplishments of Siddhartha Mukherjee, MD, PhD, of the Irving Cancer Research Center at Columbia University, and Robert A. Weinberg, PhD, Founding Member of the Whitehead Institute for Biomedical Research, at its scientific symposium, SWCRF Scientific Breakthroughs 2015. Additionally, researchers funded by the SWCRF will report on their recent breakthroughs during the presentation.
The SWCRF’s annual scientific review and symposium brings together the Institute Without Walls, a network of the foundation’s funded scientists working collaboratively throughout the United States and abroad on research projects that identify and correct abnormal gene function that causes cancer and develop minimally toxic patient treatments.

For more information, contact Edgar Trinidad, Director, Marketing and Communications, Samuel Waxman Cancer Research Foundation, at 646-398-5261 or etrinidad@waxmancancer.org. To RSVP, call 646-398-5274 or email swcrf@waxmancancer.org.

**Monday, May 4, 5 pm**

**Hess Center, Seminar Room A**

**COMMUNITY HEALTH EVENTS AT MOUNT SINAI ST. LUKE’S**

**World Asthma Day**

This event will feature a presentation on asthma, its causes and triggers, and demonstrations of techniques and use of spacers. Light refreshments will be served. For more information, or to register, call 212-523-4001.

**Tuesday, May 5, 9 am – Noon**

**Mount Sinai St. Luke’s Muhlenberg Conference Center**

**Room 410**

**15th Annual Women’s Health Conference**

This conference will cover various topics related to women’s health including: Women and Heart Disease, Mental Health and Wellness, and Women and Diabetes. A continental breakfast and hot lunch will be served at this event. For more information, or to register, call 212-523-4001.

**Saturday, May 16, 9 am – 4 pm**

**Mount Sinai St. Luke’s Muhlenberg Conference Center**

**MAY IS BETTER HEARING AND SPEECH MONTH**

The Department of Ambulatory Care Operations, Division of Audiology, will have a table in the lobby of the Center for Advanced Medicine in recognition of Better Hearing and Speech Month. Additionally, an audiologist will be available to answer questions.

**Friday, May 8, Noon – 3 pm**

**Center for Advanced Medicine**

**CAM Lobby**

**17 East 102 Street**

**NATIONAL DIABETES PREVENTION PROGRAM AT MOUNT SINAI**

The Department of Preventive Medicine, through the Mount Sinai Selikoff Centers for Occupational Health, is offering Mount Sinai employees a lifestyle program aimed at reducing the risk for Type 2 diabetes. A health coach will empower participants to take charge of their health and make realistic lifestyle changes. Additionally, guest speakers will lead sessions in nutrition, fitness, and stress management. This is a year-long program with 16 weekly sessions and 6 monthly follow-up sessions. For those unsure of their risk for diabetes, the CDC’s Pre-diabetes Screening is available at [http://www.cdc.gov/diabetes/prevention/pdf/prediabetestest.pdf](http://www.cdc.gov/diabetes/prevention/pdf/prediabetestest.pdf). Participants are encouraged to bring their lunch to the sessions. Those interested must register by Monday, May 11 by emailing Justine.Piontek@mssm.edu, or calling 212-824-7123.
Monday, May 11 (Registration Deadline)                  CAM Building
Thursdays, May 21, Noon – 1 pm (Program Start)          Third Floor Conference Room
17 East 102nd Street

BLOOD PRESSURE SCREENINGS
Health educators from Mount Sinai Beth Israel are available on certain days to perform free blood
pressure screenings and explain the results.
Tuesdays May 12, June 9, 2 – 3 pm

WALK TO CURE ARTHRITIS
The Mount Sinai Hospital is partnering with the Arthritis Foundation for the New York City Walk to
Cure Arthritis. The aim of the walk is to generate awareness about arthritis and raise money to fund
research that will lead to better treatments and a cure. The 5K route starts at Foley Square Park in Tribeca
and crosses the Brooklyn Bridge. Participants can also opt for a one-mile route. Additionally, the event
will feature an area for children, refreshments, and more. To register to walk with The Mount Sinai
Hospital Team, visit www.walktocurearthritis.nyc.kintera.org/mountsinaiteam, and click the "JOIN"
button. To make a donation in honor of The Mount Sinai Hospital Team, visit
www.walktocurearthritis.nyc.kintera.org/mountsinaiteam, and click on the "GIVE NOW" button. For
additional questions, or help registering, contact Courtney Gush at the Arthritis Foundation at 212-984-
8726, or email cgush@arthritis.org. Those interested may also contact the Mount Sinai Team captain Katy
Parker at katherine.parker@mountsinai.org.
Saturday, May 16, 9 am

30TH ANNUAL AIDS WALK NEW YORK
AIDS Walk New York, sponsored by Duane Reade and Gay Men’s Health Crisis, is a 10K fundraising
walk starting and ending in Central Park. The Walk benefits Gay Men’s Health Crisis as well as more
than 40 tristate-area AIDS service organizations. This year, Mount Sinai’s Institute for Advanced
Medicine Team will have a team participating in the Walk. To join the IAM team, visit
http://ny.aidswalk.net/, and sign up for Team 3158. For more information, contact Matthew Baney at 212-
824-7394 or matthew.baney@mountsinai.org, or visit www.mountsinaihealth.org/iam.
Sunday, May 17
Sign-In: 8:30 am
Walk Start: 10 am

BIOSTATISTICS SUMMER PROGRAM FOR CLINICAL RESEARCH
The Biostatistics Summer Program for Clinical Research is an educational initiative that stems from a
collaboration between the Center for Biostatistics and the Department of Population Health Science and
Policy at the Icahn School of Medicine at Mount Sinai. The mission of the three-week Summer Program
is to increase the research capacity of clinical investigators, fellows, residents, postdocs, and public health professionals, by providing application-driven instruction in biostatistics and statistical programming. Participants of the Summer Program, through rigorous, theory-based lectures and hands-on statistical programming in SAS, will gain a foundation in the following areas:

- Probability and Statistical Inference
- Essential Elements of Study Design including Sample Size/Power Calculations
- Hypothesis Testing for Continuous and Categorical Data
- Simple and Multiple Linear Regression
- Simple and Multiple Logistic Regression

Participants will receive a total of 42 hours of intensive, in-person theory and SAS-related instruction, over the three-week duration of the Summer Program, by the Center for Biostatistics' faculty. Each participant is expected to purchase a SAS license and install SAS on his/her laptop prior to the Program’s start. In cases where this may be difficult, a small number of laptops with SAS installed will be available to rent for the duration of the workshop, but on a first come, first served basis.

To register for the Program, and to pay the registration fee of $2000, visit [http://icahn.mssm.edu/departments-and-institutes/population-health-science-policy/center-for-biostatistics/education/biostatistics-summer-program-for-clinical-research](http://icahn.mssm.edu/departments-and-institutes/population-health-science-policy/center-for-biostatistics/education/biostatistics-summer-program-for-clinical-research). Note: Registration is limited to the first 40 applicants. For more information, email Stefano Malerba at stevie.malerba@gmail.com.

**ENJOY LOCAL, ORGANIC FOOD AS A MEMBER OF THE MOUNT SINAI FARM SHARE**

Registration is now open for the 2015 season of Mount Sinai Farm Share, a Community Shared Agriculture (CSA) program that offers local, organic produce from Stoneledge Farm, delivered weekly during the 24-week harvest season (June through November). The distribution site is conveniently located outside of the Icahn building at 99th Street and Madison Avenue. Those interested may purchase a vegetable share and additional fruit, mushroom, or coffee shares by visiting [https://www.stoneledgefarmny.com/](https://www.stoneledgefarmny.com/). For more information, email mountsinaifarmshare@gmail.com.

**COLORECTAL CANCER OUTREACH PROGRAM**

The Witness CARES program is a culturally targeted community outreach program designed to increase knowledge about colorectal cancer in the African American community and improve adherence to recommended screening guidelines. The educational presentation is roughly 90 minutes and includes a culturally based educational video reviewing facts about colorectal cancer and screenings, while also providing valuable resources. Programs are held at Mount Sinai and throughout the New York City community. For more information, contact Clarissa Martinez at 212-824-7803, or Karent Zorogastua at 212-824-7806.

**MOUNT SINAI RISING PROFESSIONALS**

The Rising Professionals is a group dedicated to developing the professional workforce of the Mount Sinai Health System by offering employees opportunities for professional and personal growth. To join
the distribution list for the Rising Professionals, email risingprofessionals@gmail.com.

POSTING CLINICAL RESEARCH PROJECTS ON THE MOUNT SINAI HEALTH SYSTEM WEBSITE
Employees can request that their studies be added to the clinical research listings on the Mount Sinai website. Using the web form found at https://erap.mssm.edu/Public/ORSClinicalTrials.aspx, one can submit a request to add, update, or delete a web page from the clinical research listings at http://icahn.mssm.edu/research/clinical-trials. For more information, contact research.services@mssm.edu.

STAT-CHAT: WALK-IN CONSULTATION SERVICE
The Center for Biostatistics at Mount Sinai has launched STAT-CHAT: a free, walk-in, consultation service meant to resolve easy problems and answer quick questions about such topics as data analysis, study design, and database. All faculty, fellows, residents, staff, or medical students are welcomed to use this service for quick statistics-related questions. STAT-CHAT is offered once a week with two statisticians available for an hour on a first-come, first-served basis. Each consultation should be about 15 minutes.

Mondays, 2 – 3 pm

Icahn Medical Institute, L2-82

OPHTHALMOLOGY OPTICAL SHOP UPDATE
The Department of Ophthalmology’s Optical Shop encourages employees to take care of their eyes. The shop is currently offering a one-time additional five-percent discount on all purchases over $300.00. The Optical Shop also offers employees a 20-percent discount on a wide assortment of sunglasses and glasses. Shalaya Arias, a department optician, will be available to show visitors the shop’s latest designer frames for adults and children. The department encourages employees to use their Flexible Spending Account at the Optical Shop. Customers must still adhere to the shop’s 90-day “pay for your glasses” policy. The shop’s hours of operation are Monday to Friday from approximately 10 am – 5 pm, and no appointment is necessary. For more information, call 212-241-0939.

17 East 102nd Street, Eighth Floor

Across from the Ophthalmology Department

BREAST AND CERVICAL CANCER OUTREACH PROGRAMS
Esperanza y Vida and The Witness Project of Harlem are culturally based community outreach programs that teach the importance of breast and cervical cancer health and screenings. The programs are led by women in the community, including breast and cervical cancer survivors who provide testimonials. Programs are held at Mount Sinai every other month and throughout the community. For more information, contact Clarissa Martinez at 212-824-7803, Cristina Villagra at 212-824-7804, or Helen Nunez at 212-824-7801.

STORYCORPS PARTNERING WITH MOUNT SINAI
StoryCorps Legacy, a program of the national oral history project StoryCorps, is partnering with The Child Life and Creative Arts Therapy Department at the Mount Sinai Kravis Children’s Hospital to record and preserve stories from Mount Sinai staff.
For 40 minutes, participants will have the opportunity to answer questions, such as:

- How would you describe yourself?
- Who has had the biggest influence on you?
- What are you most proud of?

Participants will receive a free CD recording to share with family and friends. With their permission, a second copy will be archived in the American Folklife Center at the Library of Congress. StoryCorps Legacy is an audio project only – no video will be taken. For more information, visit http://storycorps.org/legacy. Recordings are taking place now and will continue until further notice. Contact Lori Lerma at 212-241-6975 or lori.lerma@mountsinai.org to schedule an interview.

A RESEARCH OPPORTUNITY FOR EVERYONE

Mount Sinai and other research institutions across the country have joined together to create ResearchMatch.org. This easy-to-use tool allows interested volunteers to make themselves available as research study participants for studies that are right for them, and helps research studies from ending due to lack of participation. Volunteers of any age, race, ethnicity, or health status are invited to join. Volunteer privacy is protected. To learn more visit https://www.researchmatch.org?route=mount_sinai.

CALLING ALL MOUNT SINAI ALUMNI

Alumni can be kept informed of Mount Sinai happenings by sending their non-MSSM e-mail address to Alumni Relations at alumni@mssm.edu and by “Liking” Mount Sinai Alumni on Facebook and following Mount Sinai Alumni on LinkedIn.

DISPLAY OF EXCELLENCE

The Display of Excellence, located in front of the Plaza Café, is a way for managers to give their employees recognition for outstanding service. The employee’s photo and manager’s words of recognition will be posted on the display. Managers can use the display if an employee provides excellent customer service, innovative new ideas, successful project completion, safety efforts, patient satisfaction improvements, or as retirement recognition, and more. Entries will be kept on display for three months. Guidelines: Must be a manager to submit an entry, employee must be in good standing with Mount Sinai, each supervisor may enter no more than two individuals or one team each month, employees may be recognized multiple times throughout the year if each entry is for a separate and unique accomplishment. For more information, email Michelle Cruz at Michelle.Cruz@mountsinai.org or call x41944.

TALENT DEVELOPMENT AND LEARNING

LEYV LIBRARY EDUCATION CLASSES

Read more about classes and register online for classes at: http://librarycf.mssm.edu/levy/classes/. For more information and location information, email Levy Library Reference at refdesk@mssm.edu, or call 212-241-7791.

PubMed Searching: From Basic to Advanced

Monday, May 4, 1 – 2 pm

EndNote Online
Tuesday, May 12, 3 – 4 pm

MOUNT SINAI TALENT DEVELOPMENT AND LEARNING

Talent Development and Learning, formerly the Division of Training and Education, has a new institution-wide learning management system called PEAK (Portal for Education and the Advancement of Knowledge). Employees can now register online for all Talent Development and Learning classes by logging on to the PEAK website, then clicking on the 'Classroom-Based Training' section. By registering online, individuals no longer will need to fax their registration forms. For more information, contact Talent Development and Learning at 212-241-1944, or register at http://peak.mountsinai.org. In order to log on to PEAK, employees will need to use the credentials used to log into their e-mail. To identify the proper credentials, visit http://password.mountsinai.org or call the help desk at 4-HELP.

- How to Stay Focused on your Goals

This class aims to provide participants with clear goal-setting guidelines and a tool kit for creating ideas and manifesting one’s visions.

Thursday, April 30, 2:30 – 5 pm

- Excel Basic

In this class, participants will learn the basic features of the spreadsheet interface, basic navigation, data entry, basic formulas, basic chart making, and more. Participants are encouraged to bring their Excel questions.

Friday, May 1, 9 am – 12:30 pm

- Excel Charting Advanced

In this class, participants will learn how to use combination charts, in-cell charts, dynamic charts with drop down menus, spark lines, and more.

Friday, May 1, 1:30 – 3:45 pm

- Outlook Basics

This class will review Microsoft Outlook features such as sending emails, customizing email signatures, organizing the calendar, and tasks.

Friday, May 1, 3:45 – 5 pm

- CUNY School of Professional Studies: Information Sessions

These sessions will help participants learn more about the Human Relations College program at the CUNY School of Professional Studies that is designed to enhance skills and knowledge used on the job while providing an important foundation for further college study. The program is aimed at working adults at various points in their college careers.

Wednesday, May 6, 11 am – 2 pm

- Toastmasters

Toastmasters Members learn to develop comfort and skill when speaking by working with others in a supportive environment. A typical meeting is made up of 10 – 20 people who meet biweekly for an hour. Each meeting gives participants an opportunity to practice conducting meetings, give impromptu
speeches, present prepared speeches, and offer constructive evaluation.

- **Walden University – Online Degree Programs**

For more than 40 years, Walden University has been serving the higher education needs of adult learners. Walden University is now offering Mount Sinai Health System employees the opportunity to pursue a degree or certificate online in a wide selection of health care-related fields of study. To learn about educational opportunities through Walden University and learn about the tuition-reduction offer tailored to the Mount Sinai Health System, call Leah Lopez at 732-306-7720 or email leah.lopez@waldenu.edu.

- **Foreign Language Conversation Groups**

These sessions will allow speakers of all levels to converse. Beginners, intermediate, and advanced speakers are welcome. For more information, email michelle.cruz@mountsinai.org.

**Conversation Partners**

Designed for any level of a given language, Conversation Partners provides an opportunity to improve skills in a specific language by speaking in a safe group of learners. Native speakers are encouraged to attend. E-mail tdl@mountsinai.org for more information and the meeting location.

**English as a Second Language**

Classes are designed to improve written and conversational English with special attention paid to vocabulary, pronunciation, idioms, listening skills, writing, and grammar usage. Complete an assessment on Mondays anytime between 10:30 am and 3 pm. Call 212-241-1944 for more information.

**English Conversation Partners**

Designed for new learners of English, this program provides an opportunity to strengthen English-speaking skills by pairing up with an English-speaking employee or volunteer for one hour a week to practice conversation. This program is open to native English-speaking tutors, as well as students who are learning English. For more information, e-mail tdl@mountsinai.org.

**RESEARCH STUDIES/CLINICAL TRIALS**

**STRESS AND HIV NEUROIMAGING STUDY**

Mount Sinai researchers are seeking volunteers between 37 and 55 years of age, who are either HIV-negative or HIV-positive, to participate in a study examining the effects of HIV and stress on the brain. The study will include two initial interviews to assess eligibility for the more-involved neuropsychological assessment and MRI session. This study will also collect and test blood samples to determine if biomarkers can predict brain functions. Uraina Clark, PhD, Assistant Professor, Neurology, is the principal investigator for this study. For more information, call a study coordinator at the Icahn School of Medicine at Mount Sinai at 212-241-6582. [GCO#13-0466, Approved through 06/09/2015].

**RESEARCH VOLUNTEERS WITH TRAUMATIC BRAIN INJURY NEEDED**

The Brain Injury Research Center at Mount Sinai is seeking people who have had a mild, moderate, or severe traumatic brain injury (TBI) and are experiencing problems in their daily activities. This may include difficulty preparing meals, maintaining a schedule, or coming up with solutions to problems. The research study will evaluate changes in thinking skills that may occur after brain injury. Participants
must be at least 18 years of age and not have other neurological diagnoses. Participants will visit Mount Sinai once for about two hours to complete research measures. Compensation will be provided for participation. If interested, call the Brain Injury Research Center at 212-241-5250. [GCO #14-0720, Principal Investigator: Colette Elliot, PhD, IRB approved through 6/26/2015].

**HEALTHY RESEARCH VOLUNTEERS NEEDED**

The Brain Injury Research Center at Mount Sinai is seeking people for participation in a research study. The purpose of the study is to evaluate daily activities and skills for everyday functioning. Participants must be at least 18 years of age and not have had a traumatic brain injury. Participants will visit Mount Sinai once for about two hours to complete research measures. Compensation will be provided for participation. If interested, call the Brain Injury Research Center at 212-241-5250. [GCO #14-0720, Principal Investigator: Colette Elliot, PhD, IRB approved through 6/26/2015].

**ACANTHOSIS NIGRICANS QUALITY OF LIFE STUDY**

The purpose of this study is to develop an acanthosis-nigricans-specific quality of life (ANQoL) instrument to measure the impact of acanthosis nigricans on patients’ lives. The Department of Genetics and Genomic Sciences will administer questionnaires and conduct open-ended structured interviews. Based on this data, the department will then generate the ANQoL. Participants must be over 18 years of age, English speakers, and have acanthosis nigricans. They will be asked to undergo a brief physical exam at Mount Sinai to confirm the diagnosis. Participants will receive a $10.00 Visa gift card upon completion of their participation in this study. Those interested should email acanthosis.nigricans@mssm.edu. [GCO 12-0965, IRB approved through 07/16/15].

**RESEARCH STUDY ON THE EFFECTS OF SMOKING ON THE DIGESTIVE SYSTEM**

The Division of Gastroenterology is looking for individuals who are planning to quit smoking for a study on the effect of smoking cessation on the digestive system. The purpose of this study is to understand how smoking impacts the bacteria and immune system of the intestines. Participants need to be between 18 and 65 years of age, smoke half a pack of cigarettes per day, and be in relatively good health. Participation involves providing blood and stool samples, and having a flexible sigmoidoscopy with biopsies before and after stopping smoking. Up to $400 will be provided to compensate for time and effort. For more information, or to refer possible participants, contact Ryan Ungaro, MD, by emailing ryan.ungaro@mssm.edu, or calling 212-241-0150. [GCO # 14-1179, IRB Approved 8/12/14 - 8/11/15].

**OBSESSIVE-COMPULSIVE DISORDER STUDY**

The Obsessive-Compulsive Disorder and Related Disorders Program is recruiting for a study investigating the efficacy of group cognitive-behavioral therapy for OCD. Children of 8 to 12 years of age with a diagnosis of OCD are invited to participate. Subjects will participate in a 12-week clinical therapy program at no cost. The group therapy is run by Ariz Rojas, MD, on Monday nights from 5 – 6:30 pm. Subjects will complete pre- and post-test measures (one two-hour visit) and will be compensated for their time, as well as travel costs. For more information, or to register, contact Shannon Gair at Shannon.gair@mssm.edu, or 212-659-1675. [PI: Timothy Rice, MD, GCO # 14-0858, IRB Approved through 8/27/15].

**APPETITE AND BODY FAT STUDY**
The Division of Endocrinology is looking for healthy diabetic and nondiabetic individuals (both overweight and lean) who are eligible to participate in a study investigating appetite and body fat. Participation will include fasting over the night before the visit (eight hours) and a four to five hour visit during which a brief medical history and appetite questionnaire will be completed; height, weight, pulse, and blood pressure will be measured; blood samples will be taken before and a few times after drinking a test meal; and a biopsy of fat from around the waist will be taken. Participants will receive compensation. For more information, email Eliza Geer, MD, at eliza.geer@mssm.edu. [GCO# 08-0105. MSSM IRB approved through 8/31/15].

**ATOPIC DERMATITIS STUDY**

The Department of Dermatology is looking for adults, and children two years of age and older, to participate in a research study to treat mild to severe atopic dermatitis. The study will last several months. Qualified participants will receive a study-related skin exam and study drug at no cost. Health insurance is not needed to participate. For details, call the dermatology clinical trials center at 212-241-6033. [GCO # 12-0424, IRB approved through 8/31/2015].

**MICROBIOME ANALYSIS STUDY**

The Departments of Genetics and Genomic Sciences, and Gastroenterology, are conducting a prospective study exploring mechanism of in utero transmission of bacteria by Microbiome analysis and is currently recruiting female participants who are pregnant, planning a pregnancy, are in good health, or have Inflammatory Bowel Disease, and will deliver in The Mount Sinai Hospital. Participants will be asked to fill out health status and dietary questionnaire, and provide stool and saliva samples. Participants will be compensated for their time and efforts with up to $250. Those interested can contact Joanna Torres, MD, at joanna.torress@mssm.edu or 212-241-2809, Justin Cote-daigneault, MD, at justin.cotedaigneault@mountsinai.org, or Hina Panchal, MD, at hinaben.panchal@mssm.edu, or 212-824-9080. [GCO# 14-1236, PI: Inga Peter PhD, ISMMS IRB approved through 10/8/15].

**RESEARCH STUDY IN DIABETICS PATIENTS WITH PERIPHERAL ARTERY DISEASE (PAD)**

Individuals with type 2 diabetes mellitus with lower extremity peripheral artery disease (PAD) are invited to participate in this study being performed by the Division of Cardiology, which is designed to explore the effects of three FDA-approved anti-platelet regimens in microcirculatory flow. Eligible study participants will receive three different sets of treatments for PAD and will be followed up via blood testing as well as Doppler-imaging. Those interested can call John Kim, MD, at 212-659-9637, Karen Modesto, PhD, at 212-659-8864, or e-mail john.kim@mssm.edu or karen.modesto@mssm.edu. [PI: Robert Rosenson, MD, GCO #13-1925, IRB approved through 10/28/2015].

**TOMMORROW STUDY**

The Alzheimer’s Disease Research Center is seeking healthy participants between 65 and 83 years of age who have someone who can be a project partner (spouse, adult child, other family member, or caregiver) to provide information about their health, attend study appointments, and assist with correctly taking certain study medications for this study that will examine two genes to see if it’s possible to predict someone’s likeliness to develop Alzheimer’s based on certain inherited genes, and to test a drug called pioglitazone (AD-4833), which may slow the progress of Alzheimer’s disease in those who currently...
show no signs of the condition. In this study, the participants will be given a blood test to determine if they are at an elevated risk of developing Alzheimer’s disease, and memory, thinking, orientation, and language skills tests to confirm that they are mentally healthy. Those who qualify will then be given a study drug or placebo to take over a five-year period. Participants will not have to pay for investigational medication, and transportation assistance may be available. This research will take place at The Mount Sinai Hospital campus. For more information, contact a study coordinator at 212-241-8329. [PI: Judith Neugroschi, MD; GCO#: 13-1688; HSM#: 13-00720; IRB approved through 11/19/2015].

**GENETICS AND GENOMICS STUDY OF NEURODEVELOPMENTAL DISORDERS**
The Department of Psychiatry is recruiting subjects and families with neurodevelopmental disorders (NDDs) of unknown cause for a systematic genetic screen that will examine the inheritance patterns and genetic contributions to related neurodevelopmental disorders. The study includes completion of a medical history questionnaire and a blood draw. Affected and unaffected family members of those with a NDD may also be eligible to participate. For more information, call 212-824-9065, or email ndd.project@mssm.edu [GCO# 12-1490, PI: Dalila Pinto, PhD, IRB approved through 11/20/2015].

**EFFECT OF NEBIVOLOL ON THE BLOOD FLOW IN HEARTS OF ADULTS WITH HIGH BLOOD PRESSURE AND ABNORMAL FILLING OF HEART (LVDD) STUDY**
The purpose of this study is to study the relationship between Nebivolol (Bystolic) administration and improvement in exercise time in patients with hypertension (high blood pressure) and those with Left Ventricular Diastolic Dysfunction (abnormal relaxation of the heart muscle). The Division of Cardiology is looking for patients who have a history of mild to moderate high blood pressure (130-160/90-120) and may or may not have not received any medications for elevated blood pressure for at least 30 days and who are willing to undergo two stress echo exams at the beginning and at the end of the study. The study duration is six months. Patients will be supplied with the medication for the six-month period. For more information, contact Sharath Vallabjajosyula at Sharath.vallabhajosyula@mssm.edu or call at 212-659-8847, or call 212-659-8847 to set a screening visit and check your eligibility. [GCO #12-0493, Principal Investigator: Partho Sengupta, MD, IRB approved through 12/10/2015].

**STUDY FOR HEALTHY YOUNG VOLUNTEERS**
The Division of ADHD and Learning Disorders at the Icahn School of Medicine at Mount Sinai are seeking adolescents of 7 to 17 years of age with no history of medical or psychiatric illness to participate in a study that uses non-invasive technology as a measurement to diagnose and treat ADHD. The study will include an evaluation for ADHD and other disorders, a non-invasive scan while the child plays video games on a computer, and a second scan 4 – 6 weeks after the initial scan. Compensation will be provided for participation. For more information, contact Amanda Kirschenbaum, BSc, Clinical Research Coordinator, at 212-241-5269, or Amanda.Kirschenbaum@mountsinai.org. [IRB Approved through 12/15/15].

**LUNG CANCER EARLY DETECTION STUDY**
The Early Lung and Cardiac Action Program of the Department of Radiology is seeking non-smokers, 40 years of age and older who have never smoked and have been exposed to second-hand smoke. The study will offer early detection of lung cancer, cardiac disease, and other diseases through low-dose CT scanning. This study is free of charge and participants will be reimbursed for their time and effort. For
more information or to participate, call 212-241-2420. [GCO# 09-2017, PI: Claudia Henschke, MD, PhD, IRB approved through 12/31/2015].

MRI AND PET STUDY
Researchers at Mount Sinai are developing and validating new magnetic resonance imaging (MRI) and positron emission tomography (PET) methodologies to help in diagnosing atherosclerotic plaques at risk of causing severe clinical events, such as myocardial infarction, stroke, or sudden death. Males and females 20 years of age and older, either with personal or family history of either risk factors for atherosclerosis (high cholesterol, high blood pressure, diabetes), or atherosclerosis itself, may be eligible for participation in this study. Participation will involve undergoing one or more imaging sessions with MRI and/or PET. Participants will be reimbursed $75 per imaging session, for a maximum of $300. For those interested in this study, contact Rima Fayad (Research Coordinator) at 212-824-4846, or email rima.fayad@mountsinai.org. [GCO 01-1032, IRB approved through 12/31/2015].

ALZHEIMER’S DISEASE RESEARCH CENTER STUDY
The Alzheimer’s Disease Research Center at Mount Sinai is recruiting volunteers for a multi-center Merck EPOCH trial. This study is investigating the safety, tolerability, and efficacy of a medication, MK-8931, in patients with mild to moderate Alzheimer’s disease. MK-8931 is an oral, β-amyloid precursor protein, site-cleaving enzyme (BACE) inhibitor and is aimed at slowing the progression of Alzheimer’s disease. Patients will be randomly assigned to take a low dose of study medication, a high dose of study medication, or a placebo for 78 weeks. The study needs patients with a diagnosis of Alzheimer’s disease who are 55 to 85 years of age, are fluent in English or Spanish, can attend all study visits, participate in neuropsychological testing, receive MRIs, and who have a close friend or family member who can act as a study partner. All study visits will take place at The Mount Sinai Hospital campus and there will be no cost to the patients. For more information about the study, contact study coordinator, Emily Exter, at 212-241-0438 or emily.exter@mssm.edu. [Principal Investigator: Judith Neugroschl, MD; GCO# 13-0701; IRB approved through 1/5/2016].

STUDY OF HUMAN BODY SIZE AND SHAPE USING 3-DIMENSIONAL PHOTOGRAPHIC IMAGES
Individuals, especially fraternal and identical twins, are invited to participate in a genetics study that involves taking photographs with a special camera to measure head size and shape. Analysis of these 3-D photos will be used to measure the amount of similarity and difference between facial features of twins. Participants will be consented, asked to fill out a short questionnaire about medical and family history, have head circumference and ear length measured, have two or three 3-D photos taken, provide a buccal sample (cheek swab or mouthwash sample) or a blood sample. Total participation time is about 30 minutes. Those interested should call 212-241-7056 or email 3dphoto@mssm.edu [GCO 08-0811, IRB approved through 03/11/2016].

HEALTHY RESEARCH VOLUNTEERS NEEDED
The Department of Anesthesiology is seeking people for participation in a research study. The purpose of the study is to assess cognitive recovery in a group of adults by undertaking baseline and follow-up testing after the administration of general anesthesia in people 70 to 80 years of age and to evaluate alterations in resting state and activity-driven brain networks using fMRI, Diffusion Tensor Imaging...
(DTI), and Arterial Spin Labeling (ASL) to characterize these same volunteers before and during recovery from the administration of general anesthesia. Participants will visit Mount Sinai twice and be contacted further for follow-ups. Compensation will be provided for participation. Those interested can call the Department of Anesthesiology at 212-241-0840. [GCO #13-0359, PI: Jeffrey Silverstein, MD, IRB approved through 04/28/2016].

**UPDATE**

2015 Marketing and Communications
Send submissions to update@mountsinai.org by Noon on Tuesday for inclusion in Thursday’s Update.
Update
April 23, 2015

Weekly e-newsletter highlighting announcements and events

EDUCATION RESEARCH DAY
Education Research Day, sponsored by the Institute for Medical Education (IME), takes place each spring to recognize and showcase the creative and exciting work in educational research and curricular innovation taking place every day within our Health System. This year, 57 abstracts were submitted by faculty, students, staff and house-staff for the 12th Annual Education Research Day. Faculty discussants include Natasha Anandaraja, MD, MPH; Dennis Chang, MD; Rob Fallar, PhD; Peter Gliatto, MD; Andrew Goldberg, MD; Reena Karani, MD; Yasmin Meah, MD; Leora Mogilner, MD; David Muller, MD; Brijen Shah, MD; and David Thomas, MD. For more information, email Margaret.Suppa@mssm.edu or visit www.icahn.mssm.edu/IME.

DNA DAY
The Mount Sinai BioMe Biobank Program is celebrating National DNA Day, the commemoration of the completion of the Human Genome Project and the anniversary of the publication of the structure of DNA. Staff is invited to join the Charles Bronfman Institute for Personalized Medicine as it honors both its achievements of the past year and its BioMe participants with a deoxyribonu-“cake” and sponsors a raffle. This will also be an opportunity for physicians, patients, staff, and visitors to learn more about the BioMe Biobank Program and Institute, and have the opportunity to make an appointment to enroll in BioMe. For more information, call 212-241-3730, or email Amanda Merkelson, MPH, at amanda.merkelson@mssm.edu.

OFFICE FOR DIVERSITY AND INCLUSION TRAINING SESSIONS
The Office for Diversity and Inclusion (ODI) is offering training sessions for employees on Managing Diversity and Cultural Differences for Effective Patient Outcomes. The sessions, supported by the Richard Netter Funds for Diversity, are designed to deliver a basic understanding of the diverse populations seeking care in communities and steps providers may take to improve the diverse patient experience. The sessions will provide an understanding of the concepts of diversity and culturally competent health care and their impact on the patient/provider relationship and communication. Those interested can register on PEAK through “Classroom-Based Trainings” to attend one of the sessions.
below. For more information, call the ODI at 646-605-8280 or e-mail diversity@mountsinai.org.

**Mount Sinai Roosevelt**  
*Friday, April 24, 3 – 5 pm*  
Conference Room C

**New York Eye and Ear Infirmary at Mount Sinai**  
*Monday, April 27, 2:30 – 4:30 pm*  
President’s Boardroom

**Mount Sinai Beth Israel**  
*Tuesday, April 28, 10 am – Noon*  
Conference Room 1

**Mount Sinai Beth Israel Brooklyn**  
*Thursday, April 30, 1 – 3 pm*  
Conference Room A

**Mount Sinai St. Luke’s**  
*Thursday, May 7, 10 am – Noon*  
Muhlenberg Building Administration

**The Mount Sinai Hospital**  
*Monday, May 11, 1:30 – 3:30 pm*  
Hess Center, Room 5-101

**Mount Sinai Roosevelt**  
*Tuesday, May 12, 10 am – Noon*  
Winston Conference Room

**Mount Sinai Beth Israel (PACC)**  
*Wednesday, May 13, 3 – 5 pm*  
Bernstein Pavilion  
Conference Room B

**AUTISM AWARENESS MONTH**
The Seaver Autism Center for Research and Treatment is sponsoring a number of activities throughout April to commemorate Autism Awareness Month. Stop by informational tables to pick up brochures on autism spectrum disorders, talk to members of the team, and learn more about studies and treatments being offered by the Seaver Autism Center.

**Informational Tables**  
*Thursdays, April 23, and 30, 11 am – 2 pm*  
Guggenheim Pavilion  
Outside the Plaza Café

**Seaver Seminar Series**
Gabriel S. Dichter, PhD, Associate Professor, Psychiatry, Psychology, University of North Carolina, Director, Clinical Affective Neuroscience Laboratory, The Carolina Institute for Developmental Disabilities, presents "Reward Processing in Autism.” This event is free of charge and open to the public.  
*Wednesday, April 29, 2 – 3 pm*  
Hess Center, Seminar Room B

**NATIONAL DONATE LIFE MONTH**
Mount Sinai’s Recanati/Miller Transplantation Institute is sponsoring a campaign during April, National Donate Life Month, to encourage staff and the community to register as organ, eye, and tissue donors and to honor those donors who have helped save lives. Among the activities planned to raise awareness about organ donation on The Mount Sinai Hospital campus are:

"LiveOnNY"

"LiveOnNY" was formerly known as the New York Organ Donor Network. This event will feature a discussion of new marketing and outreach campaigns to increase registrations by James Paredes, Vice President of Marketing at LiveOnNY.

Friday, April 24, Noon
Icahn Medical Institute
Room 4-82

Social Work Grand Rounds

The Department of Social Work Services and the Division of Social Work and Behavioral Science in conjunction with the Recanati/Miller Transplantation Institute and LiveOnNY, will host this special presentation. Errol Gordon, MD, Assistant Professor, Neurosurgery; Litsa Williams, LCSW, Director of Community Outreach and Education, The Living Legacy Foundation of Maryland; and Yessenia Escano, Senior Family Service Coordinator, LiveOnNY, will present “Advancing Social Work Practice in End of Life Care: The Role of the Social Worker in Organ and Tissue Donation.”

Tuesday, April 28, Noon
Goldwurm Auditorium

ANNOUNCING ICAHN SCHOOL OF MEDICINE AT MOUNT SINAI’S SUPPORT FOR CROWDFUNDING APPLICATIONS

Crowdfunding is a mechanism to fund a project by collecting small amounts of money from a large number of people, and has emerged as an important way to raise funds to expand ongoing initiatives to cure disease and improve patient care. This is done via direct appeals through crowdfunding internet sites where one presents an idea and how much they will need to accomplish the project.

To assist Mount Sinai faculty and students in tapping this new funding method, resources have been developed to enable those interested to launch a successful crowdfunding campaign. Members of the Mount Sinai community are now able to leverage Mount Sinai’s reputation as well as infrastructure to give your project additional credibility with potential donors.

Those interested can visit the Icahn School of Medicine at Mount Sinai’s new crowdfunding page at http://icahn.mssm.edu/about-us/for-faculty/researchers/crowdfunding-as-a-mechanism-to-fund-your-ideas.

VOYA (ING) VOLUNTARY UNIVERSAL LIFE INSURANCE OPEN ENROLLMENT

Open enrollment for Voya (ING) Voluntary Universal Life Insurance is being held from Monday, April 6 – Friday, May 1. Voya (ING) Enrollment Representatives will be onsite at the tables outside of the Plaza Café from 6 am to 6 pm. During this enrollment period, employees may apply for guaranteed issue coverage up to $125,000 without the need for extensive medical questions or testing required. Those interested can call 212-241-5480 for more information during the enrollment period.

Through Friday, May 1, 6 am – 6 pm
Guggenheim Pavilion
CLINICAL INSIGHTS IN MULTIPLE MYELOMA PATIENT SYMPOSIUM
At this symposium, hosted by the Multiple Myeloma Research Foundation, attendees will learn more about managing multiple myeloma and today’s most promising treatment options, including clinical trials, from leading multiple myeloma clinicians. Sundar Jagannath, MD, Director, Multiple Myeloma Program, Professor, Medicine (Hematology and Medical Oncology), The Tisch Cancer Institute, is the Program Chair for the Symposium. Those interested can register at http://support.themmrf.org/site/Survey?ACTION_REQUIRED=URI_ACTION_USER_REQUESTS&SURVEY_ID=5260. For more information, email tyghters@themmrg.org or call 203-652-0219.

Friday, May 1, 8:30 am – 2:30 pm  Sheraton New York Times Square Hotel
New York, NY, 10019

FREE SKIN CANCER SCREENINGS
All Mount Sinai Health System staff, their friends and families, and the public, are invited to come to the locations below to obtain a total body skin examination. The screenings are for walk-ins only, and do not require appointments:

**Kimberly and Eric J. Waldman Department of Dermatology at The Mount Sinai Hospital**
Thursday, May 7, 2 – 6 pm  5 East 98th Street, 5th Floor  Dermatology  FPA

**Department of Dermatology at Mount Sinai Beth Israel**
Thursday, May 7, 3 – 6:30 pm  10 Union Square, Suite 3C

**Department of Dermatology at Mount Sinai St. Luke’s**
Thursday, May 7, 5:30 – 8 pm  1090 Amsterdam, Suite 11D

**Department of Dermatology at Mount Sinai Roosevelt**
Wednesday, May 20, 5:30 – 8 pm  425 West 59th Street, Suite 5C

CME COURSES AND CONFERENCES
THIRD NEW YORK CLINICAL LIPID FORUM: HIV AND CARDIOVASCULAR DISEASE
Merle Myerson, MD, EdD, will be the Course Director for this event that is CME Credit Certified by Mount Sinai Beth Israel and Mount Sinai St. Luke’s-Roosevelt. The event is sponsored by the Mount Sinai Institute for Advanced Medicine (IAM) and HIV/ Infectious Disease Services, and is endorsed by the National Lipid Association-Northeast and the New York/New Jersey AIDS Education Training Program. The goals of the New York Clinical Lipid Forum are to provide clinicians, researchers, medical and health care trainees, and others who work in the field of lipidology, prevention, cardiovascular disease, and HIV with updates on topics in the management and prevention of cardiovascular disease in patients
living with HIV, through case presentations, expert panel discussions, and a Q and A. For course information, email mmyerson@chpnet.org. For registration information, call 212-523-2138, email aroman@chpnet.org, or visit www.chpnet.org/cme.

Thursday, April 23, 4 – 8 pm
Mount Sinai Roosevelt
Second Floor Conference

TRANSRADIAL ENDOVASCULAR ADVANCED THERAPIES
This symposium, endorsed by the Society of Interventional Radiology, will offer didactic lectures, live cases, hands-on workshops, and case management discussions with a panel of expert faculty. Concepts regarding patient selection, best technical approaches, potential pitfalls, and equipment selection will be reviewed. For more information, visit www.mssm.edu/cme/courses, email cme@mssm.edu, or call the Office of CME at 212-731-7950.

Friday, April 24, 7:30 am – 4 pm
Hess Center, Davis Auditorium

CONSORTIUM OF NEW YORK GERIATRIC EDUCATION CENTERS
Register now for upcoming Core Days and electives, part of a 35-hour Geriatric Scholar Certificate program. Seminars are aimed at improving and expanding geriatric health care, particularly for low-income, multi-ethnic, and underserved older adult populations. Each training day is accredited for 7.0 CME credits by the Icahn School of Medicine at Mount Sinai. The program is intended for health care and social service providers and faculty from a range of disciplines and areas of expertise. For more information and to register, visit www.nygec.org, or email cnygec@mssm.edu.

Core Day Two: Providing Interdisciplinary Geriatric Care
Friday, April 24
Bellevue Hospital Center
462 First Avenue

Core Day Three: Special Considerations for Older Adults
Friday, May 1
Bellevue Hospital Center
462 First Avenue

BEST PRACTICES IN CARING FOR PATIENTS WITH IDIOPATHIC PULMONARY FIBROSIS
This is an educational collaboration with Mount Sinai’s National Jewish Health Respiratory Institute and National Jewish Health. Registration is open for this free CME and CE evening symposium. The symposium aims to help participants gain knowledge to improve competence and performance in the diagnosis, management, and treatment of patients with idiopathic pulmonary fibrosis (IPF). The symposium will incorporate case-based learning, multi-media approaches, and written materials, and is intended for health care professionals who diagnose and treat patients with IPF. Dinner and a syllabus will be provided. For more information or to register, visit www.njhealth.org/ipfdinners2015, email proed@njhealth.org, or call 1-800-844-2305.

Wednesday, April 29, 6 – 8:45 pm
The Fox Hollow
7725 Jericho Turnpike
Woodbury, NY
(Registration at 5:30 pm)
THE MANY FACES OF PAIN
The goal of the Second Annual New York City Pain Symposium is to provide clinicians in the tristate community with a comprehensive review of cutting-edge practices in the diagnosis and management of pain disorders. A broad spectrum of disorders including fibromyalgia, diabetic neuropathy, migraine, and spinal pain will be addressed. Also included for the first time this year will be the role of the placebo in pain, and a testimonial from a patient living with neuropathy. Through didactic lecture and interactive discussions with expert clinicians, attendees will learn current medical and cutting-edge diagnostic and interventional practices that will prepare them to diagnose and manage patients living with pain in 2015 and beyond. For more information, visit www.mssm.edu/cme/courses, email cme@mssm.edu, or call the Office of CME at 212-731-7950.

Saturday, May 2, 8:45 am – 4 pm
Hess Center, Davis Auditorium

THE PAGE AND WILLIAM BLACK POST GRADUATE SCHOOL FOR CONTINUING EDUCATION
The Office of Continuing Medical Education (CME) offers seminars, conferences, grand rounds, and live webcasts for physicians and other health professionals to extend their knowledge and remain current in their specific fields. For more information on courses, including times, visit www.mssm.edu/cme/courses, email cme@mssm.edu, or call the Office of CME at 212-731-7950.

GRAND ROUNDS, LECTURES, AND SEMINARS

PATHOLOGY GRAND ROUNDS
Julide Tok Celebi, MD, Professor, Vice Chair, Dermatology, Professor, Pathology, presents "Molecular Genetics of Melanoma in 2015." Approved for up to 1.0 credit per hour of Category 1 CME Credit. Thursday, April 23, Noon – 1 pm
Hess Center, Davis Auditorium

DEVELOPMENTAL AND REGENERATIVE BIOLOGY SEMINAR SERIES
Adrian Salic, PhD, Associate Professor, Cell Biology, Harvard Medical School, presents "Mechanisms of Hedgehog Signaling."
Thursday, April 23, Noon – 1 pm
Annenberg 25-51

Enrique Rodriquez-Boulan, MD, Charles and Margaret Dyson Professor, Professor of Cell and Developmental Biology and Neurosciences, Margaret Dyson Vision Research Institute, Weill Cornell Medical College, presents "Polarity, Cross-Talk and Signaling in the Outer Retina."
Thursday, April 30, Noon – 1 pm
Annenberg 25-51

FRIEDMAN BRAIN INSTITUTE TRANSLATIONAL NEUROSCIENCE SEMINAR SERIES
Dolores Hambardzumyan, PhD, Assistant Staff, Neurosciences, Assistant Professor, Molecular Medicine, Cleveland Clinic Lerner College of Medicine, Case Western Reserve University, presents “The Role of Non-Neoplastic Cells in Gliomagenesis.”
Thursday, April 23, 1 pm
Hess Center, Seminar Room
Christopher Evans, PhD, Director, Brain Research Institute, Hatos Center for Neuropharmacology, Professor, Psychiatry and Biobehavioral Sciences, Semel Institute, University of California at Los Angeles, presents “Opioids: In Orchestrating Affective States and Enabling Male Silliness.”

Thursday, May 14, 1 pm
Hess Center, Seminar Room

EPIGENETICS SEMINAR SERIES
Masashi Narita, MD, PhD, Senior Group Leader, Cancer Research UK Cambridge Institute, presents “Senescence Syndrome and Gene Regulation.”

Thursday, April 23, 2 – 3 pm
Hess Center, Seminar Room

CHARLES BRONFMAN INSTITUTE FOR PERSONALIZED MEDICINE SEMINAR SERIES
Neil Risch, PhD, Director, Institute for Human Genetics, School of Medicine, Professor, Epidemiology, Biostatistics, Step IX, University of California, presents “Genetic Epidemiology Research Based in Electronic Health Records.”

Friday, April 24, Noon – 1 pm
Hatch Auditorium

RESPIRATORY INSTITUTE GRAND ROUNDS
Hooman Poor, MD, Assistant Professor, Medicine, Associate Director, Fellowship Training Program, Division of Pulmonary, Critical Care and Sleep Medicine, Zena and Michael A. Wiener Cardiovascular Institute, Icahn School of Medicine at Mount Sinai; and Ramachandra Reddy, MD, Assistant Professor, Cardiovascular Surgery, present “Treatment Algorithms for Pulmonary Embolism and the Role for Surgical Treatment.”

Friday, April 24, 12:30 – 1:30 pm
Annenberg 5-09

PHARMACOLOGY AND SYSTEMS THERAPEUTICS SEMINAR SERIES
Ad P. Ijzerman, PhD, Professor, Department of Medicinal Chemistry, Leiden Academic Centre for Drug Research, Leiden University, The Netherlands, presents “Kinetics of the Drug-Target Interaction: A Case for G Protein-Coupled Receptors.”

Friday, April 24, 1 – 2 pm
Annenberg 19-79

Moses V. Chao, PhD, Cell Biology, Physiology, Neuroscience, Psychiatry, Skirball Institute of Biomolecular Medicine, New York University School of Medicine, presents “The New Pharmacology of Neurotrophic Factors.”

Tuesday, April 28, 4 – 5 pm
Annenberg 19-79

MEDICINE GRAND ROUNDS
Sherri Fink, MD, PhD, New York Times Correspondent, presents “The Arnold Drapkin, MD, Lectureship in Humanism in Medicine: Five Days at Memorial.”

Tuesday, April 28, 8:30 – 9:30 am
Stern Auditorium
Steven Coca, DO, MS, Associate Professor, Medicine, Internal Medicine, Nephrology, presents “Treatment of Diabetic Kidney Disease: Lessons from Failed Trials and Role of Biomarkers.”
Tuesday, May 5, 8:30 – 9:30 am  
Stern Auditorium

Charles L. Shapiro, MD, Professor, Medicine (Hematology/Medical Oncology), presents “Maintaining Bone Health in Breast Cancer.”
Tuesday, May 12, 8:30 – 9:30 am  
Stern Auditorium

ANESTHESIOLOGY GRAND ROUNDS
Jake Beilin, MD, Professor, Anesthesiology, presents “Morbidity and Mortality Conference.”
Wednesday, April 29, 6:30 – 8:10 am  
Annenberg 13-01

Andrew B. Leibowitz, MD, Chair, Anesthesiology, Mount Sinai Health System, Professor, Anesthesiology, Surgery, Icahn School of Medicine at Mount Sinai, presents “Preoperative Hypertension.”
Wednesday, May 6, 6:30 – 8:10 am  
Annenberg 13-01

Andrew B. Leibowitz, MD, Chair, Anesthesiology, Mount Sinai Health System, Professor, Anesthesiology, Surgery, Icahn School of Medicine at Mount Sinai, presents “ACLS Review and Written Examination.”
Wednesday, May 13, 6:30 – 8:10 am  
Annenberg 13-01

SURGERY GRAND ROUNDS
John J. Ricotta, MD, FACS, Professor, Surgery, Georgetown University School of Medicine, presents “The Future of Surgical Resident Education.”
Wednesday, April 29, 7:45 – 9 am  
Hatch Auditorium

NEUROLOGY GRAND ROUNDS
Marc W. Slutzky MD, PhD, Assistant Professor of Neurology, Physiology, and Physical Medicine Rehab, Northwestern Medicine/University presents, “Designing Neural Prostheses to Rehabilitate & Restore Movement”
Wednesday, April 29, 8 – 9 am  
Hess Center, Davis Auditorium

POPULATION HEALTH SCIENCE AND POLICY GRAND ROUNDS
Ronald Tamler, MD, PhD, Associate Professor, Medicine, presents “Population Health for Diabetes.”
Wednesday, April 29, 1 – 2 pm  
Icahn Medical Institute Room L2-82

CRITICAL CARE GRAND ROUNDS
Emily Chai, MD, Associate Professor, Brookdale Department of Geriatrics and Palliative Medicine, Associate Director, Lilian and Benjamin Hertzberg Palliative Care Institute, presents “Palliative Care in the ICU.”
Wednesday, April 29, 3 pm  
Hess Center, Davis
DERMATOLOGY GRAND ROUNDS
Dermatology Residents present “Patient Presentations.” This session will demonstrate uncommon and difficult-to-treat skin conditions.

Thursday, April 30, 8 – 9 am
Hess Center, Seminar Room

ENDOCRINOLOGY GRAND ROUNDS
Rhoda Cobin, MD, Clinical Professor, Medicine (Endocrinology, Diabetes and Bone Disease), presents “Master Clinician Series: Cardiometabolic Consequences of PCOS.”

Thursday, April 30, 5 – 6 pm
Atran Building, AB4-11

DIVISION OF OCCUPATIONAL MEDICINE SEMINAR SERIES
Carrie A. Redlich, MD, MPH, Professor, Medicine, Director, Occupational and Environmental Medicine Program, Yale School of Medicine, presents “Interpretating Longitudinal Spirometry.”

Friday, May 1, 8 – 9 am
Annenberg Fifth Floor Felt Room

Hagai Levine, MD, MPH, Lecturer, Hebrew University-Hadassah School of Public Health, Visiting Scientist, Icahn School of Medicine at Mount Sinai, presents “Health-Promoting Hospital: The Hadassah Experience.”

Friday, May 8, 8 – 9 am
Annenberg Fifth Floor Felt Room

GENETICS AND GENOMICS GRAND ROUNDS
Suzanne Leal, PhD, Professor, Director, Center for Statistical Genetics at Baylor College of Medicine, presents “Methods for Family-Based Association Studies with Application to Autism Data.”

Friday, May 1, 11 am – Noon
Hess Center, Seminar Room

RADIOLOGY GRAND ROUNDS
Maryellen L. Giger, PhD, A.N. Pritzker Professor of Radiology/Medical Physics, Vice Chair of Radiology for Basic Science Research, Department of Radiology, University of Chicago, presents “Deciphering Breast Cancer with Quantitative Radionics: Imaging Phenotypes in Breast Cancer Risk Assessment, Diagnosis, Prognosis, and Response to Therapy.”

Wednesday, May 6, 4 – 5 pm
Radiology Education Center
Conference Room AMC

FAMILY MEDICINE AND COMMUNITY HEALTH GRAND ROUNDS
**WELLNESS EVENTS**

**MOUNT SINAI PARENT**

**Understanding Vaccines: Myths Versus Facts**
In this workshop, Dr. Erika Landau, pediatrician and author of “The Essential Guide to Baby's First Year,” will discuss diseases that are preventable with vaccines, the structure and additives found in vaccines, and the controversies surrounding immunizing children. To RSVP, email alisa.melendez@mountsinai.org.

**Thursday, April 30, Noon – 1 pm**

**WEIGHT WATCHERS AT WORK MEETINGS**
To fulfill the health and wellness needs of Mount Sinai employees, the Weight Watchers at Work program will be holding a Spring series at The Mount Sinai Hospital. Weekly sessions will be held for 12 weeks. For more information, e-mail alisa.melendez@mountsinai.org.

**Tuesdays, through June 30, 5 – 6 pm**

**FOOD FIT FOR LIFE**
The Mount Sinai Hospital’s Wellness Initiative and the Department of Clinical Nutrition present the second round of Food Fit for Life, a free course on weight loss and healthy eating. The program will continue every Tuesday through April 7. Two inpatient dietitians, Kelly Hogan, MS, RD, CDN, and Melissa Nagelberg, MS, RD, will educate attendees on how to lose weight and enjoy healthy food. For more information, email Kelly.Hogan@mountsinai.org or Melissa.Nagelberg@mountsinai.org.

**FRIDAY MINDFULNESS SESSIONS**
The Mount Sinai Hospital, through a group of experienced mindfulness teachers, is providing an opportunity for all members of the hospital community to learn and practice simple mindfulness techniques that have proven to be effective in reducing stress and promoting physical, mental, and spiritual well-being. Staff, patients, and families are welcome. No experience is necessary. For additional information, contact Mickie.Brown@mssm.edu.

**Fridays, 12:30 – 1:30 pm**

**MOUNT SINAI YOGA PROGRAM**
The Mount Sinai Yoga Program is hosting weekly Vinyasa yoga classes on Thursday evenings from 5:30 – 6:30 pm in the Annenberg Student Lounge. The classes are open to students, faculty, and staff, and are appropriate for all levels. Mats and accessories are available for use. There is a suggested $10 donation for faculty and staff. For more information and to be added to the email list, contact mountsinaliyogaprogram@gmail.com.

**Thursdays, 5:30 – 6:30 pm**

**EMPLOYEE ASSISTANCE PROGRAM: CHILD CARE AND SUMMER CAMP SERVICES**
The Employee Assistance Program (EAP) offers information regarding New York City public schools,
daycare, and summer camp for children. For information about these services, call the Employee Assistance Program at 212-241-8937. The EAP is located on-site, at 19 East 98th Street, Suite 3A.

**EMPLOYEE ASSISTANCE PROGRAM**
The Mount Sinai Employee Assistance Program (EAP) offers free, confidential, short-term counseling for employees and their family members. To schedule an appointment with an EAP professional, call 212-241-8937. The EAP is located on-site, at 19 East 98th Street, Suite 3A.

**THE ‘MOUNT SINAI MILE’ INDOOR WALKING ROUTE**
Mount Sinai Heart and the Wellness Initiative have mapped a one-mile indoor walking route through The Mount Sinai Hospital campus to help staff meet their physical activity goals at work. The American Heart Association recommends at least 30 minutes of moderate-intensity aerobic activity at least five days per week. Staff are encouraged to use the map at [http://www.mountsinai.org/patient-care/service-areas/heart/mount-sinai-mile](http://www.mountsinai.org/patient-care/service-areas/heart/mount-sinai-mile), follow the ‘Mount Sinai Mile’ signs while on lunch break, or hold a walking meeting along the ‘Mount Sinai Mile’ route. For more information, email Abby Schwartz, MBA, BSN, RN, at Abby.Schwartz@mountsinai.org.

**DIABETES PREVENTION PROGRAM AT MOUNT SINAI**
The Mount Sinai Diabetes Center and the YMCA of Greater New York, through its YMCA Diabetes Prevention Program (YDPP), are offering a fitness and health coaching program at Mount Sinai aimed at reducing the risk for diabetes. The 16-week program is designed for adults who are at risk for diabetes (risk factors include: overweight, family history, or personal history of gestational diabetes), or have a diagnosis of pre-diabetes. The Diabetes Prevention Program is free and open to all Mount Sinai employees, patients, and local community members. Mount Sinai employees covered by United Healthcare should call 800-237-4942 to register for the program. Individuals interested in the program who are not covered by United Healthcare (this includes NYSNA nurses and medical students), can call 212-912-2524. Those unsure of their risk for diabetes can take a short quiz located at [http://intranet1.mountsinai.org/HumanResources/Wellness/Mount%20Sinai%20Risk%20Quiz.pdf](http://intranet1.mountsinai.org/HumanResources/Wellness/Mount%20Sinai%20Risk%20Quiz.pdf). To learn more about the fitness program visit [http://www.mountsinai.org/patient-care/service-areas/diabetes/living-with-diabetes/community-outreach](http://www.mountsinai.org/patient-care/service-areas/diabetes/living-with-diabetes/community-outreach).

**MOUNT SINAI’S WEIGHT MANAGEMENT PROGRAM**
The program offers weekly orientation sessions titled “Toward Lasting Better Health.” The sessions, led by physicians and dietitians, aim to help people who are trying to lose 30 or more pounds and require patients to receive a comprehensive obesity screening by an endocrinologist before starting. The sessions take place on Mondays at 5 pm in the Atran Building’s Fourth Floor Conference Room, AB4-11. To reserve a seat, call 212-241-4991.

**ANNOUNCEMENTS AND EVENTS**

**APRIL IS SEXUAL ASSAULT AWARENESS MONTH**
In recognition of Sexual Assault Awareness Month, Mount Sinai’s Sexual Assault and Violence Intervention (SAVI) Program will be hosting its annual Denim Day information tables. All Mount Sinai employees, students, and guests are invited to visit a table and receive free materials, buttons, and other
giveaways as a symbol of their commitment to breaking the silence, stigma, and stereotypes that continue to exist around issues of sexual violence. For more information, please contact Angela Fernandez, SAVI’s Outreach/Training Program Coordinator, at angela.fernandez@mssm.edu.

**Tuesday, April 28, 11:30 am – 3 pm**

Guggenheim Atrium and Outdoors, in front of the Icahn Medical Institute

Additionally, SAVI is hosting a screening of the film, “The Hunting Ground.” This film provides an expose of sexual assault on United States’ campuses and the heavy toll put on survivors and their families. This event is free, but RSVP is required. To register, visit: https://eventbrite.com/event/16240507796/. For more information, please contact Angela Fernandez, SAVI’s Outreach/Training Program Coordinator, at angela.fernandez@mssm.edu.

**Tuesday, April 28, 6:30 pm**

Goldwurm Auditorium

**ENTREPRENEURSHIP IN MEDICINE**

This event, hosted by Mount Sinai’s Surgery Interest Group, will feature Michael Marin, MD, Professor, System Chair, Surgery, Vascular Surgery, and Evan Flatow, MD, President, Mount Sinai Roosevelt, Professor, Orthopaedics. Both doctors will discuss their involvement developing medical devices. For more information, email Virginia.flatow@mssm.edu.

**Wednesday, April 29, Noon – 12:50 pm**

Annenberg 13-01

**WALK TO DEFEAT AMYOTROPHIC LATERAL SCLEROSIS (ALS)**

Mount Sinai Beth Israel’s ALS clinic will have its first ever team participating in the ALS Association’s Walk to Defeat ALS. Those interested in joining the team, or donating, can visit http://webgny.alsa.org/goto/mountsinaiALSteam.

**Saturday, May 2, 9 am (Walker Check-In)**

Pier 45

353 West Street

New York, NY 10014

**SAMUEL WAXMAN CANCER RESEARCH FOUNDATION SCIENTIFIC BREAKTHROUGHS 2015 SYMPOSIUM**

The Samuel Waxman Cancer Research Foundation (SWCRF) has announced that it will recognize the accomplishments of Siddhartha Mukherjee, MD, PhD, of the Irving Cancer Research Center at Columbia University, and Robert A. Weinberg, PhD, Founding Member of the Whitehead Institute for Biomedical Research, at its scientific symposium, SWCRF Scientific Breakthroughs 2015. Additionally, researchers funded by the SWCRF will report on their recent breakthroughs during the presentation.

The SWCRF’s annual scientific review and symposium brings together the Institute Without Walls, a network of the foundation’s funded scientists working collaboratively throughout the United States and abroad on research projects that identify and correct abnormal gene function that causes cancer and develop minimally toxic patient treatments.

For more information, contact Edgar Trinidad, Director, Marketing and Communications, Samuel Waxman Cancer Research Foundation, at 646-398-5261 or etrinidad@waxmancancer.org. To RSVP, call
THIRD ANNUAL MOUNT SINAI SPINE RESEARCH DAY AND FELLOWS REUNION
The Mount Sinai Orthopaedic Spine Service is hosting its Third Annual Spine Research Day and Fellows Reunion. The conference will take place in two parts: The first part will feature a Physiatry session, and the second part will feature an Orthopaedics Spine session. Additionally, the event will feature a presentation by Scott Boden, MD, Professor, Orthopaedic Surgery, Emory University School of Medicine, Director, Emory Orthopedics and Spine Center. The goal of the conference is to provide clinicians, researchers, medical and health care trainees, and others with the comprehensive review of current and emerging techniques in spine surgery and non-operative treatments of spine conditions, as well basic science behind the disk degeneration and other spine complications. For more information, or to register, email renata.pyzik@mssm.edu, or call 212-241-3206.

THIRD ANNUAL MOUNT SINAI SPINE RESEARCH DAY AND FELLOWS REUNION

Thursday, May 7, 10 am – 5:30 pm (Registration at 9:30 am)  
Hess Center, Davis Auditorium  
Part One, Physiatry: 10 am – 1:30 pm  
Part Two, Orthopaedics: 1:30 – 5:30 pm

MAY IS BETTER HEARING AND SPEECH MONTH
The Department of Ambulatory Care Operations, Division of Audiology, will have a table in the lobby of the Center for Advanced Medicine in recognition of Better Hearing and Speech Month. Additionally, an audiologist will be available to answer questions.

NATIONAL DIABETES PREVENTION PROGRAM AT MOUNT SINAI
The Department of Preventive Medicine, through the Mount Sinai Selikoff Centers for Occupational Health, is offering Mount Sinai employees a lifestyle program aimed at reducing the risk for Type 2 diabetes. A health coach will empower participants to take charge of their health and make realistic lifestyle changes. Additionally, guest speakers will lead sessions in nutrition, fitness, and stress management. This is a year-long program with 16 weekly sessions and 6 monthly follow-up sessions. For those unsure of their risk for diabetes, the CDC’s Pre-diabetes Screening is available at http://www.cdc.gov/diabetes/prevention/pdf/prediabetestest.pdf. Participants are encouraged to bring their lunch to the sessions. Those interested must register by Monday, May 11 by emailing Justine.Piontek@mssm.edu, or calling 212-824-7123.

NATIONAL NURSES WEEK 2015
Carol Porter, DNP, RN, FAAN, Edgar M. Cullman, Sr. Chair of the Department of Nursing, Chief Nursing Officer/ SVP, The Mount Sinai Hospital, Associate Dean of Nursing Research and Education,
Icahn School of Medicine at Mount Sinai, and Audrey Ludmer, RN, Clinical Nurse, Endoscopy President, Local Bargaining Unit, New York State Nurses Association, are hosting the following events and festivities in recognition of National Nurses Week 2015:

**Nurses Week Breakfast**
*Monday, May 11, 7 – 9:30 am*
*Annenberg West Lobby*

**Keynote Address**
LeAnn Thieman, Author, “Chicken Soup for the Nurse’s Soul, Second Dose,” will present.
*Tuesday, May 12, 1 pm*
*Stern Auditorium*

*Additional Sessions with LeAnn Thieman:*
- 8 am, Mount Sinai Queens
- 4 pm, Stern Auditorium
- 10 pm, MC 330 (Pre-Recorded)

**Boards of Trustees 34th Annual Excellence in Nursing Practice Awards**
*Wednesday, May 13, Noon*
*Stern Auditorium*

**19th Annual Poster Session Highlighting Nursing Practice**
*Thursday, May 14, 8 – 9:30 am*
*Guggenheim Atrium*

**Midnight Madness: The Tradition Continues**
Nursing leadership rounds on units to recognize and give thanks.
*Thursday, May 14, Midnight*

**Nurses - Taking Care of Yourself So You Can Care for Others**
*Friday, May 15, 11 am – 2 pm*
*Annenberg West Lobby*

**BLOOD PRESSURE SCREENINGS**
Health educators from Mount Sinai Beth Israel are available on certain days to perform free blood pressure screenings and explain the results.
*Tuesdays May 12, June 9, 2 – 3 pm*
*Mount Sinai Beth Israel Podell Auditorium
Bernstein Pavilion
9 Nathan D. Perlman Place
Corner of 16 Street
Between 1st and 2nd Avenues*

**30TH ANNUAL AIDS WALK NEW YORK**
AIDS Walk New York, sponsored by Duane Reade and Gay Men’s Health Crisis, is a 10K fundraising walk starting and ending in Central Park. The Walk benefits Gay Men’s Health Crisis as well as more than 40 tristate-area AIDS service organizations. This year, Mount Sinai’s Institute for Advanced Medicine Team will have a team participating in the Walk. To join the IAM team, visit [http://ny.aidswalk.net/](http://ny.aidswalk.net/), and sign up for Team 3158. For more information, contact Matthew Baney at 212-824-7394 or [matthew.baney@mountsinai.org](mailto:matthew.baney@mountsinai.org), or visit [www.mountsinaihealth.org/iam](http://www.mountsinaihealth.org/iam).
BIOSTATISTICS SUMMER PROGRAM FOR CLINICAL RESEARCH

The Biostatistics Summer Program for Clinical Research is an educational initiative that stems from a collaboration between the Center for Biostatistics and the Department of Population Health Science and Policy at the Icahn School of Medicine at Mount Sinai. The mission of the three-week Summer Program is to increase the research capacity of clinical investigators, fellows, residents, postdocs, and public health professionals, by providing application-driven instruction in biostatistics and statistical programming. Participants of the Summer Program, through rigorous, theory-based lectures and hands-on statistical programming in SAS, will gain a foundation in the following areas:

- Probability and Statistical Inference
- Essential Elements of Study Design including Sample Size/Power Calculations
- Hypothesis Testing for Continuous and Categorical Data
- Simple and Multiple Linear Regression
- Simple and Multiple Logistic Regression

Participants will receive a total of 42 hours of intensive, in-person theory and SAS-related instruction, over the three-week duration of the Summer Program, by the Center for Biostatistics’ faculty. Each participant is expected to purchase a SAS license and install SAS on his/her laptop prior to the Program’s start. In cases where this may be difficult, a small number of laptops with SAS installed will be available to rent for the duration of the workshop, but on a first come, first served basis.

To register for the Program, and to pay the registration fee of $2000, visit http://icahn.mssm.edu/departments-and-institutes/population-health-science-policy/center-for-biostatistics/education/biostatistics-summer-program-for-clinical-research. Note: Registration is limited to the first 40 applicants. For more information, email Stefano Malerba at stevie.malerba@gmail.com.

Mondays – Thursdays, July 6 – July 23, 3 – 6:30 pm

NEW ORTHOPAEDICS SPECIALTY

The Department of Orthopaedics has announced its new Chiropractic care specialty. Chiropractic care can benefit low-back pain, headaches, and neck pain and provide nutritional dietary and lifestyle counseling. Care will be provided by Bradley Grossman, MD, DC, who is a certified chiropractic sports practitioner focusing on conservative management, rehabilitation, and performance optimization. Call 212-241-8947 for an appointment with the Department’s Mount Sinai Spine Center, 5 East 98th Street, fourth floor.

NEW HISTORICAL DISPLAYS IN ANNENBERG LOBBY

The Mount Sinai Archives has installed a new exhibit in the display cases in the Annenberg north lobby. The three cases highlight three different themes: “Ten Years that Transformed Nursing, 1890-1900”; “The Oldest Existing Mount Sinai Building is on 67th Street”; and “100 Years ago: The Mount Sinai Serbian Typhus Expedition of 1915.” All are invited to stop by and view the exhibits. For more information about the displays or Mount Sinai history in general, contact the Mount Sinai Archives at ext. 47239 or
ENJOY LOCAL, ORGANIC FOOD AS A MEMBER OF THE MOUNT SINAI FARM SHARE

Registration is now open for the 2015 season of Mount Sinai Farm Share, a Community Shared Agriculture (CSA) program that offers local, organic produce from Stoneledge Farm, delivered weekly during the 24-week harvest season (June through November). The distribution site is conveniently located outside of the Icahn building at 99th Street and Madison Avenue. Those interested may purchase a vegetable share and additional fruit, mushroom, or coffee shares by visiting https://www.stoneledgefarmny.com. For more information, email mountsinaifarmshare@gmail.com.

COLORECTAL CANCER OUTREACH PROGRAM

The Witness CARES program is a culturally targeted community outreach program designed to increase knowledge about colorectal cancer in the African American community and improve adherence to recommended screening guidelines. The educational presentation is roughly 90 minutes and includes a culturally based educational video reviewing facts about colorectal cancer and screenings, while also providing valuable resources. Programs are held at Mount Sinai and throughout the New York City community. For more information, contact Clarissa Martinez at 212-824-7803, or Karent Zorogastua at 212-824-7806.

MOUNT SINAI RISING PROFESSIONALS

The Rising Professionals is a group dedicated to developing the professional workforce of the Mount Sinai Health System by offering employees opportunities for professional and personal growth. To join the distribution list for the Rising Professionals, email risingprofessionals@gmail.com.

POSTING CLINICAL RESEARCH PROJECTS ON THE MOUNT SINAI HEALTH SYSTEM WEBSITE

Employees can request that their studies be added to the clinical research listings on the Mount Sinai website. Using the web form found at https://erap.mssm.edu/Public/ORSClinicalTrials.aspx, one can submit a request to add, update, or delete a web page from the clinical research listings at http://icahn.mssm.edu/research/clinical-trials. For more information, contact research.services@mssm.edu.

STAT-CHAT: WALK-IN CONSULTATION SERVICE

The Center for Biostatistics at Mount Sinai has launched STAT-CHAT: a free, walk-in, consultation service meant to resolve easy problems and answer quick questions about such topics as data analysis, study design, and database. All faculty, fellows, residents, staff, or medical students are welcomed to use this service for quick statistics-related questions. STAT-CHAT is offered once a week with two statisticians available for an hour on a first-come, first-served basis. Each consultation should be about 15 minutes.

Mondays, 2 – 3 pm Icahn Medical Institute, L2-82
**OPHTHALMOLOGY OPTICAL SHOP UPDATE**

The Department of Ophthalmology’s Optical Shop encourages employees to take care of their eyes. The shop is currently offering a one-time additional five-percent discount on all purchases over $300.00. The Optical Shop also offers employees a 20-percent discount on a wide assortment of sunglasses and glasses. Shalaya Arias, a department optician, will be available to show visitors the shop’s latest designer frames for adults and children. The department encourages employees to use their Flexible Spending Account at the Optical Shop. Customers must still adhere to the shop’s 90-day “pay for your glasses” policy. The shop’s hours of operation are Monday to Friday from approximately 10 am – 5 pm, and no appointment is necessary. For more information, call 212-241-0939.

*17 East 102nd Street, Eighth Floor  
Across from the  
Ophthalmology Department*

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**BREAST AND CERVICAL CANCER OUTREACH PROGRAMS**

*Esperanza y Vida* and *The Witness Project of Harlem* are culturally based community outreach programs that teach the importance of breast and cervical cancer health and screenings. The programs are led by women in the community, including breast and cervical cancer survivors who provide testimonials. Programs are held at Mount Sinai every other month and throughout the community. For more information, contact Clarissa Martinez at 212-824-7803, Cristina Villagra at 212-824-7804, or Helen Nunez at 212-824-7801.

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**STORYCORPS PARTNERING WITH MOUNT SINAI**

StoryCorps Legacy, a program of the national oral history project StoryCorps, is partnering with The Child Life and Creative Arts Therapy Department at the Mount Sinai Kravis Children’s Hospital to record and preserve stories from Mount Sinai staff.

For 40 minutes, participants will have the opportunity to answer questions, such as:

- How would you describe yourself?
- Who has had the biggest influence on you?
- What are you most proud of?

Participants will receive a free CD recording to share with family and friends. With their permission, a second copy will be archived in the American Folk Life Center at the Library of Congress. StoryCorps Legacy is an audio project only – no video will be taken. For more information, visit [http://storycorps.org/legacy](http://storycorps.org/legacy). Recordings are taking place now and will continue until further notice. Contact Lori Lerma at 212-241-6975 or lori.lerma@mountsinai.org to schedule an interview.

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**A RESEARCH OPPORTUNITY FOR EVERYONE**

Mount Sinai and other research institutions across the country have joined together to create ResearchMatch.org. This easy-to-use tool allows interested volunteers to make themselves available as research study participants for studies that are right for them, and helps research studies from ending due to lack of participation. Volunteers of any age, race, ethnicity, or health status are invited to join. Volunteer privacy is protected. To learn more visit [https://www.researchmatch.org?route=mount_sinai](https://www.researchmatch.org?route=mount_sinai).

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**CALLING ALL MOUNT SINAI ALUMNI**

Alumni can be kept informed of Mount Sinai happenings by sending their non-MSSM e-mail address to Alumni Relations at alumni@mssm.edu and by “Liking” Mount Sinai Alumni on Facebook and
following Mount Sinai Alumni on LinkedIn.

**DISPLAY OF EXCELLENCE**
The Display of Excellence, located in front of the Plaza Café, is a way for managers to give their employees recognition for outstanding service. The employee’s photo and manager’s words of recognition will be posted on the display. Managers can use the display if an employee provides excellent customer service, innovative new ideas, successful project completion, safety efforts, patient satisfaction improvements, or as retirement recognition, and more. Entries will be kept on display for three months. Guidelines: Must be a manager to submit an entry, employee must be in good standing with Mount Sinai, each supervisor may enter no more than two individuals or one team each month, employees may be recognized multiple times throughout the year if each entry is for a separate and unique accomplishment. For more information, email Michelle Cruz at Michelle.Cruz@mountsinai.org or call x41944.

**TALENT DEVELOPMENT AND LEARNING**
**LEY LIBRARY EDUCATION CLASSES**
Read more about classes and register online for classes at: [http://librarycf.mssm.edu/levy/classes/](http://librarycf.mssm.edu/levy/classes/). For more information and location information, email Levy Library Reference at refdesk@mssm.edu, or call 212-241-7791.

**MOUNT SINAI TALENT DEVELOPMENT AND LEARNING**
Talent Development and Learning, formerly the Division of Training and Education, has a new institution-wide learning management system called PEAK (Portal for Education and the Advancement of Knowledge). Employees can now register online for all Talent Development and Learning classes by logging on to the PEAK website, then clicking on the 'Classroom-Based Training' section. By registering online, individuals no longer will need to fax their registration forms. For more information, contact Talent Development and Learning at 212-241-1944, or register at [http://peak.mountsinai.org](http://peak.mountsinai.org). In order to log on to PEAK, employees will need to use the credentials used to log into their e-mail. To identify the proper credentials, visit [http://password.mountsinai.org](http://password.mountsinai.org) or call the help desk at 4-HELP.

- **Excel Pivot Charts**
  This class will focus on using pivot table data to display pivot charts in Excel.
  *Thursday, April 23, 10:45 am – 12:30 pm*

- **Projecting Your Positive Personality on the Telephone**
  This class will help participants improve their communication skills by creating their own telephone image. Participants will learn ways to consistently project their positive personality so callers perceive them and Mount Sinai in a favorable way.
  *Thursday, April 23, 1 – 4 pm*  Mount Sinai Beth Israel – PACC

- **PowerPoint Basic**
  In this class, participants will learn the basics of animation, graphics, table information, bulleted lists, insertion of objects, slide transitions and other essential skills needed to create a PowerPoint
- **Impactful Communication: How to Successfully Impart and Receive Information**
  This interactive workshop will help participants become skilled and impactful speakers and listeners. The workshop will review tools to ensure that when one speaks, their meaning is clear and obvious, and that when one listens, they are receiving and understanding the intended message.

  *Thursday, April 23, 1:30 – 5 pm*  
  *The Mount Sinai Hospital*

- **Situational Leadership**
  Situational Leadership is a practical model that gives leaders guidance on how to assess the leadership requirements for particular employees in specific situations and then provides guidance on how to use the style that is most likely to be effective. In this hands-on course, participants will learn and practice the Situational Leadership model and apply it to the opportunities and challenges they face in their role as leaders.

  *Friday, April 24, 9 am – 12:30 pm*  
  *The Mount Sinai Hospital*

- **Time and Priority Management**
  This workshop will provide participants with techniques for improving time and priority management skills.

  *Monday, April 27, 9:30 am – 12:30 pm*  
  *Mount Sinai St. Luke’s*

- **Emotional Intelligence-for Emerging Leaders**
  This course will explore how boosting one’s emotional intelligence can help them succeed in the workplace.

  *Tuesday, April 28, 10 am – Noon*  
  *The Mount Sinai Hospital*

- **Prevention of Workplace Violence**
  The focus of this workshop is proper verbal intervention techniques to de-escalate challenging or verbally hostile persons. Topics include precursors to a crisis, prevention of a crisis, personal triggers, environmental awareness, verbal and non-verbal communication, and verbal de-escalation.

  *Wednesday, April 29, 10 am – 12:30 pm*  
  *Mount Sinai Beth Israel – PACC*

- **Delegation Intensive for New Managers**
  In this class, participants will learn the steps to effective delegation and how to avoid common delegation pitfalls. The class will show participants how to pinpoint the right task to delegate, the right time to delegate, and the right person for the task.

  *Wednesday, April 29, 2 – 4 pm*  
  *The Mount Sinai Hospital*

- **How to Stay Focused on your Goals**
  This class aims to provide participants with clear goal-setting guidelines, and a tool kit for creating ideas and manifesting one’s visions.

  *Thursday, April 30, 2:30 – 5 pm*  
  *The Mount Sinai Hospital*
Excel Basic
In this class, participants will learn the basic features of the spreadsheet interface, basic navigation, data entry, basic formulas, basic chart making, and more. Participants are encouraged to bring their Excel questions.
Friday, May 1, 9 am – 12:30 pm

Excel Charting Advanced
In this class, participants will learn how to use combination charts, in-cell charts, dynamic charts with drop down menus, spark lines, and more.
Friday, May 1, 1:30 – 3:45 pm

Outlook Basics
This class will review Microsoft Outlook features such as sending emails, customizing email signatures, organizing the calendar, and tasks.
Friday, May 1, 3:45 – 5 pm

CUNY School of Professional Studies: Information Sessions
These sessions will help participants learn more about the Human Relations College program at the CUNY School of Professional Studies that is designed to enhance skills and knowledge used on the job while providing an important foundation for further college study. The program is aimed at working adults at various points in their college careers.
Wednesday, May 6, 11 am – 2 pm              Outside the Plaza Café

Toastmasters
Toastmasters Members learn to develop comfort and skill when speaking by working with others in a supportive environment. A typical meeting is made up of 10 – 20 people who meet biweekly for an hour. Each meeting gives participants an opportunity to practice conducting meetings, give impromptu speeches, present prepared speeches, and offer constructive evaluation.

Walden University – Online Degree Programs
For more than 40 years, Walden University has been serving the higher education needs of adult learners. Walden University is now offering Mount Sinai Health System employees the opportunity to pursue a degree or certificate online in a wide selection of health care-related fields of study. To learn about educational opportunities through Walden University and learn about the tuition-reduction offer tailored to the Mount Sinai Health System, call Leah Lopez at 732-306-7720 or email leah.lopez@waldenu.edu.

Foreign Language Conversation Groups
These sessions will allow speakers of all levels to converse. Beginners, intermediate, and advanced speakers are welcome. For more information, email michelle.cruz@mountsinai.org.

Conversation Partners
Designed for any level of a given language, Conversation Partners provides an opportunity to improve skills in a specific language by speaking in a safe group of learners. Native speakers are encouraged to attend. E-mail tdl@mountsinai.org for more information and the meeting location.
**English as a Second Language**
Classes are designed to improve written and conversational English with special attention paid to vocabulary, pronunciation, idioms, listening skills, writing, and grammar usage. Complete an assessment on Mondays anytime between 10:30 am and 3 pm. Call 212-241-1944 for more information.

**English Conversation Partners**
Designed for new learners of English, this program provides an opportunity to strengthen English-speaking skills by pairing up with an English-speaking employee or volunteer for one hour a week to practice conversation. This program is open to native English-speaking tutors, as well as students who are learning English. For more information, e-mail tdl@mountsinai.org.

**RESEARCH STUDIES/CLINICAL TRIALS**

**NEUROIMAGING RESEARCH STUDY**
The Laboratory of Neuroimaging at the Icahn School of Medicine at Mount Sinai is looking for a small number of normal healthy volunteers to complete a research study exploring information processing in the brain. Participation requires one one-hour screening session and one one-to-two-hour experimental session that involves an MRI scan. Payment is $100 for completion. Those between 18 and 39 years of age can contact Alex Dufford at alexander.dufford@mssm.edu for more information. [GCO 12-0435, MSSM IRB approved 4/18/14 through 4/17/2015].

**HEALTHY RESEARCH VOLUNTEERS NEEDED**
The Department of Anesthesiology at Icahn School of Medicine at Mount Sinai is seeking people for participation in this Trajectory of Recovery in the Elderly research study. The purpose of the study is to assess cognitive recovery in a group of adults by undertaking baseline and follow-up testing after the administration of general anesthesia in 70 – 80-year-olds and to evaluate alterations in resting state and activity-driven brain networks using fMRI, DTI, and ASL to characterize these same volunteers before and during recovery from the administration of general anesthesia. Participants will visit Mount Sinai twice and be contacted further for follow-ups. Compensation will be provided for participation. If interested, call the Department of Anesthesiology at 212-241-0840. [GCO #13-0359, Principal Investigator: Jeffrey Silverstein, MD, IRB approved through 4/28/2015].

**TREATMENT STUDY FOR CHILDREN AND ADOLESCENTS WITH ADHD**
The Department of Psychiatry is looking for children and adolescents 7 to 17 years of age with suspected or diagnosed attention-deficit/hyperactivity disorder (ADHD) to participate in a study examining response to either methylphenidate or atomoxetine, both of which are commonly prescribed medications that are FDA-approved for the treatment of ADHD in children and adolescents. The study will include an evaluation for ADHD and other disorders, weekly doctor visits for six to eight weeks as the doctors work with participants’ parents to find the best dose for their children, and non-invasive fMRI scanning while their child plays a video game. Reimbursement provided. For more information, contact Beth Krone, PhD, at 212-241-8012, or email beth.krone@mssm.edu. [MSSM GCO #11-0161, PI: Jeffrey Newcorn, MD, IRB approved through 4/30/2015].

**FMRI STUDY FOR HEALTHY YOUTH**
Healthy boys and girls between 7 and 17 years of age may be eligible to participate in this study exploring the brain regions people use to pay attention. The study requires three visits to complete psychological tests, computer-based attention tasks, and two functional magnetic resonance imaging (fMRI) brain scans on two separate days. Reimbursement will be provided for time and effort, and participants will get a CD with pictures of their brain, along with a certificate of participation for volunteer service. For more information, call 212-241-8012 or e-mail ADHD.Research@mssm.edu [PI: Jeffrey Newcorn, MD, and Kurt Schulz, MD, GCO#11-0161, IRB approved through 4/30/2015].

**STRESS AND HIV NEUROIMAGING STUDY**

Mount Sinai researchers are seeking volunteers between 37 and 55 years of age, who are either HIV-negative or HIV-positive, to participate in a study examining the effects of HIV and stress on the brain. The study will include two initial interviews to assess eligibility for the more-involved neuropsychological assessment and MRI session. This study will also collect and test blood samples to determine if biomarkers can predict brain functions. Uraina Clark, PhD, Assistant Professor, Neurology, is the principal investigator for this study. For more information, call a study coordinator at the Icahn School of Medicine at Mount Sinai at 212-241-6582. [GCO#13-0466, Approved through 06/09/2015].

**RESEARCH VOLUNTEERS WITH TRAUMATIC BRAIN INJURY NEEDED**

The Brain Injury Research Center at Mount Sinai is seeking people who have had a mild, moderate, or severe traumatic brain injury (TBI) and are experiencing problems in their daily activities. This may include difficulty preparing meals, maintaining a schedule, or coming up with solutions to problems. The research study will evaluate changes in thinking skills that may occur after brain injury. Participants must be at least 18 years of age and not have other neurological diagnoses. Participants will visit Mount Sinai once for about two hours to complete research measures. Compensation will be provided for participation. If interested, call the Brain Injury Research Center at 212-241-5250. [GCO #14-0720, Principal Investigator: Colette Elliot, PhD, IRB approved through 6/26/2015].

**HEALTHY RESEARCH VOLUNTEERS NEEDED**

The Brain Injury Research Center at Mount Sinai is seeking people for participation in a research study. The purpose of the study is to evaluate daily activities and skills for everyday functioning. Participants must be at least 18 years of age and not have had a traumatic brain injury. Participants will visit Mount Sinai once for about two hours to complete research measures. Compensation will be provided for participation. If interested, call the Brain Injury Research Center at 212-241-5250. [GCO #14-0720, Principal Investigator: Colette Elliot, PhD, IRB approved through 6/26/2015].

**ACANTHOSIS NIGRICANS QUALITY OF LIFE STUDY**

The purpose of this study is to develop an acanthosis-nigricans-specific quality of life (ANQoL) instrument to measure the impact of acanthosis nigricans on patients’ lives. The Department of Genetics and Genomic Sciences will administer questionnaires and conduct open-ended structured interviews. Based on this data, the department will then generate the ANQoL. Participants must be over 18 years of age, English speakers, and have acanthosis nigricans. They will be asked to undergo a brief physical exam at Mount Sinai to confirm the diagnosis. Participants will receive a $10.00 Visa gift card upon completion of their participation in this study. Those interested should email acanthosis.nigricans@mssm.edu. [GCO 12-0965, IRB approved through 07/16/15].
RESEARCH STUDY ON THE EFFECTS OF SMOKING ON THE DIGESTIVE SYSTEM

The Division of Gastroenterology is looking for individuals who are planning to quit smoking for a study on the effect of smoking cessation on the digestive system. The purpose of this study is to understand how smoking impacts the bacteria and immune system of the intestines. Participants need to be between 18 and 65 years of age, smoke half a pack of cigarettes per day, and be in relatively good health. Participation involves providing blood and stool samples, and having a flexible sigmoidoscopy with biopsies before and after stopping smoking. Up to $400 will be provided to compensate for time and effort. For more information, or to refer possible participants, contact Ryan Ungaro, MD, by emailing ryan.ungaro@mssm.edu, or calling 212-241-0150. [GCO # 14-1179, IRB Approved 8/12/14 - 8/11/15].

OBSESSIVE-COMPULSIVE DISORDER STUDY

The Obsessive-Compulsive Disorder and Related Disorders Program is recruiting for a study investigating the efficacy of group cognitive-behavioral therapy for OCD. Children of 8 to 12 years of age with a diagnosis of OCD are invited to participate. Subjects will participate in a 12-week clinical therapy program at no cost. The group therapy is run by Ariz Rojas, MD, on Monday nights from 5 – 6:30 pm. Subjects will complete pre- and post-test measures (one two-hour visit) and will be compensated for their time, as well as travel costs. For more information, or to register, contact Shannon Gair at Shannon.gair@mssm.edu, or 212-659-1675. [PI: Timothy Rice, MD, GCO # 14-0858, IRB Approved through 8/27/15].

APPETITE AND BODY FAT STUDY

The Division of Endocrinology is looking for healthy diabetic and nondiabetic individuals (both overweight and lean) who are eligible to participate in a study investigating appetite and body fat. Participation will include fasting over the night before the visit (eight hours) and a four to five hour visit during which a brief medical history and appetite questionnaire will be completed; height, weight, pulse, and blood pressure will be measured; blood samples will be taken before and a few times after drinking a test meal; and a biopsy of fat from around the waist will be taken. Participants will receive compensation. For more information, email Eliza Geer, MD, at eliza.geer@mssm.edu. [GCO# 08-0105. MSSM IRB approved through 8/31/15].

ATOPIC DERMATISIS STUDY

The Department of Dermatology is looking for adults, and children two years of age and older, to participate in a research study to treat mild to severe atopic dermatitis. The study will last several months. Qualified participants will receive a study-related skin exam and study drug at no cost. Health insurance is not needed to participate. For details, call the dermatology clinical trials center at 212-241-6033. [GCO # 12-0424, IRB approved through 8/31/2015].

MICROBIOME ANALYSIS STUDY

The Departments of Genetics and Genomic Sciences, and Gastroenterology, are conducting a prospective study exploring mechanism of in utero transmission of bacteria by Microbiome analysis and is currently recruiting female participants who are pregnant, planning a pregnancy, are in good health, or have Inflammatory Bowel Disease, and will deliver in The Mount Sinai Hospital. Participants will be asked to fill out health status and dietary questionnaire, and provide stool and saliva samples. Participants will be
compensated for their time and efforts with up to $250. Those interested can contact Joanna Torres, MD, at joanna.toress@mssm.edu or 212-241-2809, Justin Cote-daigneault, MD, at justin.cotedaigneault@mountsinai.org, or Hina Panchal, MD, at hinaben.panchal@mssm.edu, or 212-824-9080. [GCO# 14-1236, PI: Inga Peter PhD, ISMMS IRB approved through 10/8/15].

RESEARCH STUDY IN DIABETICS PATIENTS WITH PERIPHERAL ARTERY DISEASE (PAD)
Individuals with type 2 diabetes mellitus with lower extremity peripheral artery disease (PAD) are invited to participate in this study being performed by the Division of Cardiology, which is designed to explore the effects of three FDA-approved anti-platelet regimens in microcirculatory flow. Eligible study participants will receive three different sets of treatments for PAD and will be followed up via blood testing as well as Doppler-imaging. Those interested can call John Kim, MD, at 212-659-9637, Karen Modesto, PhD, at 212-659-8864, or e-mail john.kim@mssm.edu or karen.modesto@mssm.edu. [PI: Robert Rosenson, MD, GCO #13-1925, IRB approved through 10/28/2015].

TOMMOROW STUDY
The Alzheimer’s Disease Research Center is seeking healthy participants between 65 and 83 years of age who have someone who can be a project partner (spouse, adult child, other family member, or caregiver) to provide information about their health, attend study appointments, and assist with correctly taking certain study medications for this study that will examine two genes to see if it’s possible to predict someone’s likeliness to develop Alzheimer’s based on certain inherited genes, and to test a drug called pioglitazone (AD-4833), which may slow the progress of Alzheimer’s disease in those who currently show no signs of the condition. In this study, the participants will be given a blood test to determine if they are at an elevated risk of developing Alzheimer’s disease, and memory, thinking, orientation, and language skills tests to confirm that they are mentally healthy. Those who qualify will then be given a study drug or placebo to take over a five-year period. Participants will not have to pay for investigational medication, and transportation assistance may be available. This research will take place at The Mount Sinai Hospital campus. For more information, contact a study coordinator at 212-241-8329. [PI: Judith Neugroschi, MD; GCO#: 13-1688; HSM#: 13-00720; IRB approved through 11/19/2015].

GENETICS AND GENOMICS STUDY OF NEURODEVELOPMENTAL DISORDERS
The Department of Psychiatry is recruiting subjects and families with neurodevelopmental disorders (NDDs) of unknown cause for a systematic genetic screen that will examine the inheritance patterns and genetic contributions to related neurodevelopmental disorders. The study includes completion of a medical history questionnaire and a blood draw. Affected and unaffected family members of those with a NDD may also be eligible to participate. For more information, call 212-824-9065, or email ndd.project@mssm.edu [GCO# 12-1490, PI: Dalila Pinto, PhD, IRB approved through 11/20/15].

EFFECT OF NEBIVOLOL ON THE BLOOD FLOW IN HEARTS OF ADULTS WITH HIGH BLOOD PRESSURE AND ABNORMAL FILLING OF HEART (LVDD) STUDY
The purpose of this study is to study the relationship between Nebivolol (Bystolic) administration and improvement in exercise time in patients with hypertension (high blood pressure) and those with Left Ventricular Diastolic Dysfunction (abnormal relaxation of the heart muscle). The Division of Cardiology is looking for patients who have a history of mild to moderate high blood pressure (130-160/90-120) and
may or may not have not received any medications for elevated blood pressure for at least 30 days and who are willing to undergo two stress echo exams at the beginning and at the end of the study. The study duration is six months. Patients will be supplied with the medication for the six-month period. For more information, contact Sharath Vallabhajosyula at Sharath.vallabhajosyula@mssm.edu or call at 212-659-8847, or call 212-659-8847 to set a screening visit and check your eligibility. [GCO #12-0493, Principal Investigator: Partho Sengupta, MD, IRB approved through 12/10/2015].

STUDY FOR HEALTHY YOUNG VOLUNTEERS
The Division of ADHD and Learning Disorders at the Icahn School of Medicine at Mount Sinai are seeking adolescents of 7 to 17 years of age with no history of medical or psychiatric illness to participate in a study that uses non-invasive technology as a measurement to diagnose and treat ADHD. The study will include an evaluation for ADHD and other disorders, a non-invasive scan while the child plays video games on a computer, and a second scan 4 – 6 weeks after the initial scan. Compensation will be provided for participation. For more information, contact Amanda Kirschenbaum, BSc, Clinical Research Coordinator, at 212-241-5269, or Amanda.Kirschenbaum@mountsinai.org. [IRB Approved through 12/15/15].

LUNG CANCER EARLY DETECTION STUDY
The Early Lung and Cardiac Action Program of the Department of Radiology is seeking non-smokers, 40 years of age and older who have never smoked and have been exposed to second-hand smoke. The study will offer early detection of lung cancer, cardiac disease, and other diseases through low-dose CT scanning. This study is free of charge and participants will be reimbursed for their time and effort. For more information or to participate, call 212-241-2420. [GCO# 09-2017, PI: Claudia Henschke, MD, PhD, IRB approved through 12/31/2015].

MRI AND PET STUDY
Researchers at Mount Sinai are developing and validating new magnetic resonance imaging (MRI) and positron emission tomography (PET) methodologies to help in diagnosing atherosclerotic plaques at risk of causing severe clinical events, such as myocardial infarction, stroke, or sudden death. Males and females 20 years of age and older, either with personal or family history of either risk factors for atherosclerosis (high cholesterol, high blood pressure, diabetes), or atherosclerosis itself, may be eligible for participation in this study. Participation will involve undergoing one or more imaging sessions with MRI and/or PET. Participants will be reimbursed $75 per imaging session, for a maximum of $300. For those interested in this study, contact Rima Fayad (Research Coordinator) at 212-824-4846, or email rima.fayad@mountsinai.org. [GCO 01-1032, IRB approved through 12/31/2015].

ALZHEIMER’S DISEASE RESEARCH CENTER STUDY
The Alzheimer's Disease Research Center at Mount Sinai is recruiting volunteers for a multi-center Merck EPOCH trial. This study is investigating the safety, tolerability, and efficacy of a medication, MK-8931, in patients with mild to moderate Alzheimer's disease. MK-8931 is an oral, β-amyloid precursor protein, site-cleaving enzyme (BACE) inhibitor and is aimed at slowing the progression of Alzheimer's disease. Patients will be randomly assigned to take a low dose of study medication, a high dose of study medication, or a placebo for 78 weeks. The study needs patients with a diagnosis of Alzheimer's disease who are 55 to 85 years of age, are fluent in English or Spanish, can attend all study visits, participate in
neuropsychological testing, receive MRIs, and who have a close friend or family member who can act as a study partner. All study visits will take place at The Mount Sinai Hospital campus and there will be no cost to the patients. For more information about the study, contact study coordinator, Emily Exter, at 212-241-0438 or emily.exter@mssm.edu. [Principal Investigator: Judith Neugroschl, MD; GCO# 13-0701; IRB approved through 1/5/2016].

STUDY OF HUMAN BODY SIZE AND SHAPE USING 3-DIMENSIONAL PHOTOGRAPHIC IMAGES

Individuals, especially fraternal and identical twins, are invited to participate in a genetics study that involves taking photographs with a special camera to measure head size and shape. Analysis of these 3-D photos will be used to measure the amount of similarity and difference between facial features of twins. Participants will be consented, asked to fill out a short questionnaire about medical and family history, have head circumference and ear length measured, have two or three 3-D photos taken, provide a buccal sample (cheek swab or mouthwash sample) or a blood sample. Total participation time is about 30 minutes. Those interested should call 212-241-7056 or email 3dphoto@mssm.edu [GCO 08-0811, IRB approved through 03/11/2016].

UPDATE
2015 Marketing and Communications
Send submissions to update@mountsinai.org by Noon on Tuesday for inclusion in Thursday’s Update.
A PRESENTATION BY HEALTH AFFAIRS EDITOR-IN-CHIEF ALAN WEIL
This event will feature Health Affairs Editor-in-Chief Alan Weil, who will offer a presentation titled, “Embracing the Newest Commandment: The Triple Aim!”
Mr. Weil will discuss how clinicians and health systems are adjusting to meet the “Triple Aim” of improving the experience of care, improving the health of populations, and reducing the per capita costs of health care. Mr. Weil is a frequent speaker on the topics of national and state health policy, Medicaid, federalism, and implementation of the Affordable Care Act. He is the co-editor of two books, publishes regularly in peer-reviewed journals, has testified before Congress multiple times, and is called upon by major media outlets for his knowledge and analysis on health care policy and reimbursement issues.
Additionally, he is a member of the Institute of Medicine’s Board on Health Care Services and the Kaiser Commission on Medicaid and the Uninsured. He is a member of the Board of Trustees of the Consumer Health Foundation in Washington, DC, as well as the Board of Directors of the Essential Hospitals Institute.
Everyone at the Mount Sinai Health System is encouraged to attend this event. Refreshments will be served.

MS IN HEALTH CARE DELIVERY LEADERSHIP ONLINE INFORMATION SESSION
The Icahn School of Medicine at Mount Sinai Master of Science in Health Care Delivery Leadership program is continuing to accept applications for Fall 2015. This enhanced online graduate degree program is focused on providing senior health care leaders the knowledge and skills required to lead and innovate during a time of unprecedented reform in health care. Program participants will further develop their leadership skills and receive intensive training in areas such as operations management, strategic communications, health policy, data leveraging, and health care economics and finance. They will also gain an understanding of health care reform and the advanced competencies needed to drive transformational change in health care organizations. To learn more, register for an online information session at https://mssm.wufoo.com/forms/ms-in-health-care-delivery-leadership-info-session/. An interactive Q and A will follow a short presentation by the program director. For additional information, email Healthcaremasters@mssm.edu or call 212-659-1402.

Thursday, April 16, Noon (Online Information Session)
NATIONAL DONATE LIFE MONTH
Mount Sinai’s Recanati/Miller Transplantation Institute is sponsoring a campaign during April, National Donate Life Month, to encourage staff and the community to register as organ, eye, and tissue donors and to honor those donors who have helped save lives. Among the activities planned to raise awareness about organ donation on The Mount Sinai Hospital campus are:

**Live Music**
Susie Hochenberg, a living kidney donor, and pianist, will perform.
*Thursday, April 16, and Wednesday, April 22, 11 – 11:30 am*  
Guggenheim 7th Floor Atrium  
(Near Gift Shop)

**Recanati/Miller Transplantation Institute Lecture Series: “Geographic Disparities in Liver Transplant”**
Dorry Segev, MD, PhD, Associate Vice Chair, Research, Associate Professor, Surgery, Johns Hopkins Medicine, will present. To RSVP for this event, email Elsa.Myers@mountsinai.org.
*Friday, April 17, Noon*  
Icahn Medical Institute  
Room 4-82

**Remember and Rejoice Ceremony**
This event is Transplant Recipients International Organization’s annual memorial to organ donors and celebration of life. For more information, email TRIO@aol.com.
*Saturday, April 18*  
St. Patrick’s Cathedral  
5th Avenue

**“LiveOnNY”**
“LiveOnNY” was formerly known as the New York Organ Donor Network. This event will feature a discussion of new marketing and outreach campaigns to increase registrations, by James Paredes, Vice President of Marketing at LiveOnNY.
*Friday, April 24*  
Icahn Medical Institute  
Room 4-82

**Social Work Grand Rounds**
This is a joint presentation featuring LiveOnNY staff, Mount Sinai’s Donor Council, Recanati/Miller Transplantation Institute staff, and Cardiology staff that will explain, through a recent donor at The Mount Sinai Hospital, the process of donation from identification of a donor in the Intensive Care Unit to transplant of recipients. Refreshments will follow this event.
*Tuesday, April 28, Noon*  
Goldwurm Auditorium

AUTISM AWARENESS MONTH
The Seaver Autism Center for Research and Treatment is sponsoring a number of activities throughout April to commemorate Autism Awareness Month. Stop by informational tables to pick up brochures on autism spectrum disorders, talk to members of the team, and learn more about studies and treatments being offered by the Seaver Autism Center.

**Informational Tables**
*Thursdays, April 16, 23, and 30, 11 am – 2 pm*  
Guggenheim Pavilion  
Outside the Plaza Café

**Seaver Seminar Series**
Gabriel S. Dichter, PhD, Associate Professor, Psychiatry, Psychology, University of North Carolina, Director, Clinical Affective Neuroscience Laboratory, The Carolina Institute for Developmental Disabilities, presents “Reward Processing in Autism.” This event is free of charge and open to the public.

**Wednesday, April 29, 2 – 3 pm**

**Hess Center, Seminar Room B**

**EDUCATION RESEARCH DAY**

Education Research Day, sponsored by the Institute for Medical Education (IME), takes place each spring to recognize and showcase the creative and exciting work in educational research and curricular innovation taking place every day within our health system. This year, 57 abstracts were submitted by faculty, students, staff and house-staff for the 12th Annual Education Research Day.

**Tuesday, April 28, 10 am – 4 pm**

**Guggenheim Atrium**

**ANNOUNCING ICahn SCHOOL OF MEDICINE AT MOUNT SINAI’S SUPPORT FOR CROWDFUNDING APPLICATIONS**

Crowdfunding is a mechanism to fund a project by collecting small amounts of money from a large number of people, and has emerged as an important way to raise funds to expand ongoing initiatives to cure disease and improve patient care. This is done via direct appeals through crowdfunding internet sites where one presents an idea and how much they need to accomplish the project.

To assist Mount Sinai faculty and students in tapping this new funding method, resources have been developed to enable those interested to launch a successful crowdfunding campaign. Members of the Mount Sinai community are now able to leverage Mount Sinai’s reputation as well as infrastructure to give your project additional credibility with potential donors.

Those interested can visit the Icahn School of Medicine at Mount Sinai’s new crowdfunding page at [http://icahn.mssm.edu/about-us/for-faculty/researchers/crowdfunding-as-a-mechanism-to-fund-your-ideas](http://icahn.mssm.edu/about-us/for-faculty/researchers/crowdfunding-as-a-mechanism-to-fund-your-ideas).

**VOYA (ING) VOLUNTARY UNIVERSAL LIFE INSURANCE OPEN ENROLLMENT**

Open enrollment for Voya (ING) Voluntary Universal Life Insurance is being held from Monday, April 6 – Friday, May 1. Voya (ING) Enrollment Representatives will be onsite at the tables outside of the Plaza Café from 6 am to 6 pm. During this enrollment period, employees may apply for guaranteed issue coverage up to $125,000 without the need for extensive medical questions or testing required. Those interested can call 212-241-5480 for more information during the enrollment period.

**Through Friday, May 1, 6 am – 6 pm**

**Guggenheim Pavilion**

**Outside the Plaza Café**

**CLINICAL INSIGHTS IN MULTIPLE MYELOMA PATIENT SYMPOSIUM**

At this symposium, hosted by the Multiple Myeloma Research Foundation, attendees will learn more about managing multiple myeloma and today’s most promising treatment options, including clinical trials, from leading multiple myeloma clinicians. Sundar Jagannath, MD, Director, Multiple Myeloma Program, Professor, Medicine (Hematology and Medical Oncology), The Tisch Cancer Institute, is the Program Chair for the Symposium. Those interested can register at [http://support.themmrf.org/site/Survey?ACTION_REQUIRED=URI_ACTION_USER_REQUESTS&SURVEY_ID=5260](http://support.themmrf.org/site/Survey?ACTION_REQUIRED=URI_ACTION_USER_REQUESTS&SURVEY_ID=5260). For more information, email tyghters@themmrg.org or call 203-652-0219.

**Friday, May 1, 8:30 am – 2:30 pm**

**Sheraton New York**

**Times Square Hotel**
FREE SKIN CANCER SCREENINGS
All Mount Sinai Health System staff, their friends and families, and the public, are invited to come to the locations below to obtain a total body skin examination. The screenings are for walk-ins only, and do not require appointments:

Kimberly and Eric J. Waldman Department of Dermatology at The Mount Sinai Hospital
Thursday, May 7, 2 – 6 pm
5 East 98th Street, 5th Floor
Dermatology FPA

Department of Dermatology at Mount Sinai Beth Israel
Thursday, May 7, 3 – 6:30 pm
10 Union Square, Suite 3C

Department of Dermatology at Mount Sinai St. Luke’s
Thursday, May 7, 5:30 – 8 pm
1090 Amsterdam, Suite 11D

Department of Dermatology at Mount Sinai Roosevelt
Wednesday, May 20, 5:30 – 8 pm
425 West 59th Street, Suite 5C

CME COURSES AND CONFERENCES
CONSORTIUM OF NEW YORK GERIATRIC EDUCATION CENTERS
Register now for upcoming Core Days and electives, part of a 35-hour Geriatric Scholar Certificate program. Seminars are aimed at improving and expanding geriatric health care, particularly for low-income, multi-ethnic, and underserved older adult populations. Each training day is accredited for 7.0 CME credits by the Icahn School of Medicine at Mount Sinai. The program is intended for health care and social service providers and faculty from a range of disciplines and areas of expertise. For more information and to register, visit www.nygec.org, or email cnygec@mssm.edu.
Core Day One: Working With Older People
Friday, April 17
Bellevue Hospital Center
462 First Avenue

Core Day Two: Providing Interdisciplinary Geriatric Care
Friday, April 24
Bellevue Hospital Center
462 First Avenue

Core Day Three: Special Considerations for Older Adults
Friday, May 1
Bellevue Hospital Center
462 First Avenue

FIRST INTERNATIONAL SYMPOSIUM ON LIPEDEMA
This two-day symposium, sponsored by the Friedman Center for Lymphedema Research and Treatment, will bring together top medical researchers, surgeons, and medical professionals from around the world in support of finding a cure for this often misunderstood (and misdiagnosed) disease. The symposium has portions aimed at medically trained professionals, as well as patients and their supporters.
Friday will feature the CME course “Setting the Research Agenda For Lipedema: Steps Toward a Cure,” which will be directed by Mark L. Smith, MD, FACS, Chief, Division of Plastic Surgery at Mount Sinai Beth Israel, Director, Friedman Center for Lymphedema Research and Treatment, and Associate Professor, Department of Surgery at the Icahn School of Medicine at Mount Sinai. Additionally, on Friday evening there will be a cocktail reception and film premiere for the lipedema documentary, “The Disease They Call Fat,” by filmmaker and patient Catherine Seo.

Saturday will review recommended options that can be taken to reduce the impact and stop the progression of lipedema. The following topics will also be reviewed: sessions on dealing with lipedema, complete decongestive therapy (manual lymphatic drainage (MLD) and compression), the role of exercise (lymphatic yoga, exercise, and meditation), the role of diet (nutrition and supplements), and surgical treatment (pros and cons / a panel of women who have had liposuction).

For more information on the symposium, or to register, visit www.chpnet.org/cme or email symposium2015@lipedemaproject.org.

**Friday, April 17, 8 am – 4:30 pm**

W Hotel, Union Square,
201 Park Avenue South

**Saturday, April 18, 8 am – 2 pm**

Mount Sinai Beth Israel
Phillips Ambulatory Care Center
Friedman Auditorium

**ADVANCES IN FACIAL RECONSTRUCTION AND COSMETIC SURGERY: A HANDS-ON CADAVER WORKSHOP**

This workshop is designed to provide practitioners and residents in the field of reconstructive and cosmetic surgery a comprehensive demonstration and training in soft tissue reconstruction of the face as well as surgical rejuvenation techniques of the aging face. Additionally, a specialty-specific board review will follow at the end of the first day. During the hands-on sessions, the latest techniques will be demonstrated by the experts performing procedures on human cadavers and synthetic models. Additionally, participants will experience hands-on training in the cadaver labs. The course format will consist of lectures, panel discussions, question and answer sessions, and hands-on labs. For more information, visit www.CosmeticCadaverWorkshop.com, email cme@mssm.edu, or call the Office of CME at 212-731-7950.

**Saturday, April 18, through Sunday, April 19, 8 am – 7 pm**

Hatch Auditorium

**PEDIATRIC BEDSIDE ULTRASOUND COURSE**

This course aims to help participants feel comfortable with the use of bedside ultrasound for diagnosis of emergent pathology and in accordance with bedside procedures. The course will feature hands-on sessions with live pediatric models that aim to improve participants’ patient care and ultrasound skills. Quality didactics from renowned instructors will also be featured. For more information, visit www.mssm.edu/cme/courses, email cme@mssm.edu, or call the Office of CME at 212-731-7950.

**Sunday, April 19, 7:45 am – 5 pm**

Annenberg 12th Floor Auditorium

**OBESITY COURSE FOR HEALTH PROFESSIONALS AND REVIEW COURSE FOR THE AMERICAN BOARD OF OBESITY MEDICINE EXAM**
This course, hosted by the Columbia University Institute of Human Nutrition, will feature a comprehensive review of topics included on the American Board of Obesity Medicine (ABOM) exam. The course will satisfy the number of live CME credits required for certification as a Diplomate of the ABOM. Betty Kovacs, MS, RD, Co-Director and Director of Nutrition, New York Obesity Research Center Weight Loss Program, Mount Sinai St. Luke’s; Rich Weil, MEd, CDE, Director, New York Obesity Research Center Weight Loss Program, Mount Sinai St. Luke’s; and Jeffrey I. Mechanick, MD, FACP, FACN, ECNU, Clinical Professor, Medicine, Director, Metabolic Support, Division of Endocrinology, Diabetes and Bone Disease, are among the featured faculty in this course. For more information, contact Mary DiGiorgi, MD, at 212-305-9508, email md180@cumc.columbia.edu. To register, visit https://register.columbiacme.org/conference.cgi?rm=view&conference_id=683979.

Wednesday, April 22 – Sunday, April 26  
Columbia University  
Alumni Auditorium  
William Black Medical Research Building  
650 West 168th  
(Through Saturday, April 25)  
Hammer Health Sciences Building,  
701 West 168th Street, Room 401  
(Sunday, April 26)

THIRD NEW YORK CLINICAL LIPID FORUM: HIV AND CARDIOVASCULAR DISEASE

Merle Myerson, MD, EdD, will be the Course Director for this event that is CME Credit Certified by Mount Sinai Beth Israel and Mount Sinai St. Luke’s-Roosevelt. The event is sponsored by the Mount Sinai Institute for Advanced Medicine (HIV) and the Division of Infectious Diseases, and is endorsed by the National Lipid Association-Northeast and the New York/New Jersey AIDS Education Training Program. The goals of the New York Clinical Lipid Forum are to provide clinicians, researchers, medical and health care trainees, and others who work in the field of lipidology, prevention, cardiovascular disease, and HIV with updates on topics in the management and prevention of cardiovascular disease in patients living with HIV, through case presentations, expert panel discussions, and a Q and A. For course information, email mmyerson@chpnet.org. For registration information, call 212-523-2138, email aroman@chpnet.org, or visit www.chpnet.org/cme.

Thursday, April 23, 4 – 8 pm  
Mount Sinai Roosevelt  
Second Floor Conference Room

TRANSRADIAL ENDOVASCULAR ADVANCED THERAPIES

This symposium, endorsed by the Society of Interventional Radiology, will offer didactic lectures, live cases, hands-on workshops, and case management discussions with a panel of expert faculty. Concepts regarding patient selection, best technical approaches, potential pitfalls, and equipment selection will be reviewed. For more information, visit www.mssm.edu/cme/courses, email cme@mssm.edu, or call the Office of CME at 212-731-7950.

Friday, April 24, 7:30 am – 4 pm  
Hess Center, Davis Auditorium

BEST PRACTICES IN CARING FOR PATIENTS WITH IDIOPATHIC PULMONARY
FIBROSIS
This is an educational collaboration with Mount Sinai’s National Jewish Health Respiratory Institute and National Jewish Health. Registration is open for this free CME and CE evening symposium. The symposium aims to help participants gain knowledge to improve competence and performance in the diagnosis, management, and treatment of patients with idiopathic pulmonary fibrosis (IPF). The symposium will incorporate case-based learning, multi-media approaches, and written materials, and is intended for health care professionals who diagnose and treat patients with IPF. Dinner and a syllabus will be provided. For more information or to register, visit www.njhealth.org/ipfdinners2015, email proed@njhealth.org, or call 1-800-844-2305.

Wednesday, April 29, 6 – 8:45 pm
(Registration at 5:30 pm)
The Fox Hollow
7725 Jericho Turnpike
Woodbury, NY

THE PAGE AND WILLIAM BLACK POST GRADUATE SCHOOL FOR CONTINUING EDUCATION
The Office of Continuing Medical Education (CME) offers seminars, conferences, grand rounds, and live webcasts for physicians and other health professionals to extend their knowledge and remain current in their specific fields. For more information on courses, including times, visit www.mssm.edu/cme/courses, email cme@mssm.edu, or call the Office of CME at 212-731-7950.

GRAND ROUNDS, LECTURES, AND SEMINARS
DEVELOPMENTAL AND REGENERATIVE BIOLOGY SEMINAR SERIES
Ali H. Brivanlou, PhD, Professor, Brivanlou Laboratory of Molecular Embryology, The Rockefeller University, presents "Dynamic Patterns: Self-Organization of Human Embryonic Cells."
Thursday, April 16, Noon – 1 pm
Annenberg 25-51

Adrian Salic, PhD, Associate Professor, Cell Biology, Harvard Medical School, presents "Mechanisms of Hedgehog Signaling."
Thursday, April 23, Noon – 1 pm
Annenberg 25-51

FRIEDMAN BRAIN INSTITUTE TRANSLATIONAL NEUROSCIENCE SEMINAR SERIES
Dean F. Wong, MD, PhD, Professor, Radiology, Psychiatry, Neuroscience, Environmental Health Sciences and Carey Business School, Johns Hopkins University, Radiology Vice Chair, Research Administration and Training, Director, Section of High Resolution Brain PET Imaging, Adjunct Professor, Neuroimaging, Neuroscience, Pharmacology, University of Copenhagen (Johns Hopkins Medical Institutions), presents “PET Neuroreceptor Imaging from Dopamine and Opiates to Cannabinoids and Glutamate: Three Decades of Progress.”
Thursday, April 16, 1 pm
Hess Center, Seminar Room A

Dolores Hambardzumyan, PhD, Assistant Staff, Neurosciences, Assistant Professor, Molecular Medicine, Cleveland Clinic Lerner College of Medicine, Case Western Reserve University, presents “The Role of Non-Neoplastic Cells in Gliomagenesis.”
Thursday, April 23, 1 pm
Hess Center, Seminar Room A
ENDOCRINOLOGY GRAND ROUNDS
Eliza Geer, MD, Assistant Professor, Medicine (Endocrinology, Diabetes and Bone Disease), and Neurosurgery, presents “Master Clinician Series: Year in Pituitary: Hot Topics in Clinical Neuroendocrinology.”
Thursday, April 16, 5 – 6 pm
Atran Building, AB4-11

Rhoda Cobin, MD, Clinical Professor, Medicine (Endocrinology, Diabetes and Bone Disease), presents “Master Clinician Series: Cardiometabolic Consequences of PCOS.”
Thursday, April 30, 5 – 6 pm
Atran Building, AB4-11

DIVISION OF OCCUPATIONAL MEDICINE SEMINAR SERIES
Craig L. Katz, MD, Associate Clinical Professor, Psychiatry, presents “The Assessment and Care of the Suicidal Patient.”
Friday, April 17, 8 – 9 am
Annenberg Fifth Floor Felt Room

Carrie A. Redlich, MD, MPH, Professor, Medicine, Director, Occupational and Environmental Medicine Program, Yale School of Medicine, presents “Interpreting Longitudinal Spirometry.”
Friday, May 1, 8 – 9 am
Annenberg Fifth Floor Felt Room

Hagai Levine, MD, MPH, Lecturer, Hebrew University-Hadassah School of Public Health, Visiting Scientist, Icahn School of Medicine at Mount Sinai, presents “Health-Promoting Hospital: The Hadassah Experience.”
Friday, May 8, 8 – 9 am
Annenberg Fifth Floor Felt Room

GENETICS AND GENOMICS GRAND ROUNDS
Nicholas Katsanis, PhD, Professor, Cell Biology, Director, Center for Human Disease Modeling, Duke University Medical Center, presents “Modeling the Morbid Human Genome.”
Friday, April 17, 11 am – Noon
Hess Center, Seminar Room B

RECANATI/MILLER TRANSPLANTATION INSTITUTE LECTURE SERIES
Dorry Segev, MD, PhD, Associate Vice Chair, Research, Associate Professor, Surgery, Johns Hopkins Medicine, presents “Geographic Disparities in Liver Transplant.”
Friday, April 17, Noon – 1 pm
Icahn Medical Institute, Room 4-82

RESPIRATORY INSTITUTE GRAND ROUNDS
R. Graham Barr, MD, DrPH, Assistant Professor, Medicine, Epidemiology, Columbia University Medical Center, presents “Rediscovering Emphysema and the Pulmonary Microvasculature.”
Friday, April 17, 12:30 – 1:30 pm
Annenberg 5-09

Hooman Poor, MD, Assistant Professor, Medicine, Associate Director, Fellowship Training Program, Division of Pulmonary, Critical Care, and Sleep Medicine, Zena and Michael A. Wiener Cardiovascular Institute, Icahn School of Medicine at Mount Sinai; and Ramachandra Reddy, MD, Assistant Professor, Cardiovascular Surgery, present “Treatment Algorithms for Pulmonary Embolism and the Role for Surgical
Treatment.”
Friday, April 24, 12:30 – 1:30 pm
Annenberg 5-09

**MEDICINE GRAND ROUNDS**
Robert Yanagisawa, MD, Associate Professor, Medicine, (Endocrinology, Diabetes and Bone Disease), presents “A Mount Sinai Global Health Initiative: The Four-Year Road to Recovery since 3/11 Great East Japan Earthquake and the Triple Disaster.”
Tuesday, April 21, 8:30 – 9:30 am
Hatch Auditorium

Sherri Fink, MD, PhD, New York Times Correspondent, presents “The Arnold Drapkin, MD, Lectureship in Humanism in Medicine: Five Days at Memorial.”
Tuesday, April 28, 8:30 – 9:30 am
Stern Auditorium

**BRAIN IMAGING CENTER (BIC) SEMINAR SERIES**
Congwu Du, PhD, Professor, Biomedical Engineering, State University of New York (SUNY) at Stony Brook, presents “Optical Neuroimaging to Study Cocaine’s Effects on Brain: A Complementary Tool of Electrophysiology, fMRI and PET.”
Tuesday, April 21, 3 – 4 pm
Hess Center, Seminar Room B

**ANESTHESIOLOGY GRAND ROUNDS**
David M. Gaba, MD, Professor, Anesthesiology, Associate Dean, Immersive and Simulation-Based Learning, Stanford School of Medicine, VA Palo Alto Health Care System, presents the “52nd Bernard H. Eliasberg Memorial Lecture: Controversial Issues Regarding Simulation in Health Care.”
Wednesday, April 22, 6:30 – 8:10 am
Annenberg 13-01

Jake Beilin, MD, Professor, Anesthesiology, presents “Morbidity and Mortality Conference.”
Wednesday, April 29, 6:30 – 8:10 am
Annenberg 13-01

Andrew B. Leibowitz, MD, Chair, Anesthesiology, Mount Sinai Health System, Professor, Anesthesiology, Surgery, Icahn School of Medicine at Mount Sinai, presents “Preoperative Hypertension.”
Wednesday, May 6, 6:30 – 8:10 am
Annenberg 13-01

**SURGERY GRAND ROUNDS**
Gary Swain, MD, Chief Resident, General Surgery, presents “Disruptive Innovation: A Surgical Perspective.”
Wednesday, April 22, 7:45 – 9 am
Hatch Auditorium

**INSTITUTE FOR MEDICAL EDUCATION GRAND ROUNDS**
Thomas Van Hoof, MD, EdD, Associate Professor, Nursing Instruction and Research, University of Connecticut School of Nursing, presents “Improving Continuing Education: Insights from Quality Improvement, Adult Learning, and Health Professions Education.”
Wednesday, April 22, Noon – 1 pm
Hess Center, Room 5-101

**CRITICAL CARE GRAND ROUNDS**
Kiwon Lee, MD, FACP, FAHA, FCCM, Vice Chairman, Neurosurgery and Neurology for Critical Care,
Associate Professor, Neurosurgery, Neurology, Chief, Division of Neuro Critical Care, Director, NS-ICU, Neurotrauma ICU, presents “Sodium and Water Balance in Critical Care.”

**Wednesday, April 22, 3 pm**

**Hess Center, Davis Auditorium**

**DERMATOLOGY GRAND ROUNDS**

Neal Bhatia, MD, FAAD, Interim Program Director, Division of Dermatology, Harbor UCLA Medical Center, presents “Systemic Immunomodulators and Novel Applications.”

**Thursday, April 23, 8 – 9 am**

**Hess Center, Seminar Room A**

**DIABETES GRAND ROUNDS**

Yaron Tomer, MD, FACP, FACE, Division Chief, Endocrinology, Diabetes and Bone Disease, presents “Type 1 Diabetes and Autoimmune Thyroiditis: The Genetic Connection.”

**Thursday, April 23, 8:30 – 9:30 am**

**Atran Building, AB4-11**

**PATHOLOGY GRAND ROUNDS**

Julide Tok Celebi, MD, Professor, Vice Chair, Dermatology, Professor, Pathology, presents “Molecular Genetics of Melanoma in 2015.” Approved for up to 1.0 credit per hour of Category 1 CME Credit.

**Thursday, April 23, Noon – 1 pm**

**Hess Center, Davis Auditorium**

**EPIGENETICS SEMINAR SERIES**

Masashi Narita, MD, PhD, Senior Group Leader, Cancer Research UK Cambridge Institute, presents “Senescence Syndrome and Gene Regulation.”

**Thursday, April 23, 2 – 3 pm**

**Hess Center, Seminar Room B**

**CHARLES BRONFMAN INSTITUTE FOR PERSONALIZED MEDICINE SEMINAR SERIES**

Neil Risch, PhD, Director, Institute for Human Genetics, School of Medicine, Professor, Epidemiology, Biostatistics, Step IX, University of California, presents “Genetic Epidemiology Research Based in Electronic Health Records.”

**Friday, April 24, Noon – 1 pm**

**Hatch Auditorium**

**PHARMACOLOGY AND SYSTEMS THERAPEUTICS SEMINAR SERIES**

Ad P. IJzerman, PhD, Professor, Department of Medicinal Chemistry, Leiden Academic Centre for Drug Research, Leiden University, The Netherlands, presents “Kinetics of the Drug-Target Interaction: A Case for G Protein-Coupled Receptors.”

**Friday, April 24, 1 – 2 pm**

**Annenberg 19-79**

Moses V. Chao, PhD, Cell Biology, Physiology, Neuroscience, Psychiatry, Skirball Institute of Biomolecular Medicine, New York University School of Medicine, presents “The New Pharmacology of Neurotrophic Factors.”

**Tuesday, April 28, 4 – 5 pm**

**Annenberg 19-79**

**POPULATION HEALTH SCIENCE AND POLICY GRAND ROUNDS**

Ronald Tamler, MD, PhD, Associate Professor, Medicine, presents “Population Health for Diabetes.”

**Wednesday, April 29, 1 – 2 pm**

**Icahn Medical Institute**
NEUROLOGY GRAND ROUNDS
Marc W. Slutzky MD, PhD, Assistant Professor of Neurology, Physiology, and Physical Medicine Rehab, Northwestern Medicine/University presents, “Designing Neural Prostheses to Rehabilitate & Restore Movement”
Wednesday, April 29, 8 – 9 am
Hess Center, Davis Auditorium

RADIOLOGY GRAND ROUNDS
Maryellen L. Giger, PhD, A.N. Pritzker Professor of Radiology/Medical Physics, Vice Chair of Radiology for Basic Science Research, Department of Radiology, University of Chicago, presents “Deciphering Breast Cancer with Quantitative Radiomics: Imaging Phenotypes in Breast Cancer Risk Assessment, Diagnosis, Prognosis, and Response to Therapy.”
Wednesday, May 6, 4 – 5 pm
Radiology Education Center
Conference Room AMC 330

WELLNESS EVENTS
MOUNT SINAI PARENT
Understanding Vaccines: Myths Versus Facts
In this workshop, Dr. Erika Landau, pediatrician and author of “The Essential Guide to Baby’s First Year,” will discuss diseases that are preventable with vaccines, the structure and additives found in vaccines, and the controversies surrounding immunizing children. To RSVP, email alisa.melendez@mountsinai.org.
Thursday, April 30, Noon – 1 pm

WEIGHT WATCHERS AT WORK MEETINGS
To fulfill the health and wellness needs of Mount Sinai employees, the Weight Watchers at Work program will be holding a Spring series at The Mount Sinai Hospital. Weekly sessions will be held for 12 weeks. For more information, e-mail alisa.melendez@mountsinai.org.
Tuesdays, through June 30, 5 – 6 pm

FOOD FIT FOR LIFE
The Mount Sinai Hospital’s Wellness Initiative and the Department of Clinical Nutrition present the second round of Food Fit for Life, a free course on weight loss and healthy eating. The program will continue every Tuesday through April 7. Two inpatient dietitians, Kelly Hogan, MS, RD, CDN, and Melissa Nagelberg, MS, RD, will educate attendees on how to lose weight and enjoy healthy food. For more information, email Kelly.Hogan@mountsinai.org or Melissa.Nagelberg@mountsinai.org.

FRIDAY MINDFULNESS SESSIONS
The Mount Sinai Hospital, through a group of experienced mindfulness teachers, is providing an opportunity for all members of the hospital community to learn and practice simple mindfulness techniques that have proven to be effective in reducing stress and promoting physical, mental, and spiritual well-being. Staff, patients, and families are welcome. No experience is necessary. For additional information, contact Mickie.Brown@mssm.edu.
Fridays, 12:30 – 1:30 pm
Annenberg 10-68 (Levy Library)
WEEKLY MEDITATION SIT
Every Wednesday, Students for Integrative Medicine (SIM) will host a meditation sit that is open to all students, residents, staff, and faculty. There is no cost and SIM provides participants with chairs, or blocks/blankets for those who prefer to sit on the floor. The meditations are simple, breath-centered meditations that are loosely guided. For more information, or to be added to an email reminder list, email Amalia Kane at amalia.kane@gmail.com.

Wednesdays, 6 – 6:30 pm Annenberg 10-30

MOUNT SINAI YOGA PROGRAM
The Mount Sinai Yoga Program is hosting weekly Vinyasa yoga classes on Thursday evenings from 5:30 – 6:30 pm in the Annenberg Student Lounge. The classes are open to students, faculty, and staff, and are appropriate for all levels. Mats and accessories are available for use. There is a suggested $10 donation for faculty and staff. For more information and to be added to the email list, contact mountsinaiyogaprogram@gmail.com.

Thursdays, 5:30 – 6:30 pm Annenberg Student Lounge

EMPLOYEE ASSISTANCE PROGRAM: CHILD CARE AND SUMMER CAMP SERVICES
The Employee Assistance Program (EAP) offers information regarding New York City public schools, daycare, and summer camp for children. For information about these services, call the Employee Assistance Program at 212-241-8937. The EAP is located on-site, at 19 East 98th Street, Suite 3A.

EMPLOYEE ASSISTANCE PROGRAM
The Mount Sinai Employee Assistance Program (EAP) offers free, confidential, short-term counseling for employees and their family members. To schedule an appointment with an EAP professional, call 212-241-8937. The EAP is located on-site, at 19 East 98th Street, Suite 3A.

THE ‘MOUNT SINAI MILE’ INDOOR WALKING ROUTE
Mount Sinai Heart and the Wellness Initiative have mapped a one-mile indoor walking route through The Mount Sinai Hospital campus to help staff meet their physical activity goals at work. The American Heart Association recommends at least 30 minutes of moderate-intensity aerobic activity at least five days per week. Staff are encouraged to use the map at http://www.mountsinai.org/patient-care/service-areas/heart/mount-sinai-mile, follow the ‘Mount Sinai Mile’ signs while on lunch break, or hold a walking meeting along the ‘Mount Sinai Mile’ route. For more information, email Abby Schwartz, MBA, BSN, RN, at Abby.Schwartz@mountsinai.org.

DIABETES PREVENTION PROGRAM AT MOUNT SINAI
The Mount Sinai Diabetes Center and the YMCA of Greater New York, through its YMCA Diabetes Prevention Program (YDPP), are offering a fitness and health coaching program at Mount Sinai aimed at reducing the risk for diabetes. The 16-week program is designed for adults who are at risk for diabetes (risk factors include: overweight, family history, or personal history of gestational diabetes), or have a diagnosis of pre-diabetes. The Diabetes Prevention Program is free and open to all Mount Sinai employees, patients, and local community members. Mount Sinai employees covered by United Healthcare should call 800-237-4942 to register for the program. Individuals interested in the program who are not covered by United Healthcare (this includes NYSNA nurses and medical students), can call 212-912-2524. Those unsure of their
risk for diabetes can take a short quiz located at
http://intranet1.mountsinai.org/HumanResources/Wellness/Mount%20Sinai%20Risk%20Quiz.pdf. To learn
more about the fitness program visit

MOUNT SINAI’S WEIGHT MANAGEMENT PROGRAM
The program offers weekly orientation sessions titled “Toward Lasting Better Health.” The sessions, led by
physicians and dietitians, aim to help people who are trying to lose 30 or more pounds and require patients
to receive a comprehensive obesity screening by an endocrinologist before starting. The sessions take place
on Mondays at 5 pm in the Atran Building’s Fourth Floor Conference Room, AB4-11. To reserve a seat, call
212-241-4991.

ANNOUNCEMENTS AND EVENTS
MOUNT SINAI ST. LUKE’S-ROOSEVELT ALUMNI ASSOCIATION PRESENTS ITS
124TH ANNUAL DINNER
The Mount Sinai St. Luke’s-Roosevelt Alumni Association is hosting its 124th Annual Dinner. This year, the
Distinguished Alumnus Award Recipients are Jeanne W. Baer, MD, and Airlie A. C. Cameron, MD. A
Special Honorary Alumnus Award will be presented to Joan G. Sarnoff, and the Distinguished Young
Physician of the Year Award will be given to Naa Abia Casely-Hayford, MD, MPH, FACP. All Hospital
Center faculty and staff, in addition to alumni trained at St. Luke’s-Roosevelt, are welcome as Alumni
Association members and event attendees. Those interested must RSVP by Monday, April 20, by calling
917-743-9346 or emailing dan@slralumni.org. A Black tie is preferred for this event.
Monday, April 20 (RSVP Deadline)
Thursday, April 23, 6:30 pm (Event) Columbia University College
Of Physicians and Surgeons
Bard Hall
50 Haven Avenue
New York, NY

OFFICE FOR DIVERSITY AND INCLUSION TRAINING SESSIONS
The Office for Diversity and Inclusion (ODI) is offering training sessions for employees on Managing
Diversity and Cultural Differences for Effective Patient Outcomes. The sessions, supported by the Richard
Netter Funds for Diversity, are designed to deliver a basic understanding of the diverse populations seeking
care in communities and steps providers may take to improve the diverse patient experience. The sessions
will provide an understanding of the concepts of diversity and culturally competent health care and their
impact on the patient/provider relationship and communication. Those interested can register on PEAK
through “Classroom-Based Trainings” to attend one of the sessions below. For more information, call the
ODI at 646-605-8280 or e-mail diversity@mountsinai.org.
Mount Sinai St. Luke’s
Monday, April 20, 2 – 4 pm Hess Center, Room 5-101

Mount Sinai Roosevelt
Friday, April 24, 3 – 5 pm Conference Room C

New York Eye and Ear Infirmary at Mount Sinai
Monday, April 27, 2:30 – 4:30 pm President’s Boardroom
Mount Sinai Beth Israel

Tuesday, April 28, 10 am – Noon
Conference Room 1

Mount Sinai Beth Israel Brooklyn

Thursday, April 30, 1 – 3 pm
Conference Room A

DNA DAY
The Mount Sinai BioMe Biobank Program is celebrating National DNA Day, the commemoration of the completion of the Human Genome Project and the anniversary of the publication of the structure of DNA. Staff is invited to join the Charles Bronfman Institute for Personalized Medicine as it honors both its achievements of the past year and its BioMe participants with a deoxyribonu-“cake” and sponsors a raffle. This will also be an opportunity for physicians, patients, staff, and visitors to learn more about the BioMe Biobank Program and Institute, and have the opportunity to make an appointment to enroll in BioMe. For more information, call 212-241-3730, or email Amanda Merkelson, MPH, at amanda.merkelson@mssm.edu.

Thursday, April 23, 10:30 am – 2:30 pm
Guggenheim Pavilion

APRIL IS SEXUAL ASSAULT AWARENESS MONTH
In recognition of Sexual Assault Awareness Month, Mount Sinai’s Sexual Assault and Violence Intervention (SAVI) Program will be hosting their annual Denim Day information tables. All Mount Sinai employees, students, and guests are invited to visit a table and receive free materials, buttons, and other giveaways as a symbol of their commitment to breaking the silence, stigma, and stereotypes that continue to exist around issues of sexual violence. For more information, please contact Angela Fernandez, SAVI’s Outreach/Training Program Coordinator, at angela.fernandez@mssm.edu.

Tuesday, April 28, 11:30 am – 3 pm
Guggenheim Atrium
and
Outdoors, in front of the Icahn Medical Institute

Additionally, SAVI is hosting a screening of the film, “The Hunting Ground.” This film provides an expose of sexual assault on United States’ campuses and the heavy toll put on survivors and their families. This event is free, but RSVP is required. To register, visit: https://eventbrite.com/event/16240507796/. For more information, please contact Angela Fernandez, SAVI’s Outreach/Training Program Coordinator, at angela.fernandez@mssm.edu.

Tuesday, April 28, 6:30 pm
Goldwurm Auditorium

WALK TO DEFEATAMYOTROPHICLATERALSCLEROSIS(ALS)
Mount Sinai Beth Israel’s ALS clinic will have its first ever team participating in the ALS Association’s Walk to Defeat ALS. Those interested in joining the team, or donating, can visit http://webgny.alsa.org/goto/mountsinaiALSteam.

Saturday, May 2, 9 am (Walker Check-In)
Pier 45
353 West Street
New York, NY 10014

SAMUELEX WAXMNCANCER RESEARCH FOUNDATION SCIENTIFIC BREAKTHROUGHS 2015 SYMPOSIUM
The Samuel Waxman Cancer Research Foundation (SWCRF) has announced that it will recognize the accomplishments of Siddhartha Mukherjee, MD, PhD, of the Irving Cancer Research Center at Columbia University, and Robert A. Weinberg, PhD, Founding Member of the Whitehead Institute for Biomedical Research, at its scientific symposium, SWCRF Scientific Breakthroughs 2015. Additionally, researchers funded by the SWCRF will report on their recent breakthroughs during the presentation.

The SWCRF’s annual scientific review and symposium brings together the Institute Without Walls, a network of the foundation’s funded scientists working collaboratively throughout the United States and abroad on research projects that identify and correct abnormal gene function that causes cancer and develop minimally toxic patient treatments.

For more information, contact Edgar Trinidad, Director, Marketing and Communications, Samuel Waxman Cancer Research Foundation, at 646-398-5261 or etrinidad@waxmancancer.org. To RSVP, call 646-398-5274 or email swcrf@waxmancancer.org.

Monday, May 4, 5 pm
Hess Center, Seminar Room A

MAY IS BETTER HEARING AND SPEECH MONTH
The Department of Ambulatory Care Operations, Division of Audiology, will have a table in the lobby of the Center for Advanced Medicine in recognition of Better Hearing and Speech Month. Additionally, an audiologist will be available to answer questions.

Friday, May 8, Noon – 3 pm
Center for Advance Medicine
CAM Lobby
17 East 102 Street

NATIONAL NURSES WEEK 2015
Carol Porter, DNP, RN, FAAN, Edgar M. Cullman, Sr. Chair of the Department of Nursing, Chief Nursing Officer/ SVP, The Mount Sinai Hospital, Associate Dean of Nursing Research and Education, Icahn School of Medicine at Mount Sinai, and Audrey Ludmer, RN, Clinical Nurse, Endoscopy President, Local Bargaining Unit, New York State Nurses Association, are hosting the following events and festivities in recognition of National Nurses Week 2015:

Nurses Week Breakfast
Monday, May 11, 7 – 9:30 am
Annenberg West Lobby

Keynote Address
LeAnn Thieman, Author, “Chicken Soup for the Nurse’s Soul, Second Dose,” will present.
Tuesday, May 12, 1 pm
Stern Auditorium

Additional Sessions with LeAnn Thieman:
8 am, Mount Sinai Queens
4 pm, Stern Auditorium
10 pm, MC 330 (Pre-Recorded)

Boards of Trustees 34th Annual Excellence in Nursing Practice Awards
Wednesday, May 13, Noon
Stern Auditorium

19th Annual Poster Session Highlighting Nursing Practice
Thursday, May 14, 8 – 9:30 am
Guggenheim Atrium

**Midnight Madness: The Tradition Continues**
Nursing leadership rounds on units to recognize and give thanks.
*Thursday, May 14, Midnight*

**Nurses - Taking Care of Yourself So You Can Care for Others**
*Friday, May 15, 11 am – 2 pm*
Annenberg West Lobby

**BLOOD PRESSURE SCREENINGS**
Health educators from Mount Sinai Beth Israel are available on certain days to perform free blood pressure screenings and explain the results.
*Tuesdays May 12, June 9, 2 – 3 pm*
Mount Sinai Beth Israel
Podell Auditorium
Bernstein Pavilion
9 Nathan D. Perlman Place
Corner of 16 Street
Between 1st and 2nd Avenues

**BIOSTATISTICS SUMMER PROGRAM FOR CLINICAL RESEARCH**
The Biostatistics Summer Program for Clinical Research is an educational initiative that stems from a collaboration between the Center for Biostatistics and the Department of Population Health Science and Policy at the Icahn School of Medicine at Mount Sinai. The mission of the three-week Summer Program is to increase the research capacity of clinical investigators, fellows, residents, postdocs, and public health professionals, by providing application-driven instruction in biostatistics and statistical programming. Participants of the Summer Program, through rigorous, theory-based lectures and hands-on statistical programming in SAS, will gain a foundation in the following areas:

-Probability and Statistical Inference
-Essential Elements of Study Design including Sample Size/Power Calculations
-Hypothesis Testing for Continuous and Categorical Data
-Simple and Multiple Linear Regression
-Simple and Multiple Logistic Regression

Participants will receive a total of 42 hours of intensive, in-person theory and SAS-related instruction, over the three-week duration of the Summer Program, by the Center for Biostatistics' faculty. Each participant is expected to purchase a SAS license and install SAS on his/her laptop prior to the Program’s start. In cases where this may be difficult, a small number of laptops with SAS installed will be available to rent for the duration of the workshop, but on a first come, first served basis.

To register for the Program, and to pay the registration fee of $2000, visit
http://icahn.mssm.edu/departments-and-institutes/population-health-science-policy/center-for-biostatistics/education/biostatistics-summer-program-for-clinical-research. Note: Registration is limited to the first 40 applicants. For more information, email Stefano Malerba at stevie.malerba@gmail.com.

*Mondays – Thursdays, July 6 – July 23, 3 – 6:30 pm*
NEW ORTHOPAEDICS SPECIALTY
The Department of Orthopaedics has announced its new Chiropractic care specialty. Chiropractic care can benefit low-back pain, headaches, and neck pain and provide nutritional dietary and lifestyle counseling. Care will be provided by Bradley Grossman, MD, DC, who is a certified chiropractic sports practitioner focusing on conservative management, rehabilitation, and performance optimization. Call 212-241-8947 for an appointment with the Department’s Mount Sinai Spine Center, 5 East 98th Street, fourth floor.

NEW HISTORICAL DISPLAYS IN ANNENBERG LOBBY
The Mount Sinai Archives has installed a new exhibit in the display cases in the Annenberg north lobby. The three cases highlight three different themes: “Ten Years that Transformed Nursing, 1890-1900”; “The Oldest Existing Mount Sinai Building is on 67th Street”; and “100 Years ago: The Mount Sinai Serbian Typhus Expedition of 1915.” All are invited to stop by and view the exhibits. For more information about the displays or Mount Sinai history in general, contact the Mount Sinai Archives at ext. 47239 or msarchives@mssm.edu.

ENJOY LOCAL, ORGANIC FOOD AS A MEMBER OF THE MOUNT SINAI FARM SHARE
Registration is now open for the 2015 season of Mount Sinai Farm Share, a Community Shared Agriculture (CSA) program that offers local, organic produce from Stoneledge Farm, delivered weekly during the 24-week harvest season (June through November). The distribution site is conveniently located outside of the Icahn building at 99th Street and Madison Avenue. Those interested may purchase a vegetable share and additional fruit, mushroom, or coffee shares by visiting https://www.stoneledgefarmny.com/. For more information, email mountsinaifarmshare@gmail.com.

COLORECTAL CANCER OUTREACH PROGRAM
The Witness CARES program is a culturally targeted community outreach program designed to increase knowledge about colorectal cancer in the African American community and improve adherence to recommended screening guidelines. The educational presentation is roughly 90 minutes and includes a culturally based educational video reviewing facts about colorectal cancer and screenings, while also providing valuable resources. Programs are held at Mount Sinai and throughout the New York City community. For more information, contact Clarissa Martinez at 212-824-7803, or Karent Zorogastua at 212-824-7806.

MOUNT SINAI RISING PROFESSIONALS
The Rising Professionals is a group dedicated to developing the professional workforce of the Mount Sinai Health System by offering employees opportunities for professional and personal growth. To join the distribution list for the Rising Professionals, email risingprofessionals@gmail.com.

POSTING CLINICAL RESEARCH PROJECTS ON THE MOUNT SINAI HEALTH SYSTEM WEBSITE
Employees can request that their studies be added to the clinical research listings on the Mount Sinai website. Using the web form found at https://erap.mssm.edu/Public/ORSClinicalTrials.aspx, one can submit a request to add, update, or delete a web page from the clinical research listings at http://icahn.mssm.edu/research/clinical-trials. For more information, contact research.services@mssm.edu.
STAT-CHAT: WALK-IN CONSULTATION SERVICE
The Center for Biostatistics at Mount Sinai has launched STAT-CHAT: a free, walk-in, consultation service meant to resolve easy problems and answer quick questions about such topics as data analysis, study design, and database. All faculty, fellows, residents, staff, or medical students are welcomed to use this service for quick statistics-related questions. STAT-CHAT is offered once a week with two statisticians available for an hour on a first-come, first-served basis. Each consultation should be about 15 minutes.
Mondays, 2 – 3 pm
Icahn Medical Institute, L2-82

OPHTHALMOLOGY OPTICAL SHOP UPDATE
The Department of Ophthalmology’s Optical Shop encourages employees to take care of their eyes. The shop is currently offering a one-time additional five-percent discount on all purchases over $300.00. The Optical Shop also offers employees a 20-percent discount on a wide assortment of sunglasses and glasses. Shalaya Arias, a department optician, will be available to show visitors the shop’s latest designer frames for adults and children. The department encourages employees to use their Flexible Spending Account at the Optical Shop. Customers must still adhere to the shop’s 90-day “pay for your glasses” policy. The shop’s hours of operation are Monday to Friday from approximately 10 am – 5 pm, and no appointment is necessary. For more information, call 212-241-0939.
17 East 102nd Street, Eighth Floor
Across from the Ophthalmology Department

BREAST AND CERVICAL CANCER OUTREACH PROGRAMS
Esperanza y Vida and The Witness Project of Harlem are culturally based community outreach programs that teach the importance of breast and cervical cancer health and screenings. The programs are led by women in the community, including breast and cervical cancer survivors who provide testimonials. Programs are held at Mount Sinai every other month and throughout the community. For more information, contact Clarissa Martinez at 212-824-7803, Cristina Villagra at 212-824-7804, or Helen Nunez at 212-824-7801.

STORYCORPS PARTNERING WITH MOUNT SINAI
StoryCorps Legacy, a program of the national oral history project StoryCorps, is partnering with The Child Life and Creative Arts Therapy Department at the Mount Sinai Kravis Children’s Hospital to record and preserve stories from Mount Sinai staff.
For 40 minutes, participants will have the opportunity to answer questions, such as:
• How would you describe yourself?
• Who has had the biggest influence on you?
• What are you most proud of?
Participants will receive a free CD recording to share with family and friends. With their permission, a second copy will be archived in the American Folklife Center at the Library of Congress. StoryCorps Legacy is an audio project only – no video will be taken. For more information, visit http://storycorps.org/legacy. Recordings are taking place now and will continue until further notice. Contact Lori Lerma at 212-241-6975 or lori.lerma@mountsinai.org to schedule an interview.

A RESEARCH OPPORTUNITY FOR EVERYONE
Mount Sinai and other research institutions across the country have joined together to create ResearchMatch.org. This easy-to-use tool allows interested volunteers to make themselves available as research study participants for studies that are right for them, and helps research studies from ending due to lack of participation. Volunteers of any age, race, ethnicity, or health status are invited to join. Volunteer
privacy is protected. To learn more visit https://www.researchmatch.org?route=mount_sinai.

CALLING ALL MOUNT SINAI ALUMNI
Alumni can be kept informed of Mount Sinai happenings by sending their non-MSSM e-mail address to Alumni Relations at alumni@mssm.edu and by “Liking” Mount Sinai Alumni on Facebook and following Mount Sinai Alumni on LinkedIn.

DISPLAY OF EXCELLENCE
The Display of Excellence, located in front of the Plaza Café, is a way for managers to give their employees recognition for outstanding service. The employee’s photo and manager’s words of recognition will be posted on the display. Managers can use the display if an employee provides excellent customer service, innovative new ideas, successful project completion, safety efforts, patient satisfaction improvements, or as retirement recognition, and more. Entries will be kept on display for three months. Guidelines: Must be a manager to submit an entry, employee must be in good standing with Mount Sinai, each supervisor may enter no more than two individuals or one team each month, employees may be recognized multiple times throughout the year if each entry is for a separate and unique accomplishment. For more information, email Michelle Cruz at Michelle.Cruz@mountsinai.org or call x41944.

TALENT DEVELOPMENT AND LEARNING
LEVY LIBRARY EDUCATION CLASSES
Read more about classes and register online for classes at: http://librarycf.mssm.edu/levy/classes/. For more information and location information, email Levy Library Reference at refdesk@mssm.edu, or call 212-241-7791.

MOUNT SINAI TALENT DEVELOPMENT AND LEARNING
Talent Development and Learning, formerly the Division of Training and Education, has a new institution-wide learning management system called PEAK (Portal for Education and the Advancement of Knowledge). Employees can now register online for all Talent Development and Learning classes by logging on to the PEAK website, then clicking on the 'Classroom-Based Training' section. By registering online, individuals no longer will need to fax their registration forms. For more information, contact Talent Development and Learning at 212-241-1944, or register at http://peak.mountsinai.org. In order to log on to PEAK, employees will need to use the credentials used to log into their e-mail. To identify the proper credentials, visit http://password.mountsinai.org or call the help desk at 4-HELP.

Excel Calculations Lab
In this class, participants will get to know those formulas and functions learned in the Excel Calculations course by practicing them further. Lab exercises will be provided to help with proficiency. Participants are encouraged to bring questions.

Thursday, April 16, 10:45 am – 12:30 pm

Excel Charting Basics
In this class, participants will learn to summarize Excel data using charts. Topics include chart types and their uses, the Chart tools design, layout and format tabs. Integrating charts into Word and PowerPoint. Learn the structure of a chart and how to change the appearance and scale.

Thursday, April 16, 1:30 – 5 pm
Just My Type: Understanding Yourself and Others through the MBTI (Must attend both sessions)
In this class, participants will learn about theories that can help one figure out their personality type. Participants will also gain some insight into other people's personalities, communication and work styles, and career choices. The MBTI (Myers-Briggs Type Indicator) will assist participants in getting to know themselves and those around them better.

Monday, April 20, 9:30 – 10:30 am (Part One)  Mount Sinai Beth Israel - PACC
Monday, April 27, 9:30 – 11:30 am (Part Two)

- Communicating with Diplomacy, Credibility and Tact
This course will help managers speak with greater personal impact, and show them how to adapt their communication style to varying situations and how to meet the communication needs of different employees.

Tuesday, April 21, 10 am – Noon  The Mount Sinai Hospital

- PEAK: Learning Management System - Getting the Most of Supervisor/Manager Tools
The My Team View in PEAK is the method for reviewing Learning Records for direct reports and within a cost center. This course provides insight into the use of the available reporting and enrollment tools and is taught via a hands-on approach in a computer classroom. Participants will have the opportunity to work on practical exercises and examples with their own accounts.

Wednesday, April 22, 10 – 11:15 am  The Mount Sinai Hospital

- CUNY School of Professional Studies: Information Sessions
These sessions will help participants learn more about the Human Relations College program at the CUNY School of Professional Studies that is designed to enhance skills and knowledge used on the job while providing an important foundation for further college study. The program is aimed at working adults at various points in their college careers.

Wednesday, April 22, and Wednesday, May 6, 11 am – 2 pm  Outside the Plaza Café

- Gaining Confidence in your Hiring Decisions: The Behavioral Event Interview Approach
Selecting the right talent is one of the most important decisions that any supervisor or manager makes. It is, after all, the quality of our staff that often has the most impact on the offices and departments that we lead. The Behavioral Event Interview (BEI) is a method for assessing candidates and coming to a confident decision about your selection. This brief workshop will acquaint you with the overall BEI approach and give you a set of tools that you can use and adapt to your own employment interviews.

Wednesday, April 22, 2 – 5 pm  The Mount Sinai Hospital

- Access Database Design Lab
Access Database Design is a prerequisite for self-paced practice session. This lab aims to help participants feel more comfortable creating databases. Participants will use the knowledge learned in the Access Database Design course to create or modify an existing database. Lab exercises will be provided to help with proficiency. Participants may bring their own database files to review.

Thursday, April 23, 9 – 10:45 am

- Leadership Challenge
““The Leadership Challenge,” by authors Jim Kouzes and Barry Posner, shows that leadership is something that can be taught. In this course, managers will discover how to turn the abstract concept of leadership into
easy-to-grasp practices and behaviors that can be applied immediately.

*Excel Pivot Charts*
This class will focus on using pivot table data to display pivot charts in Excel.

*Projecting Your Positive Personality on the Telephone*
This class will help participants improve their communication skills by creating their own telephone image. Participants will learn ways to consistently project their positive personality so callers perceive them and Mount Sinai in a favorable way.

*PowerPoint Basic*
In this class, participants will learn the basics of animation, graphics, table information, bulleted lists, insertion of objects, slide transitions and other essential skills needed to create a PowerPoint presentation.

*Impactful Communication: How to Successfully Impart and Receive Information*
This interactive workshop will help participants become skilled and impactful speakers and listeners. The workshop will review tools to ensure that when one speaks, their meaning is clear and obvious, and that when one listens, they are receiving and understanding the intended message.

*Situational Leadership*
Situational Leadership is a practical model that gives leaders guidance on how to assess the leadership requirements for particular employees in specific situations and then provides guidance on how to use the style that is most likely to be effective. In this hands-on course, participants will learn and practice the Situational Leadership model and apply it to the opportunities and challenges they face in their role as leaders.

*Toastmasters*
Toastmasters Members learn to develop comfort and skill when speaking by working with others in a supportive environment. A typical meeting is made up of 10 – 20 people who meet biweekly for an hour. Each meeting gives participants an opportunity to practice conducting meetings, give impromptu speeches, present prepared speeches, and offer constructive evaluation.

*Walden University – Online Degree Programs*
For more than 40 years, Walden University has been serving the higher education needs of adult learners. Walden University is now offering Mount Sinai Health System employees the opportunity to pursue a degree or certificate online in a wide selection of health care-related fields of study. To learn about educational opportunities through Walden University and learn about the tuition reduction offer tailored to the Mount Sinai Health System, call Leah Lopez at 732-306-7720 or email leah.lopez@waldenu.edu.
Foreign Language Conversation Groups
These sessions will allow speakers of all levels to converse. Beginners, intermediate, and advanced speakers are welcome. For more information, email michelle.cruz@mountsinai.org.

Conversation Partners
Designed for any level of a given language, Conversation Partners provides an opportunity to improve skills in a specific language by speaking in a safe group of learners. Native speakers are encouraged to attend. E-mail tdl@mountsinai.org for more information and the meeting location.

English as a Second Language
Classes are designed to improve written and conversational English with special attention paid to vocabulary, pronunciation, idioms, listening skills, writing, and grammar usage. Complete an assessment on Mondays anytime between 10:30 am and 3 pm. Call 212-241-1944 for more information.

English Conversation Partners
Designed for new learners of English, this program provides an opportunity to strengthen English-speaking skills by pairing up with an English-speaking employee or volunteer for one hour a week to practice conversation. This program is open to native English-speaking tutors, as well as students who are learning English. For more information, e-mail tdl@mountsinai.org.

RESEARCH STUDIES/CLINICAL TRIALS
NEUROIMAGING RESEARCH STUDY
The Laboratory of Neuroimaging at the Icahn School of Medicine at Mount Sinai is looking for a small number of normal healthy volunteers to complete a research study exploring information processing in the brain. Participation requires one one-hour screening session and one one-to-two-hour experimental session that involves an MRI scan. Payment is $100 for completion. Those between 18 and 39 years of age can contact Alex Dufford at alexander.dufford@mssm.edu for more information. [GCO 12-0435, MSSM IRB approved 4/18/14 through 4/17/2015].

HEALTHY RESEARCH VOLUNTEERS NEEDED
The Department of Anesthesiology at Icahn School of Medicine at Mount Sinai is seeking people for participation in this Trajectory of Recovery in the Elderly research study. The purpose of the study is to assess cognitive recovery in a group of adults by undertaking baseline and follow-up testing after the administration of general anesthesia in 70 – 80-year-olds and to evaluate alterations in resting state and activity-driven brain networks using fMRI, DTI, and ASL to characterize these same volunteers before and during recovery from the administration of general anesthesia. Participants will visit Mount Sinai twice and be contacted further for follow-ups. Compensation will be provided for participation. If interested, call the Department of Anesthesiology at 212-241-0840. [GCO #13-0359, Principal Investigator: Jeffrey Silverstein, MD, IRB approved through 4/28/2015].

TREATMENT STUDY FOR CHILDREN AND ADOLESCENTS WITH ADHD
The Department of Psychiatry is looking for children and adolescents 7 to 17 years of age with suspected or diagnosed attention-deficit/hyperactivity disorder (ADHD) to participate in a study examining response to either methylphenidate or atomoxetine, both of which are commonly prescribed medications that are FDA-approved for the treatment of ADHD in children and adolescents. The study will include an evaluation for ADHD and other disorders, weekly doctor visits for six to eight weeks as the doctors work with
FMRI study for healthy youth
Healthy boys and girls between 7 and 17 years of age may be eligible to participate in this study exploring the brain regions people use to pay attention. The study requires three visits to complete psychological tests, computer-based attention tasks, and two functional magnetic resonance imaging (fMRI) brain scans on two separate days. Reimbursement will be provided for time and effort, and participants will get a CD with pictures of their brain, along with a certificate of participation for volunteer service. For more information, call 212-241-8012 or e-mail ADHD.Research@mssm.edu [PI: Jeffrey Newcorn, MD, and Kurt Schulz, MD, GCO#11-0161, IRB approved through 4/30/2015].

Stress and HIV neuroimaging study
Mount Sinai researchers are seeking volunteers between 37 and 55 years of age, who are either HIV-negative or HIV-positive, to participate in a study examining the effects of HIV and stress on the brain. The study will include two initial interviews to assess eligibility for the more-involved neuropsychological assessment and MRI session. This study will also collect and test blood samples to determine if biomarkers can predict brain functions. Uraina Clark, PhD, Assistant Professor, Neurology, is the principal investigator for this study. For more information, call a study coordinator at the Icahn School of Medicine at Mount Sinai at 212-241-6582. [GCO#13-0466, Approved through 06/09/2015].

Research volunteers with traumatic brain injury needed
The Brain Injury Research Center at Mount Sinai is seeking people who have had a mild, moderate, or severe traumatic brain injury (TBI) and are experiencing problems in their daily activities. This may include difficulty preparing meals, maintaining a schedule, or coming up with solutions to problems. The research study will evaluate changes in thinking skills that may occur after brain injury. Participants must be at least 18 years of age and not have other neurological diagnoses. Participants will visit Mount Sinai once for about two hours to complete research measures. Compensation will be provided for participation. If interested, call the Brain Injury Research Center at 212-241-5250. [GCO #14-0720, Principal Investigator: Colette Elliot, PhD, IRB approved through 6/26/2015].

Healthy research volunteers needed
The Brain Injury Research Center at Mount Sinai is seeking people for participation in a research study. The purpose of the study is to evaluate daily activities and skills for everyday functioning. Participants must be at least 18 years of age and not have had a traumatic brain injury. Participants will visit Mount Sinai once for about two hours to complete research measures. Compensation will be provided for participation. If interested, call the Brain Injury Research Center at 212-241-5250. [GCO #14-0720, Principal Investigator: Colette Elliot, PhD, IRB approved through 6/26/2015].

Acanthosis nigricans quality of life study
The purpose of this study is to develop an acanthosis-nigricans-specific quality of life (ANQoL) instrument to measure the impact of acanthosis nigricans on patients’ lives. The Department of Genetics and Genomic Sciences will administer questionnaires and conduct open-ended structured interviews. Based on this data, the department will then generate the ANQoL. Participants must be over 18 years of age, English speakers,
and have acanthosis nigricans. They will be asked to undergo a brief physical exam at Mount Sinai to confirm the diagnosis. Participants will receive a $10.00 Visa gift card upon completion of their participation in this study. Those interested should email acanthosis.nigricans@mssm.edu. [GCO 12-0965, IRB approved through 07/16/15].

RESEARCH STUDY ON THE EFFECTS OF SMOKING ON THE DIGESTIVE SYSTEM
The Division of Gastroenterology is looking for individuals who are planning to quit smoking for a study on the effect of smoking cessation on the digestive system. The purpose of this study is to understand how smoking impacts the bacteria and immune system of the intestines. Participants need to be between 18 and 65 years of age, smoke half a pack of cigarettes per day, and be in relatively good health. Participation involves providing blood and stool samples, and having a flexible sigmoidoscopy with biopsies before and after stopping smoking. Up to $400 will be provided to compensate for time and effort. For more information, or to refer possible participants, contact Ryan Ungaro, MD, by emailing ryan.ungaro@mssm.edu, or calling 212-241-0150. [GCO # 14-1179, IRB Approved 8/12/14 - 8/11/15].

OBSESSIVE-COMPULSIVE DISORDER STUDY
The Obsessive-Compulsive Disorder and Related Disorders Program is recruiting for a study investigating the efficacy of group cognitive-behavioral therapy for OCD. Children of 8 to 12 years of age with a diagnosis of OCD are invited to participate. Subjects will participate in a 12-week clinical therapy program at no cost. The group therapy is run by Ariz Rojas, MD, on Monday nights from 5 – 6:30 pm. Subjects will complete pre- and post-test measures (one two-hour visit) and will be compensated for their time, as well as travel costs. For more information, or to register, contact Shannon Gair at Shannon.gair@mssm.edu, or 212-659-1675. [PI: Timothy Rice, MD, GCO # 14-0858, IRB Approved through 8/27/15].

APPETITE AND BODY FAT STUDY
The Division of Endocrinology is looking for healthy diabetic and nondiabetic individuals (both overweight and lean) who are eligible to participate in a study investigating appetite and body fat. Participation will include fasting over the night before the visit (eight hours) and a four to five hour visit during which a brief medical history and appetite questionnaire will be completed; height, weight, pulse, and blood pressure will be measured; blood samples will be taken before and a few times after drinking a test meal; and a biopsy of fat from around the waist will be taken. Participants will receive compensation. For more information, email Eliza Geer, MD, at eliza.geer@mssm.edu. [GCO# 08-0105. MSSM IRB approved through 8/31/15].

ATOPIC DERMATISIS STUDY
The Department of Dermatology is looking for adults, and children two years of age and older, to participate in a research study to treat mild to severe atopic dermatitis. The study will last several months. Qualified participants will receive a study-related skin exam and study drug at no cost. Health insurance is not needed to participate. For details, call the dermatology clinical trials center at 212-241-6033. [GCO # 12-0424, IRB approved through 8/31/2015].

MICROBIOME ANALYSIS STUDY
The Departments of Genetics and Genomic Sciences, and Gastroenterology, are conducting a prospective study exploring mechanism of in utero transmission of bacteria by Microbiome analysis and is currently recruiting female participants who are pregnant, planning a pregnancy, are in good health, or have
Inflammatory Bowel Disease, and will deliver in The Mount Sinai Hospital. Participants will be asked to fill out health status and dietary questionnaire, and provide stool and saliva samples. Participants will be compensated for their time and efforts with up to $250. Those interested can contact Joanna Torres, MD, at joanna.toress@mssm.edu or 212-241-2809, Justin Cote-daigneault, MD, at justin.cotedaigneault@mountsinai.org, or Hina Panchal, MD, at hinaben.panchal@mssm.edu, or 212-824-9080. [GCO# 14-1236, PI: Inga Peter PhD, ISMMS IRB approved through 10/8/15].

RESEARCH STUDY IN DIABETICS PATIENTS WITH PERIPHERAL ARTERY DISEASE (PAD)
Individuals with type 2 diabetes mellitus with lower extremity peripheral artery disease (PAD) are invited to participate in this study being performed by the Division of Cardiology, which is designed to explore the effects of three FDA-approved anti-platelet regimens in microcirculatory flow. Eligible study participants will receive three different sets of treatments for PAD and will be followed up via blood testing as well as Doppler-imaging. Those interested can call John Kim, MD, at 212-659-9637, Karen Modesto, PhD, at 212-659-8864, or e-mail john.kim@mssm.edu or karen.modesto@mssm.edu. [PI: Robert Rosenson, MD, GCO #13-1925, IRB approved through 10/28/2015].

TOMMORROW STUDY
The Alzheimer’s Disease Research Center is seeking healthy participants between 65 and 83 years of age who have someone who can be a project partner (spouse, adult child, other family member, or caregiver) to provide information about their health, attend study appointments, and assist with correctly taking certain study medications for this study that will examine two genes to see if it’s possible to predict someone’s likeliness to develop Alzheimer’s based on certain inherited genes, and to test a drug called pioglitazone (AD-4833), which may slow the progress of Alzheimer’s disease in those who currently show no signs of the condition. In this study, the participants will be given a blood test to determine if they are at an elevated risk of developing Alzheimer’s disease, and memory, thinking, orientation, and language skills tests to confirm that they are mentally healthy. Those who qualify will then be given a study drug or placebo to take over a five-year period. Participants will not have to pay for investigational medication, and transportation assistance may be available. This research will take place at The Mount Sinai Hospital campus. For more information, contact a study coordinator at 212-241-8329. [PI: Judith Neugroschi, MD; GCO#: 13-1688; HSM#: 13-00720; IRB approved through 11/19/2015].

GENETICS AND GENOMICS STUDY OF NEURODEVELOPMENTAL DISORDERS
The Department of Psychiatry is recruiting subjects and families with neurodevelopmental disorders (NDDs) of unknown cause for a systematic genetic screen that will examine the inheritance patterns and genetic contributions to related neurodevelopmental disorders. The study includes completion of a medical history questionnaire and a blood draw. Affected and unaffected family members of those with a NDD may also be eligible to participate. For more information, call 212-824-9065, or email ndd.project@mssm.edu [GCO# 12-1490, PI: Dalila Pinto, PhD, IRB approved through 11/20/15].

EFFECT OF NEBIVOLOL ON THE BLOOD FLOW IN HEARTS OF ADULTS WITH HIGH BLOOD PRESSURE AND ABNORMAL FILLING OF HEART (LVDD) STUDY
The purpose of this study is to study the relationship between Nebivolol (Bystolic) administration and improvement in exercise time in patients with hypertension (high blood pressure) and those with Left Ventricular Diastolic Dysfunction (abnormal relaxation of the heart muscle). The Division of Cardiology is
looking for patients who have a history of mild to moderate high blood pressure (130-160/90-120) and may or may not have not received any medications for elevated blood pressure for at least 30 days and who are willing to undergo two stress echo exams at the beginning and at the end of the study. The study duration is six months. Patients will be supplied with the medication for the six-month period. For more information, contact Sharath Vallabjajosyula at Sharath.vallabhajosyula@mssm.edu or call at 212-659-8847, or call 212-659-8847 to set a screening visit and check your eligibility. [GCO #12-0493, Principal Investigator: Partho Sengupta, MD, IRB approved through 12/10/2015].

**STUDY FOR HEALTHY YOUNG VOLUNTEERS**
The Division of ADHD and Learning Disorders at the Icahn School of Medicine at Mount Sinai are seeking adolescents of 7 to 17 years of age with no history of medical or psychiatric illness to participate in a study that uses non-invasive technology as a measurement to diagnose and treat ADHD. The study will include an evaluation for ADHD and other disorders, a non-invasive scan while the child plays video games on a computer, and a second scan 4 – 6 weeks after the initial scan. Compensation will be provided for participation. For more information, contact Amanda Kirschenbaum, BSc, Clinical Research Coordinator, at 212-241-5269, or Amanda.Kirschenbaum@mounsinai.org. [IRB Approved through 12/15/15].

**LUNG CANCER EARLY DETECTION STUDY**
The Early Lung and Cardiac Action Program of the Department of Radiology is seeking non-smokers, 40 years of age and older who have never smoked and have been exposed to second-hand smoke. The study will offer early detection of lung cancer, cardiac disease, and other diseases through low-dose CT scanning. This study is free of charge and participants will be reimbursed for their time and effort. For more information or to participate, call 212-241-2420. [GCO# 09-2017, PI: Claudia Henschke, MD, PhD, IRB approved through 12/31/2015].

**MRI AND PET STUDY**
Researchers at Mount Sinai are developing and validating new magnetic resonance imaging (MRI) and positron emission tomography (PET) methodologies to help in diagnosing atherosclerotic plaques at risk of causing severe clinical events, such as myocardial infarction, stroke, or sudden death. Males and females 20 years of age and older, either with personal or family history of either risk factors for atherosclerosis (high cholesterol, high blood pressure, diabetes), or atherosclerosis itself, may be eligible for participation in this study. Participation will involve undergoing one or more imaging sessions with MRI and/or PET. Participants will be reimbursed $75 per imaging session, for a maximum of $300. For those interested in this study, contact Rima Fayad (Research Coordinator) at 212-824-4846, or email rima.fayad@mountsinai.org. [GCO 01-1032, IRB approved through 12/31/2015].

**ALZHEIMER’S DISEASE RESEARCH CENTER STUDY**
The Alzheimer’s Disease Research Center at Mount Sinai is recruiting volunteers for a multi-center Merck EPOCH trial. This study is investigating the safety, tolerability, and efficacy of a medication, MK-8931, in patients with mild to moderate Alzheimer’s disease. MK-8931 is an oral, β-amyloid precursor protein, site-cleaving enzyme (BACE) inhibitor and is aimed at slowing the progression of Alzheimer’s disease. Patients will be randomly assigned to take a low dose of study medication, a high dose of study medication, or a placebo for 78 weeks. The study needs patients with a diagnosis of Alzheimer’s disease who are 55 to 85 years of age, are fluent in English or Spanish, can attend all study visits, participate in neuropsychological testing, receive MRIs, and who have a close friend or family member who can act as a study partner. All study visits will take place at The Mount Sinai Hospital campus and there will be no cost to the patients. For
more information about the study, contact study coordinator, Emily Exter, at 212-241-0438 or emily.exter@mssm.edu. [Principal Investigator: Judith Neugroschl, MD; GCO# 13-0701; IRB approved through 1/5/2016].

STUDY OF HUMAN BODY SIZE AND SHAPE USING 3-DIMENSIONAL PHOTOGRAPHIC IMAGES

Individuals, especially fraternal and identical twins, are invited to participate in a genetics study that involves taking photographs with a special camera to measure head size and shape. Analysis of these 3-D photos will be used to measure the amount of similarity and difference between facial features of twins. Participants will be consented, asked to fill out a short questionnaire about medical and family history, have head circumference and ear length measured, have two or three 3-D photos taken, provide a buccal sample (cheek swab or mouthwash sample) or a blood sample. Total participation time is about 30 minutes. Those interested should call 212-241-7056 or email 3dphoto@mssm.edu [GCO 08-0811, IRB approved through 03/11/2016].

UPDATE
2015 Marketing and Communications
Send submissions to update@mountsinai.org by Noon on Tuesday for inclusion in Thursday’s Update.
Weekly e-newsletter highlighting announcements and events

2015 ANNUAL ICAHN SCHOOL OF MEDICINE AT MOUNT SINAI COMMUNITY HEALTH FAIR

The Icahn School of Medicine at Mount Sinai will host its annual, medical student-run Community Health Fair at the Center for Advanced Medicine. The Community Health Fair aims to create an opportunity for East and Central Harlem community members to take an active role in maintaining and improving their health by providing free access to health screenings and multilingual health information and resources. The event’s slogan, “Our Health Our Future: Nuestra Salud Nuestro Futuro,” emphasizes this message. The annual event includes live entertainment, local performance artists, children’s activities, and a prize raffle. Attendees will be able to meet with doctors and other health professionals from local community-based organizations. More than 40 health education and counseling resource tables will be available to provide information in English, Spanish, and Mandarin. For more information, contact Caitlin Pacheco at 973-303-3347 or caitlin.pacheco@mssm.edu, or Amy Yao at 518-729-8651 or amy.yao@icahn.mssm.edu.

Saturday, April 11, Noon – 4 pm
Center For Advanced Medicine
17 East 102 Street

NATIONAL DONATE LIFE MONTH

Mount Sinai’s Recanati/Miller Transplantation Institute is sponsoring a campaign during April, National Donate Life Month, to encourage staff and the community to register as organ, eye, and tissue donors and to honor those donors who have helped save lives. Among the activities planned to raise awareness about organ donation on The Mount Sinai Hospital campus are:

Recanati/Miller Transplantation Institute Lecture Series: “The Pharmacological Management of a Deceased Organ Donor in the ICU”
Michael DeVita, MD Associate Medical Director, LiveOnNY, will present. To RSVP for this event, email Elsa.Myers@mountsinai.org.
Friday, April 10, Noon
Icahn Medical Institute
Room 4-82

Blue and Green Day
Wear the colors of National Donate Life or a promotional T shirt. Take photos and send them to John.Ambrose@mountsinai.org for Mount Sinai’s Facebook page.
Friday, April 10
**Donate Life Day**
This event is sponsored by LiveOnNY and the Recanati/Miller Transplantation Institute. Attendees will receive a free shopping bag with give-aways to help them learn about organ donation and transplantation.

*Wednesday, April 15, 11 am – 7 pm*

Whole Foods Market
97th and Columbus

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**Live Music**
Susie Hochenberg, a living kidney donor, and pianist, will perform.

*Thursday, April 16, and Wednesday, April 22, 11 – 11:30 am*

Guggenheim 7th Floor Atrium
(Near Gift Shop)

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**Recanati/Miller Transplantation Institute Lecture Series: “Geographic Disparities in Liver Transplant”**
Dorry Segev, MD, PhD, Associate Vice Chair, Research, Associate Professor, Surgery, Johns Hopkins Medicine, will present. To RSVP for this event, email Elsa.Myers@mountsinai.org.

*Friday, April 17, Noon*

Icahn Medical Institute
Room 4-82

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**Remember and Rejoice Ceremony**
This event is Transplant Recipients International Organization’s annual memorial to organ donors and celebration of life. For more information, email TRIO@aol.com.

*Saturday, April 18*

St. Patrick’s Cathedral
5th Avenue

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"LiveOnNY"
“LiveOnNY” was formerly known as the New York Organ Donor Network. This event will feature a discussion of new marketing and outreach campaigns to increase registrations, by James Paredes, Vice President of Marketing at LiveOnNY.

*Friday, April 24*

Icahn Medical Institute
Room 4-82

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**AUTISM AWARENESS MONTH**
The Seaver Autism Center for Research and Treatment is sponsoring a number of activities throughout April to commemorate Autism Awareness Month. Stop by informational tables to pick up brochures on autism spectrum disorders, talk to members of the team, and learn more about studies and treatments being offered by the Seaver Autism Center.

**Informational Tables**

*Thursdays, April 9, 16, 23, and 30, 11 am – 2 pm*

Guggenheim Pavilion
Outside the Plaza Café

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**Seaver Seminar Series**
Gabriel S. Dichter, PhD, Associate Professor, Psychiatry, Psychology, University of North Carolina, Director, Clinical Affective Neuroscience Laboratory, The Carolina Institute for Developmental Disabilities, presents “Reward Processing in Autism.” This event is free of charge and open to the public.

*Wednesday, April 29, 2 – 3 pm*

Hess Center, Seminar Room B

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**ANNOUNCING ICAHN SCHOOL OF MEDICINE AT MOUNT SINAI’S SUPPORT FOR CROWDFUNDING APPLICATIONS**
Crowdfunding is a mechanism to fund a project by collecting small amounts of money from a large number of people, and has emerged as an important way to raise funds to expand ongoing initiatives to cure disease and improve patient care. This is done via direct appeals through crowdfunding internet sites where one presents an idea and how much they will need to accomplish the project.

To assist Mount Sinai faculty and students in tapping this new funding method, resources have been developed to enable those interested to launch a successful crowdfunding campaign. Members of the Mount Sinai community are now able to leverage Mount Sinai’s reputation as well as infrastructure to give your project additional credibility with potential donors.

Those interested can visit the Icahn School of Medicine at Mount Sinai’s new crowdfunding page at http://icahn.mssm.edu/about-us/for-faculty/researchers/crowdfunding-as-a-mechanism-to-fund-your-ideas.

FREE SKIN CANCER SCREENINGS
All Mount Sinai Health System staff, their friends and families, and the public, are invited to come to the locations below to obtain a total body skin examination. The screenings are for walk-ins only, and do not require appointments:

**Center for Advanced Medicine (CAM) at The Mount Sinai Hospital**
*Saturday, April 11, 10 am – 3 pm*
17 East 102nd Street
Between Madison and 5th Avenue

**Kimberly and Eric J. Waldman Department of Dermatology at The Mount Sinai Hospital**
*Thursday, May 7, 2 – 6 pm*
Dermatology FPA
5 East 98th Street, 5th Floor

**Department of Dermatology at Mount Sinai Beth Israel**
*Thursday, May 7, 3 – 6:30 pm*
10 Union Square, Suite 3C

**Department of Dermatology at Mount Sinai St. Luke’s**
*Thursday, May 7, 5:30 – 8 pm*
1090 Amsterdam, Suite 11D

**Department of Dermatology at Mount Sinai Roosevelt**
*Wednesday, May 20, 5:30 – 8 pm*
425 West 59th Street, Suite 5C

**VOYA (ING) VOLUNTARY UNIVERSAL LIFE INSURANCE OPEN ENROLLMENT**
Open enrollment for Voya (ING) Voluntary Universal Life Insurance is being held from Monday, April 6 – Friday, May 1. Voya (ING) Enrollment Representatives will be onsite at the tables outside of the Plaza Café from 6 am to 6 pm. During this enrollment period, employees may apply for guaranteed issue coverage up to $125,000 without the need for extensive medical questions or testing required. Those interested can call 212-241-5480 for more information during the enrollment period.
*Through Friday, May 1, 6 am – 6 pm*
Guggenheim Pavilion
Outside the Plaza Café

**CME COURSES AND CONFERENCES**
CONSORTIUM OF NEW YORK GERIATRIC EDUCATION CENTERS

Register now for upcoming Core Days and electives, part of a 35-hour Geriatric Scholar Certificate program. Seminars are aimed at improving and expanding geriatric health care, particularly for low-income, multi-ethnic, and underserved older adult populations. Each training day is accredited for 7.0 CME credits by the Icahn School of Medicine at Mount Sinai. The program is intended for health care and social service providers and faculty from a range of disciplines and areas of expertise. For more information and to register, visit www.nygec.org, or email cnygec@mssm.edu.

Elective: Health Promotion, Sexuality, and Quality of Life Improvement for Older Adults
Friday, April 10
Columbia University
School of Social Work
1255 Amsterdam Avenue

Core Day One: Working With Older People
Friday, April 17
Bellevue Hospital Center
462 First Avenue

Core Day Two: Providing Interdisciplinary Geriatric Care
Friday, April 24
Bellevue Hospital Center
462 First Avenue

Core Day Three: Special Considerations for Older Adults
Friday, May 1
Bellevue Hospital Center
462 First Avenue

THE EVOLVING HIGH PERFORMANCE DELIVERY SYSTEM: VALUE AND RESULTS

This event is designed to update community primary care physicians on the trends, imperatives, challenges, and approaches to value-based health care. In addition, the intent is to inform the attendees on emerging models of payment and health care delivery system reform. This includes applying principles of the triple aim of population health strategies, quality improvement, and coordinated care, and implementing a value-based purchasing program. For more information, visit www.mssm.edu/cme/courses, email cme@mssm.edu, or call the Office of CME at 212-731-7950.
Thursday, April 16, through Friday, April 17, 9 am – 3:30 pm
Mount Sinai Beth Israel
Friedman Conference Center

FIRST INTERNATIONAL SYMPOSIUM ON LIPEDEMA

This two-day symposium, sponsored by the Friedman Center for Lymphedema Research and Treatment, will bring together top medical researchers, surgeons, and medical professionals from around the world in support of finding a cure for this often misunderstood (and misdiagnosed) disease. The symposium has portions aimed at medically trained professionals, as well as patients and their supporters.

Friday will feature the CME course “Setting the Research Agenda For Lipedema: Steps Toward a Cure,” which will be directed by Mark L. Smith, MD, FACS, Chief, Division of Plastic Surgery at Mount Sinai Beth Israel, Director, Friedman Center for Lymphedema Research and Treatment, and Associate Professor, Department of Surgery at the Icahn School of Medicine at Mount Sinai. Additionally, on Friday evening
there will be a cocktail reception and film premiere for the lipedema documentary, “The Disease They Call Fat,” by filmmaker and patient Catherine Seo.

Saturday will review recommended options that can be taken to reduce the impact and stop the progression of lipedema. The following topics will also be reviewed: sessions on dealing with lipedema, complete decongestive therapy (manual lymphatic drainage (MLD) and compression), the role of exercise (lymphatic yoga, exercise, and meditation), the role of diet (nutrition and supplements), and surgical treatment (pros and cons / a panel of women who have had liposuction).

For more information on the symposium, or to register, visit www.chpnet.org/cme or email symposium2015@lipedemaproject.org.

Friday, April 17, 8 am – 4:30 pm
W Hotel, Union Square,
201 Park Avenue South

Saturday, April 18, 8 am – 2 pm
Mount Sinai Beth Israel
Phillips Ambulatory Care Center
Friedman Auditorium

ADVANCES IN FACIAL RECONSTRUCTION AND COSMETIC SURGERY: A HANDS-ON CADAVER WORKSHOP

This workshop is designed to provide practitioners and residents in the field of reconstructive and cosmetic surgery a comprehensive demonstration and training in soft tissue reconstruction of the face as well as surgical rejuvenation techniques of the aging face. Additionally, a specialty-specific board review will follow at the end of the first day. During the hands-on sessions, the latest techniques will be demonstrated by the experts performing procedures on human cadavers and synthetic models. Additionally, participants will experience hands-on training in the cadaver labs. The course format will consist of lectures, panel discussions, question and answer sessions, and hands-on labs. For more information, visit www.CosmeticCadaverWorkshop.com, email cme@mssm.edu, or call the Office of CME at 212-731-7950.

Saturday, April 18, through Sunday, April 19, 8 am – 7 pm
Hatch Auditorium

PEDIATRIC BEDSIDE ULTRASOUND COURSE

This course aims to help participants feel comfortable with the use of bedside ultrasound for diagnosis of emergent pathology and in accordance with bedside procedures. The course will feature hands-on sessions with live pediatric models that aim to improve participants’ patient care and ultrasound skills. Quality didactics from renowned instructors will also be featured. For more information, visit www.mssm.edu/cme/courses, email cme@mssm.edu, or call the Office of CME at 212-731-7950.

Sunday, April 19, 7:45 am – 5 pm
Annenberg 12th Floor Auditorium

OBESITY COURSE FOR HEALTH PROFESSIONALS AND REVIEW COURSE FOR THE AMERICAN BOARD OF OBESITY MEDICINE EXAM

This course, hosted by the Columbia University Institute of Human Nutrition, will feature a comprehensive review of topics included on the American Board of Obesity Medicine (ABOM) exam. The course will satisfy the number of live CME credits required for certification as a Diplomate of the ABOM. Betty Kovacs, MS, RD, Co-Director and Director of Nutrition, New York Obesity Research Center Weight Loss Program, Mount Sinai St. Luke’s; Rich Weil, MEd, CDE, Director, New York Obesity Research Center Weight Loss
Program, Mount Sinai St. Luke’s, and Jeffrey I. Mechanick, MD, FACP, FACN, ECNU, Clinical Professor, Medicine, Director, Metabolic Support, Division of Endocrinology, Diabetes and Bone Disease, are among the featured faculty in this course. For more information, contact Mary DiGiorgi, MD, at 212-305-9508, email md180@cumc.columbia.edu. To register, visit https://register.columbiacme.org/conference.cgi?rm=view&conference_id=683979.

**Wednesday, April 22 – Sunday, April 26**

Columbia University
Alumni Auditorium
William Black Medical Research Building
650 West 168th
(Through Saturday, April 25)

Hammer Health Sciences Building,
701 West 168th Street, Room 401
(Sunday, April 26)

**THIRD NEW YORK CLINICAL LIPID FORUM: HIV AND CARDIOVASCULAR DISEASE**

Merle Myerson, MD, EdD, will be the Course Director for this event that is CME Credit Certified by Mount Sinai Beth Israel and Mount Sinai St. Luke’s-Roosevelt. The event is sponsored by the Mount Sinai Institute for Advanced Medicine (HIV) and the Division of Infectious Diseases, and is endorsed by the National Lipid Association-Northeast and the New York/New Jersey AIDS Education Training Program. The goals of the New York Clinical Lipid Forum are to provide clinicians, researchers, medical and health care trainees, and others who work in the field of lipidology, prevention, cardiovascular disease, and HIV with updates on topics in the management and prevention of cardiovascular disease in patients living with HIV, through case presentations, expert panel discussions, and a Q and A. For course information, email mmyerson@chpnet.org. For registration information, call 212-523-2138, email aroman@chpnet.org, or visit www.chpnet.org/cme.

**Thursday, April 23, 4 – 8 pm**

Mount Sinai Roosevelt
Second Floor Conference

**TRANSRADIAL ENDOVASCULAR ADVANCED THERAPIES**

This symposium, endorsed by the Society of Interventional Radiology, will offer didactic lectures, live cases, hands-on workshops, and case management discussions with a panel of expert faculty. Concepts regarding patient selection, best technical approaches, potential pitfalls, and equipment selection will be reviewed. For more information, visit www.mssm.edu/cme/courses, email cme@mssm.edu, or call the Office of CME at 212-731-7950.

**Friday, April 24, 7:30 am – 4 pm**

Hess Center, Davis Auditorium

**BEST PRACTICES IN CARING FOR PATIENTS WITH IDIOPATHIC PULMONARY FIBROSIS**

This is an educational collaboration with Mount Sinai’s National Jewish Health Respiratory Institute and National Jewish Health. Registration is open for this free CME and CE evening symposium. The symposium aims to help participants gain knowledge to improve competence and performance in the
diagnosis, management, and treatment of patients with idiopathic pulmonary fibrosis (IPF). The symposium will incorporate case-based learning, multi-media approaches, and written materials, and is intended for health care professionals who diagnose and treat patients with IPF. Dinner and a syllabus will be provided. For more information or to register, visit www.njhealth.org/ipfdinners2015, email proed@njhealth.org, or call 1-800-844-2305.

Wednesday, April 29, 6 – 8:45 pm
(Registration at 5:30 pm)
The Fox Hollow
7725 Jericho Turnpike
Woodbury, NY

THE PAGE AND WILLIAM BLACK POST GRADUATE SCHOOL FOR CONTINUING EDUCATION

The Office of Continuing Medical Education (CME) offers seminars, conferences, grand rounds, and live webcasts for physicians and other health professionals to extend their knowledge and remain current in their specific fields. For more information on courses, including times, visit www.mssm.edu/cme/courses, email cme@mssm.edu, or call the Office of CME at 212-731-7950.

GRAND ROUNDS, LECTURES, AND SEMINARS

DEVELOPMENTAL AND REGENERATIVE BIOLOGY SEMINAR SERIES

Marc R. Freeman, PhD, Professor, Vice Chair, Department of Neurobiology, University of Massachusetts Medical School, presents “Astrocytes in Neural Development, Function, and Behavior.”
Thursday, April 9, Noon – 1 pm
Annenberg 25-51

Hans Schoeler, PhD, Professor, Director, Department of Cell and Developmental Biology, Max Planck Institute for Molecular Biomedicine, Munster, Germany, presents “Induction of Multi- and Pluripotency by POU Factors.”
Friday, April 10, Noon – 1 pm
Annenberg 25-51

Ali H. Brivanlou, PhD, Professor, Brivanlou Laboratory of Molecular Embryology, The Rockefeller University, presents “Dynamic Patterns: Self-Organization of Human Embryonic Cells.”
Thursday, April 16, Noon – 1 pm
Annenberg 25-51

FRIEDMAN BRAIN INSTITUTE TRANSLATIONAL NEUROSCIENCE SEMINAR SERIES

Tallie Z. Baram, MD, PhD, Professor, Pediatrics, Anatomy/Neurobiology, Neurology, Danette Shepard Professor of Neurological Sciences, Director, Conte Center, University of California, presents “How Diseased Neurons are Created: Novel Mechanisms.”
Thursday, April 9, 1 pm
Hess Center, Seminar Room A

Dean F. Wong, MD, PhD, Professor, Radiology, Psychiatry, Neuroscience, Environmental Health Sciences and Carey Business School, Johns Hopkins University, Radiology Vice Chair, Research Administration and Training, Director, Section of High Resolution Brain PET Imaging, Adjunct Professor, Neuroimaging, Neuroscience, Pharmacology, University of Copenhagen (Johns Hopkins Medical Institutions), presents “PET Neuroreceptor Imaging from Dopamine and Opiates to Cannabinoids and Glutamate: Three Decades of Progress.”
Thursday, April 16, 1 pm
Hess Center, Seminar Room A
Dolores Hambardzumyan, PhD, Assistant Staff, Neurosciences, Assistant Professor, Molecular Medicine, Cleveland Clinic Lerner College of Medicine, Case Western Reserve University, presents “The Role of Non-Neoplastic Cells in Gliomagenesis.”

**Thursday, April 23, 1 pm**

**Hess Center, Seminar Room A**

**GRADUATE PROGRAM IN PUBLIC HEALTH LECTURE**

John T. Redd, MD, MPH, FACP, Captain, United States Public Health Service, Medical Epidemiologist, U.S. Centers for Disease Control and Prevention, presents “Investigation and Control of Ebola Virus Infection in Sierra Leone.”

**Thursday, April 9, 4 – 5 pm**

**Hatch Auditorium**

**DIVISION OF OCCUPATIONAL MEDICINE SEMINAR SERIES**

Charles Kim, MD, Assistant Professor, Rehabilitation Medicine, New York University School of Medicine, presents “Lower Back Pain.”

**Friday, April 10, 8 – 9 am**

**Annenberg Fifth Floor Felt Room**

Craig L. Katz, MD, Associate Clinical Professor, Psychiatry, presents “The Assessment and Care of the Suicidal Patient.”

**Friday, April 17, 8 – 9 am**

**Annenberg Fifth Floor Felt Room**

**FAMILY MEDICINE AND COMMUNITY HEALTH GRAND ROUNDS**

Robert Fletcher, DSW, ACSW, NADD-CC, Chief Executive Officer, National Association on Dual Diagnosis (NADD), presents, “Integrated Care: The Interface Between Primary and Behavioral Health and Intellectual Disability.”

**Friday, April 10, 8 – 9 am**

**Hatch Auditorium**

**LABORATORY MEDICINE SEMINAR WEEKLY SERIES**

Gopi Patel, MD, Assistant Professor, Division of Infectious Diseases, Director, Antimicrobial Stewardship Program, presents “On The Brink: The End of the Antibiotic Era?” Approved for up to 1.0 credit per hour of Category 1 CME Credit.

**Tuesday, April 14, 8 – 9 am**

**Icahn 8-40 Conference Room**

**MEDICINE GRAND ROUNDS**

James F. Marion, PhD, Professor, Medicine (Gastroenterology), presents “Colorectal Cancer in Colitis: A Relic of the Past?”

**Tuesday, April 14, 8:30 – 9:30 am**

**Hatch Auditorium**

Robert Yanagisawa, MD, Associate Professor, Medicine, (Endocrinology, Diabetes and Bone Disease), presents “A Mount Sinai Global Health Initiative: The Four-Year Road to Recovery since 3/11 Great East Japan Earthquake and the Triple Disaster.”

**Tuesday, April 21, 8:30 – 9:30 am**

**Hatch Auditorium**

Sherri Fink, MD, PhD, New York Times Correspondent, presents “The Arnold Drapkin, MD, Lectureship in Humanism in Medicine: Five Days at Memorial.”
IMMUNOLOGY INSTITUTE SEMINAR SERIES
Arturo Casadevall, MD, PhD, The Alfred and Jill Sommer Professor and Chair, Bloomberg Distinguished Professor, Johns Hopkins Bloomberg School of Public Health, Johns Hopkins School of Medicine, presents “A New Synthesis for Antibody-Mediated Immunity.”
Tuesday, April 14, 2 pm
Goldwurm Auditorium

ANESTHESIOLOGY GRAND ROUNDS
Alexander Mittnacht, MD, Professor, Anesthesiology, presents “Hypoplastic Left Heart Syndrome.”
Wednesday, April 15, 6:30 – 8:10 am
Annenberg 13-01

David M. Gaba, MD, Professor, Anesthesiology, Associate Dean, Immersive and Simulation-Based Learning, Stanford School of Medicine, VA Palo Alto Health Care System, presents “Bernard H. Eliasberg Memorial Lecture: Controversial Issues Regarding Simulation in Healthcare.”
Wednesday, April 22, 6:30 – 8:10 am
Annenberg 13-01

Jake Beilin, MD, Professor, Anesthesiology, presents “Morbidity and Mortality Conference.”
Wednesday, April 29, 6:30 – 8:10 am
Annenberg 13-01

SURGERY GRAND ROUNDS
Reena Karani, MD, Associate Dean for Undergraduate Medical Education and Curricular Affairs; Susan Lerner, MD, Assistant Professor, Medical Education; Peter Gliatto, MD, Associate Dean for Undergraduate Medical Education and Student Affairs; and Tamar Mirensky, MD, Assistant Professor, Pediatric Surgery, present “Student Mistreatment: Scope, Impact and Possible Solutions.”
Wednesday, April 15, 7:45 – 9 am
Hatch Auditorium

CRITICAL CARE GRAND ROUNDS
Jean-François Cailhier, MD, PhD, FRCP, Assistant Clinical Professor, Medicine, Holder of the Chair Claude-Bertrand in Neurosurgery, Faculté de Médecine, Université de Montréal, presents “Comprehensive Critical Care Research Initiative on Inflammation and Immune Cells: Deciphering Early Immune Events in Sub-Arachnoid Hemorrhage Patients.”
Wednesday, April 15, 3 pm
Goldwurm Auditorium

LILIAN AND BENJAMIN HERTZBERG PALLIATIVE CARE INSTITUTE OF THE BROOKDALE DEPARTMENT OF GERIATRICS AND PALLIATIVE MEDICINE PRESENTS: THE ANNUAL DOUGLAS WEST ENDOWED MEMORIAL VISITING LECTURE
Atul Gawande, MD, MPH, Professor, Department of Health Policy and Management, Harvard School of Public Health, Department of Surgery, Harvard Medical School, Executive Director, Ariadne Labs, Chairman, Lifebox, presents “Being Mortal.”
Wednesday, April 15, 5:30 pm
Stern Auditorium

DERMATOLOGY GRAND ROUNDS
Dermatology Residents present “Patient Presentations.” This session will demonstrate uncommon and
difficult-to-treat skin conditions.

Thursday, April 16, 7:30 – 9 am
Mount Sinai Beth Israel
PACC Auditorium
10 Union Square East, 14

ENDOCRINOLOGY GRAND ROUNDS
Eliza Geer, MD, Assistant Professor, Medicine (Endocrinology, Diabetes and Bone Disease), and Neurosurgery, presents “Master Clinician Series: Year in Pituitary: Hot Topics in Clinical Neuroendocrinology.”
Thursday, April 16, 5 – 6 pm
Atran Building, AB4-11

Rhoda Cobin, MD, Clinical Professor, Medicine (Endocrinology, Diabetes and Bone Disease), presents “Master Clinician Series: Cardiometabolic Consequences of PCOS.”
Thursday, April 30, 5 – 6 pm
Atran Building, AB4-11

GENETICS AND GENOMICS GRAND ROUNDS
Nicholas Katsanis, PhD, Professor, Cell Biology, Director, Center for Human Disease Modeling, Duke University Medical Center, presents “Modeling the Morbid Human Genome.”
Friday, April 17, 11 am – Noon
Hess Center, Seminar Room B

RESPIRATORY INSTITUTE GRAND ROUNDS
R. Graham Barr, MD, DrPH, Assistant Professor, Medicine, Epidemiology, Columbia University Medical Center, presents “Rediscovering Emphysema and the Pulmonary Microvasculature.”
Friday, April 17, 12:30 – 1:30 pm
Annenberg 5-09

Hooman Poor, MD, Assistant Professor, Medicine, Associate Director, Fellowship Training Program, Division of Pulmonary, Critical Care, and Sleep Medicine, Zena and Michael A. Winer Cardiovascular Institute, Icahn School of Medicine at Mount Sinai; and Ramachandra Reddy, MD, Assistant Professor, Cardiovascular Surgery, present “Treatment Algorithms for Pulmonary Embolism and the Role for Surgical Treatment.”
Friday, April 24, 12:30 – 1:30 pm
Annenberg 5-09

BRAIN IMAGING CENTER (BIC) SEMINAR SERIES
Congwu Du, PhD, Professor, Biomedical Engineering, State University of New York (SUNY) at Stony Brook, presents “Optical Neuroimaging to Study Cocaine’s Effects on Brain: A Complementary Tool of Electrophysiology, fMRI and PET.”
Tuesday, April 21, 3 – 4pm
Hess Center, Seminar Room B

INSTITUTE FOR MEDICAL EDUCATION GRAND ROUNDS
Thomas Van Hoof, MD, EdD, Associate Professor, Nursing Instruction and Research, University of Connecticut School of Nursing, presents “Improving Continuing Education: Insights from Quality Improvement, Adult Learning, and Health Professions Education.”
Wednesday, April 22, Noon – 1 pm
Hess Center, Room 5-101
DIABETES GRAND ROUNDS
Yaron Tomer, MD, FACP, FACE, Division Chief, Endocrinology, Diabetes and Bone Disease, presents “Type 1 Diabetes and Autoimmune Thyroiditis: The Genetic Connection.”
Thursday, April 23, 8:30 – 9:30 am
Atran Building, AB4-11

PATHOLOGY GRAND ROUNDS
Julide Tok Celebi, MD, Professor, Vice Chair, Dermatology, Professor, Pathology, presents “Molecular Genetics of Melanoma in 2015.” Approved for up to 1.0 credit per hour of Category 1 CME Credit.
Thursday, April 23, Noon – 1 pm
Hess Center, Davis Auditorium

EPGENETICS SEMINAR SERIES
Masashi Narita, MD, PhD, Senior Group Leader, Cancer Research UK Cambridge Institute, presents “Senescence Syndrome and Gene Regulation.”
Thursday, April 23, 2 – 3 pm
Hess Center, Seminar Room B

CHARLES BRONFMAN INSTITUTE FOR PERSONALIZED MEDICINE SEMINAR SERIES
Neil Risch, PhD, Director, Institute for Human Genetics, School of Medicine, Professor, Epidemiology, Biostatistics, Step IX, University of California, presents “Genetic Epidemiology Research Based in Electronic Health Records.”
Friday, April 24, Noon – 1 pm
Hatch Auditorium

PHARMACOLOGY AND SYSTEMS THERAPEUTICS SEMINAR SERIES
Ad P. Ijzerman, PhD, Professor, Department of Medicinal Chemistry, Leiden Academic Centre for Drug Research, Leiden University, The Netherlands, presents “Kinetics of the Drug-Target Interaction: A Case for G Protein-Coupled Receptors.”
Friday, April 24, 1 – 2 pm
Annenberg 19-79

Moses V. Chao, PhD, Cell Biology, Physiology, Neuroscience, Psychiatry, Skirball Institute of Biomolecular Medicine, New York University School of Medicine, presents “The New Pharmacology of Neurotrophic Factors.”
Tuesday, April 28, 4 – 5 pm
Annenberg 19-79

POPULATION HEALTH SCIENCE AND POLICY GRAND ROUNDS
Ronald Tamler, MD, PhD, Associate Professor, Medicine, presents “Population Health for Diabetes.”
Wednesday, April 29, 1 – 2 pm
Icahn Medical Institute
Room L2-82

NEUROLOGY GRAND ROUNDS
Marc W. Slutzky MD, PhD, Assistant Professor of Neurology, Physiology, and Physical Medicine Rehab, Northwestern Medicine/University presents, “Designing Neural Prostheses to Rehabilitate & Restore Movement”
Wednesday, April 29, 8 – 9 am
Hess Center, Davis Auditorium

WELLNESS EVENTS
MOUNT SINAI PARENT
The Tour: A Behind the Scenes Look At Delivering At Mount Sinai
This employees-only tour will show participants everything about delivering at Mount Sinai and provide tips about everything from pump rentals to getting a private room. To RSVP, email alisa.melendez@mountsinai.org.
Tuesday, April 14, Noon – 1 pm

Understanding Vaccines: Myths Versus Facts
In this workshop, Dr. Erika Landau, pediatrician and author of “The Essential Guide to Baby’s First Year,” will discuss diseases that are preventable with vaccines, the structure and additives found in vaccines, and the controversies surrounding immunizing children. To RSVP, email alisa.melendez@mountsinai.org.
Thursday, April 30, Noon – 1 pm

WEIGHT WATCHERS AT WORK MEETINGS
To fulfill the health and wellness needs of Mount Sinai employees, the Weight Watchers at Work program will be holding a Spring series at The Mount Sinai Hospital. Weekly sessions will be held for 12 weeks. For more information, e-mail alisa.melendez@mountsinai.org.
Tuesday, April 14 – Tuesday, June 30, 5 – 6 pm

FOOD FIT FOR LIFE
The Mount Sinai Hospital’s Wellness Initiative and the Department of Clinical Nutrition present the second round of Food Fit for Life, a free course on weight loss and healthy eating. The program will continue every Tuesday through April 7. Two inpatient dietitians, Kelly Hogan, MS, RD, CDN, and Melissa Nagelberg, MS, RD, will educate attendees on how to lose weight and enjoy healthy food. For more information, email Kelly.Hogan@mountsinai.org or Melissa.Nagelberg@mountsinai.org.

FRIDAY MINDFULNESS SESSIONS
The Mount Sinai Hospital, through a group of experienced mindfulness teachers, is providing an opportunity for all members of the hospital community to learn and practice simple mindfulness techniques that have proven to be effective in reducing stress and promoting physical, mental, and spiritual well-being. Staff, patients, and families are welcome. No experience is necessary. For additional information, contact Mickie.Brown@mssm.edu.
Fridays, 12:30 – 1:30 pm Annenberg 10-68 (Levy Library)

WEEKLY MEDITATION SIT
Every Wednesday, Students for Integrative Medicine (SIM) will host a meditation sit that is open to all students, residents, staff, and faculty. There is no cost and SIM provides participants with chairs, or blocks/blankets for those who prefer to sit on the floor. The meditations are simple, breath-centered meditations that are loosely guided. For more information, or to be added to an email reminder list, email Amalia Kane at amalia.kane@gmail.com.
Wednesdays, 6 – 6:30 pm Annenberg 10-30

MOUNT SINAI YOGA PROGRAM
The Mount Sinai Yoga Program is hosting weekly Vinyasa yoga classes on Thursday evenings from 5:30 –
6:30 pm in the Annenberg Student Lounge. The classes are open to students, faculty, and staff, and are appropriate for all levels. Mats and accessories are available for use. There is a suggested $10 donation for faculty and staff. For more information and to be added to the email list, contact mountsinaiyogaprogram@gmail.com.

**Thursdays, 5:30 – 6:30 pm**

**Annenberg Student Lounge**

**EMPLOYEE ASSISTANCE PROGRAM: CHILD CARE AND SUMMER CAMP SERVICES**
The Employee Assistance Program (EAP) offers information regarding New York City public schools, daycare, and summer camp for children. For information about these services, call the Employee Assistance Program at 212-241-8937. The EAP is located on-site, at 19 East 98th Street, Suite 3A.

**EMPLOYEE ASSISTANCE PROGRAM**
The Mount Sinai Employee Assistance Program (EAP) offers free, confidential, short-term counseling for employees and their family members. To schedule an appointment with an EAP professional, call 212-241-8937. The EAP is located on-site, at 19 East 98th Street, Suite 3A.

**THE ‘MOUNT SINAI MILE’ INDOOR WALKING ROUTE**
Mount Sinai Heart and the Wellness Initiative have mapped a one-mile indoor walking route through The Mount Sinai Hospital campus to help staff meet their physical activity goals at work. The American Heart Association recommends at least 30 minutes of moderate-intensity aerobic activity at least five days per week. Staff are encouraged to use the map at [http://www.mountsinai.org/patient-care/service-areas/heart/mount-sinai-mile](http://www.mountsinai.org/patient-care/service-areas/heart/mount-sinai-mile), follow the ‘Mount Sinai Mile’ signs while on lunch break, or hold a walking meeting along the ‘Mount Sinai Mile’ route. For more information, email Abby Schwartz, MBA, BSN, RN, at Abby.Schwartz@mountsinai.org.

**DIABETES PREVENTION PROGRAM AT MOUNT SINAI**
The Mount Sinai Diabetes Center and the YMCA of Greater New York, through its YMCA Diabetes Prevention Program (YDPP), are offering a fitness and health coaching program at Mount Sinai aimed at reducing the risk for diabetes. The 16-week program is designed for adults who are at risk for diabetes (risk factors include: overweight, family history, or personal history of gestational diabetes), or have a diagnosis of pre-diabetes. The Diabetes Prevention Program is free and open to all Mount Sinai employees, patients, and local community members. Mount Sinai employees covered by United Healthcare should call 800-237-4942 to register for the program. Individuals interested in the program who are not covered by United Healthcare (this includes NYSNA nurses and medical students), can call 212-912-2524. Those unsure of their risk for diabetes can take a short quiz located at [http://intranet1.mountsinai.org/HumanResources/Wellness/Mount%20Sinai%20Risk%20Quiz.pdf](http://intranet1.mountsinai.org/HumanResources/Wellness/Mount%20Sinai%20Risk%20Quiz.pdf). To learn more about the fitness program visit [http://www.mountsinai.org/patient-care/service-areas/diabetes/living-with-diabetes/community-outreach](http://www.mountsinai.org/patient-care/service-areas/diabetes/living-with-diabetes/community-outreach).

**MOUNT SINAI’S WEIGHT MANAGEMENT PROGRAM**
The program offers weekly orientation sessions titled “Toward Lasting Better Health.” The sessions, led by physicians and dietitians, aim to help people who are trying to lose 30 or more pounds and require patients to receive a comprehensive obesity screening by an endocrinologist before starting. The sessions take place on Mondays at 5 pm in the Atran Building’s Fourth Floor Conference Room, AB4-11. To reserve a seat, call 212-241-4991.
ANNOUNCEMENTS AND EVENTS

EFFECTIVE MEDICAL WRITING

The Office of Postdoctoral Affairs and the Mount Sinai Postdoctoral Writing Group are hosting this seminar which will provide an overview of the various types of patents writing: finding prior art for patents, concepts and tools, and patent searching for researchers. The seminar will also review a brief definition of patents, types of patents, and what tools are available for researchers trying to find out if there is any prior art available in the area. Kamala Janiyan, PhD, Biotechnology Professional, Patent Technical Specialist, UC San Diego, will speak at this seminar. For more information, or to RSVP, email jesica.levingstonmaclroads@mssm.edu. Food will be served.

Monday, April 13, 4 – 5 pm
Annenberg 25-51

BLOOD PRESSURE SCREENINGS

Health educators from Mount Sinai Beth Israel are available on certain days to perform free blood pressure screenings, and explain the results.

Tuesdays, April 14, May 12, June 9, 2 – 3 pm
Mount Sinai Beth Israel
Podell Auditorium
Bernstein Pavilion
9 Nathan D. Perlman Place
Corner of 16 Street
Between 1st and 2nd Avenues

CHILD HEALTH RESEARCH DAY 2015

The Seventeenth Annual Child Health Research Day is sponsored by the Jack and Lucy Clark Department of Pediatrics and The Mindich Child Health and Development Institute. Joel J. Hirschhorn, MD, PhD, Concordia Professor of Pediatrics and Professor of Genetics at Harvard Medical School, Director for the Center for Basic and Translational Obesity Research at Boston Children’s Hospital, and Senior Associate Member at the Broad Institute, will be the Visiting Professor for this event. For more information, contact Carla Monaco at carla.monaco@mssm.edu.

Thursday, April 16, 8 am – 1:30 pm
(8 – 11:30 am)
Hatch Auditorium
Guggenheim Pavilion
(11:45 am – 1:30 pm)

ORAL CANCER AWARENESS EVENT

The Department of Otolaryngology (Head and Neck Surgery) is hosting an Oral Cancer Awareness event. A physicians’ team, led by Brett Miles, MD, Associate Professor, Otolaryngology, will be providing education on the topic and conducting oral screenings. Note: This event is not a substitute for seeing a physician.

Thursday, April 16, 10 am – 2 pm
Guggenheim Atrium

NATIONAL HEALTHCARE DECISION DAY

In recognition of National Healthcare Decision Day (NHDD), The Hertzberg Palliative Care Institute will be hosting an informational table in the Guggenheim Pavilion, outside of the Plaza Café. NHDD exists to spread awareness of the importance of advance care planning. Professionals, and additional information, will be available at the table for those interested.

Thursday, April 16, 10 am – 3 pm
Guggenheim Pavilion
MOUNT SINAI ST. LUKE’S-ROOSEVELT ALUMNI ASSOCIATION PRESENTS ITS 124TH ANNUAL DINNER

The Mount Sinai St. Luke’s-Roosevelt Alumni Association is hosting its 124th Annual Dinner. This year, the Distinguished Alumnus Award Recipients are Jeanne W. Baer, MD, and Airlie A. C. Cameron, MD. A Special Honorary Alumnus Award will be presented to Joan G. Sarnoff, and the Distinguished Young Physician of the Year Award will be given to Naa Abia Casely-Hayford, MD, MPH, FACP. All Hospital Center faculty and staff, in addition to alumni trained at St. Luke’s-Roosevelt, are welcome as Alumni Association members and event attendees. Those interested must RSVP by Monday, April 20, by calling 917-743-9346 or emailing dan@slralumni.org. A Black tie is preferred for this event.

DNA DAY

The Mount Sinai BioMe Biobank Program is celebrating National DNA Day, the commemoration of the completion of the Human Genome Project and the anniversary of the publication of the structure of DNA. Staff is invited to join the Charles Bronfman Institute for Personalized Medicine as it honors both its achievements of the past year and its BioMe participants with a deoxyribonu-“cake” and sponsors a raffle. This will also be an opportunity for physicians, patients, staff, and visitors to learn more about the BioMe Biobank Program and Institute, and have the opportunity to make an appointment to enroll in BioMe. For more information, call 212-241-3730, or email Amanda Merkelson, MPH, at amanda.merkelson@mssm.edu.

APRIL IS SEXUAL ASSAULT AWARENESS MONTH

In recognition of Sexual Assault Awareness Month, Mount Sinai’s Sexual Assault and Violence Intervention (SAVI) Program will be hosting their annual Denim Day information tables. All Mount Sinai employees, students, and guests are invited to visit a table and receive free materials, buttons, and other giveaways as a symbol of their commitment to breaking the silence, stigma, and stereotypes that continue to exist around issues of sexual violence. For more information, please contact Angela Fernandez, SAVI’s Outreach/Training Program Coordinator, at angela.fernandez@mssm.edu.

Additionally, SAVI is hosting a screening of the film, “The Hunting Ground.” This film provides an expose of sexual assault on United States’ campuses and the heavy toll put on survivors and their families. This event is free, but RSVP is required. To register, visit: https://eventbrite.com/event/16240507796/. For more information, please contact Angela Fernandez, SAVI’s Outreach/Training Program Coordinator, at angela.fernandez@mssm.edu.
NEW ORTHOPAEDICS SPECIALTY
The Department of Orthopaedics has announced its new Chiropractic care specialty. Chiropractic care can benefit low-back pain, headaches, and neck pain and provide nutritional dietary and lifestyle counseling. Care will be provided by Bradley Grossman, MD, DC, who is a certified chiropractic sports practitioner focusing on conservative management, rehabilitation, and performance optimization. Call 212-241-8947 for an appointment with the Department’s Mount Sinai Spine Center, 5 East 98th Street, fourth floor.

NEW HISTORICAL DISPLAYS IN ANNENBERG LOBBY
The Mount Sinai Archives has installed a new exhibit in the display cases in the Annenberg north lobby. The three cases highlight three different themes: “Ten Years that Transformed Nursing, 1890-1900”; “The Oldest Existing Mount Sinai Building is on 67th Street”; and “100 Years ago: The Mount Sinai Serbian Typhus Expedition of 1915.” All are invited to stop by and view the exhibits. For more information about the displays or Mount Sinai history in general, contact the Mount Sinai Archives at ext. 47239 or msarchives@mssm.edu.

ENJOY LOCAL, ORGANIC FOOD AS A MEMBER OF THE MOUNT SINAI FARM SHARE
Registration is now open for the 2015 season of Mount Sinai Farm Share, a Community Shared Agriculture (CSA) program that offers local, organic produce from Stoneledge Farm, delivered weekly during the 24-week harvest season (June through November). The distribution site is conveniently located outside of the Icahn building at 99th Street and Madison Avenue. Those interested may purchase a vegetable share and additional fruit, mushroom, or coffee shares by visiting https://www.stoneledgefarmny.com/. For more information, email mountsinaifarmshare@gmail.com.

COLORECTAL CANCER OUTREACH PROGRAM
The Witness CARES program is a culturally targeted community outreach program designed to increase knowledge about colorectal cancer in the African American community and improve adherence to recommended screening guidelines. The educational presentation is roughly 90 minutes and includes a culturally based educational video reviewing facts about colorectal cancer and screenings, while also providing valuable resources. Programs are held at Mount Sinai and throughout the New York City community. For more information, contact Clarissa Martinez at 212-824-7803, or Karent Zorogastua at 212-824-7806.

MOUNT SINAI RISING PROFESSIONALS
The Rising Professionals is a group dedicated to developing the professional workforce of the Mount Sinai Health System by offering employees opportunities for professional and personal growth. To join the distribution list for the Rising Professionals, email risingprofessionals@gmail.com.

POSTING CLINICAL RESEARCH PROJECTS ON THE MOUNT SINAI HEALTH SYSTEM WEBSITE
Employees can request that their studies be added to the clinical research listings on the Mount Sinai website. Using the web form found at https://erap.mssm.edu/Public/ORSClinicalTrials.aspx, one can submit a request to add, update, or delete a web page from the clinical research listings at http://icahn.mssm.edu/research/clinical-trials. For more information, contact research.services@mssm.edu.
STAT-CHAT: WALK-IN CONSULTATION SERVICE
The Center for Biostatistics at Mount Sinai has launched STAT-CHAT: a free, walk-in, consultation service meant to resolve easy problems and answer quick questions about such topics as data analysis, study design, and database. All faculty, fellows, residents, staff, or medical students are welcomed to use this service for quick statistics-related questions. STAT-CHAT is offered once a week with two statisticians available for an hour on a first-come, first-served basis. Each consultation should be about 15 minutes.
Mondays, 2 – 3 pm
Icahn Medical Institute, L2-82

OPHTHALMOLOGY OPTICAL SHOP UPDATE
The Department of Ophthalmology’s Optical Shop encourages employees to take care of their eyes. The shop is currently offering a one-time additional five-percent discount on all purchases over $300.00. The Optical Shop also offers employees a 20-percent discount on a wide assortment of sunglasses and glasses. Shalaya Arias, a department optician, will be available to show visitors the shop’s latest designer frames for adults and children. The department encourages employees to use their Flexible Spending Account at the Optical Shop. Customers must still adhere to the shop’s 90-day “pay for your glasses” policy. The shop’s hours of operation are Monday to Friday from approximately 10 am – 5 pm, and no appointment is necessary. For more information, call 212-241-0939.
17 East 102nd Street, Eighth Floor
Across from the Ophthalmology Department

BREAST AND CERVICAL CANCER OUTREACH PROGRAMS
Esperanza y Vida and The Witness Project of Harlem are culturally based community outreach programs that teach the importance of breast and cervical cancer health and screenings. The programs are led by women in the community, including breast and cervical cancer survivors who provide testimonials. Programs are held at Mount Sinai every other month and throughout the community. For more information, contact Clarissa Martinez at 212-824-7803, Cristina Villagra at 212-824-7804, or Helen Nunez at 212-824-7801.

STORYCORPS PARTNERING WITH MOUNT SINAI
StoryCorps Legacy, a program of the national oral history project StoryCorps, is partnering with The Child Life and Creative Arts Therapy Department at the Mount Sinai Kravis Children’s Hospital to record and preserve stories from Mount Sinai staff.
For 40 minutes, participants will have the opportunity to answer questions, such as:
• How would you describe yourself?
• Who has had the biggest influence on you?
• What are you most proud of?
Participants will receive a free CD recording to share with family and friends. With their permission, a second copy will be archived in the American Folklife Center at the Library of Congress. StoryCorps Legacy is an audio project only – no video will be taken. For more information, visit http://storycorps.org/legacy. Recordings are taking place now and will continue until further notice. Contact Lori Lerma at 212-241-6975 or lori.lerma@mountsinai.org to schedule an interview.

A RESEARCH OPPORTUNITY FOR EVERYONE
Mount Sinai and other research institutions across the country have joined together to create ResearchMatch.org. This easy-to-use tool allows interested volunteers to make themselves available as
research study participants for studies that are right for them, and helps research studies from ending due to lack of participation. Volunteers of any age, race, ethnicity, or health status are invited to join. Volunteer privacy is protected. To learn more visit https://www.researchmatch.org?route=mount_sinai.

CALLING ALL MOUNT SINAI ALUMNI
Alumni can be kept informed of Mount Sinai happenings by sending their non-MSSM e-mail address to Alumni Relations at alumni@mssm.edu and by “Liking” Mount Sinai Alumni on Facebook and following Mount Sinai Alumni on LinkedIn.

DISPLAY OF EXCELLENCE
The Display of Excellence, located in front of the Plaza Café, is a way for managers to give their employees recognition for outstanding service. The employee’s photo and manager’s words of recognition will be posted on the display. Managers can use the display if an employee provides excellent customer service, innovative new ideas, successful project completion, safety efforts, patient satisfaction improvements, or as retirement recognition, and more. Entries will be kept on display for three months. Guidelines: Must be a manager to submit an entry, employee must be in good standing with Mount Sinai, each supervisor may enter no more than two individuals or one team each month, employees may be recognized multiple times throughout the year if each entry is for a separate and unique accomplishment. For more information, email Michelle Cruz at Michelle.Cruz@mssm.org or call x41944.

TALENT DEVELOPMENT AND LEARNING

LEVY LIBRARY EDUCATION CLASSES
Read more about classes and register online for classes at: http://librarycf.mssm.edu/levy/classes/. For more information and location information, email Levy Library Reference at refdesk@mssm.edu, or call 212-241-7791.

MOUNT SINAI TALENT DEVELOPMENT AND LEARNING
Talent Development and Learning, formerly the Division of Training and Education, has a new institution-wide learning management system called PEAK (Portal for Education and the Advancement of Knowledge). Employees can now register online for all Talent Development and Learning classes by logging on to the PEAK website, then clicking on the ‘Classroom-Based Training’ section. By registering online, individuals no longer will need to fax their registration forms. For more information, contact Talent Development and Learning at 212-241-1944, or register at http://peak.mountsinai.org. In order to log on to PEAK, employees will need to use the credentials used to log into their e-mail. To identify the proper credentials, visit http://password.mountsinai.org or call the help desk at 4-HELP.

- Excel Calculations
This class will review common Excel formulas such as SUMIF, COUNTIF, AVERAGEIF, IF, AND, OR, VLOOKUP, and more. Prior knowledge of formulas is suggested.
Thursday, April 9, 1:30 – 5 pm

- Strategies for Managing Stress
This class will review techniques for dealing effectively with everyday issues that can lead to time mismanagement and tension. The methods will help participants recognize the signs of stress, effectively budget resources like time and money, clarify expectations, and create life balance.
Thursday, April 9, 2 – 4 pm

Mount Sinai Beth Israel-PACC
- **The Art of Delivering and Receiving Feedback**

This class will teach participants how to tactfully communicate with individuals who need to improve their performance or correct their behavior, and methods on how to get the most out of constructive criticism.

*Monday, April 13, 10:30 am – 12:30 pm*

*Mount Sinai Beth Israel – Petrie*

- **Access Information Retrieval**

In this class, participants will learn how to analyze and create reports. Topics will include record filtering, creating queries and reports, and how to use the table view to do simple calculations.

*Tuesday, April 14, 9 am – 12:30 pm*

**Customer Service Academy (Two-Day Session)**

The Customer Service Academy (CSA) is a two-day immersion in a series of customer service topics. Participants will be introduced to innovative and evidence-based approaches to service excellence in health care intended to inspire original thought and ingenuity toward improving the service we provide. Employees will engage in collaborative discussion and spend time on individual development in order to positively impact the customers they serve. Leadership involvement is essential to the success of the CSA. (Prior to sending staff, there is a required three-hour training session for leaders. The training session, titled CSA: The Leader’s Resource, will focus on supporting and sustaining the learning. See “Customer Service Academy: The Leader’s Resource” submission below.)

*Tuesday, April 14, and Thursday, April 16, 9 am – 5 pm*

*Mount Sinai St. Luke’s*

- **Excel Charting Advanced**

In this course, participants will learn how to use combination charts, in-cell charts, dynamic charts with drop down menus, spark lines and more.

*Tuesday, April 14, 1:30 – 5 pm*

- **Outlook Basics**

This class will review basic Outlook features like sending emails, customizing your email signatures, organizing your calendar and tasks. Participants are encouraged to bring questions.

*Tuesday, April 14, 3:45 – 5 pm*

- **Customer Service Academy: The Leader’s Resource**

The Customer Service Academy: The Leaders’ Resource is a three-hour interactive session designed for managers who intend to enroll their staff in the MSHS Customer Service Academy (CSA). Leaders will be taught best practice methods that are customized for the sustainment of CSA learning. This will include CSA-focused Facilitative Coaching and Performance Feedback techniques (with the intention of both engaging staff before and after CSA attendances) as well as maximizing the impact a staff member’s participation in the CSA can have on patient satisfaction scores. Due to our strong belief that training is more successful with leadership involvement, prior to sending their staff to the CSA, leaders are required to attend this course.

*Wednesday, April 15, 10 am – 1 pm*

*Mount Sinai Beth Israel – PACC*

- **Foundations of Customer Service: Five Essentials (for employees hired within the last 6 months)**

This four-hour class is an orientation of Mount Sinai’s outlook on customer service for new employees. The class will introduce Mount Sinai’s service standards, present the five essentials of good customer service, and provide a forum in which to practice these skills.
Navigating Conflict as a Leader
This course will explore diverse perspectives and circumstances that provide innovative methods for successfully dealing with conflict.

Excel Lab
Prior Excel classes are a prerequisite for this class. This self-paced class will enhance participants’ skills learned in previous Excel classes. Exercises and examples will be provided. This is an open Excel Lab, and participants are encouraged to bring any questions related to Excel besides advanced formulas.

Excel Calculations Lab
In this class, participants will get to know those formulas and functions learned in the Excel Calculations course by practicing them further. Lab exercises will be provided to help with proficiency. Participants are encouraged to bring questions.

Excel Charting Basics
In this class, participants will learn to summarize Excel data using charts. Topics include chart types and their uses, the Chart tools design, layout and format tabs. Integrating charts into Word and PowerPoint. Learn the structure of a chart and how to change the appearance and scale.

CUNY School of Professional Studies: Information Sessions
These sessions will help participants learn more about the Human Relations College program at the CUNY School of Professional Studies that is designed to enhance skills and knowledge used on the job while providing an important foundation for further college study. The program is aimed at working adults at various points in their college careers.

Toastmasters
Toastmasters Members learn to develop comfort and skill when speaking by working with others in a supportive environment. A typical meeting is made up of 10 – 20 people who meet biweekly for an hour. Each meeting gives participants an opportunity to practice conducting meetings, give impromptu speeches, present prepared speeches, and offer constructive evaluation.

Walden University – Online Degree Programs
For more than 40 years, Walden University has been serving the higher education needs of adult learners. Walden University is now offering Mount Sinai Health System employees the opportunity to pursue a degree or certificate online in a wide selection of health care-related fields of study. To learn about educational opportunities through Walden University and learn about the tuition reduction offer tailored to the Mount Sinai Health System, call Leah Lopez at 732-306-7720 or email leah.lopez@waldenu.edu.

Foreign Language Conversation Groups
These sessions will allow speakers of all levels to converse. Beginners, intermediate, and advanced speakers are welcome. For more information, email michelle.cruz@mountsinai.org.

**Conversation Partners**
Designed for any level of a given language, Conversation Partners provides an opportunity to improve skills in a specific language by speaking in a safe group of learners. Native speakers are encouraged to attend. E-mail tdl@mountsinai.org for more information and the meeting location.

**English as a Second Language**
Classes are designed to improve written and conversational English with special attention paid to vocabulary, pronunciation, idioms, listening skills, writing, and grammar usage. Complete an assessment on Mondays anytime between 10:30 am and 3 pm. Call 212-241-1944 for more information.

**English Conversation Partners**
Designed for new learners of English, this program provides an opportunity to strengthen English-speaking skills by pairing up with an English-speaking employee or volunteer for one hour a week to practice conversation. This program is open to native English-speaking tutors, as well as students who are learning English. For more information, e-mail tdl@mountsinai.org.

**RESEARCH STUDIES/CLINICAL TRIALS**

**NEUROIMAGING RESEARCH STUDY**
The Laboratory of Neuroimaging at the Icahn School of Medicine at Mount Sinai is looking for a small number of normal healthy volunteers to complete a research study exploring information processing in the brain. Participation requires one one-hour screening session and one one-to-two-hour experimental session that involves an MRI scan. Payment is $100 for completion. Those between 18 and 39 years of age can contact Alex Dufford at alexander.dufford@mssm.edu for more information. [GCO 12-0435, MSSM IRB approved 4/18/14 through 4/17/2015].

**HEALTHY RESEARCH VOLUNTEERS NEEDED**
The Department of Anesthesiology at Icahn School of Medicine at Mount Sinai is seeking people for participation in this Trajectory of Recovery in the Elderly research study. The purpose of the study is to assess cognitive recovery in a group of adults by undertaking baseline and follow-up testing after the administration of general anesthesia in 70 – 80-year-olds and to evaluate alterations in resting state and activity-driven brain networks using fMRI, DTI, and ASL to characterize these same volunteers before and during recovery from the administration of general anesthesia. Participants will visit Mount Sinai twice and be contacted further for follow-ups. Compensation will be provided for participation. If interested, call the Department of Anesthesiology at 212-241-0840. [GCO #13-0359, Principal Investigator: Jeffrey Silverstein, MD, IRB approved through 4/28/2015].

**TREATMENT STUDY FOR CHILDREN AND ADOLESCENTS WITH ADHD**
The Department of Psychiatry is looking for children and adolescents 7 to 17 years of age with suspected or diagnosed attention-deficit/hyperactivity disorder (ADHD) to participate in a study examining response to either methylphenidate or atomoxetine, both of which are commonly prescribed medications that are FDA-approved for the treatment of ADHD in children and adolescents. The study will include an evaluation for ADHD and other disorders, weekly doctor visits for six to eight weeks as the doctors work with participants’ parents to find the best dose for their children, and non-invasive fMRI scanning while their
child plays a video game. Reimbursement provided. For more information, contact Beth Krone, PhD, at 212-241-8012, or email beth.krone@mssm.edu. [MSSM GCO #11-0161, PI: Jeffrey Newcorn, MD, IRB approved through 4/30/2015].

FMRI STUDY FOR HEALTHY YOUTH
Healthy boys and girls between 7 and 17 years of age may be eligible to participate in this study exploring the brain regions people use to pay attention. The study requires three visits to complete psychological tests, computer-based attention tasks, and two functional magnetic resonance imaging (fMRI) brain scans on two separate days. Reimbursement will be provided for time and effort, and participants will get a CD with pictures of their brain, along with a certificate of participation for volunteer service. For more information, call 212-241-8012 or e-mail ADHD.Research@mssm.edu [PI: Jeffrey Newcorn, MD, and Kurt Schulz, MD, GCO#11-0161, IRB approved through 4/30/2015].

STRESS AND HIV NEUROIMAGING STUDY
Mount Sinai researchers are seeking volunteers between 37 and 55 years of age, who are either HIV-negative or HIV-positive, to participate in a study examining the effects of HIV and stress on the brain. The study will include two initial interviews to assess eligibility for the more-involved neuropsychological assessment and MRI session. This study will also collect and test blood samples to determine if biomarkers can predict brain functions. Uurai Clark, PhD, Assistant Professor, Neurology, is the principal investigator for this study. For more information, call a study coordinator at the Icahn School of Medicine at Mount Sinai at 212-241-6582. [GCO#13-0466, Approved through 06/09/2015].

RESEARCH VOLUNTEERS WITH TRAUMATIC BRAIN INJURY NEEDED
The Brain Injury Research Center at Mount Sinai is seeking people who have had a mild, moderate, or severe traumatic brain injury (TBI) and are experiencing problems in their daily activities. This may include difficulty preparing meals, maintaining a schedule, or coming up with solutions to problems. The research study will evaluate changes in thinking skills that may occur after brain injury. Participants must be at least 18 years of age and not have other neurological diagnoses. Participants will visit Mount Sinai once for about two hours to complete research measures. Compensation will be provided for participation. If interested, call the Brain Injury Research Center at 212-241-5250. [GCO #14-0720, Principal Investigator: Colette Elliot, PhD, IRB approved through 6/26/2015].

HEALTHY RESEARCH VOLUNTEERS NEEDED
The Brain Injury Research Center at Mount Sinai is seeking people for participation in a research study. The purpose of the study is to evaluate daily activities and skills for everyday functioning. Participants must be at least 18 years of age and not have had a traumatic brain injury. Participants will visit Mount Sinai once for about two hours to complete research measures. Compensation will be provided for participation. If interested, call the Brain Injury Research Center at 212-241-5250. [GCO #14-0720, Principal Investigator: Colette Elliot, PhD, IRB approved through 6/26/2015].

ACANTHOSIS NIGRICANS QUALITY OF LIFE STUDY
The purpose of this study is to develop an acanthosis-nigricans-specific quality of life (ANQoL) instrument to measure the impact of acanthosis nigricans on patients’ lives. The Department of Genetics and Genomic Sciences will administer questionnaires and conduct open-ended structured interviews. Based on this data, the department will then generate the ANQoL. Participants must be over 18 years of age, English speakers, and have acanthosis nigricans. They will be asked to undergo a brief physical exam at Mount Sinai to
confirm the diagnosis. Participants will receive a $10.00 Visa gift card upon completion of their participation in this study. Those interested should email acanthosis.nigricans@mssm.edu. [GCO 12-0965, IRB approved through 07/16/15].

RESEARCH STUDY ON THE EFFECTS OF SMOKING ON THE DIGESTIVE SYSTEM
The Division of Gastroenterology is looking for individuals who are planning to quit smoking for a study on the effect of smoking cessation on the digestive system. The purpose of this study is to understand how smoking impacts the bacteria and immune system of the intestines. Participants need to be between 18 and 65 years of age, smoke half a pack of cigarettes per day, and be in relatively good health. Participation involves providing blood and stool samples, and having a flexible sigmoidoscopy with biopsies before and after stopping smoking. Up to $400 will be provided to compensate for time and effort. For more information, or to refer possible participants, contact Ryan Ungaro, MD, by emailing ryan.ungaro@mssm.edu, or calling 212-241-0150. [GCO # 14-1179, IRB Approved 8/12/14 - 8/11/15].

OBSESSIVE-COMPULSIVE DISORDER STUDY
The Obsessive-Compulsive Disorder and Related Disorders Program is recruiting for a study investigating the efficacy of group cognitive-behavioral therapy for OCD. Children of 8 to 12 years of age with a diagnosis of OCD are invited to participate. Subjects will participate in a 12-week clinical therapy program at no cost. The group therapy is run by Ariz Rojas, MD, on Monday nights from 5 – 6:30 pm. Subjects will complete pre- and post-test measures (one two-hour visit) and will be compensated for their time, as well as travel costs. For more information, or to register, contact Shannon Gair at Shannon.gair@mssm.edu, or 212-659-1675. [PI: Timothy Rice, MD, GCO # 14-0858, IRB Approved through 8/27/15].

APPETITE AND BODY FAT STUDY
The Division of Endocrinology is looking for healthy diabetic and nondiabetic individuals (both overweight and lean) who are eligible to participate in a study investigating appetite and body fat. Participation will include fasting over the night before the visit (eight hours) and a four to five hour visit during which a brief medical history and appetite questionnaire will be completed; height, weight, pulse, and blood pressure will be measured; blood samples will be taken before and a few times after drinking a test meal; and a biopsy of fat from around the waist will be taken. Participants will receive compensation. For more information, email Eliza Geer, MD, at eliza.geer@mssm.edu. [GCO# 08-0105. MSSM IRB approved through 8/31/15].

ATOPIC DERMATISIS STUDY
The Department of Dermatology is looking for adults, and children two years of age and older, to participate in a research study to treat mild to severe atopic dermatitis. The study will last several months. Qualified participants will receive a study-related skin exam and study drug at no cost. Health insurance is not needed to participate. For details, call the dermatology clinical trials center at 212-241-6033. [GCO # 12-0424, IRB approved through 8/31/2015].

MICROBIOME ANALYSIS STUDY
The Departments of Genetics and Genomic Sciences, and Gastroenterology, are conducting a prospective study exploring mechanism of in utero transmission of bacteria by Microbiome analysis and is currently recruiting female participants who are pregnant, planning a pregnancy, are in good health, or have Inflammatory Bowel Disease, and will deliver in The Mount Sinai Hospital. Participants will be asked to fill
out health status and dietary questionnaire, and provide stool and saliva samples. Participants will be compensated for their time and efforts with up to $250. Those interested can contact Joanna Torres, MD, at joanna.toress@mssm.edu or 212-241-2809, Justin Cote-daigneault, MD, at justin.cotedaigneault@mountsinai.org, or Hina Panchal, MD, at hinaben.panchal@mssm.edu, or 212-824-9080. [GCO# 14-1236, PI: Inga Peter PhD, ISMMS IRB approved through 10/8/15].

RESEARCH STUDY IN DIABETICS PATIENTS WITH PERIPHERAL ARTERY DISEASE (PAD)
Individuals with type 2 diabetes mellitus with lower extremity peripheral artery disease (PAD) are invited to participate in this study being performed by the Division of Cardiology, which is designed to explore the effects of three FDA-approved anti-platelet regimens in microcirculatory flow. Eligible study participants will receive three different sets of treatments for PAD and will be followed up via blood testing as well as Doppler-imaging. Those interested can call John Kim, MD, at 212-659-9637, Karen Modesto, PhD, at 212-659-8864, or e-mail john.kim@mssm.edu or karen.modesto@mssm.edu. [PI: Robert Rosenson, MD, GCO #13-1925, IRB approved through 10/28/2015].

TOMMORROW STUDY
The Alzheimer’s Disease Research Center is seeking healthy participants between 65 and 83 years of age who have someone who can be a project partner (spouse, adult child, other family member, or caregiver) to provide information about their health, attend study appointments, and assist with correctly taking certain study medications for this study that will examine two genes to see if it’s possible to predict someone’s likeliness to develop Alzheimer’s based on certain inherited genes, and to test a drug called pioglitazone (AD-4833), which may slow the progress of Alzheimer’s disease in those who currently show no signs of the condition. In this study, the participants will be given a blood test to determine if they are at an elevated risk of developing Alzheimer’s disease, and memory, thinking, orientation, and language skills tests to confirm that they are mentally healthy. Those who qualify will then be given a study drug or placebo to take over a five-year period. Participants will not have to pay for investigational medication, and transportation assistance may be available. This research will take place at The Mount Sinai Hospital campus. For more information, contact a study coordinator at 212-241-8329. [PI: Judith Neugroschi, MD; GCO#: 13-1688; HSM#: 13-00720; IRB approved through 11/19/2015].

GENETICS AND GENOMICS STUDY OF NEURODEVELOPMENTAL DISORDERS
The Department of Psychiatry is recruiting subjects and families with neurodevelopmental disorders (NDDs) of unknown cause for a systematic genetic screen that will examine the inheritance patterns and genetic contributions to related neurodevelopmental disorders. The study includes completion of a medical history questionnaire and a blood draw. Affected and unaffected family members of those with a NDD may also be eligible to participate. For more information, call 212-824-9065, or email ndd.project@mssm.edu [GCO# 12-1490, PI: Dalila Pinto, PhD, IRB approved through 11/20/15].

EFFECT OF NEBIVOLOL ON THE BLOOD FLOW IN HEARTS OF ADULTS WITH HIGH BLOOD PRESSURE AND ABNORMAL FILLING OF HEART (LVDD) STUDY
The purpose of this study is to study the relationship between Nebivolol (Bystolic) administration and improvement in exercise time in patients with hypertension (high blood pressure) and those with Left Ventricular Diastolic Dysfunction (abnormal relaxation of the heart muscle). The Division of Cardiology is looking for patients who have a history of mild to moderate high blood pressure (130-160/90-120) and may
or may not have not received any medications for elevated blood pressure for at least 30 days and who are willing to undergo two stress echo exams at the beginning and at the end of the study. The study duration is six months. Patients will be supplied with the medication for the six-month period. For more information, contact Sharath Vallabhajosyula at Sharath.vallabhajosyula@mssm.edu or call 212-659-8847, or call 212-659-8847 to set a screening visit and check your eligibility. [GCO #12-0493, Principal Investigator: Partho Sengupta, MD, IRB approved through 12/10/2015].

**STUDY FOR HEALTHY YOUNG VOLUNTEERS**
The Division of ADHD and Learning Disorders at the Icahn School of Medicine at Mount Sinai are seeking adolescents of 7 to 17 years of age with no history of medical or psychiatric illness to participate in a study that uses non-invasive technology as a measurement to diagnose and treat ADHD. The study will include an evaluation for ADHD and other disorders, a non-invasive scan while the child plays video games on a computer, and a second scan 4 – 6 weeks after the initial scan. Compensation will be provided for participation. For more information, contact Amanda Kirschenbaum, BSc, Clinical Research Coordinator, at 212-241-5269, or Amanda.Kirschenbaum@mountsinai.org. [IRB Approved through 12/15/15].

**LUNG CANCER EARLY DETECTION STUDY**
The Early Lung and Cardiac Action Program of the Department of Radiology is seeking non-smokers, 40 years of age and older who have never smoked and have been exposed to second-hand smoke. The study will offer early detection of lung cancer, cardiac disease, and other diseases through low-dose CT scanning. This study is free of charge and participants will be reimbursed for their time and effort. For more information or to participate, call 212-241-2420. [GCO# 09-2017, PI: Claudia Henschke, MD, PhD, IRB approved through 12/31/2015].

**MRI AND PET STUDY**
Researchers at Mount Sinai are developing and validating new magnetic resonance imaging (MRI) and positron emission tomography (PET) methodologies to help in diagnosing atherosclerotic plaques at risk of causing severe clinical events, such as myocardial infarction, stroke, or sudden death. Males and females 20 years of age and older, either with personal or family history of either risk factors for atherosclerosis (high cholesterol, high blood pressure, diabetes), or atherosclerosis itself, may be eligible for participation in this study. Participation will involve undergoing one or more imaging sessions with MRI and/or PET. Participants will be reimbursed $75 per imaging session, for a maximum of $300. For those interested in this study, contact Rima Fayad (Research Coordinator) at 212-824-4846, or email rima.fayad@mountsinai.org. [GCO 01-1032, IRB approved through 12/31/2015].

**ALZHEIMER’S DISEASE RESEARCH CENTER STUDY**
The Alzheimer’s Disease Research Center at Mount Sinai is recruiting volunteers for a multi-center Merck EPOCH trial. This study is investigating the safety, tolerability, and efficacy of a medication, MK-8931, in patients with mild to moderate Alzheimer’s disease. MK-8931 is an oral, β-amyloid precursor protein, site-clearing enzyme (BACE) inhibitor and is aimed at slowing the progression of Alzheimer’s disease. Patients will be randomly assigned to take a low dose of study medication, a high dose of study medication, or a placebo for 78 weeks. The study needs patients with a diagnosis of Alzheimer’s disease who are 55 to 85 years of age, are fluent in English or Spanish, can attend all study visits, participate in neuropsychological testing, receive MRIs, and who have a close friend or family member who can act as a study partner. All study visits will take place at The Mount Sinai Hospital campus and there will be no cost to the patients. For more information about the study, contact study coordinator, Emily Exter, at 212-241-0438 or
STUDY OF HUMAN BODY SIZE AND SHAPE USING 3-DIMENSIONAL PHOTOGRAPHIC IMAGES

Individuals, especially fraternal and identical twins, are invited to participate in a genetics study that involves taking photographs with a special camera to measure head size and shape. Analysis of these 3-D photos will be used to measure the amount of similarity and difference between facial features of twins. Participants will be consented, asked to fill out a short questionnaire about medical and family history, have head circumference and ear length measured, have two or three 3-D photos taken, provide a buccal sample (cheek swab or mouthwash sample) or a blood sample. Total participation time is about 30 minutes. Those interested should call 212-241-7056 or email 3dphoto@mssm.edu [GCO 08-0811, IRB approved through 03/11/2016].

UPDATE
2015 Marketing and Communications
Send submissions to update@mountsinai.org by Noon on Tuesday for inclusion in Thursday’s Update.
Update
April 2, 2015

WEEKLY E-NEWSLETTER HIGHLIGHTING ANNOUNCEMENTS AND EVENTS

HIGH SCHOOL SUMMER PROGRAMS AT MOUNT SINAI
The Center for Excellence in Youth Education, housed in the Center for Multicultural and Community Affairs, at the Icahn School of Medicine at Mount Sinai, has announced the opening of its Summer Program Application. This summer, the Center will offer three hands-on, project-based research courses for high school sophomores, juniors, and seniors. In addition, seniors are encouraged to apply to the Center’s Hospital Placement internship program. Students who participate in one of the Center’s research courses will receive preference for the internship program when they apply the following year. The new application and course descriptions available at www.icahn.mssm.edu/ceyesummer. Applications are due by Thursday, April 2, and only students with complete applications will be considered.

For more information, email Erin Page, Program Assistant, at erin.page@mssm.edu.

Thursday, April 2 (Application Deadline)

ANNOUNCING ICAHN SCHOOL OF MEDICINE AT MOUNT SINAI’S SUPPORT FOR CROWDFUNDING APPLICATIONS
Crowdfunding is a mechanism to fund a project by collecting small amounts of money from a large number of people, and has emerged as an important way to raise funds to expand ongoing initiatives to cure disease and improve patient care. This is done via direct appeals through crowdfunding internet sites where one presents an idea and how much they will need to accomplish the project.

To assist Mount Sinai faculty and students in tapping this new funding method, resources have been developed to enable those interested to launch a successful crowdfunding campaign. Members of the Mount Sinai community are now able to leverage Mount Sinai’s reputation as well as infrastructure to give your project additional credibility with potential donors.

Those interested can visit the Icahn School of Medicine at Mount Sinai’s new crowdfunding page at http://icahn.mssm.edu/about-us/for-faculty/researchers/crowdfunding-as-a-mechanism-to-fund-your-ideas.

AUTISM AWARENESS MONTH
The Seaver Autism Center for Research and Treatment is sponsoring a number of activities throughout April to commemorate Autism Awareness Month. Stop by informational tables to pick up brochures on autism spectrum disorders, talk to members of the team, and learn more about studies and treatments being offered by the Seaver Autism Center.
**Informational Tables**

*Thursdays, April 2, 9, 16, 23, and 30, 11 am – 2 pm*  
Guggenheim Pavilion  
Outside the Plaza Café

**Seaver Seminar Series**

Gabriel S. Dichter, PhD, Associate Professor, Psychiatry, Psychology, University of North Carolina, Director, Clinical Affective Neuroscience Laboratory, The Carolina Institute for Developmental Disabilities, presents "Reward Processing in Autism." This event is free of charge and open to the public.  
*Wednesday, April 29, 2 – 3 pm*  
Hess Center, Seminar Room B

**2015 INSTITUTE FOR MEDICAL EDUCATION (IME) EXCELLENCE IN TEACHING AWARDS**

It is time once again to nominate the Mount Sinai Health System’s best educators for the Institute for Medical Education's (IME) Excellence in Teaching Awards. This is the 13th annual awards ceremony to honor educators for their dedication and commitment to teaching and learning. This year marks the third time the IME will recognize faculty with the Dr. Nathan Kase Innovations in Medical Education Award and the Dr. Arthur H. Aufses, Jr. Career Achievement Award in Medical Education. The IME awards formally acknowledge and reward innovation, commitment, and excellence in medical education. Those interested may submit nominations for more than one person, but must fill out an individual form for each nomination. Each nomination requires two support letters (including that of the nominator) and some awards require a third letter of support from the nominee’s Department Chair. To submit a nomination, email Margaret.suppa@mssm.edu. By emailing, one will receive the required submission form.  
*Friday, April 3, 5 pm (Submission Deadline)*

**VOYA (ING) VOLUNTARY UNIVERSAL LIFE INSURANCE OPEN ENROLLMENT**

Open enrollment for Voya (ING) Voluntary Universal Life Insurance will be held from Monday, April 6 – Friday, May 1. Voya (ING) Enrollment Representatives will be onsite at the tables outside of the Plaza Café from 6 am to 6 pm. During this enrollment period, employees may apply for guaranteed issue coverage up to $125,000 without the need for extensive medical questions or testing required. Those interested can call 212-241-5480 for more information during the enrollment period.  
*Monday, April 6 – Friday, May 1, 6 am – 6 pm*  
Guggenheim Pavilion  
Outside the Plaza Café

**NATIONAL DONATE LIFE MONTH**

Mount Sinai’s Recanati/Miller Transplantation Institute is sponsoring a campaign during April, National Donate Life Month, to encourage staff and the community to register as organ, eye, and tissue donors and to honor those donors who have helped save lives. Among the activities planned to raise awareness about organ donation on The Mount Sinai Hospital campus are:

**LiveOnNY Run Around the Central Park Reservoir**

Staff who participate will be given a LiveOnNY t-shirt and run as a group around the reservoir to promote awareness about donation. Walkers are also welcome to this event. To RSVP for this event, email sara.geatrakas.mountsinai.org.  
*Tuesday, April 7, 5:15 pm (Meet)*  
Outside 1425 Madison Avenue

**Nursing Grand Rounds: “Organ and Tissue Donation: A Collaborative Effort”**
Errol Gordon, MD, Director, Mount Sinai Donor Council, and LiveOnNY staff will present.

Wednesday, April 8, Noon                        Hess Center

Recanati/Miller Transplantation Institute Lecture Series: “The Pharmacological Management of a Deceased Organ Donor in the ICU”

Michael DeVita, MD Associate Medical Director, LiveOnNY, will present. To RSVP for this event, email Elsa.Myers@mountsinai.org.

Friday, April 10, Noon                        Icahn Medical Institute
                                                Room 4-82

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Blue and Green Day

Wear the colors of National Donate Life or a promotional T shirt. Take photos and send them to John.Ambrose@mountsinai.org for Mount Sinai’s Facebook page.

Friday, April 10

Donate Life Day

This event is sponsored by LiveOnNY and the Recanati/Miller Transplantation Institute. Attendees will receive a free shopping bag with give-aways to help them learn about organ donation and transplantation.

Wednesday, April 15, 11 am – 7 pm
                                                Whole Foods Market
                                                97th and Columbus

-  

Live Music

Susie Hochenberg, a living kidney donor, and pianist, will perform.

Thursday, April 16, and Wednesday, April 22, 11 – 11:30 am
                                                Guggenheim 7th Floor Atrium
                                                (Near Gift Shop)

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Recanati/Miller Transplantation Institute Lecture Series: “Geographic Disparities in Liver Transplant”

Dorry Segev, MD, PhD. Associate Vice Chair, Research, Associate Professor, Surgery, Johns Hopkins Medicine, will present. To RSVP for this event, email Elsa.Myers@mountsinai.org.

Friday, April 17, Noon                        Icahn Medical Institute
                                                Room 4-82

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Remember and Rejoice Ceremony

This event is Transplant Recipients International Organization’s annual memorial to organ donors and celebration of life. For more information, email TRIO@aol.com.

Saturday, April 18
                                                St. Patrick’s Cathedral
                                                5th Avenue

FREE SKIN CANCER SCREENINGS

All Mount Sinai Health System staff, their friends and families, and the public, are invited to come to the locations below to obtain a total body skin examination. The screenings are for walk-ins only, and do not require appointments:

Center for Advanced Medicine (CAM) at The Mount Sinai Hospital

Saturday, April 11, 10 am – 3 pm
                                                17 East 102nd Street
                                                Between Madison and 5th Avenue
Kimberly and Eric J. Waldman Department of Dermatology at The Mount Sinai Hospital
Thursday, May 7, 2 – 6 pm 5 East 98th Street, 5th Floor

Department of Dermatology at Mount Sinai Beth Israel
Thursday, May 7, 3 – 6:30 pm 10 Union Square, Suite 3C

Department of Dermatology at Mount Sinai St. Luke’s
Thursday, May 7, 5:30 – 8 pm 1090 Amsterdam, Suite 11D

Department of Dermatology at Mount Sinai Roosevelt
Wednesday, May 20, 5:30 – 8 pm 425 West 59th Street, Suite 5C

CME COURSES AND CONFERENCES
CONSORTIUM OF NEW YORK GERIATRIC EDUCATION CENTERS

Register now for upcoming Core Days and electives, part of a 35-hour Geriatric Scholar Certificate program. Seminars are aimed at improving and expanding geriatric health care, particularly for low-income, multi-ethnic, and underserved older adult populations. Each training day is accredited for 7.0 CME credits by the Icahn School of Medicine at Mount Sinai. The program is intended for health care and social service providers and faculty from a range of disciplines and areas of expertise. For more information and to register, visit www.nygec.org, or email cnygec@mssm.edu.

Elective: Health Promotion, Sexuality, and Quality of Life Improvement for Older Adults
Friday, April 10 Columbia University
School of Social Work
1255 Amsterdam Avenue

Core Day One: Working With Older People
Friday, April 17 Bellevue Hospital Center
462 First Avenue

Core Day Two: Providing Interdisciplinary Geriatric Care
Friday, April 24 Bellevue Hospital Center
462 First Avenue

THE EVOLVING HIGH PERFORMANCE DELIVERY SYSTEM: VALUE AND RESULTS

This event is designed to update community primary care physicians on the trends, imperatives, challenges, and approaches to value-based health care. In addition, the intent is to inform the attendees on emerging models of payment and health care delivery system reform. This includes applying principles of the triple aim of population health strategies, quality improvement, and coordinated care, and implementing a value-based purchasing program. For more information, visit www.mssm.edu/cme/courses, email cme@mssm.edu, or call the Office of CME at 212-731-7950.
FIRST INTERNATIONAL SYMPOSIUM ON LIPEDEMA

This two-day symposium, sponsored by the Friedman Center for Lymphedema Research and Treatment, will bring together top medical researchers, surgeons, and medical professionals from around the world in support of finding a cure for this often misunderstood (and misdiagnosed) disease. The symposium has portions aimed at medically trained professionals, as well as patients and their supporters.

Friday will feature the CME course “Setting the Research Agenda For Lipedema: Steps Toward a Cure,” which will be directed by Mark L. Smith, MD, FACS, Chief, Division of Plastic Surgery at Mount Sinai Beth Israel, Director, Friedman Center for Lymphedema Research and Treatment, and Associate Professor, Department of Surgery at the Icahn School of Medicine at Mount Sinai. Additionally, on Friday evening there will be a cocktail reception and film premiere for the lipedema documentary, “The Disease They Call Fat,” by filmmaker and patient Catherine Seo.

Saturday will review recommended options that can be taken to reduce the impact and stop the progression of lipedema. The following topics will also be reviewed: sessions on dealing with lipedema, complete decongestive therapy (manual lymphatic drainage (MLD) and compression), the role of exercise (lymphatic yoga, exercise, and meditation), the role of diet (nutrition and supplements), and surgical treatment (pros and cons / a panel of women who have had liposuction).

For more information on the symposium, or to register, visit www.chpnet.org/cme or email symposium2015@lipedemaproject.org.

ADVANCES IN FACIAL RECONSTRUCTION AND COSMETIC SURGERY: A HANDS-ON CADAVER WORKSHOP

This workshop is designed to provide practitioners and residents in the field of reconstructive and cosmetic surgery a comprehensive demonstration and training in soft tissue reconstruction of the face as well as surgical rejuvenation techniques of the aging face. Additionally, a specialty-specific board review will follow at the end of the first day. During the hands-on sessions, the latest techniques will be demonstrated by the experts performing procedures on human cadavers and synthetic models. Additionally, participants will experience hands-on training in the cadaver labs. The course format will consist of lectures, panel discussions, question and answer sessions, and hands-on labs. For more information, visit www.CosmeticCadaverWorkshop.com, email cme@mssm.edu, or call the Office of CME at 212-731-7950.

PEDIATRIC BEDSIDE ULTRASOUND COURSE

This course aims to help participants feel comfortable with the use of bedside ultrasound for diagnosis of emergent pathology and in accordance with bedside procedures. The course will feature hands-on sessions
with live pediatric models that aim to improve participants’ patient care and ultrasound skills. Quality didactics from renowned instructors will also be featured. For more information, visit www.mssm.edu/cme/courses, email cme@mssm.edu, or call the Office of CME at 212-731-7950.

Sunday, April 19, 7:45 am – 5 pm
Annenberg 12th Floor
Auditorium

OBESITY COURSE FOR HEALTH PROFESSIONALS AND REVIEW COURSE FOR THE AMERICAN BOARD OF OBESITY MEDICINE EXAM

This course, hosted by the Columbia University Institute of Human Nutrition, will feature a comprehensive review of topics included on the American Board of Obesity Medicine (ABOM) exam. The course will satisfy the number of live CME credits required for certification as a Diplomate of the ABOM. Betty Kovacs, MS, RD, Co-Director and Director of Nutrition, New York Obesity Research Center Weight Loss Program, Mount Sinai St. Luke’s; Rich Weil, MEd, CDE, Director, New York Obesity Research Center Weight Loss Program, Mount Sinai St. Luke’s, and Jeffrey I. Mechanick, MD, FACP, FACN, ECNU, Clinical Professor, Medicine, Director, Metabolic Support, Division of Endocrinology, Diabetes and Bone Disease, are among the featured faculty in this course. For more information, contact Mary DiGiorgi, MD, at 212-305-9508, email md180@cumc.columbia.edu. To register, visit https://register.columbiacme.org/conference.cgi?rm=view&conference_id=683979.

Wednesday, April 22 – Sunday, April 26
Columbia University
Alumni Auditorium
William Black Medical Research Building
650 West 168th
(Through Saturday, April 25)

Hammer Health Sciences Building,
701 West 168th Street, Room 401
(Sunday, April 26)

THIRD NEW YORK CLINICAL LIPID FORUM: HIV AND CARDIOVASCULAR DISEASE

Merle Myerson, MD, EdD, will be the Course Director for this event that is CME Credit Certified by Mount Sinai Beth Israel and Mount Sinai St. Luke’s-Roosevelt. The event is sponsored by the Mount Sinai Institute for Advanced Medicine (HIV) and the Division of Infectious Diseases, and is endorsed by the National Lipid Association-Northeast and the New York/New Jersey AIDS Education Training Program. The goals of the New York Clinical Lipid Forum are to provide clinicians, researchers, medical and health care trainees, and others who work in the field of lipidology, prevention, cardiovascular disease, and HIV with updates on topics in the management and prevention of cardiovascular disease in patients living with HIV, through case presentations, expert panel discussions, and a Q and A. For course information, email mmyerson@chpnet.org. For registration information, call 212-523-2138, email aroman@chpnet.org, or visit www.chpnet.org/cme.

Thursday, April 23, 4 – 8 pm
Mount Sinai Roosevelt
Second Floor Conference
Room

BEST PRACTICES IN CARING FOR PATIENTS WITH IDIOPATHIC PULMONARY
FIBROSIS
This is an educational collaboration with Mount Sinai’s National Jewish Health Respiratory Institute and National Jewish Health. Registration is open for this free CME and CE evening symposium. The symposium aims to help participants gain knowledge to improve competence and performance in the diagnosis, management, and treatment of patients with idiopathic pulmonary fibrosis (IPF). The symposium will incorporate case-based learning, multi-media approaches, and written materials, and is intended for health care professionals who diagnose and treat patients with IPF. Dinner and a syllabus will be provided. For more information or to register, visit [www.njhealth.org/ipfdinners2015](http://www.njhealth.org/ipfdinners2015), email proed@njhealth.org, or call 1-800-844-2305.

*Wednesday, April 29, 6 – 8:45 pm*  
*The Fox Hollow*  
*(Registration at 5:30 pm)*  
*7725 Jericho Turnpike*  
*Woodbury, NY, 11797*

THE PAGE AND WILLIAM BLACK POST GRADUATE SCHOOL FOR CONTINUING EDUCATION
The Office of Continuing Medical Education (CME) offers seminars, conferences, grand rounds, and live webcasts for physicians and other health professionals to extend their knowledge and remain current in their specific fields. For more information on courses, including times, visit [www.mssm.edu/cme/courses](http://www.mssm.edu/cme/courses), email cme@mssm.edu, or call the Office of CME at 212-731-7950.

GRAND-roundS, LECTURES, AND SEMINARS

STRUCTURAL AND CHEMICAL BIOLOGY SEMINAR SERIES
Xiang Wang, PhD, Assistant Professor, Chemistry and Biochemistry, University of Colorado, presents “Bio-Inspired Synthesis of Functional Molecules.”

*Thursday, April 2, 11 am – Noon*  
*Hess Center, Seminar Room B*

DEVELOPMENTAL AND REGENERATIVE BIOLOGY SEMINAR SERIES
Paul Kulesa, PhD, Professor, Director, Stowers Institute for Medical Research, presents "Neural Crest Migration: News from the Leading Edge."

*Thursday, April 2, Noon – 1 pm*  
*Annenberg 25-51*

Marc R. Freeman, PhD, Professor, Vice Chair, Department of Neurobiology, University of Massachusetts Medical School, presents "Astrocytes in Neural Development, Function, and Behavior."

*Thursday, April 9, Noon – 1 pm*  
*Annenberg 25-51*

Hans Schoeler, PhD, Professor, Director, Department of Cell and Developmental Biology, Max Planck Institute for Molecular Biomedicine, Munster, Germany, presents “Induction of Multi- and Pluripotency by POU Factors.”

*Friday, April 10, Noon – 1 pm*  
*Annenberg 25-51*

Ali H. Brivanlou, PhD, Professor, Brivanlou Laboratory of Molecular Embryology, The Rockefeller University, presents “Dynamic Patterns: Self-Organization of Human Embryonic Cells.”

*Thursday, April 16, Noon – 1 pm*  
*Annenberg 25-51*

ENDOCRINOLOGY GRAND ROUNDS
Caroline Apovian, MD, FACP, FACN, Professor, Medicine, Pediatrics, Boston University School of Medicine,
Director, Nutrition and Weight Management Center, Boston Medical Center, presents “Mona Shimshi, MD, Memorial Lectureship: Current and Future Therapies for Obesity, the Disease.”

Thursday, April 2, 5 – 6 pm
Atran Building, AB4-11

Eliza Geer, MD, Assistant Professor, Medicine (Endocrinology, Diabetes and Bone Disease), and Neurosurgery, presents “Master Clinician Series: Year in Pituitary: Hot Topics in Clinical Neuroendocrinology.”
Thursday, April 16, 5 – 6 pm
Atran Building, AB4-11

DIVISION OF OCCUPATIONAL MEDICINE SEMINAR SERIES
Francesco S. Violante, MD, Professor, Occupational Medicine, University of Bologna, Italy, presents “Differentiating Lumbar Discovertebral Changes Associated to Occupational Biomechanical Overload or Other Causes.”
Friday, April 3, 8 – 9 am
Annenberg Fifth Floor Felt Room

RECANATI/MILLER TRANSPLANTATION INSTITUTE LECTURE SERIES
Shirish Huprikar, MD, Associate Professor, Medicine, Infectious Diseases, presents “Should I Accept This Donor?”
Friday, April 3, Noon – 1 pm
Icahn Medical Institute, Room 4-82

RESPIRATORY INSTITUTE GRAND ROUNDS
Omar Burschtin, MD, FCCP, ABSM, Medical Director, Sleep Consultation Services, Fellowship Director, New York University School of Medicine, presents “Sleep Medicine and New Directions.”
Friday, April 3, 12:30 – 1:30 pm
Annenberg 5-09

PHARMACOLOGY AND SYSTEMS THERAPEUTICS SEMINAR SERIES
Joshua Salafsky, PhD, Founder, Chief Security Officer, Biodesy, Inc., presents “Real-Time, Solution-Based Measurement of Protein Conformational Change.”
Monday, April 6, Noon – 1 pm
Hess Center, Seminar Room B

Ad P. Ijzerman, PhD, Professor, Department of Medicinal Chemistry, Leiden Academic Centre for Drug Research, Leiden University, The Netherlands, presents “Kinetics of the Drug-Target Interaction: A Case for G Protein-Coupled Receptors.”
Friday, April 24, 1 – 2 pm
Annenberg 19-79

LABORATORY MEDICINE SEMINAR WEEKLY SERIES
Camille Hamula, PhD, D (ABMM), Assistant Professor, Pathology, Assistant Director, Clinical Microbiology Laboratory, presents "Non-Fermenting Gram Negative Rods and HACEK Organisms.” Approved for up to 1.0 credit per hour of Category 1 CME Credit.
Tuesday, April 7, 8 – 9 am
Icahn 8-40 Conference Room

MEDICINE GRAND ROUNDS
Ross Cagan, PhD, Associate Dean, Professor, the Graduate School of Biomedical Sciences, presents “A Fly Approach to Cancer Therapeutics.”
Tuesday, April 7, 8:30 – 9:30 am  Hatch Auditorium

James F. Marion, PhD, Professor, Medicine (Gastroenterology), presents “Colorectal Cancer in Colitis: A Relic of the Past?”

Tuesday, April 14, 8:30 – 9:30 am  Hatch Auditorium

Robert Yanagisawa, MD, Associate Professor, Medicine, (Endocrinology, Diabetes and Bone Disease), presents “A Mount Sinai Global Health Initiative: The Four-Year Road to Recovery since 3/11 Great East Japan Earthquake and the Triple Disaster.”

Tuesday, April 21, 8:30 – 9:30 am  Hatch Auditorium

ANESTHESIOLOGY GRAND ROUNDS

Andrew B. Leibowitz, MD, Professor, Anesthesiology, and Surgery, Icahn School of Medicine at Mount Sinai, Chair, Anesthesiology, Mount Sinai Health System, presents “A Pregnant Patient for Craniotomy.”

Wednesday, April 8, 6:30 – 8:10 am  Annenberg 13-01

Alexander Mittnacht, MD, Professor, Anesthesiology, presents “Hypoplastic Left Heart Syndrome.”

Wednesday, April 15, 6:30 – 8:10 am  Annenberg 13-01

David M. Gaba, MD, Professor, Anesthesiology, Associate Dean, Immersive and Simulation-Based Learning, Stanford School of Medicine, VA Palo Alto Health Care System, presents “Bernard H. Eliasberg Memorial Lecture: Controversial Issues Regarding Simulation in Healthcare.”

Wednesday, April 22, 6:30 – 8:10 am  Annenberg 13-01

NEUROLOGY GRAND ROUNDS

Barney J. Stern, MD, Stewart J. Greenebaum Endowed Professor of Stroke Neurology, Director, Comprehensive Stroke Center, University of Maryland, presents “The Malignant MCS Syndrome / Let the Games Begin.”

Wednesday, April 8, 8 – 9 am  Hess Center, Davis Auditorium

INSTITUTE FOR MEDICAL EDUCATION GRAND ROUNDS

Stuart Slavin, MD, M.Ed, Associate Dean for Curriculum, Saint Louis University School of Medicine, presents “Mental Health in Medical Students: Challenges and Opportunities.”

Wednesday, April 8, Noon – 1 pm  Hess Center, Room 5-101

Thomas Van Hoof, MD, EdD, Associate Professor, Nursing Instruction and Research, University of Connecticut School of Nursing, presents “Improving Continuing Education: Insights from Quality Improvement, Adult Learning, and Health Professions Education.”

Wednesday, April 22, Noon – 1 pm  Hess Center, Room 5-101

CRITICAL CARE GRAND ROUNDS

Matthew Baldwin, MD, MS, Assistant Professor, Medicine, Division of Pulmonary, Allergy and Critical Care Medicine, Columbia University Medical Center, presents “Older Adults in the ICU: Why Frailty Matters.”

Wednesday, April 8, 3 pm  Hess Center, Davis Auditorium

DERMATOLOGY GRAND ROUNDS
Dermatology Residents present “Patient Presentations.” This session will demonstrate uncommon and difficult-to-treat skin conditions.

**Thursday, April 9, 8 – 9 am**  
Hess Center, Seminar Room A

**FRIEDMANN BRAIN INSTITUTE TRANSNATIONAL NEUROSCIENCE SEMINAR SERIES**

Tallie Z. Baram, MD, PhD, Professor, Pediatrics, Anatomy/Neurobiology, Neurology, Danette Shepard Professor of Neurological Sciences, Director, Conte Center, University of California, presents “How Diseased Neurons are Created: Novel Mechanisms.”

**Thursday, April 9, 1 pm**  
Hess Center, Seminar Room A

Dean F. Wong, MD, PhD, Professor, Radiology, Psychiatry, Neuroscience, Environmental Health Sciences and Carey Business School, Johns Hopkins University, Radiology Vice Chair, Research Administration and Training, Director, Section of High Resolution Brain PET Imaging, Adjunct Professor, Neuroimaging, Neuroscience, Pharmacology, University of Copenhagen (Johns Hopkins Medical Institutions), presents “PET Neuroreceptor Imaging from Dopamine and Opiates to Cannabinoids and Glutamate: Three Decades of Progress.”

**Thursday, April 16, 1 pm**  
Hess Center, Seminar Room A

Dolores Hambardzumyan, PhD, Assistant Staff, Neurosciences, Assistant Professor, Molecular Medicine, Cleveland Clinic Lerner College of Medicine, Case Western Reserve University, presents “The Role of Non-Neoplastic Cells in Gliomagenesis.”

**Thursday, April 23, 1 pm**  
Hess Center, Seminar Room A

**FAMILY MEDICINE AND COMMUNITY HEALTH GRAND ROUNDS**

Robert Fletcher, DSW, ACSW, NADD-CC, Chief Executive Officer, National Association on Dual Diagnosis (NADD), presents, “Integrated Care: The Interface Between Primary and Behavioral Health and Intellectual Disability.”

**Friday, April 10, 8 – 9 am**  
Hatch Auditorium

**IMMUNOLOGY INSTITUTE SEMINAR SERIES**

Arturo Casadevall, MD, PhD, The Alfred and Jill Sommer Professor and Chair, Bloomberg Distinguished Professor, Johns Hopkins Bloomberg School of Public Health, Johns Hopkins School of Medicine, presents “A New Synthesis for Antibody-Mediated Immunity.”

**Tuesday, April 14, 2 pm**  
Goldwurm Auditorium

**LILIAN AND BENJAMIN HERTZBERG PALLIATIVE CARE INSTITUTE OF THE BROOKDALE DEPARTMENT OF GERIATRICS AND PALLIATIVE MEDICINE PRESENTS: THE ANNUAL DOUGLAS WEST ENDOWED MEMORIAL VISITING LECTURE**

Atul Gawande, MD, MPH, Professor, Department of Health Policy and Management, Harvard School of Public Health, Department of Surgery, Harvard Medical School, Executive Director, Ariadne Labs, Chairman, Lifebox, presents “Being Mortal.”

**Wednesday, April 15, 5:30 pm**  
Stern Auditorium

**BRAIN IMAGING CENTER (BIC) SEMINAR SERIES**
Congwu Du, PhD, Professor, Biomedical Engineering, State University of New York (SUNY) at Stony Brook, presents “Optical Neuroimaging to Study Cocaine’s Effects on Brain: A Complementary Tool of Electrophysiology, fMRI and PET.”

Tuesday, April 21, 3 – 4pm
Hess Center, Seminar Room B

THE DEPARTMENT OF ANESTHESIOLOGY PRESENTS THE 52ND BERNARD H. ELIASBERG MEMORIAL LECTURE

David M. Gaba, MD, Professor, Anesthesiology, Associate Dean, Immersive and Simulation-Based Learning, Stanford School of Medicine, VA Palo Alto Health Care System, presents “Controversial Issues Regarding Simulation in Healthcare.”

Wednesday, April 22, 6:30 – 8:10 am
Annenberg 13-01

DIABETES GRAND ROUNDS

Yaron Tomer, MD, FACP, FACE, Division Chief, Endocrinology, Diabetes and Bone Disease, presents “Type 1 Diabetes and Autoimmune Thyroiditis: The Genetic Connection.”

Thursday, April 23, 8:30 – 9:30 am
Atran Building, AB4-11

PATHOLOGY GRAND ROUNDS

Julide Tok Celebi, MD, Professor, Vice Chair, Dermatology, Professor, Pathology, presents “Molecular Genetics of Melanoma in 2015.” Approved for up to 1.0 credit per hour of Category 1 CME Credit.

Thursday, April 23, Noon – 1 pm
Hess Center, Davis Auditorium

EPIGENETICS SEMINAR SERIES

Masashi Narita, MD, PhD, Senior Group Leader, Cancer Research UK Cambridge Institute, presents “Senescence Syndrome and Gene Regulation.”

Thursday, April 23, 2 – 3 pm
Hess Center, Seminar Room B

WELLNESS EVENTS

MOUNT SINAI PARENT

The Tour: A Behind the Scenes Look At Delivering At Mount Sinai

This employees-only tour will show participants everything about delivering at Mount Sinai and provide tips about everything from pump rentals to getting a private room. To RSVP, email alisa.melendez@mountsinai.org.

Tuesday, April 14, Noon – 1 pm

WEIGHT WATCHERS AT WORK MEETINGS

Weight Watchers takes place at the The Mount Sinai Hospital, and is for current, past, and new Weight Watchers At-Work members. The convenience of having meetings at work creates a supportive environment that can help employees reach their weight loss goals. Weight Watchers Health Solutions brings meetings to work, so busy employees can attend. For more information, email alisa.melendez@mountsinai.org.

FOOD FIT FOR LIFE

The Mount Sinai Hospital’s Wellness Initiative and the Department of Clinical Nutrition present the second round of Food Fit for Life, a free course on weight loss and healthy eating. The program will continue every Tuesday through April 7. Two inpatient dietitians, Kelly Hogan, MS, RD, CDN, and Melissa Nagelberg, MS,
RD, will educate attendees on how to lose weight and enjoy healthy food. For more information, email Kelly.Hogan@mssm.edu or Melissa.Nagelberg@mssm.edu.

FRIDAY MINDFULNESS SESSIONS
The Mount Sinai Hospital, through a group of experienced mindfulness teachers, is providing an opportunity for all members of the hospital community to learn and practice simple mindfulness techniques that have proven to be effective in reducing stress and promoting physical, mental, and spiritual well-being. Staff, patients, and families are welcome. No experience is necessary. For additional information, contact Mickie.Brown@mssm.edu.
Fridays, 12:30 – 1:30 pm Annenberg 10-68 (Levy Library)

WEEKLY MEDITATION SIT
Every Wednesday, Students for Integrative Medicine (SIM) will host a meditation sit that is open to all students, residents, staff, and faculty. There is no cost and SIM provides participants with chairs, or blocks/blankets for those who prefer to sit on the floor. The meditations are simple, breath-centered meditations that are loosely guided. For more information, or to be added to an email reminder list, email Amalia Kane at amalia.kane@gmail.com.
Wednesdays, 6 – 6:30 pm Annenberg 10-30

MOUNT SINAI YOGA PROGRAM
The Mount Sinai Yoga Program is hosting weekly Vinyasa yoga classes on Thursday evenings from 5:30 – 6:30 pm in the Annenberg Student Lounge. The classes are open to students, faculty, and staff, and are appropriate for all levels. Mats and accessories are available for use. There is a suggested $10 donation for faculty and staff. For more information and to be added to the email list, contact mountsinaiyogaprogram@gmail.com.
Thursdays, 5:30 – 6:30 pm Annenberg Student Lounge

EMPLOYEE ASSISTANCE PROGRAM: CHILD CARE AND SUMMER CAMP SERVICES
The Employee Assistance Program (EAP) offers information regarding New York City public schools, daycare, and summer camp for children. For information about these services, call the Employee Assistance Program at 212-241-8937. The EAP is located on-site, at 19 East 98th Street, Suite 3A.

EMPLOYEE ASSISTANCE PROGRAM
The Mount Sinai Employee Assistance Program (EAP) offers free, confidential, short-term counseling for employees and their family members. To schedule an appointment with an EAP professional, call 212-241-8937. The EAP is located on-site, at 19 East 98th Street, Suite 3A.

THE ‘MOUNT SINAI MILE’ INDOOR WALKING ROUTE
Mount Sinai Heart and the Wellness Initiative have mapped a one-mile indoor walking route through The Mount Sinai Hospital campus to help staff meet their physical activity goals at work. The American Heart Association recommends at least 30 minutes of moderate-intensity aerobic activity at least five days per week. Staff are encouraged to use the map at http://www.mountsinai.org/patient-care/service-areas/heart/mount-sinai-mile, follow the ‘Mount Sinai Mile’ signs while on lunch break, or hold a walking meeting along the ‘Mount Sinai Mile’ route. For more information, email Abby Schwartz, MBA, BSN, RN, at Abby.Schwartz@mssm.edu.
DIABETES PREVENTION PROGRAM AT MOUNT SINAI

The Mount Sinai Diabetes Center and the YMCA of Greater New York, through its YMCA Diabetes Prevention Program (YDPP), are offering a fitness and health coaching program at Mount Sinai aimed at reducing the risk for diabetes. The 16-week program is designed for adults who are at risk for diabetes (risk factors include: overweight, family history, or personal history of gestational diabetes), or have a diagnosis of pre-diabetes. The Diabetes Prevention Program is free and open to all Mount Sinai employees, patients, and local community members. Mount Sinai employees covered by United Healthcare should call 800-237-4942 to register for the program. Individuals interested in the program who are not covered by United Healthcare (this includes NYSNA nurses and medical students), can call 212-912-2524. Those unsure of their risk for diabetes can take a short quiz located at http://intranet1.mountsinai.org/HumanResources/Wellness/Mount%20Sinai%20Risk%20Quiz.pdf. To learn more about the fitness program visit http://www.mountsinai.org/patient-care/service-areas/diabetes/living-with-diabetes/community-outreach.

MOUNT SINAI’S WEIGHT MANAGEMENT PROGRAM

The program offers weekly orientation sessions titled “Toward Lasting Better Health.” The sessions, led by physicians and dietitians, aim to help people who are trying to lose 30 or more pounds and require patients to receive a comprehensive obesity screening by an endocrinologist before starting. The sessions take place on Mondays at 5 pm in the Atran Building’s Fourth Floor Conference Room, AB4-11. To reserve a seat, call 212-241-4991.

ANNOUNCEMENTS AND EVENTS

2015 ANNUAL ICAHN SCHOOL OF MEDICINE AT MOUNT SINAI COMMUNITY HEALTH FAIR

The Icahn School of Medicine at Mount Sinai will host its annual, medical student-run Community Health Fair at the Center for Advanced Medicine. The Community Health Fair aims to create an opportunity for East and Central Harlem community members to take an active role in maintaining and improving their health by providing free access to health screenings and multilingual health information and resources. The event’s slogan “Our Health Our Future: Nuestra Salud Nuestro Futuro” emphasizes this message. The annual event will include live entertainment, local performance artists, children’s activities, and a prize raffle. Attendees will be able to meet with doctors and other health professionals from local community-based organizations. More than 40 health education and counseling resource tables will be available to provide information in English, Spanish, and Mandarin. For more information, contact Caitlin Pacheco at 973-303-3347 or caitlin.pacheco@mssm.edu, or Amy Yao at 518-729-8651 or amy.yao@icahn.mssm.edu.

Saturday, April 11, Noon – 4 pm
Center For Advanced Medicine
17 East 102 Street

CHILD HEALTH RESEARCH DAY 2015

The Seventeenth Annual Child Health Research Day is sponsored by the Jack and Lucy Clark Department of Pediatrics and The Mindich Child Health and Development Institute. Joel J. Hirschhorn, MD, PhD, Concordia Professor of Pediatrics and Professor of Genetics at Harvard Medical School, Director for the Center for Basic and Translational Obesity Research at Boston Children’s Hospital, and Senior Associate Member at the Broad Institute, will be the Visiting Professor for this event. For more information, contact Carla Monaco at carla.monaco@mssm.edu.

Thursday, April 16, 8 am – 1:30 pm
Hatch Auditorium
ORAL CANCER AWARENESS EVENT
The Department of Otolaryngology (Head and Neck Surgery) is hosting an Oral Cancer Awareness event. A physicians’ team, led by Brett Miles, MD, Associate Professor, Otolaryngology, will be providing education on the topic and conducting oral screenings. Note: This event is not a substitute for seeing a physician.

Thursday, April 16, 10 am – 2 pm
Guggenheim Atrium

NATIONAL HEALTHCARE DECISION DAY
In recognition of National Healthcare Decision Day, The Hertzberg Palliative Care Institute will be hosting an informational table in the Guggenheim Pavilion, outside of the Plaza Café. NHDD exists to spread awareness of the importance of advance care planning. Professionals, and additional information, will be available at the table for those interested.

Thursday, April 16, 10 am – 3 pm
Guggenheim Pavilion
Outside the Plaza Café

MOUNT SINAI ST. LUKE’S-ROOSEVELT ALUMNI ASSOCIATION PRESENTS ITS
124TH ANNUAL DINNER
The Mount Sinai St. Luke’s-Roosevelt Alumni Association is hosting its 124th Annual Dinner. This year, the Distinguished Alumnus Award Recipients are Jeanne W. Baer, MD, and Airlie A. C. Cameron, MD. A Special Honorary Alumnus Award will be presented to Joan G. Sarnoff, and the Distinguished Young Physician of the Year Award will be given to Naa Abia Casely-Hayford, MD, MPH, FACP. All Hospital Center faculty and staff, in addition to alumni trained at St. Luke’s-Roosevelt, are welcome as Alumni Association members and event attendees. Those interested must RSVP by Monday, April 20, by calling 917-743-9346 or emailing dan@slralumni.org. A Black tie is preferred for this event.

Monday, April 20 (RSVP Deadline)
Thursday, April 23, 6:30 pm (Event)
Columbia University College
Of Physicians and Surgeons
Bard Hall
50 Haven Avenue
New York, NY

DNA DAY
The Mount Sinai BioMe Biobank Program is celebrating National DNA Day, the commemoration of the completion of the Human Genome Project and the anniversary of the publication of the structure of DNA. Staff is invited to join the Charles Bronfman Institute for Personalized Medicine as it honors both its achievements of the past year and its BioMe participants with a deoxyribonu-“cake” and sponsors a raffle. This will also be an opportunity for physicians, patients, staff, and visitors to learn more about the BioMe Biobank Program and Institute, and have the opportunity to make an appointment to enroll in BioMe. For more information, call 212-241-3730, or email Amanda Merkelson, MPH, at amanda.merkelson@mssm.edu.

Thursday, April 23, 10:30 am – 2:30 pm
Guggenheim Pavilion

NEW ORTHOPAEDICS SPECIALTY
The Department of Orthopaedics has announced its new Chiropractic care specialty. Chiropractic care can
benefit low-back pain, headaches, and neck pain and provide nutritional dietary and lifestyle counseling. Care will be provided by Bradley Grossman, MD, DC, who is a certified chiropractic sports practitioner focusing on conservative management, rehabilitation, and performance optimization. Call 212-241-8947 for an appointment with the Department’s Mount Sinai Spine Center, 5 East 98th Street, fourth floor.

**NEW HISTORICAL DISPLAYS IN ANNENBERG LOBBY**
The Mount Sinai Archives has installed a new exhibit in the display cases in the Annenberg north lobby. The three cases highlight three different themes: “Ten Years that Transformed Nursing, 1890-1900”; “The Oldest Existing Mount Sinai Building is on 67th Street”; and “100 Years ago: The Mount Sinai Serbian Typhus Expedition of 1915.” All are invited to stop by and view the exhibits. For more information about the displays or Mount Sinai history in general, contact the Mount Sinai Archives at ext. 47239 or msarchives@mssm.edu.

**ENJOY LOCAL, ORGANIC FOOD AS A MEMBER OF THE MOUNT SINAI FARM SHARE**
Registration is now open for the 2015 season of Mount Sinai Farm Share, a Community Shared Agriculture (CSA) program that offers local, organic produce from Stoneledge Farm, delivered weekly during the 24-week harvest season (June through November). The distribution site is conveniently located outside of the Icahn building at 99th Street and Madison Avenue. Those interested may purchase a vegetable share and additional fruit, mushroom, or coffee shares by visiting https://www.stoneledgefarmny.com/. For more information, email mountsinaifarmshare@gmail.com.

**COLORECTAL CANCER OUTREACH PROGRAM**
The Witness CARES program is a culturally targeted community outreach program designed to increase knowledge about colorectal cancer in the African American community and improve adherence to recommended screening guidelines. The educational presentation is roughly 90 minutes and includes a culturally based educational video reviewing facts about colorectal cancer and screenings, while also providing valuable resources. Programs are held at Mount Sinai and throughout the New York City community. For more information, contact Clarissa Martinez at 212-824-7803, or Karent Zorogastua at 212-824-7806.

**MOUNT SINAI RISING PROFESSIONALS**
The Rising Professionals is a group dedicated to developing the professional workforce of the Mount Sinai Health System by offering employees opportunities for professional and personal growth. To join the distribution list for the Rising Professionals, email risingprofessionals@gmail.com.

**POSTING CLINICAL RESEARCH PROJECTS ON THE MOUNT SINAI HEALTH SYSTEM WEBSITE**
Employees can request that their studies be added to the clinical research listings on the Mount Sinai website. Using the web form found at https://erap.mssm.edu/Public/ORSClinicalTrials.aspx, one can submit a request to add, update, or delete a web page from the clinical research listings at http://icahn.mssm.edu/research/clinical-trials. For more information, contact research.services@mssm.edu.

**STAT-CHAT: WALK-IN CONSULTATION SERVICE**
The Center for Biostatistics at Mount Sinai has launched STAT-CHAT: a free, walk-in, consultation service
meant to resolve easy problems and answer quick questions about such topics as data analysis, study design, and database. All faculty, fellows, residents, staff, or medical students are welcomed to use this service for quick statistics-related questions. STAT-CHAT is offered once a week with two statisticians available for an hour on a first-come, first-served basis. Each consultation should be about 15 minutes.

**Mondays, 2 – 3 pm**

Icahn Medical Institute, L2-82

**OPHTHALMOLOGY OPTICAL SHOP UPDATE**

The Department of Ophthalmology’s Optical Shop encourages employees to take care of their eyes. The shop is currently offering a one-time additional five-percent discount on all purchases over $300.00. The Optical Shop also offers employees a 20-percent discount on a wide assortment of sunglasses and glasses. Shalaya Arias, a department optician, will be available to show visitors the shop’s latest designer frames for adults and children. The department encourages employees to use their Flexible Spending Account at the Optical Shop. Customers must still adhere to the shop’s 90-day “pay for your glasses” policy. The shop’s hours of operation are Monday to Friday from approximately 10 am – 5 pm, and no appointment is necessary. For more information, call 212-241-0939.

17 East 102nd Street, Eighth Floor

Across from the

Ophthalmology Department

**BREAST AND CERVICAL CANCER OUTREACH PROGRAMS**

*Esperanza y Vida* and *The Witness Project of Harlem* are culturally based community outreach programs that teach the importance of breast and cervical cancer health and screenings. The programs are led by women in the community, including breast and cervical cancer survivors who provide testimonials. Programs are held at Mount Sinai every other month and throughout the community. For more information, contact Clarissa Martinez at 212-824-7803, Cristina Villagra at 212-824-7804, or Helen Nunez at 212-824-7801.

**STORYCORPS PARTNERING WITH MOUNT SINAI**

StoryCorps Legacy, a program of the national oral history project StoryCorps, is partnering with The Child Life and Creative Arts Therapy Department at the Mount Sinai Kravis Children’s Hospital to record and preserve stories from Mount Sinai staff. For 40 minutes, participants will have the opportunity to answer questions, such as:

- How would you describe yourself?
- Who has had the biggest influence on you?
- What are you most proud of?

Participants will receive a free CD recording to share with family and friends. With their permission, a second copy will be archived in the American Folklife Center at the Library of Congress. StoryCorps Legacy is an audio project only – no video will be taken. For more information, visit [http://storycorps.org/legacy](http://storycorps.org/legacy). Recordings are taking place now and will continue until further notice. Contact Lori Lerma at 212-241-6975 or lori.lerma@mountsinai.org to schedule an interview.

**A RESEARCH OPPORTUNITY FOR EVERYONE**

Mount Sinai and other research institutions across the country have joined together to create ResearchMatch.org. This easy-to-use tool allows interested volunteers to make themselves available as research study participants for studies that are right for them, and helps research studies from ending due to lack of participation. Volunteers of any age, race, ethnicity, or health status are invited to join. Volunteer privacy is protected. To learn more visit [https://www.researchmatch.org?route=mount_sinai](https://www.researchmatch.org?route=mount_sinai).
CALLING ALL MOUNT SINAI ALUMNI
Alumni can be kept informed of Mount Sinai happenings by sending their non-MSSM e-mail address to Alumni Relations at alumni@mssm.edu and by “Liking” Mount Sinai Alumni on Facebook and following Mount Sinai Alumni on LinkedIn.

DISPLAY OF EXCELLENCE
The Display of Excellence, located in front of the Plaza Café, is a way for managers to give their employees recognition for outstanding service. The employee’s photo and manager’s words of recognition will be posted on the display. Managers can use the display if an employee provides excellent customer service, innovative new ideas, successful project completion, safety efforts, patient satisfaction improvements, or as retirement recognition, and more. Entries will be kept on display for three months. Guidelines: Must be a manager to submit an entry, employee must be in good standing with Mount Sinai, each supervisor may enter no more than two individuals or one team each month, employees may be recognized multiple times throughout the year if each entry is for a separate and unique accomplishment. For more information, email Michelle Cruz at Michelle.Cruz@mountsinai.org or call x41944.

TALENT DEVELOPMENT AND LEARNING
LEVY LIBRARY EDUCATION CLASSES
Read more about classes and register online for classes at: http://librarycf.mssm.edu/levy/classes/. For more information and location information, email Levy Library Reference at refdesk@mssm.edu, or call 212-241-7791.

MOUNT SINAI TALENT DEVELOPMENT AND LEARNING
Talent Development and Learning, formerly the Division of Training and Education, has a new institution-wide learning management system called PEAK (Portal for Education and the Advancement of Knowledge). Employees can now register online for all Talent Development and Learning classes by logging on to the PEAK website, then clicking on the 'Classroom-Based Training' section. By registering online, individuals no longer will need to fax their registration forms. For more information, contact Talent Development and Learning at 212-241-1944, or register at http://peak.mountsinai.org. In order to log on to PEAK, employees will need to use the credentials used to log into their e-mail. To identify the proper credentials, visit http://password.mountsinai.org or call the help desk at 4-HELP.

- **Excel Basic**
  This class is an introduction to Microsoft Office Excel. Participants will learn the basic features of the spreadsheet interface, basic navigation, data entry, basic formulas, basic chart making and more.
  *Thursday, April 2, 1:30 – 5 pm*

- **Communication Strategies in the Workplace**
  This class aims to teach participants three techniques to stay calm and poised when a workplace conflict is unavoidable; communicate more effectively through active listening skills; and apply at least three strategies for giving and receiving feedback.
  *Friday, April 3, 11:30 am – 2 pm*  
  *Mount Sinai Roosevelt*

- **Culture of Respect: Preventing Harassment and Discrimination in the Workplace**
  This workshop aims to help participants understand, identify, and respond to the types of harassing and discriminatory behaviors that can occur in the workplace.
Monday, April 6, 10 am – Noon  Mount Sinai St. Luke’s

- Excel Intermediate
This class includes managing multiple worksheets, applying conditional formatting, linking formulas, inserting graphics, hyperlinking, table formatting, filtering and sorting.

Tuesday, April 7, 9 am – 12:30 pm

- Monroe College Information Session
In this session, participants will learn more about the Monroe College program, which provides Mount Sinai employees with the opportunity to earn a Bachelor’s Degree in a health-related field.

Tuesday, April 7, 11 am – 2 pm  Outside the Plaza Café

- Access Database Design
This class will teach participants how to design a new database with Access. Topics include the Access interface, table design, creating tables, building table relationships, and creating queries that extract data. Prior knowledge of Excel and databases are recommended.

Tuesday, April 7, 1:30 – 5 pm

- Foundations of Customer Service: Five Essentials (For Employees Who Were Hired Over Six Months Ago)
This class will review Mount Sinai’s culture of customer service, tailored to employees hired more than six months ago. Classes will examine Mount Sinai’s service standards, present the five essentials of good customer service, and provide a forum in which to practice these skills.

Wednesday, April 8, 1:30 – 5 pm  The Mount Sinai Hospital

- Excel Advanced
This class will allow time for recap of previous Excel classes (Calculations, Pivot Tables, Level 1 and 2) and focus on the advanced features of Excel. The class will review the grouping feature, data validation (drop down lists), formula auditing, and importing/exporting data.

Thursday, April 9, 9 am – 12:30 pm

- Excel Calculations
This class will review common Excel formulas such as SUMIF, COUNTIF, AVERAGEIF, IF, AND, OR, VLOOKUP, and more. Prior knowledge of formulas is suggested.

Thursday, April 9, 1:30 – 5 pm

- Strategies for Managing Stress
This class will review techniques for dealing effectively with everyday issues that can lead to time mismanagement and tension. The methods will help participants recognize the signs of stress, effectively budget resources like time and money, clarify expectations, and create life balance.

Thursday, April 9, 2 – 4 pm  Mount Sinai Beth Israel-PACC

- CUNY School of Professional Studies: Information Sessions
These sessions will help participants learn more about the Human Relations College program at the CUNY School of Professional Studies that is designed to enhance skills and knowledge used on the job while providing an important foundation for further college study. The program is aimed at working adults at various points in their college careers.

Wednesday, April 22, and Wednesday, May 6, 11 am – 2 pm  Outside the Plaza Café
Toastmasters
Toastmasters Members learn to develop comfort and skill when speaking by working with others in a supportive environment. A typical meeting is made up of 10 – 20 people who meet biweekly for an hour. Each meeting gives participants an opportunity to practice conducting meetings, give impromptu speeches, present prepared speeches, and offer constructive evaluation.

Walden University – Online Degree Programs
For more than 40 years, Walden University has been serving the higher education needs of adult learners. Walden University is now offering Mount Sinai Health System employees the opportunity to pursue a degree or certificate online in a wide selection of health care-related fields of study. To learn about educational opportunities through Walden University and learn about the tuition reduction offer tailored to the Mount Sinai Health System, call Leah Lopez at 732-306-7720.

Foreign Language Conversation Groups
These sessions will allow speakers of all levels to converse. Beginners, intermediate, and advanced speakers are welcome. For more information, email michelle.cruz@mountsinai.org.

Conversation Partners
Designed for any level of a given language, Conversation Partners provides an opportunity to improve skills in a specific language by speaking in a safe group of learners. Native speakers are encouraged to attend. Email tdl@mount Sinai.org for more information and the meeting location.

English as a Second Language
Classes are designed to improve written and conversational English with special attention paid to vocabulary, pronunciation, idioms, listening skills, writing, and grammar usage. Complete an assessment on Mondays anytime between 10:30 am and 3 pm. Call 212-241-1944 for more information.

English Conversation Partners
Designed for new learners of English, this program provides an opportunity to strengthen English-speaking skills by pairing up with an English-speaking employee or volunteer for one hour a week to practice conversation. This program is open to native English-speaking tutors, as well as students who are learning English. For more information, e-mail tdl@mountsinai.org.

RESEARCH STUDIES/CLINICAL TRIALS
NEUROIMAGING RESEARCH STUDY
Researchers are currently recruiting participants who are in good health for the Neuropsychomaging of Addiction and Related Conditions Study (NARC) at Icahn School of Medicine at Mount Sinai. Current or past cocaine/crack users between 18 and 60 years of age, and people with difficulties controlling anger between 18 and 45 years of age, are encouraged to inquire about participation. Time commitment for participation is approximately three business days. Confidentiality will be maintained. For more information, email narc@mssm.edu, or call 347-443-2395. [GCO 13-0449, MSSM IRB approved 4/9/14 through 4/8/2015].

NEUROIMAGING RESEARCH STUDY
The Laboratory of Neuroimaging at the Icahn School of Medicine at Mount Sinai is looking for a small
number of normal healthy volunteers to complete a research study exploring information processing in the brain. Participation requires one one-hour screening session and one one-to-two-hour experimental session that involves an MRI scan. Payment is $100 for completion. Those between 18 and 39 years of age can contact Alex Dufford at alexander.dufford@mssm.edu for more information. [GCO 12-0435, MSSM IRB approved 4/18/14 through 4/17/2015].

HEALTHY RESEARCH VOLUNTEERS NEEDED
The Department of Anesthesiology at Icahn School of Medicine at Mount Sinai is seeking people for participation in this Trajectory of Recovery in the Elderly research study. The purpose of the study is to assess cognitive recovery in a group of adults by undertaking baseline and follow-up testing after the administration of general anesthesia in 70 – 80-year-olds and to evaluate alterations in resting state and activity-driven brain networks using fMRI, DTI, and ASL to characterize these same volunteers before and during recovery from the administration of general anesthesia. Participants will visit Mount Sinai twice and be contacted further for follow-ups. Compensation will be provided for participation. If interested, call the Department of Anesthesiology at 212-241-0840. [GCO #13-0359, Principal Investigator: Jeffrey Silverstein, MD, IRB approved through 4/28/2015].

TREATMENT STUDY FOR CHILDREN AND ADOLESCENTS WITH ADHD
The Department of Psychiatry is looking for children and adolescents 7 to 17 years of age with suspected or diagnosed attention-deficit/hyperactivity disorder (ADHD) to participate in a study examining response to either methylphenidate or atomoxetine, both of which are commonly prescribed medications that are FDA-approved for the treatment of ADHD in children and adolescents. The study will include an evaluation for ADHD and other disorders, weekly doctor visits for six to eight weeks as the doctors work with participants’ parents to find the best dose for their children, and non-invasive fMRI scanning while their child plays a video game. Reimbursement provided. For more information, contact Beth Krone, PhD, at 212-241-8012, or email beth.krone@mssm.edu. [MSSM GCO #11-0161, PI: Jeffrey Newcorn, MD, IRB approved through 4/30/2015].

FMRI STUDY FOR HEALTHY YOUTH
Healthy boys and girls between 7 and 17 years of age may be eligible to participate in this study exploring the brain regions people use to pay attention. The study requires three visits to complete psychological tests, computer-based attention tasks, and two functional magnetic resonance imaging (fMRI) brain scans on two separate days. Reimbursement will be provided for time and effort, and participants will get a CD with pictures of their brain, along with a certificate of participation for volunteer service. For more information, call 212-241-8012 or e-mail ADHD.Research@mssm.edu [PI: Jeffrey Newcorn, MD, and Kurt Schulz, MD, GCO#11-0161, IRB approved through 4/30/2015].

STRESS AND HIV NEUROIMAGING STUDY
Mount Sinai researchers are seeking volunteers between 37 and 55 years of age, who are either HIV-negative or HIV-positive, to participate in a study examining the effects of HIV and stress on the brain. The study will include two initial interviews to assess eligibility for the more-involved neuropsychological assessment and MRI session. This study will also collect and test blood samples to determine if biomarkers can predict brain functions. Uraina Clark, PhD, Assistant Professor, Neurology, is the principal investigator for this study. For more information, call a study coordinator at the Icahn School of Medicine at Mount Sinai at 212-241-6582. [GCO#13-0466, Approved through 06/09/2015].
RESEARCH VOLUNTEERS WITH TRAUMATIC BRAIN INJURY NEEDED

The Brain Injury Research Center at Mount Sinai is seeking people who have had a mild, moderate, or severe traumatic brain injury (TBI) and are experiencing problems in their daily activities. This may include difficulty preparing meals, maintaining a schedule, or coming up with solutions to problems. The research study will evaluate changes in thinking skills that may occur after brain injury. Participants must be at least 18 years of age and not have other neurological diagnoses. Participants will visit Mount Sinai once for about two hours to complete research measures. Compensation will be provided for participation. If interested, call the Brain Injury Research Center at 212-241-5250. [GCO #14-0720, Principal Investigator: Colette Elliot, PhD, IRB approved through 6/26/2015].

HEALTHY RESEARCH VOLUNTEERS NEEDED

The Brain Injury Research Center at Mount Sinai is seeking people for participation in a research study. The purpose of the study is to evaluate daily activities and skills for everyday functioning. Participants must be at least 18 years of age and not have had a traumatic brain injury. Participants will visit Mount Sinai once for about two hours to complete research measures. Compensation will be provided for participation. If interested, call the Brain Injury Research Center at 212-241-5250. [GCO #14-0720, Principal Investigator: Colette Elliot, PhD, IRB approved through 6/26/2015].

ACANThOsis NIGRICANs QUALITY OF LIFE STUDY

The purpose of this study is to develop an acanthosis-nigricans-specific quality of life (ANQoL) instrument to measure the impact of acanthosis nigricans on patients’ lives. The Department of Genetics and Genomic Sciences will administer questionnaires and conduct open-ended structured interviews. Based on this data, the department will then generate the ANQoL. Participants must be over 18 years of age, English speakers, and have acanthosis nigricans. They will be asked to undergo a brief physical exam at Mount Sinai to confirm the diagnosis. Participants will receive a $10.00 Visa gift card upon completion of their participation in this study. Those interested should email acanthosis.nigricans@mssm.edu. [GCO 12-0965, IRB approved through 07/16/15].

RESEARCH STUDY ON THE EFFECTS OF SMOKING ON THE DIGESTIVE SYSTEM

The Division of Gastroenterology is looking for individuals who are planning to quit smoking for a study on the effect of smoking cessation on the digestive system. The purpose of this study is to understand how smoking impacts the bacteria and immune system of the intestines. Participants need to be between 18 and 65 years of age, smoke half a pack of cigarettes per day, and be in relatively good health. Participation involves providing blood and stool samples, and having a flexible sigmoidoscopy with biopsies before and after stopping smoking. Up to $400 will be provided to compensate for time and effort. For more information, or to refer possible participants, contact Ryan Ungaro, MD, by emailing ryan.ungaro@mssm.edu, or calling 212-241-0150. [GCO # 14-1179, IRB Approved 8/12/14 - 8/11/15].

OBSESSIVE-COMPULSIVE DISORDER STUDY

The Obsessive-Compulsive Disorder and Related Disorders Program is recruiting for a study investigating the efficacy of group cognitive-behavioral therapy for OCD. Children of 8 to 12 years of age with a diagnosis of OCD are invited to participate. Subjects will participate in a 12-week clinical therapy program at no cost. The group therapy is run by Ariz Rojas, MD, on Monday nights from 5 – 6:30 pm. Subjects will complete pre- and post-test measures (one two-hour visit) and will be compensated for their time, as well as travel costs. For more information, or to register, contact Shannon Gair at Shannon.gair@mssm.edu, or 212-659-1675. [PI: Timothy Rice, MD, GCO # 14-0858, IRB Approved through 8/27/15].
APPETITE AND BODY FAT STUDY
The Division of Endocrinology is looking for healthy diabetic and nondiabetic individuals (both overweight and lean) who are eligible to participate in a study investigating appetite and body fat. Participation will include fasting over the night before the visit (eight hours) and a four to five hour visit during which a brief medical history and appetite questionnaire will be completed; height, weight, pulse, and blood pressure will be measured; blood samples will be taken before and a few times after drinking a test meal; and a biopsy of fat from around the waist will be taken. Participants will receive compensation. For more information, email Eliza Geer, MD, at eliza.geer@mssm.edu. [GCO# 08-0105. MSSM IRB approved through 8/31/15].

ATOPIC DERMATISIS STUDY
The Department of Dermatology is looking for adults, and children two years of age and older, to participate in a research study to treat mild to severe atopic dermatitis. The study will last several months. Qualified participants will receive a study-related skin exam and study drug at no cost. Health insurance is not needed to participate. For details, call the dermatology clinical trials center at 212-241-6033. [GCO # 12-0424, IRB approved through 8/31/2015].

MICROBIOME ANALYSIS STUDY
The Departments of Genetics and Genomic Sciences, and Gastroenterology, are conducting a prospective study exploring mechanism of in utero transmission of bacteria by Microbiome analysis and is currently recruiting female participants who are pregnant, planning a pregnancy, are in good health, or have Inflammatory Bowel Disease, and will deliver in The Mount Sinai Hospital. Participants will be asked to fill out health status and dietary questionnaire, and provide stool and saliva samples. Participants will be compensated for their time and efforts with up to $250. Those interested can contact Joanna Torres, MD, at joanna.toress@mssm.edu or 212-241-2809, Justin Cote-daigneault, MD, at justin.cotedaigneault@mountsinai.org, or Hina Panchal, MD, at hinaben.panchal@mssm.edu, or 212-824-9080. [GCO# 14-1236, PI: Inga Peter PhD, ISMMS IRB approved through 10/8/15].

RESEARCH STUDY IN DIABETICS PATIENTS WITH PERIPHERAL ARTERY DISEASE (PAD)
Individuals with type 2 diabetes mellitus with lower extremity peripheral artery disease (PAD) are invited to participate in this study being performed by the Division of Cardiology, which is designed to explore the effects of three FDA-approved anti-platelet regimens in microcirculatory flow. Eligible study participants will receive three different sets of treatments for PAD and will be followed up via blood testing as well as Doppler-imaging. Those interested can call John Kim, MD, at 212-659-9637, Karen Modesto, PhD, at 212-659-8864, or e-mail john.kim@mssm.edu or karen.modesto@mssm.edu. [PI: Robert Rosenson, MD, GCO #13-1925, IRB approved through 10/28/2015].

TOMMORROW STUDY
The Alzheimer’s Disease Research Center is seeking healthy participants between 65 and 83 years of age who have someone who can be a project partner (spouse, adult child, other family member, or caregiver) to provide information about their health, attend study appointments, and assist with correctly taking certain study medications for this study that will examine two genes to see if it’s possible to predict someone’s likeliness to develop Alzheimer’s based on certain inherited genes, and to test a drug called pioglitazone (AD-4833), which may slow the progress of Alzheimer’s disease in those who currently show no signs of the
condition. In this study, the participants will be given a blood test to determine if they are at an elevated risk of developing Alzheimer’s disease, and memory, thinking, orientation, and language skills tests to confirm that they are mentally healthy. Those who qualify will then be given a study drug or placebo to take over a five-year period. Participants will not have to pay for investigational medication, and transportation assistance may be available. This research will take place at The Mount Sinai Hospital campus. For more information, contact a study coordinator at 212-241-8329. [PI: Judith Neugroschi, MD; GCO#: 13-1688; HSM#: 13-00720; IRB approved through 11/19/2015].

GENETICS AND GENOMICS STUDY OF NEURODEVELOPMENTAL DISORDERS
The Department of Psychiatry is recruiting subjects and families with neurodevelopmental disorders (NDDs) of unknown cause for a systematic genetic screen that will examine the inheritance patterns and genetic contributions to related neurodevelopmental disorders. The study includes completion of a medical history questionnaire and a blood draw. Affected and unaffected family members of those with a NDD may also be eligible to participate. For more information, call 212-824-9065, or email ndd.project@mssm.edu [GCO# 12-1490, PI: Dalila Pinto, PhD, IRB approved through 11/20/15].

EFFECT OF NEBVOLOL ON THE BLOOD FLOW IN HEARTS OF ADULTS WITH HIGH BLOOD PRESSURE AND ABNORMAL FILLING OF HEART (LVDD) STUDY
The purpose of this study is to study the relationship between Nebivolol (Bystolic) administration and improvement in exercise time in patients with hypertension (high blood pressure) and those with Left Ventricular Diastolic Dysfunction (abnormal relaxation of the heart muscle). The Division of Cardiology is looking for patients who have a history of mild to moderate high blood pressure (130-160/90-120) and may or may not have not received any medications for elevated blood pressure for at least 30 days and who are willing to undergo two stress echo exams at the beginning and at the end of the study. The study duration is six months. Patients will be supplied with the medication for the six-month period. For more information, contact Sharath Vallabhajosyula at Sharath.vallabhajosyula@mssm.edu or call at 212-659-8847, or call 212-659-8847 to set a screening visit and check your eligibility. [GCO #12-0493, Principal Investigator: Partho Sengupta, MD, IRB approved through 12/10/2015].

STUDY FOR HEALTHY YOUNG VOLUNTEERS
The Division of ADHD and Learning Disorders at the Icahn School of Medicine at Mount Sinai are seeking adolescents of 7 to 17 years of age with no history of medical or psychiatric illness to participate in a study that uses non-invasive technology as a measurement to diagnose and treat ADHD. The study will include an evaluation for ADHD and other disorders, a non-invasive scan while the child plays video games on a computer, and a second scan 4 – 6 weeks after the initial scan. Compensation will be provided for participation. For more information, contact Amanda Kirschenbaum, BSc, Clinical Research Coordinator, at 212-241-5269, or Amanda.Kirschenbaum@mountsinai.org. [IRB Approved through 12/15/15].

LUNG CANCER EARLY DETECTION STUDY
The Early Lung and Cardiac Action Program of the Department of Radiology is seeking non-smokers, 40 years of age and older who have never smoked and have been exposed to second-hand smoke. The study will offer early detection of lung cancer, cardiac disease, and other diseases through low-dose CT scanning. This study is free of charge and participants will be reimbursed for their time and effort. For more information or to participate, call 212-241-2420. [GCO# 09-2017, PI: Claudia Henschke, MD, PhD, IRB approved through 12/31/2015].
MRI AND PET STUDY
Researchers at Mount Sinai are developing and validating new magnetic resonance imaging (MRI) and positron emission tomography (PET) methodologies to help in diagnosing atherosclerotic plaques at risk of causing severe clinical events, such as myocardial infarction, stroke, or sudden death. Males and females 20 years of age and older, either with personal or family history of either risk factors for atherosclerosis (high cholesterol, high blood pressure, diabetes), or atherosclerosis itself, may be eligible for participation in this study. Participation will involve undergoing one or more imaging sessions with MRI and/or PET. Participants will be reimbursed $75 per imaging session, for a maximum of $300. For those interested in this study, contact Rima Fayad (Research Coordinator) at 212-824-4846, or email rima.fayad@mountsinai.org. [GCO 01-1032, IRB approved through 12/31/2015].

ALZHEIMER'S DISEASE RESEARCH CENTER STUDY
The Alzheimer's Disease Research Center at Mount Sinai is recruiting volunteers for a multi-center Merck EPOCH trial. This study is investigating the safety, tolerability, and efficacy of a medication, MK-8931, in patients with mild to moderate Alzheimer's disease. MK-8931 is an oral, β-amyloid precursor protein, site-cleaving enzyme (BACE) inhibitor and is aimed at slowing the progression of Alzheimer's disease. Patients will be randomly assigned to take a low dose of study medication, a high dose of study medication, or a placebo for 78 weeks. The study needs patients with a diagnosis of Alzheimer's disease who are 55 to 85 years of age, are fluent in English or Spanish, can attend all study visits, participate in neuropsychological testing, receive MRIs, and who have a close friend or family member who can act as a study partner. All study visits will take place at The Mount Sinai Hospital campus and there will be no cost to the patients. For more information about the study, contact study coordinator, Emily Exter, at 212-241-0438 or emily.exter@mssm.edu. [Principal Investigator: Judith Neugroschl, MD; GCO# 13-0701; IRB approved through 1/5/2016].

STUDY OF HUMAN BODY SIZE AND SHAPE USING 3-DIMENSIONAL PHOTOGRAPHIC IMAGES
Individuals, especially fraternal and identical twins, are invited to participate in a genetics study that involves taking photographs with a special camera to measure head size and shape. Analysis of these 3-D photos will be used to measure the amount of similarity and difference between facial features of twins. Participants will be consented, asked to fill out a short questionnaire about medical and family history, have head circumference and ear length measured, have two or three 3-D photos taken, provide a buccal sample (cheek swab or mouthwash sample) or a blood sample. Total participation time is about 30 minutes. Those interested should call 212-241-7056 or email 3dphoto@mssm.edu [GCO 08-0811, IRB approved through 03/11/2016].

UPDATE
2015 Marketing and Communications
Send submissions to update@mountsinai.org by Noon on Tuesday for inclusion in Thursday’s Update.